

DAFTAR PUSTAKA

- Ardi, Laurencia. 2019. *Manfaat Omega-3 Parenteral di Dunia Medis. Jurnal.* Jakarta : Departemen Medical PT Kalbe Farma, Tbk.
- Aripiprazole (Abilify): Depression, Major Depressive Disorder (MDD) [Internet]. (2016). NCBI. <https://www.ncbi.nlm.nih.gov/books/NBK409740/>
- Ayu, W. S. (2018). Diagnosis Dan Patofisiologi Gangguan Depresi Mayor. *Program Pendidikan Dokter Spesialis-Idpartemen Psikiatri Fk Unud / Rsup Sanglahdenpasar, 1(2), 7–8.*
- Binyousef, R. F., Al-Gahmi, A. M., Khan, Z. R., & Rawah, E. (2017). A rare case of Erdheim-Chester disease in the breast. *Annals of Saudi Medicine, 37(1), 79–83.* <https://doi.org/10.5144/0256-4947.2017.79>
- Carleton, R. N. (2013). *The Center for Epidemiologic Studies Depression Scale: A Review with a Theoretical and Empirical Examination of Item Content and Factor Structure.* NCBI. <https://doi.org/10.1371/journal.pone.0058067>
- Change, S. of B. (n.d.). *Kessler Psychological Distress Scale (K6+).* Retrieved December 28, 2020, from <https://scienceofbehaviorchange.org/measures/kessler-psychological-distress-scale-k6/>
- Fajar, N. (2015). No Title بررسی ارتباط شیوه زندگی وابتلا به استئوآرتریت در زنان ومردان (53), 4(1, □□□□□ □ □□. سالمند.
- Freydis Hjalmarsdottir, M. (2018). *17 Science-Based Benefits of Omega-3 Fatty Acids.*
- Freydis Hjalmarsdottir, M. (2019). *How Much Omega-3 Should You Take per Day?* Desember 15. <https://www.healthline.com/nutrition/how-much-omega-3>
- Gertsik, L., Poland, R. E., Bresee, C., & Rapaport, M. H. (2012). Omega-3 fatty acid augmentation of citalopram treatment for patients with major depressive disorder. *Journal of Clinical Psychopharmacology, 32(1), 61–64.* <https://doi.org/10.1097/JCP.0b013e31823f3b5f>
- Hardiyanto, M. A. (2013). *Budaya Kuliner Jepang : Bahan Pangan , Pengolahan , dan Kandungan Nutrisi.* 1–21. <http://lib.ui.ac.id/file?file=digital/20352049-MK-Muhammad Ario Jati Hardiyanto.pdf>
- Joanna Briggs Institute. (2020). Checklist for randomized controlled trials - Critical Appraisal tools for use in JBI Systematic Reviews. *Jbi, 1–5.* https://joannabriggs.org/critical_appraisal_tools
- Jordan, Z., Lockwood, C., Munn, Z., & Aromataris, E. (2019). The updated Joanna Briggs Institute Model of Evidence-Based Healthcare. *International Journal of Evidence-Based Healthcare, 17(1), 58–71.*

