

DAFTAR PUSTAKA

Mattacola, GC & Dwyer, MK 2002, *Rehabilitation of the Ankle After Acute Sprain or Chronic Instability*, Vol. 37.

Kowalak, JP 2011, *Buku Ajar Patofisiologi*, EGC, Jakarta.

Daniels & Worthingams 1995, *Journal of Exercise Therapy: Muscle Testing: Sixth edition*, W. B Saunders Company, USA, hlm.23.

Sumartiningsih, S 2012, *Cedera Keseleo pada Pergelangan Kaki (Ankle Sprains)*, Volume 2, hlm. 1-3.

PERMENKES RI NO.80 tahun 2013, *Pedoman Pelayanan Fisioterapi di Sarana Kesehatan*, Jakarta.

Golano, P 2010, *Sport Medicine Journal of Ankle sprain: Diagnosis and therapy starts with Knowledge of Anatomy*, Switzerland, hlm.5.

Kowalak, K 2011, *Physicaltherapy of Sprain Ankle*.UK. Vol.3, hlm.2.

Kisner, C & Lyn, C 2007, *Therapeutik Exercise Foundation and Technique*, Third edition, F.A Davis Company, Philadelphia.

Paul MT & Diana K. Taylor 2002, *Mencegah dan mengatasi Cedera Olahraga*, PT. Raja Grafindo Persada, Jakarta.

Suma. P Ade 2013, *Pengertian Sprain Ankle*, Diakses 23 Juni 2015, Jakarta <http://adeputrasuma.blogspot.com/2013/07/sprain-ankle.html>

Siddiqui, AH & Nishat, Q 2011, *A Comparative Study of Eccentric Training Using Theraband and Static Stretching in Improving Triceps Surac Muscle Flexibiliti*. Vol.05, New Delhi.

ICF2013, *A Practical Manual for using the International Classification of Functioning, Disability, and Health*, WHO.