

## DAFTAR PUSTAKA

- Agustina, V., Suryagustina, & Wiyono, H. (2021). PENGARUH TERAPI KOMPRES AIR HANGAT TERHADAP NYERI POST The Effect Of Warm Water Compress Therapy On Post Operating Orific Pain In Fracture Patients In Rsud Dr . Doris Sylvanus Palangka Raya Abstrak. *Surya Medika*, 6(1), 82–87.
- Akhyar, M., Marlinda, E., Zainab, Z., & Prayogi, B. (2021). PENGARUH TEKNIK DISTRAKSI VISUAL TERHADAP TINGKAT NYERI ANAK SAAT PEMASANGAN INFUS DI RUANG IGD RSUD RATU ZALEHA MARTAPURA. *JURNAL CITRA KEPERAWATAN*, 9(2), 73–80. <https://doi.org/10.31964/jck.v9i2.193>
- Akriansyah, M., & Surahmat, R. (2021). Pengaruh Cool Pack (Kompres Dingin) Terhadap Nyeri Saat Pemasangan Infus Pada Anak Di Rumah Sakit The Effect Of Cool Pack (Cold Compress) On Pain During Infusation In Children In Hospital. *Jurnal Kesehatan Medika Saintika Desember 2021 /Vol, 12(2)*, 178–183.
- Andari, F. N. (2019). *Pengaruh Pelatihan Peregangan Senam Ergonomis Terhadap Penurunan Skor Nyeri Muskuloskeletal Disorders (MSDs) Pada Perkerja Pembuat Kaleng Alumunium*. 19–26.
- Arsal, U. W., G, S., Arimbi, A., Mukrim, H., & Anggraeni, A. S. D. (2025). Uji Efektivitas Hidroterapi Air Hangat terhadap Nyeri Telapak Kaki pada Lansia: Studi Pre-Post di Puskesmas Pekkae. *Jurnal Penelitian Inovatif*, 5(1), 777–782. <https://doi.org/10.54082/jupin.1373>
- Astutik, P., & Kurlinawati, E. (2017). Pengaruh Relaksasi Genggam Jari Terhadap Penurunan Nyeri Pada Pasien Post Sectio Caesarea. *STRADA JURNAL ILMIAH KESEHATAN*, 6(2), 30–37. <https://doi.org/10.30994/sjik.v6i2.6>
- Bahrudin, M. (2018). PATOFISIOLOGI NYERI (PAIN). *Saintika Medika*, 13(1), 7. <https://doi.org/10.22219/sm.v13i1.5449>
- Bakhshandeh, M., Bagheri-Nesami, M., Heydarigorji, M., & Hoseinnataj, A. (2024). The Effect of Music Therapy on the Pain Level of 3 to 6-year-old Children Undergoing Wound Repair by Suturing and Their Parents' Anxiety in the Emergency Department: A Randomized Controlled Trial. *Journal of Comprehensive Pediatrics*, 15(4). <https://doi.org/10.5812/jcp-145968>
- Beneta, V. (2023). Effectiveness of Squeezing Ball Technique on Reduction of Pain during Insertion of Intravenous Cannulation amongst Hospitalised Toddlers in a

Dwi Mega Yuniar, 2026

**ANALISIS ASUHAN KEPERAWATAN PADA PASIEN ANAK TODDLER DENGAN INTERVENSI TERAPI DISTRAKSI SQUISHY UNTUK MENGURANGI TINGKAT NYERI AKIBAT PEMASANGAN INFUS DI INSTALASI GAWAT DARURAT (IGD)**