<https://doi.org/10.1097/XEB.0000000000000155>

- KEMKES. (2016). *PERAN KELUARGA DUKUNG KESEHATAN JIWA MASYARAKAT*. <https://www.kemkes.go.id/article/print/16100700005/peran-keluarga-dukung-kesehatan-jiwa-masyarakat.html>
- Lespérance, F., Frasura-Smith, N., St-André, E., Turecki, G., Lespérance, P., & Wisniewski, S. R. (2011). The efficacy of omega-3 supplementation for major depression: A randomized controlled trial. *Journal of Clinical Psychiatry*, 72(8), 1054–1062. <https://doi.org/10.4088/JCP.10m05966blu>
- Logan, A. C. (2003). Neurobehavioral Aspects of Omega-3 Fatty Acids: Possible Mechanisms and Therapeutic Value in Major Depression. *Alternative Medicine Review*, 8(4), 410–425.
- Masand, P., O’Gorman, C., & Mandel, F. S. (2010). Clinical Global Impression of Improvement (CGI-I). *Schizophrenia Research*, 1, 125–126. <https://www.ncbi.nlm.nih.gov/pubmed/21185155>
- Maslim, R. (2013). DIAGNOSIS GANGGUAN JIWA RUJUKAN RINGKAS dari PPDGJ - III dan DSM - 5. In *DIAGNOSIS GANGGUAN JIWA RUJUKAN RINGKAS dari PPDGJ - III dan DSM - 5*.
- Mozaffari-Khosravi, H., Yassini-Ardakani, M., Karamati, M., & Shariati-Bafghi, S. E. (2013). Eicosapentaenoic acid versus docosahexaenoic acid in mild-to-moderate depression: A randomized, double-blind, placebo-controlled trial. *European Neuropsychopharmacology*, 23(7), 636–644. <https://doi.org/10.1016/j.euroneuro.2012.08.003>
- Network, T. N. C. T. S. (n.d.). *Beck Depression Inventory - Second Edition*. Retrieved December 28, 2020, from <https://www.nctsn.org/measures/beck-depression-inventory-second-edition>
- Omega-3 Fatty Acids in Brain and Neurological Health. (2014). In R. R. Watson & Fabien De Meester (Eds.), *Omega-3 Fatty Acids in Brain and Neurological Health*. ELSEVIER INC. <https://doi.org/10.1016/c2012-0-06006-1>
- Padhy., N. S. S. K. F. R. K. (2020). *Nazila Sharbaf Shoar; Kamron Fariba; Ranjit K. Padhy*. NCBI.
- Panse, M. L., Atakare, S. P., Hegde, M. V., & Kadam, S. S. (2016). Chapter 5: Omega-3 Eggs. In *Omega-3 Fatty Acids*. <https://doi.org/10.1007/978-3-319-40458-5>
- Park, Y., Park, Y. S., Kim, S. H., Oh, D. H., & Park, Y. C. (2015). Supplementation of n-3 polyunsaturated fatty acids for major depressive disorder: A randomized, double-blind, 12-week, placebo-controlled trial in Korea. *Annals of Nutrition and Metabolism*, 66(2–3), 141–148. <https://doi.org/10.1159/000377640>
- Psiquiatr., R. B. (2011). *The ABC profile of the HAM-D17*. *Brazilian Journal of Psychiatry*. <https://doi.org/https://doi.org/10.1590/S1516->

Risa Ika Meidiana, 2021

PENGARUH KONSUMSI OMEGA-3 TERHADAP GEJALA DEPRESI PADA ORANG DEWASA SEBUAH SYSTEMATIC REVIEW,

UPN Veteran Jakarta, Fakultas Kedokteran, Pendidikan Dokter

[www.upnvj.ac.id – www.library.upnvj.ac.id – www.repository.upnvj.ac.id]

44462011000200001

- Rasyid, A. (2003). Asam Lemak Omega-3 Dari Minyak Ikan. *Oseana*, XXVIII(3), 11–16.
- Robinson, D. G., Gallego, J. A., John, M., Hanna, L. A., Zhang, J. P., Birnbaum, M. L., Greenberg, J., Naraine, M., Peters, B. D., McNamara, R. K., Malhotra, A. K., & Szeszko, P. R. (2019). A potential role for adjunctive omega-3 polyunsaturated fatty acids for depression and anxiety symptoms in recent onset psychosis: Results from a 16 week randomized placebo-controlled trial for participants concurrently treated with risperidone. *Schizophrenia Research*, 204(xxxx), 295–303. <https://doi.org/10.1016/j.schres.2018.09.006>
- Rosyanti, L. Hadi, I. F. (2018). *Memahami Gangguan Depresi Mayor (Major Depression Disorder)*. 10–15.
- Shamseer, L., Moher, D., Clarke, M., Gherzi, D., Liberati, A., Petticrew, M., Shekelle, P., Stewart, L. A., Altman, D. G., Booth, A., Chan, A. W., Chang, S., Clifford, T., Dickersin, K., Egger, M., Gøtzsche, P. C., Grimshaw, J. M., Groves, T., Helfand, M., ... Whitlock, E. (2015). Preferred reporting items for systematic review and meta-analysis protocols (prisma-p) 2015: Elaboration and explanation. *BMJ (Online)*, 349(January), 1–25. <https://doi.org/10.1136/bmj.g7647>
- Tayama, J., Ogawa, S., Nakaya, N., Sone, T., Hamaguchi, T., Takeoka, A., Hamazaki, K., Okamura, H., Yajima, J., Kobayashi, M., Hayashida, M., & Shirabe, S. (2019). Omega-3 polyunsaturated fatty acids and psychological intervention for workers with mild to moderate depression: A double-blind randomized controlled trial. *Journal of Affective Disorders*, 245(September 2018), 364–370. <https://doi.org/10.1016/j.jad.2018.11.039>
- WHO. (2020). *WHO Depression*. <https://www.who.int/news-room/fact-sheets/detail/depression>