

DAFTAR PUSTAKA

- Akrom. 2015. *Sistem 5 Langkah Belajar Evidence Based Medicine untuk Farmasi* (cetakan ke; Y. Mustofa, ed.). Yogyakarta: CV. MANGGAR.
- Alligood, M.R. 2014. *Nursing Theorists and Their Work*. United States of America: Elsevier.
- Bawazir, Lucky Aziza Abdullah, . Sianipar Wicensius. 2019. *Treating patients with hypertension in Indonesia 's primary health care centre : A challenging condition. Global Cardiology Science & Practice*. <https://doi.org/https://doi.org/10.21542/gcsp.2019.14> Received:
- Bertalina, M. 2016. *Hubungan pola makan, asupan makanan dan obesitas sentral dengan hipertensi di puskesmas rajabasa indah bandar lampung*. *Jurnal Kesehatan*, VII, 34–45.
- Chen, Haojia,. Zhang, Ruiying,. Zheng, Qiongbing,. Yan, Xiuzhu,. Wu, Shouling,. Chen, Youren,. 2018. *Impact of body mass index on long-term blood pressure variability : a cross-sectional study in a cohort of Chinese adults*. *BMC Public Health*, 18(11), 1–8. <https://doi.org/https://doi.org/10.1186/s12889-018-6083-4>
- Colecraft, Esi K., Asante, M., & Christian, Aaron K., Adu-afarwuah, Seth, . 2018. *Sociodemographic Characteristics, Dietary Practices, and Nutritional Status of Adults with Hypertension in a Semi-Rural Community in the Eastern Region of Ghana*. *International Jurnal of Hypertension*, 2018, 7. <https://doi.org/https://doi.org/10.1155/2018/2815193>
- Crump, Casey,. Sundquist, Jan,. Winkleby Marilyn A,. Sundquist Kristina, . 2016. *Interactive Effects of Physical Fitness and Body Mass Index on the Risk of Hypertension*. *Original Investigation*, 94305, 1–7. <https://doi.org/10.1001/jamainternmed.2015.7444>
- Fitrah, M. & L. 2017. *Metodologi Penelitian; Penelitian Kualitatif, Tindakan Kelas & Studi Kasus* (Cetakan Pe; M. . Dr. Ruslan, M.Pd,M.Ag,. Dr. Moch. Mahfud Effendi, ed.). Sukabumi: CV Jejak.
- Geaney, F,. Fitzgerald, S., & Harrington, J M,. Kelly, C,. Greiner, B A,. Perry, I. J. 2015. *Nutrition knowledge , diet quality and hypertension in a working population*. *PMEDR*, 2, 105–113. <https://doi.org/10.1016/j.pmedr.2014.11.008>
- Haider Rifat, Mohammad,. Gupta Das, R.2020. *Inequalities in undiagnosed hypertension among adult Nepalese population : Evidence from a nationally*

- representative survey. International Journal of Cardiology Hypertension, 5(March), 100026. https://doi.org/10.1016/j.ijchy.2020.100026*
- Hartono, Budiman & Leuhery, F. C. 2020. *Hubungan Indeks Massa Tubuh terhadap Dysmenorrhea pada Mahasiswi Fakultas Kedokteran Universitas Kristen Krida Wacana Angkatan 2015. Jurnal Kedokteran Medik, 26(1), 17–22. https://doi.org/https://doi.org/10.36452/jkdoktmeditek.v26i1.1797*
- Hermawan, I. 2019. *Teknik Menulis Karya Ilmiah Berbasis Aplikasi dan Metodologi* (Oktober). Kuningan: Hidayatul quran.
- Hossain, Fariha Binte., Adhikary, Gourab., Chowdhury, A. B., & Shawon, Shajedur Rahman Md, . 2019. *Association between body mass index (BMI) and hypertension in south Asian population : evidence from nationally-representative surveys. Clinical Hypertension, 25(28), 1–9.*
- Hutagaol, Agnes Oktavia. Malianti, E. 2020. *Obesitas dan Tekanan Darah pada Orang Dewasa Usia 18-50 Tahun diKampung Mokla. CHMK Nursing Scientific Journal, 4(April).*
- Hyun, So & Kim, S. 2018. *Comparison of Hypertension Prediction Analysis Using Waist Measurement and Body Mass Index by Age Group. Osong Public Health and Research Perspectives, 9(2), 45–49. https://doi.org/https://doi.org/10.24171/j.phrp.2018.9.2.02 pISSN 2210-9099 eISSN 2233-6052*
- Irfannuddin. 2019. *Cara Sistematis Berlatih Meneliti* (Cetakan 1; Salim Shahab & Den Setiawan, ed.). Jakarta: RAYYANA Komunikasindo.
- Jannah Miftahul, Yacob Fakhri, J. 2017. *Rentang Kehidupan Manusia (Life Span Development) dalam Islam. Gender Equality : International Jurnal of Child and Gender Studies, 3(1), 97–114.*
- Jayedi, A., Pour, A Rashidy., Khorshidi, M., Bidar, S Shab, .2018. *Body mass index , abdominal adiposity , weight gain and risk of developing hypertension : a systematic review and dose – response meta-analysis of more than 2 . 3 million participants. Obesity Reviews, (7). https://doi.org/10.1111/obr.12656*
- Johansyah, Theodorus Kevin Putra, Lestari, AA Wiradewi, Herawati, Sianny. 2020. *Hubungan Antara Indeks Massa Tubuh (IMT) Dengan Tekanan Darah Pada Pengunjung Lapangan Renon Pada Tahun 2018. Jurnal Medika Udayana, 9(3), 7–10. https://doi.org/doi:10.24843.MU.2020.V9.i3.P01*
- Kadir, S. 2019. *Pola makan dan kejadian hipertensi. Jurnal Health and Sport Journal, 1(2), 56–60. https://doi.org/p-ISSN: 2654-718X, e-ISSN: 2656-2863*
- Kanauchi, M., & Kanauchi, K. 2015. *Diet quality and adherence to a healthy diet in Japanese male workers with untreated hypertension. BMJ Open, 1–7.*

