

# **PENGARUH PELAYANAN HOME CARE BAGI GERIATRI TERHADAP KUALITAS HIDUP PASIEN DENGAN PENYAKIT SEREBROVASKULAR DI RS ST. CAROLUS JAKARTA**

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## **ABSTRAK**

Pertumbuhan penduduk usia tua semakin meningkat setiap tahunnya di Indonesia. Indonesia termasuk lima besar negara dengan penduduk lansia terbanyak di dunia. Seiring dengan bertambahnya usia, banyak di antaranya mengalami penyakit-penyakit yang menyebabkan penurunan kualitas hidupnya. Belum banyak studi yang membahas tentang kualitas hidup pasien geriatri. Penelitian ini bertujuan untuk mengetahui apakah adanya pengaruh pelayanan home care terhadap kualitas hidup pasien. Penelitian ini merupakan penelitian kuantitatif dengan jenis penelitian observasional analitik melalui pendekatan *cross sectional*. Populasi dari penelitian ini adalah pasien geriatri yang menerima perawatan pelayanan kesehatan home care oleh Rumah Sakit St. Carolus Jakarta. Sampel pada penelitian ini adalah pasien geriatri yang menerima perawatan home care yang mempunyai riwayat penyakit serebrovaskular. Pengambilan sampel sebanyak 40 responden dengan metode *total sampling*. Data diambil secara primer melalui pengisian kuesioner. Hasil penelitian ini didapatkan nilai p sebesar 0.019. Sebanyak 22 pasien (55%) memiliki kualitas hidup buruk, sedangkan sebanyak 18 pasien (45%) lainnya memiliki kualitas hidup baik sehingga dapat disimpulkan pelayanan home care bagi geriatri yang dilaksanakan oleh Rumah Sakit St. Carolus berpengaruh bagi kualitas hidup pasien dengan Riwayat penyakit serebrovaskular.

**Kata kunci :** Geriatri, *Home care nursing*, Kualitas hidup, Kualitas pelayanan rumah sakit

# **THE IMPACT OF GERIATRIC HOME CARE NURSING TO THE QUALITY OF LIFE IN PATIENTS WITH CEREBROVASCULAR DISEASE AT ST. CAROLUS HOSPITAL JAKARTA**

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## **ABSTRACT**

In Indonesia, the growth of the elderly population is increasing every year. With increasing age, many of them experience diseases that decrease their quality of life. Not many studies have discussed the quality of life of geriatric patients. This study aims to determine whether there is an impact of home care nursing on the quality of life of patients. This research is a quantitative research with analytic observational research type through cross sectional approach. The population of this study were geriatric patients who received home care health care by St. Hospital. Carolus Jakarta. The sample in this study were geriatric patients who received home care who had a history of cerebrovascular disease. Forty respondents as a sample were obtained through total sampling method. Primary data were collected by filling out a questionnaire. The results of this study obtained a p value of 0.019. As many as 22 patients (55%) had a poor quality of life, while 18 patients (45%) had a good quality of life, so it can be concluded that home care services for geriatrics are carried out by St. Hospital. Carolus affects the quality of life of patients with a history of cerebrovascular disease.

**Keywords** : Geriatric, Home care nursing, Quality of life, Quality of hospital services