

PENGARUH PROMOSI KESEHATAN MELALUI PENYULUHAN TERHADAP PENGETAHUAN DAN SIKAP MENYIKAT GIGI DI SDN 07 CILANDAK BARAT TAHUN 2018

Doddy Suprpto

Abstrak

Menurut WHO salah satu masalah penyakit kesehatan gigi adalah karies gigi yang prevalensinya sangat tinggi yaitu sebanyak 87% dari anak-anak usia sekolah di seluruh dunia. Kebiasaan menyikat gigi yang masih sangat kurang dapat menyebabkan karies gigi. Penelitian ini dilakukan untuk mengetahui pengaruh promosi kesehatan melalui penyuluhan terhadap pengetahuan dan sikap menyikat gigi di SDN 07 Cilandak Barat. Tujuan penelitian ini adalah mengetahui perbedaan pengetahuan dan sikap siswa sebelum dan setelah diberi promosi kesehatan melalui penyuluhan tentang menyikat gigi di SDN 07 Cilandak Barat. Jenis penelitian ini adalah penelitian dengan metode *pre eksperimental*. Teknik sampling penelitian menggunakan purposive sampling, populasi sebanyak 410 siswa, sampel yang diambil dengan jumlah 100 orang. Kemudian data dikumpulkan dengan cara membagikan angket secara langsung. Data diolah dengan menggunakan *uji wilcoxon signed ranks test dan paired t-test*. Hasil penelitian menunjukkan bahwa sebelum promosi kesehatan 78,0% siswa yang memiliki pengetahuan baik dan 47,0% siswa yang bersikap positif setelah promosi kesehatan melalui penyuluhan, ada 99,0% siswa yang memiliki pengetahuan baik dan 59,0% siswa yang bersikap positif. Berdasarkan hasil penelitian dapat disimpulkan bahwa, ada pengaruh promosi kesehatan melalui penyuluhan terhadap pengetahuan dan sikap menyikat gigi siswa di SDN 07 Cilandak Barat. Saran dari penelitian ini adalah diharapkan kepada sekolah agar memberikan promosi kesehatan secara rutin kepada siswa untuk meningkatkan pengetahuan dan sikap menyikat gigi siswa.

Kata Kunci: Promosi Kesehatan, Pengetahuan Siswa, Sikap Siswa dan Menyikat Gigi Siswa

INFLUENCE OF HEALTH PROMOTION THROUGH SUBJECTIONS TO KNOWLEDGE AND ATTITUDES TO BRUSHING DENTALS IN SOUTH AREA 07 CILANDAK WEST IN 2018

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Abstract

According to WHO, one of the dental health problems is dental caries which is very high prevalence that is as much as 87% of school-age children around the world. Tooth brushing habit is still very less can cause dental caries. This research was conducted to know the influence of health promotion through counseling to knowledge and attitude of toothbrushing in primary school 07 West Cilandak. The purpose of this research is to know the difference of knowledge and attitude of students before and after being given health promotion through counseling about tooth brushing in primary school 07 West Cilandak. The type of this research is research with pre experimental method. The sampling technique used purposive sampling, population of 410 students, samples taken with the number of 100 people. Then the data is collected by distributing the questionnaire directly. The data were processed using wilcoxon signed ranks test and paired t-test. The results showed that before health promotion 78.0% of students who have good knowledge and 47.0% of students who are positive after health promotion through counseling, there are 99.0% students who have good knowledge and 59.0% of students who are positive . Based on the result of research can be concluded that, there is influence of health promotion through counseling to knowledge and attitude of toothbrushing of student at primary school 07 Cilandak Barat. Suggestion from this research is expected to school to give health promotion routinely to student to improve knowledge and attitude of toothbrushing student.

Keywords: *Health Promotion, Student Knowledge, Student Attitude and Student Brushing,*