<https://doi.org/10.1136/bmjopen-2015-008404>

- Kim, H., & Andrade, F. C. D. 2016. *Diagnostic status of hypertension on the adherence to the Dietary Approaches to Stop Hypertension (DASH) diet.* *PMEDR*, 4(2016), 525–531. <https://doi.org/10.1016/j.pmedr.2016.09.009>
- Kristantio, Jesslyn Elvina, ., & Halim, S. 2019. *Hubungan indeks massa tubuh dengan tekanan darah pada mahasiswa Fakultas Kedokteran Universitas Tarumanegara 2017.* *Tarumanegara Medical Journal*, 2(1), 59–64.
- Landi, Francesco,. Calvani, Riccardo,. Picca, Anna,. Tosato, Matteo,. Martone, Anna Maria,. Ortolani, Elena,. Sisto, Alex,. D'angelo, Emanuela,. Serafini, Elisabetta,. Desideri, Giovambattista,. Fuga, Maria Tecla,. Marzetti, Emanuele, ., Serafini, E., Desideri, G., Fuga, M. T., & Marzetti, E. 2018. *Body mass index is strongly associated with hypertension: Results from the longevity check-up 7+ study.* *Nutrients*, 10(12), 1–12. <https://doi.org/10.3390/nu10121976>
- Larco, Rodrigo M Carrillo,. Ortiz, Antonio Bernabe,. Rosas, Victor G Sal Y,. Sacksteder, Katherine A,. Canseco, Francisco Diez,. Cardenas, Maria K,. Gilman, Robert H,. Miranda J Jaime, . 2018. *Parental body mass index and blood pressure are associated with higher body mass index and blood pressure in their adult offspring : a cross-sectional study in a resource-limited setting in northern Peru.* *Tropical Medicine and International Health*, 23(5), 533–540. <https://doi.org/10.1111/tmi.13052>
- Lee, Hye Ah,. Park Hyesook, .2018. *Diet-Related Risk Factors for Incident Hypertension During an 11-Year Follow-Up: The Korean Genome Epidemiology Study.* *Nutrients*, 10, 1–11. <https://doi.org/10.3390/nu10081077>
- Leech, Rebecca M,. Timperio, Anna,. Worsley, Anthony,. Mcnaughton, Sarah A, . 2019. *Eating patterns of Australian adults : associations with blood pressure and hypertension prevalence.* *European Journal of Nutrition*, 58(5), 1899–1909. <https://doi.org/10.1007/s00394-018-1741-y>
- Li, Kuibao,. Yao, Chonghua,. Yang, Xinchun,. Di, Xuan,. Li, N., & Dong, Lei,. Xu, Li,. Zheng, M. 2016. *Body mass index and the risk of cardiovascular and all-cause mortality among patients with hypertension: A population-based prospective cohort study among adults in Beijing, China.* *Journal of Epidemiology*, 26(12), 654–660. <https://doi.org/10.2188/jea.JE20150323>
- Linderman, George C, BS,. Lu, Jiapeng,. Lu, Yuan,. Sun, Xin,. Xu, Wei,. Nasir, Khurram,. Schulz, Wade,. Jiang, Lixin,. Krumholz, H. M. 2018. *Association of Body Mass Index With Blood Pressure Among 1.7 Million Chinese Adults.* *JAMA Network Open*, 1(4), 1–11. <https://doi.org/10.1001/jamanetworkopen.2018.1271>