UPN “Veteran” Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi

[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

- Selected Hospital, Kolar. *Indian Journal of Continuing Nursing Education*, 24(2), 162–167. [https://doi.org/10.4103/ijcn.ijcn\\_13\\_23](https://doi.org/10.4103/ijcn.ijcn_13_23)
- Cairns, C., & Kang, K. (2022). *National Hospital Ambulatory Medical Care Survey: 2019 Emergency Department Summary Tables*. <https://doi.org/10.15620/cdc:115748>
- Colin, V., Keraman, B., Dwianamaydinar, D., & Prasensi, M. (2020). Pengaruh Teknik Distraksi Menonton Kartun Animasi terhadap Penurunan Skala Nyeri Saat Injeksi pada Anak Usia Pra Sekolah. *JURNAL KEPERAWATAN MUHAMMADIYAH BENGKULU*, 8(1), 43–50. <https://doi.org/10.36085/jkmu.v8i1.678>
- Darma, E. (2021). Pengaruh Pengantar Pasien, Kondisi Pasien, Dan Beban Kerja Tenaga Kesehatan IGD Terhadap Waktu Tanggap Di IGD RSIA Bunda Aliyah Jakarta Tahun 2020. *Jurnal Manajemen Dan Administrasi Rumah Sakit Indonesia*, 5(1), 50–61.
- Dehnavi, R. D., Sharifi, N., Jamshidi, Z., & Shirazi, Z. H. (2025). Pinwheel blowing and stress ball squeezing reduce children's pain and anxiety during intravenous catheterization in a randomized controlled trial. *Scientific Reports*, 15(1), 31359. <https://doi.org/10.1038/s41598-025-17250-4>
- Dewi, I. M., & Mardihusodo, S. J. (2023). Guided Imagery Untuk Mengatasi Nyeri Kronis: Guided Imagery for Chronic Pain. *Jurnal Keperawatan Notokusumo*, 11(1), 25–31.
- Düzıkaya, D. S., Bozkurt, G., Ulupınar, S., Uysal, G., Uçar, S., & Uysalol, M. (2021). The Effect of a Cartoon and an Information Video About Intravenous Insertion on Pain and Fear in Children Aged 6 to 12 Years in the Pediatric Emergency Unit: A Randomized Controlled Trial. *Journal of Emergency Nursing*, 47(1), 76–87. <https://doi.org/10.1016/j.jen.2020.04.011>
- Eke, G. K., & Ide, L. E. Y. (2020). Non-pharmacological Management of Procedural Pain in Children: Health Worker's Approach at a Tertiary Health Facility, Southern Nigeria. *Journal of Advances in Medicine and Medical Research*, 97–103. <https://doi.org/10.9734/jammr/2020/v32i430405>
- Gerçeker, G. Ö., Bektaş, İ., & Yardımcı, F. (2024). The effects of virtual reality and stress ball distraction on procedure-related emotional appearance, pain, fear, and anxiety during phlebotomy in children: A randomized controlled study. *Journal of Pediatric Nursing*, 79, 197–204. <https://doi.org/10.1016/j.pedn.2024.08.029>
- Hayati, N. K., Illona, L., Kausar, E., Keperawatan, P. S., Kedokteran, F., Lambung, U., Km, J. A. Y., & Selatan, K. (2025). *Intervensi Massage Teknik Effleurage dengan Minyak Zaitun untuk Menurunkan Intensitas Nyeri Kronis terhadap Ny .*

Dwi Mega Yuniar, 2026

**ANALISIS ASUHAN KEPERAWATAN PADA PASIEN ANAK TODDLER DENGAN INTERVENSI TERAPI DISTRAKSI SQUISHY UNTUK MENGURANGI TINGKAT NYERI AKIBAT PEMASANGAN INFUS DI INSTALASI GAWAT DARURAT (IGD)**

UPN "Veteran" Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi

[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

*T di Desa Awang Bangkal Barat Gout Arthritis merupakan penyakit yang disebabkan oleh penimbunan purin , baik Arthritis ( 2 ). Lansia dengan ka. 7(50 mm), 90–97.*

