

DAFTAR PUSTAKA

- Afafah, muh nur fahri 2018 'Analisis Keseimbangan Statis Dan Keseimbangan Dinamis WanitaPaguyuban Olahraga Lansia Perumahan Pongangan Indah Gresik', *Jurnal Kesehatan Olahraga*, 6(2), p. 295.
- Barengo, N. C. *et al.* 2014 'The impact of the fifa 11+ training program on injury prevention in football players: A systematic review', *International Journal of Environmental Research and Public Health*, 11(11), pp. 11986–12000. doi: 10.3390/ijerph11111986.
- Butler, R. J. *et al.* 2012 'Differences in soccer players' dynamic balance across levels of competition', *Journal of Athletic Training*, 47(6), p. 616. doi: 10.4085/1062-6050-47.5.14.
- Chimera, N. J., Smith, C. A. and Warren, M. 2015 'Injury history, sex, and performance on the functional movement screen and Y balance test', *Journal of Athletic Training*, 50(5), pp. 475–485. doi: 10.4085/1062-6050-49.6.02.
- Con, H. 2011 '14 Balance ability and athletic performance', *Sport Medicine*, 41(3), p. 222.
- Dunsky, A., Barzilay, I. and Fox, O. 2017 'Effect of a specialized injury prevention program on static balance, dynamic balance and kicking accuracy of young soccer players', *World Journal of Orthopaedics*, 8(4), pp. 317–321. doi: 10.5312/wjo.v8.i4.317.
- Engbretsen, A. H. *et al.* 2010 'Prevention of injuries among male soccer players: A prospective, randomized intervention study targeting players with previous injuries or reduced function', *American Journal of Sports Medicine*, 36(6), pp. 1052–1060. doi: 10.1177/0363546508314432.
- Ferdiansah, R. and Riyadi, S. 2019 'Universitas Muhammadiyah Purworejo IMPLEMENTASI FUNGSI MANAJEMEN PEMBINAAN SEPAKBOLA USA The 9 th University Research Colloquium 2019 Universitas Muhammadiyah Purworejo'.
- Gonell, A. C., Romero, J. A. P. and Soler, L. M. 2015 'Relationship Between the Y Balance Test Scores and Soft Tissue Injury Incidence in a Soccer Team.', *International journal of sports physical therapy*, 10(7), pp. 955–66. Available at:<http://www.ncbi.nlm.nih.gov/pubmed/26673848><http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=PMC4675196>.
- Hildebrandt, C. *et al.* 2015 'Functional assessments for decision-making regarding return to sports following ACL reconstruction. Part I: development of a new test battery', *Knee Surgery, Sports Traumatology, Arthroscopy*, 23(5), pp. 1273–1281. doi: 10.1007/s00167-015-3529-4.

- Hübscher, M. *et al.* 2010 'Neuromuscular training for sports injury prevention: A systematic review', *Medicine and Science in Sports and Exercise*, 42(3), pp. 413–421. doi: 10.1249/MSS.0b013e3181b88d37.
- Koenig, J. P. and Puckree, T. 2015 'Injury prevalence , stability and balance among female adolescent', *African Journal for Physical, Health Education, Recreation and Dance*, 21(March), pp. 92–102.
- Majewski, M., Susanne, H. and Klaus, S. 2010 'Epidemiology of athletic knee injuries: A 10-year study', *Knee*, 13(3), pp. 184–188. doi: 10.1016/j.knee.2006.01.005.
- Nikolaos, K. *et al.* 2012 'The effect of a balance and proprioception training program on amateur basketball players' passing skills', *Journal of Physical Education and Sport*, 12(3), pp. 316–323. doi: 10.7752/jpes.2012.03047.
- Pau, M. *et al.* 2015 'Relationship between static and dynamic balance abilities in Italian professional and youth league soccer players', *Physical Therapy in Sport*. Elsevier Ltd, 16(3), pp. 236–241. doi: 10.1016/j.ptsp.2014.12.003.
- Rachman, A. 2019 'Survei Tingkat Kemampuan Teknik Dasar Dalam Permainan Sepakbola Pada Siswa Kelas X Sman 1 Sinjai'.
- Senfiks, P., Nasional, S. and Ilmu, F. 2019 'Copyright ©2019 FIKS, Universitas PGRI Madiun. ISSN: 2657-0211 (Online) 1', 1(1), pp. 1–19.
- Sucipto (2018) 'Teknik dasar sepakbola', *Teknik Dasar Sepakbola*, (c), p. 32.
- Tabrizi, H. B., Abbasi, A. and Sarvestani, H. J. 2013 'Comparing the static and dynamic balances and their relationship with the anthropometrical characteristics in the athletes of selected sports', *Middle East Journal of Scientific Research*, 15(2), pp. 216–221. doi: 10.5829/idosi.mejsr.2013.15.2.7426..