- Liu, Dechen., Zhang, Ming., Liu, Yu., Sun Xizhou., Yin, Zhaoxia., Li, Honghui., Luo, Xinping., Li, Linlin., Zhang, Lu., Wang, Bingyuan., Ren, Yongcheng., Zhao, Yang., Cheng, Cheng., Liu, Leili., Chen, Xu., Ruiyuang, Zhang., Liu, Fiyan., Zhou ,Qionggui., Z, . 2018. *Association of hypertension with parity and with the interaction between parity and body mass index in rural Chinese women*. *Journal of the American Society of Hypertension*, 1–9. <https://doi.org/10.1016/j.jash.2018.09.005>
- Mahmudah, Solehatul., Taufik Maryusman., Firlia Ayu Arini., Ibnu Malkan, . 2015. *Hubungan gaya hidup dan pola makan dengan kejadian hipertensi pada lansia di kelurahan sawangan baru*. *Biomedika*, 7, 43–51.
- Margerison, Claire., Riddell, Lynnette J Mcnaughton, Sarah A Nowson, C. A. 2020. *Associations between dietary patterns and blood pressure in a sample of Australian adults*. *Nutritional Jurnal*, 19(5), 1–12. <https://doi.org/https://doi.org/10.1186/s12937-019-0519-2>
- Marlina, Y., Huriyati, E., & Sunarto, Y. 2016. *Indeks massa tubuh dan aktivitas fisik dengan tekanan darah pada pelajar SMA*. *Jurnal Gizi Klinik Indonesia*, 12(4), 160–166. Retrieved from <https://jurnal.ugm.ac.id/jgki>
- Masturoh, Imas & Anggita, N. 2018. *Pusat Pendidikan Sumber Daya Manusia dan Pemberdayaan Sumber Daya Manusia Kesehatan Bahan Ajar Rekam Medis dan Informasi Kesehatan (RMIK) Metodologi Penelitian Kesehatan*. Jakarta: Kementerian Kesehatan Republik Indonesia.
- Matsunaga, Masako., Hurwits, Eric L., Li, Dongmei, .2018. *Development and Evaluation of a Dietary Approaches to Stop Hypertension Dietary Index with Calorie-Based Standards in Equivalent Units: A Cross-Sectional Study with 24-Hour Dietary Recalls from Adult Participants in the National Health and Nutrition Exam*. *Journal of the Academy of Nutrition and Dietetics*, 118(1), 1–16. <https://doi.org/10.1016/j.jand.2017.03.010>
- Migdal, Kamila U., Babcock Matthew C., Robinson, Austin T., Watso Joseph C., Wenner, Megan M., Stocker, Sean D., Faruhar, William B., . 2020. *The Impact of High Dietary Sodium Consumption on Blood Pressure Variability in Healthy, Young Adults*. *American Journal of Hypertension*. <https://doi.org/doi/10.1093/ajh/hpaa014/5719606>
- Ndanuko, Rhoda N., Tapsell, Linda C., Charlton, Karen E., RPHNutr., Neale, Elizabeth P., Batterham, Marijka J, . AStat. 2016. *Associations between Dietary Patterns and Blood Pressure in a Clinical Sample of Overweight Adults*. *Journal of the Academy of Nutrition and Dietetics*, 1–12. <https://doi.org/10.1016/j.jand.2016.07.019>
- Ndanuko, Rhoda N., Tapsell, Linda C., Charlton, K. E., & Neale, Elizabeth P., Batterham, M. J. 2016. *Dietary Patterns and Blood Pressure in Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials*.

