

**DINAMIKA KOMUNIKASI INTERPERSONAL DEVITO DALAM
PEMENUHAN *SELF-ESTEEM* VOLUNTEER PADA PROGRAM
KELANA BUMI 3: PAPUA GAMA DHARMA**

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ABSTRAK

Fenomena kerelawanan dewasa muda perkotaan diwarnai kerentanan psikologis pra-keberangkatan dan hambatan komunikasi di lokasi pengabdian terisolasi. Penelitian ini bertujuan menganalisis penerapan lima karakteristik komunikasi interpersonal Joseph A. DeVito serta pemaknaan umpan balik sosial dalam pemenuhan harga diri (*self-esteem*) relawan. Menggunakan kerangka teoretis Model Humanistik DeVito (tujuan *To Learn*) dan Teori Evaluasi *Self-Esteem* Baron & Byrne, studi kasus kualitatif berparadigma konstruktivisme ini mengumpulkan data lewat wawancara mendalam terhadap delapan informan kunci (*purposive sampling*) yang dianalisis menggunakan model interaktif Miles, Huberman, dan Saldaña. Hasil penelitian menunjukkan kelima karakteristik DeVito diinkubasi secara sistematis melalui Intervensi Komunikasi Interpersonal organisasi dan beroperasi secara asimetris. Pemaknaan umpan balik internal dan eksternal berhasil memenuhi tujuan *To Learn*, bertindak sebagai cermin sosial positif yang merestorasi *burnout* akademik serta memulihkan gairah hidup (*spark recovery*) relawan secara permanen sekembalinya ke habitat urban.

Kata Kunci: DeVito, Dinamika Komunikasi Interpersonal, Harga Diri, Relawan, Umpan Balik

**THE DYNAMICS OF DEVITO'S INTERPERSONAL COMMUNICATION
IN FULFILLING VOLUNTEER'S SELF-ESTEEM IN KELANA BUMI 3:
PAPUA GAMA DHARMA PROGRAM**

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ABSTRACT

Urban young adult volunteering is characterized by pre-departure psychological vulnerabilities and communication noise in isolated outreach locations. This study analyzes the implementation of Joseph A. DeVito's five interpersonal communication characteristics and the interpretation of social feedback to fulfill volunteers' self-esteem. Utilizing DeVito's Humanistic Model (objective To Learn) and Baron & Byrne's Self-Esteem Evaluation Theory, this constructivist qualitative case study gathered data through in-depth interviews with eight key informants (selected via purposive sampling), analyzed using Miles, Huberman, and Saldaña's interactive model. Findings reveal that DeVito's characteristics are systematically incubated through an engineered Interpersonal Communication Intervention and operate asymmetrically. Interpreting internal and external feedback fulfills the To Learn objective, functioning as a positive social mirror that restores burnout and permanently reignites volunteers' existential spark.

Keywords: DeVito, Feedback, Self-Esteem, The Dynamic of Interpersonal Communication Volunteer