

DAFTAR PUSTAKA

- Alshagga, MA, Nimer, AR, Yan, LP, Ibrahim, IAA , Al-Ghamdi, SS, Al-Dubai, SAR 2013, 'Prevalence and Factors Associated With Neck, Shoulder and Low Back Pains Among Medical Students in a Malaysian Medical College' *BMC Research Notes*, vol.6, no.1, diakses tanggal 3 Maret 2018.
<https://doi.org/10.1186/1756-0500-6-244>
- Ariens, GAM, Mechelen, WV, Bongers, PM, Bouter, LM, Wal, GVD 2000, 'Reviews Physical Risk Factors for Neck Pain', *Health*, vol.26, no.1, diakses tanggal 29 Mei 2018.
<http://dare.ubvu.vu.nl/bitstream/handle/1871/22648/263604.pdf?sequence=2>
- Apriani, I, Puji, L, Trisnawati, E 2013, 'Faktor-Faktor Yang Berhubungan Dengan Musculoskeletal Disorders (MSDs) Pada Kasir Swalayan Di Kota Pontianak', *Repository*, diakses tanggal 28 Mei 2018.
<http://repository.unmuhpnk.ac.id/264/1/JURNAL.pdf>
- Berkley, KJ 1997 'Sex Difference In Pain', *PubMed*, vol.20, no.3, September 1997, diakses tanggal 10 Maret 2018.
<https://www.ncbi.nlm.nih.gov/pubmed/10097000>
- Binder, AI 2007, 'Cervical Spondylosis and Neck Pain', NCBI, vol.334, no.7592, Maret 2007, diakses tanggal 15 Desember 2017.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1819511/>
- Bogduk, N 2011, 'The Anatomy and Pathophysiology of Neck Pain', *Physical Medicine and Rehabilitation Clinics of North America*, vol.22, no.3, Maret 2003, diakses tanggal 29 Mei 2018.
<https://doi.org/10.1016/j.pmr.2011.03.008>
- Cailliet, R 1991, *Neck and Arm Pain*, In: Cailliet R. *Soft Tissue Pain and Disability*, 2 ed, FA Davis Company, Philadelphia
- Chiu, TTW, Ku, WY, Lee, MH, Sum, WK, Wan, MP, Wong, CY, Yuen, CK 2002, 'A Study on the Prevalence of and Risk Factors for Neck Pain Among University Academic Staff in Hong Kong', *Journal of Occupational Rehabilitation*, vol.12, no.2, Juni 2002, diakses tanggal 28 Mei 2018.
<https://link.springer.com/article/10.1023%2FA%3A1015008513575>

- Croft, PR, Lewis, M, Papageorgiou, AC, Thomas, E, Jayson, MI, Macfarlane, GJ, Silman, AJ 2001, 'Risk Factors for Neck Pain: A Longitudinal Study in The General Population', *Elsevier*, vol.93, no.3, diakses tanggal 9 Januari 2018.
<https://pdfs.semanticscholar.org/fbc0/2ddab32b34aa13ead2c82d8391fbbe30acb1.pdf>
- Dahlan, M 2010, *Langkah-langkah Membuat Proposal Penelitian Bidang Kedokteran dan Kesehatan*, Sagung Seto, Jakarta
- Gadotti, IC 2010, 'Measurement Properties of the Sagittal Craniocervical Posture Photogrammetry', Doctoral Dissertation, Faculty of Rehabilitation Medicine University of Alberta, diakses tanggal 29 Mei 2018.
https://era.library.ualberta.ca/items/c42cdb0aaf49472e951377fa71aac4a3/view/d6439202aec744ceb244cdba5c97059a/Gadotti_Inae_Fall%25202010.pdf
- Guez, M, Hildingsson, C, Nilsson, M, Toolanen, G 2002, 'The Prevalence of Neck Pain: A Population-Based Study from Northern Sweden', *Acta Orthopaedica Scandinavica*, vol.73, no.4, diakses tanggal 29 Mei 2018.
<https://doi.org/10.1080/00016470216329>
- Hamilton, N, Wendi, W, Kathryn, L 2001, *Kinesiology: Scientific Basis of Human Motion 11th edition*, Brown & Benchmark, Dubuque, IA
- Hansraj, KK 2014 'Assessment of Stresses in the Cervical Spine Caused by Posture and Position of the Head', vol.25, no.25, diakses tanggal 26 September 2017.
<https://motamem.org/wp-content/uploads/2016/06/spine-study.pdf>
- Harman, K, Hubley-Kozey, CL, Butler, H 2005, 'Effectiveness of an Exercise Program to Improve Forward Head Posture in Normal Adults: A Randomized, Controlled 10-Week Trial', *The Journal of Manual & Manipulative Therapy*, vol.13, no.3, diakses tanggal 29 Mei 2018.
https://s3.amazonaws.com/academia.edu.documents/41489388/Effectiveness_of_an_Exercise_Program_to_20160123111861yd851z.pdf?AWSAccessKeyId=AKIAIWOWYYGZ2Y53UL3A&Expires=1535394819&Signature=cZ7CdQaQqVgWZJLwBw%2B2qFNkL1I%3D&responsecontentdisposition=inline%3B%20filename%3DEffectiveness_of_an_Exercise_Program_to.pdf
- Helmi, ZN 2013, *Buku Ajar Gangguan Muskuloskeletal*. Salemba Medika, Jakarta
- Huldani 2013, *Neck Pain (Nyeri Leher)*, Fakultas Kedokteran Program Studi Sarjana Kedokteran, Universitas Lambung Mangkurat, diakses tanggal 28 Mei 2018.
<http://eprints.ulm.ac.id/209/1/HULDANI%20-%20NECK%20PAIN.pdf>