- Advances in Nutrition*, 7(1), 76–89. <https://doi.org/10.3945/an.115.009753>
- Novita, E. 2018. *Faktor-Faktor yang Mempengaruhi Kebiasaan Menonton Film Porno pada Remaja* Eryanti Novita. *Anthropos : Jurnal Antropologi Sosial Dan Budaya*, 4(1), 31–44.
- Nursalam. 2020. *Penyusunan Tugas Ahir Skripsi Bentuk Literature Review (LR)* (D. Priyantini, ed.). Surabaya: Universitas Airlangga.
- Park, Yong-moon Mark,. Steck, Susan E,. Fung, Teresa T,. Zhang, Jiajia,. Hazlett, Linda J,. Han, Kyungdo,. Lee, Seung-hwan,. Kwon, Hyuk-sang, ., & Merchant, A. T.2016. *Mediterranean diet , Dietary Approaches to Stop Hypertension (DASH) style diet , and metabolic health in U . S . adults*. *Clinical Nutrition*, xxx(September), 1–9. <https://doi.org/10.1016/j.clnu.2016.08.018>
- Peltzer, Karl., P. S. 2018. *The Prevalence and Social Determinants of Hypertension among Adults in Indonesia : A Cross-Sectional Population-Based National Survey*. 2018, 9. [https://doi.org/https://doi.org/10.1155/2018/5610725](https://doi.org/10.1155/2018/5610725)
- Puspitasari, Helda,. Wuryaningsih, Emi Wuri,. Rifai, Ahmad, .2017. *Pengaruh Pelatihan Manajemen Diri terhadap Perilaku Merokok pada Remaja Di SMK Negeri 2 Jember Kecamatan Sumbersari Kabupaten Jember (The Effect of Self-Management Training on Teenager ' s Smoking Behavior at SMK Negeri 2 Jember of Sumbersari Sub-District. E-Jurnal Pustaka Kesehatan*, 5(1), 91–98.
- Ratulangi, Andrew Johanes,. Bodhi, Widhi,. Fatimawali,. Manampriring, A. 2016. *Hubungan Tekanan Darah Dengan Obesitas pada Remaja Obes dan Non-Obes di Kabupaten Bolaang Mongondow Utara. Kedokteran Klinik (JKK)*, 1(1), 55–63.
- Rebholz, Casey M,. Lichtenstein, Alice H,. Zheng, Zihe,. Appel, Lawrence J,. Coresh, Josef, . (2018). *Serum untargeted metabolomic profile of the Dietary Approaches to Stop Hypertension (DASH) dietary pattern. American Society for Nutrition*, (June), 1–13. <https://doi.org/10.1093/ajcn/nqy099>
- Ren, Qian,. Su, Chang,. Wang, Huijun,. Wang, Zhihong,. Du, Wenwen,. Zhang, B. 2016. *Change in body mass index and its impact on incidence of hypertension in 18–65-year-old Chinese adults. International Journal of Environmental Research and Public Health*, 13(3), 1–9. <https://doi.org/10.3390/ijerph13030257>
- Ridwan Muhamad. 2017. *Mengenal, Mencegah, Mengatasi Silent Killer Hipertensi* (S. Ika, ed.). romawi pustaka.

- Riskesdas Kemenkes. 2018. *Riset Kesehatan Dasar (RISKESDAS). Journal of Physics A: Mathematical and Theoretical*, 44(8), 1–200. <https://doi.org/10.1088/1751-8113/44/8/085201>
- Ristekdikti. *Workshop Review Jurnal dan Klinik Usulan Penelitian dan Pengabdian Masyarakat Hibah DRPM Dirjen Risbang Kemristekdikti (Edisi XII Tahun 2018)*. 2018.
- Situmorang, M. 2015. *Penentuan Indeks Massa Tubuh (IMT) melalui Pengukuran Berat dan Tinggi Badan Berbasis Mikrokontroler AT89S51 dan PC* Departemen Fisika FMIPA Universitas Sumatera Utara. 03(02), 102–110.
- Sudharsanan, Nikkil., Geldsetzer, P. 2019. *Impact of Coming Demographic Changes on the Number of Adults in Need of Care for Hypertension in Brazil, China, India, Indonesia, Mexico, and South Africa A Modeling Study*. *Hypertension*, 1–7. <https://doi.org/10.1161/HYPERTENSIONAHA.118.12337>
- Sudira, Putu Gede, . 2016. *Panduan Pencarian Literatur Medis*. Program Studi Pendidikan Dokter FK UNUD.
- Sulistiyana, Dwi Budi,. Seran, Gotfridus Goris, . 2016. *Pengelolaan Konflik Kepentingan*. Jakarta: Direktorat Pendidikan dan Pelayanan Masyarakat.
- Susanty Manikome,. Sefty Rompas, . Gresty N.M. Masi. 2016. *Gambaran Konsumsi Makanan Laut Penderita Hipertensi di Wilayah Kerja Puskesmas Dagho Kecamatan Tamako*. *EJournal Keperawatan (EKp)*, 4(1), 1–7.
- Triandini, E., Jayanatha, S., Indrawan, A., Putra, G W., Iswara, B. 2019. *Metode Systematic Literature Review untuk Identifikasi Platform dan Metode Pengembangan Sistem Informasi di Indonesia*. *Indonesian Journal of Information Systems (IJIS)*, 1(2). Retrieved from Systematic Literature Review; metode terstruktur; metode berorientasi objek
- Vuvor, F. 2017. *Correlation of Body Mass Index and Blood Pressure of Adults of 30–50 Years of Age in Ghana*. *Health Research and Reviews*, 115–121. <https://doi.org/10.4103/jhrr.jhrr>
- Wahyuni & Susilowati, T. 2018. *Pola akan dan jenis kelamin dan hubungan pengetahuan terhadap kejadian hipertensi di kalurahan sambung macan sraged. Gaster*, XVI(1), 73–82.
- Waśkiewicz, Anna,. Zujko, Małgorzata Elżbieta,. Szczeńewska, Danuta,. Tykarski, Andrzej,. Kwasniewska, magdalena,. Drygas, Wojciech,. witkowska, Anna Maria, . 2019. *Polyphenols and dietary antioxidant potential, and their relationship with arterial hypertension : A cross-sectional study of the adult population in Poland (WOBASZ II)*. *Original Papers*, 28(Wobasz II), 797–806. <https://doi.org/10.17219/acem/91487>

