

HUBUNGAN STATUS IBU BEKERJA, MOTIVASI IBU DAN DUKUNGAN SUAMI TERHADAP PEMBERIAN ASI EKSKLUSIF DI UPT PUSKESMAS KECAMATAN CINERE KOTA DEPOK TAHUN 2016

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Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan status ibu bekerja, motivasi ibu dan dukungan suami terhadap pemberian ASI Eksklusif di UPT Puskesmas Kecamatan Cinere Kota Depok tahun 2016. Desain penelitian menggunakan metode *cross sectional* dengan pengumpulan data menggunakan kuesioner terstruktur. Responden adalah 103 ibu, dengan menggunakan metode *purposive sampling*, dan analisis data menggunakan uji *chi-square*. Hasil penelitian didapatkan presentase pemberian ASI Eksklusif 34%, status pekerjaan mayoritas responden adalah ibu rumah tangga 79.6%, motivasi ibu 82.5%, dukungan suami 50.5%, tingkat pendidikan 61.2%, dan tingkat pendapatan keluarga 57.3%. Hasil penelitian menunjukkan ada hubungan yang signifikan antara status ibu bekerja terhadap pemberian ASI Eksklusif ($p=0.017$, $OR=1.56$, $95\% CI=0.034-0.716$), dan terdapat hubungan yang signifikan antara dukungan suami terhadap pemberian ASI Eksklusif ($p=0.001$, $OR=4.969$, $95\% CI=2.012-12.273$). Terdapat hubungan yang signifikan antara status ibu bekerja dan dukungan suami terhadap pemberian ASI Eksklusif dan tidak terdapat hubungan yang signifikan antara motivasi ibu, tingkat pendidikan dan pendapatan keluarga terhadap pemberian ASI Eksklusif. Disarankan untuk Puskesmas Kecamatan Cinere agar membuat klinik menyusui di puskesmas, dan memberikan penjelasan kepada ibu hamil, ibu menyusui, suami ibu hamil, suami ibu menyusui tentang pentingnya dan manfaat pemberian ASI Eksklusif.

Kata Kunci : status ibu bekerja, motivasi ibu, dukungan suami, pemberian ASI Eksklusif.

THE CORRELATION BETWEEN EMPLOYMENT STATUS, MOTHER'S MOTIVATION, AND HUSBAND'S SUPPORT TO EXCLUSIVE BREASTFEEDING PRACTICE AT PUBLIC HEALTH CENTER CINERE SUB-DISTRICT IN DEPOK 2016

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Abstract

This study was conducted to find the correlation between employment status, mother's motivation, and husband's support to exclusive breastfeeding practice at public health center Cinere Sub-District in Depok 2016. The design of the study was cross sectional method and data were collected using structured questionnaire. Respondents were 103 mothers, sample were taken by purposive sampling method, and data were analyzed using chi square test. The percentage to exclusive breastfeeding practice was 34%, majority employment status respondent is a housewife 79.6%, mother's motivation is 82.5%, husband's support is 50.5%, mother's education level is 61.2%, and family income level is 57.3%. Result of the study showed there was significant correlation between employment status to exclusive breastfeeding practice ($p=0.017$, $OR=1.56$, $95\% CI=0.034-0.716$), and there was significant correlation between husband's support to exclusive breastfeeding practice ($p=0.001$, $OR=4.969$, $95\% CI=2.012-12.273$). There were significant correlation between employment status and husband's support to exclusive breastfeeding practice and no significant correlation between mother's motivation, mother's education level, and family income level to exclusive breastfeeding practice. For Cinere Sub-District Public Health Center, it is recommended to establish breastfeeding clinic, and deliver information to pregnant mother's, lactating mother's, and their her husband's about the importance and benefits of exclusive breastfeeding practice.

Keywords : employment status, mother's motivation, husband's support, to exclusive breastfeeding practice.