- Khoirunnisa, N, & Novitasari, RW 2015, 'Assessment Nyeri', *Jurnal CDK*, vol.42, no.3, diakses 25 Oktober 2017.
[http://kalbemed.com/Portals/6/19_226Teknik-Assessment Nyeri.pdf](http://kalbemed.com/Portals/6/19_226Teknik-Assessment%20Nyeri.pdf)
- Kusmindari, CD, Oktaviana, R, Yuliwati, E 2014, 'Desain Dayan Ergonomis untuk Mengurangi Musculoskeletal Disorder pada Pengrajin Songket dengan Menggunakan Aplikasi Nordic Body Map' : Prosiding seminar nasional Universitas Bina Drama Palembang, Palembang, diakses tanggal 7 Maret 2018.
<http://eprints.binadarma.ac.id/2174/1/2.%20bksti7104%20%28Ch%20Desi%20Kusmindari%2C%20Rina%20Oktaviana%2C%20Erna%20Yuliwati%29%205-9.pdf>
- Lee, KJ, Han, HY, Cheon, SH, Park, SH, Yong, MS 2015, 'The Effect of Forward Head Posture On Muscle Activity During Neck Protraction and Retraction', *Journal of Physical Therapy Science*, vol.27, no.3, diakses tanggal 28 April 2018.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4395757/#r7>
- Lee, HS, Chung, HK, Park, SW 2015, 'The Analysis of Severity of Forward Head Posture With Observation And Photographic Method', *J Korean Social Physical Medicine*, vol.10, no.3, Juli 2015, diakses tanggal 24 Maret 2018.
http://kspm.or.kr/files/kspstudy/20151005/1444019411_0.pdf
- Lestari, B 2015, 'Faktor-faktor yang Mempengaruhi Terjadinya Nyeri Leher pada Pengguna Laptop', Naskah Publikasi Program S1, Universitas Muhammadiyah Surakarta diakses tanggal 16 Maret 2017.
<http://eprints.ums.ac.id/34563/1/NASKAH%20PUBLIKASI.pdf>
- Levine, J 2015, 'Here's What Sitting Too Long Does to Your Body' *Peak Fitness*, diakses tanggal 20 April 2018.
<https://fitness.mercola.com/sites/fitness/archive/2015/05/08/sitting-too-long.aspx>
- Mckenzie, R 1981, 'Classifications Of Mechanical, Capital Physical Therapy' *The McKenzie Institute*, diakses tanggal 2 Januari 2018.
http://www.capitalpt.com/newsletters/classifications_back-neck_pain.pdf
- Mitchell, B T 2014, 'Posture and Body Alignment for Health', diakses tanggal 15 Agustus 2017.
http://working-well.org/articles/pdf/Posture_Balance.pdf
- Morrison, G 2011, 'How Poor Posture Causes Neck Pain', diakses tanggal 20 Januari 2018.
<https://www.spine-health.com/conditions/neck-pain/how-poor-posture-causes-neck-pain>