Wijaya, ivan. Kurniawan, Rama Nur. Haris, H. 2020. *Hubungan Gaya Hidup dan Pola Makan terhadap Kejadian Hipertensi diwilayah Kerja Puskesmas Towata Kabupaten Takalar*. The Indonesian Journal of Health Promotion, 3(1).

Windiyati,. Tjahjono, Mayasari, . 2019. *Perawatan Kecantikan Kulit* (N. Lystiani, ed.). Retrieved from www.gpu.id

Xie, Yanxia,. Guo, Rongrong,. Li, Zhao,. Guo, Xiaofan,. Sun, Guozhe,. Sun, Zhaoqing,. Zheng, Jia,. Subn, Yingxian,. Zheng, Liqiang, . 2019. *Temporal relationship between body mass index and triglyceride-glucose index and its impact on the incident of hypertension*. *Nutrition, Metabolism and Cardiovascular Diseases*, 29(11), 1220–1229. <https://doi.org/10.1016/j.numecd.2019.07.003>

Xie, Yanxia,. Guo, R., & Li, Zhao,. Guo, Xiaofan,. Sun, Guozhe,. Sun, Zhaoqing,. Zheng, Jia,. Sun, Yingxian,. Zheng, Liqiang, .2019. *Temporal relationship between body mass index and triglyceride-glucose index and its impact on the incident of hypertension*. *Nutrition, Metabolism and Cardiovascular Diseases*, 29(11), 1220–1229. <https://doi.org/10.1016/j.numecd.2019.07.003>

Xu, Wenxin,. Shubina, M., & Goldberg, Saveli I,. Turchin, A. 2015. *Body Mass Index and All-Cause Mortality in Patients with Hypertension*. *Obesity*, 23(8), 1712–1720. <https://doi.org/10.1002/oby.21129>

Yuan, Manqiong,. Chen, W., & Teng, Bogang,. Fang, Y. 2016. *Occupational Disparities in the Association between Self-Reported Salt-Eating Habit and Hypertension in Older Adults in Xiamen , China*. *International Jurnal of Environmental Research and Public Health*, 13, 148. <https://doi.org/10.3390/ijerph13010148>

Zhang, Ming,. Zhao, Yang,. Sun, Haohang,. Luo, X., Wang, Chongjian,. Li, Linlin,. Zhang, Lu,. Wang, Bingyuan,. Ren, Y., Zhou, Junmei,. Han, Chengyi,. Zhang, Hongyan,. Yang, Xiangyu,. Pang, Chao,. Yin, Lei,. Feng, Tianping,. Zhao, Jingzhi,. Hu, Dongsheng,. Han, C., & Zhang, Hongyan,. Yang, Xiangyu,. Pang, Chao,. Yin, Lei,. Feng, Tianping,. Zhao, Jingzhi,. Hu, D. 2017. *Effect of dynamic change in body mass index on the risk of hypertension : Results from the Rural Chinese Cohort Study*. *International Journal of Cardiology*, xxx, 6–11. <https://doi.org/10.1016/j.ijcard.2017.03.025>

Ulfa Aeni,2020

PENGARUH POLA MAKAN DAN INDEKS MASSA TUBUH TERHADAP PENINGKATAN TEKANAN

DARAH PADA USIA DEWASA: STUDI LITERATUR

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Keperawatan Program Sarjana

[www.upnvj.ac.id – www.library.upnvj.ac.id- www.repository.upnvj.ac.id]