- Novianti, H 2015, 'Hubungan Antara Beban Kerja Dengan Kejadian Postural Kifosis (Postur Membungkuk) Pada Pekerja Buruh Gendong Wanita Di Los Tengah Pasar Johar Semarang', *Jurnal Kesehatan Masyarakat*, vol.3, no.1, diakses tanggal 16 Maret 2017.
<http://eprints.ums.ac.id/52772/11/NASKAH%20PUBLIKASI%20r.pdf>
- Prayoga, R C 2014, 'Penatalaksanaan Fisioterapi Pada Cervical Syndrome e.c Spondylosis C3-6 Di RSUD Dr Moewardi', Naskah Publikasi Program Diploma, Universitas Muhammadiyah Surakarta, diakses tanggal 29 Mei 2018.
http://eprints.ums.ac.id/30956/11/02_NASKAH_PUBLIKASI.pdf
- Salahzadeh, Z, Maroufi, N, Ahmadi, A, Behtash, H, Razmjoo, A, Gohari, M, Parnianpour, M 2014 'Assessment of forward head posture in females: Observational and photogrammetric methods' *PubMed*, vol.27, diakses tanggal 24 Maret 2018.
<https://www.ncbi.nlm.nih.gov/pubmed/23963268>
- Samara, D 2007, 'Nyeri Muskuloskeletal Pada Leher Pekerja Dengan Posisi Pekerjaan Yang Statis', *Universa Medicina*, vol.26, no.3, diakses tanggal 16 Agustus 2017.
<https://www.univmed.org/ejurnal/index.php/medicina/article/view/305>
- Slosar, P J 2016, 'Neck Pain', *Spine Health*, diakses tanggal 2 Januari 2018.
<https://www.spine-health.com/conditions/neck-pain>
- Szeto, GPY, Straker, L, Raine, S 2002, 'A Field Comparison Of Neck And Shoulder Postures In Symptomatic And Asymptomatic Office Workers'. *Elsevier*, vol.33, no.1, diakses tanggal 5 April 2018.
[https://doi.org/10.1016/S0003-6870\(01\)00043-6](https://doi.org/10.1016/S0003-6870(01)00043-6)
- Tawakkalni, A 2017, 'Hubungan Antara Forward Head Posture Dengan Keseimbangan Dinamis', Fakultas Ilmu Kesehatan Program Studi Sarjana Fisioterapi, Universitas Muhammadiyah Surakarta, diakses tanggal 11 Januari 2018.
<https://core.ac.uk/download/pdf/148614936.pdf>
- Victorian Minister for Health, Australian Government, The dangers of sitting : why sitting is the new smoking, diakses tanggal 30 September 2017.
<https://www.betterhealth.vic.gov.au/health/healthyliving/the-dangers-of-sitting>
- Viester, L, Verhagen, EALM, Hengel, KMO, Koppes, LLJ, Beek, AJVD, Bongers, PM 2013, 'The Relation Between Body Mass Index And Musculoskeletal Symptoms In The Working Population', *BMC Musculoskeletal Disorders*, vol.14, no.1, Juli-Agustus 20013, diakses tanggal 29 Mei 2018.
<https://bmcmusculoskeletdisord.biomedcentral.com/articles/10.1186/1471->

2474-14-238

Yunus, MAS 2015, 'Hubungan Antara Beban Tas Punggung dengan Non Spesific Neck Pain Pada Mahasiswa PSPD UIN Syarif Hidayatullah Jakarta Tahun 2015', Fakultas Kedokteran Program Studi Sarjana Kedokteran dan Ilmu Kesehatan. Universitas Islam Negeri Syarif Hidayatullah, diakses tanggal 12 Maret 2017.

<http://repository.uinjkt.ac.id/dspace/bitstream/123456789/29521/1/Muhammad%20Alfa%20Septiano%20Yunus-fkik.pdf>

Zar, A 2012, 'Faktor-Faktor Yang Berhubungan Dengan Keluhan Muskuloskeletal Pada Upper Limb Extremities Mahasiswa Ketika Proses Belajar Mengajar Di Kelas Di Fakultas Kedokteran Dan Ilmu Kesehatan Universitas Islam Negeri Syarif Hidayatullah Jakarta Tahun 2012', Fakultas Kesehatan Masyarakat Program Studi Sarjana Kesehatan Masyarakat. Fakultas Kedokteran dan Ilmu Kesehatan Universita Islam Negeri Syarif Hidayatullah, Jakarta, diakses tanggal 28 Januari 2018.

<http://www.repository.uinjkt.ac.id/dspace/bitstream/123456789/25953/1/Abu%20Zar-fkik.pdf>