- Hedayati, J., Bagheri-Nesami, M., Elyasi, F., & Hosseinnataj, A. (2023). The Effect of Music Therapy on the Pain and Anxiety Levels of Patients Experiencing Wound Healing by Suturing in the Emergency Wards. *Anesthesiology and Pain Medicine*, *13*(1). <https://doi.org/10.5812/aapm-132943>
- Hockenberry, M. J., & Wilson, D. (2021). *Wong's Nursing Care of Infants and Children* (12th ed.). Elsevier.
- Hong, J. H., Paek, S. H., Kim, T., Kim, S., Ko, E., Ro, Y. S., Kim, J., & Kwon, J. H. (2023). Characteristics of pediatric emergency department visits before and during the COVID-19 pandemic: a report from the National Emergency Department Information System (NEDIS) of Korea, 2018–2022. *Clinical and Experimental Emergency Medicine*, *10*(S), S13–S25. <https://doi.org/10.15441/ceem.23.150>
- Inan, G., & Inal, S. (2019). The Impact of 3 Different Distraction Techniques on the Pain and Anxiety Levels of Children During Venipuncture. *The Clinical Journal of Pain*, *35*(2), 140–147. <https://doi.org/10.1097/AJP.0000000000000666>
- Indriyani, P., Hayati, H., & Chodidjah, S. (2013). Kompres Dingin Dapat Menurunkan Nyeri Anak Usia Sekolah Saat Pemasangan Infus. *Jurnal Keperawatan Indonesia*, *16*(2), 93–100. <https://doi.org/10.7454/jki.v16i2.7>
- International Association for the Study of Pain. (2020). The revised International Association for the Study of Pain definition of pain: concepts, challenges, and compromises. *Pain*, *161*(9), 1976–1982. <https://doi.org/10.1097/j.pain.0000000000001939>
- Kemendes RI. (2024). *Riset Kesehatan Dasar (Riskesdas)*.
- Kementerian PPPA. (2025). *PROFIL ANAK INDONESIA*. Kementerian PPPA.
- Koç Özkan, T., & Polat, F. (2020). The Effect of Virtual Reality and Kaleidoscope on Pain and Anxiety Levels During Venipuncture in Children. *Journal of PeriAnesthesia Nursing*, *35*(2), 206–211. <https://doi.org/10.1016/j.jopan.2019.08.010>
- Koller, D., & Goldman, R. D. (2012). Distraction Techniques for Children Undergoing Procedures: A Critical Review of Pediatric Research. *Journal of Pediatric Nursing*, *27*(6), 652–681. <https://doi.org/10.1016/j.pedn.2011.08.001>

**Dwi Mega Yuniar, 2026**

**ANALISIS ASUHAN KEPERAWATAN PADA PASIEN ANAK TODDLER DENGAN INTERVENSI TERAPI DISTRAKSI SQUISHY UNTUK MENGURANGI TINGKAT NYERI AKIBAT PEMASANGAN INFUS DI INSTALASI GAWAT DARURAT (IGD)**

UPN “Veteran” Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi

[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

- Küçük Alemdar, D., & Yaman Aktaş, Y. (2019). The Use of the Buzzy, Jet Lidokaine, Bubble-blowing and Aromatherapy for Reducing Pediatric Pain, Stress and Fear Associated with Phlebotomy. *Journal of Pediatric Nursing*, *45*, e64–e72. <https://doi.org/10.1016/j.pedn.2019.01.010>
- Lameky, V. Y., & Parinussa, N. (2025). Efektivitas Terapi Storytelling terhadap Penurunan Kecemasan Anak Prasekolah Selama Hospitalisasi di Rumah Sakit Sumber Hidup Ambon. *Media Kesehatan Politeknik Kesehatan Makassar*, *20*(1), 55–62. <https://doi.org/10.32382/medkes.v20i1.1412>
- Lee, G. Y., Yamada, J., Kyololo, O., Shorkey, A., & Stevens, B. (2014). Pediatric Clinical Practice Guidelines for Acute Procedural Pain: A Systematic Review. *Pediatrics*, *133*(3), 500–515. <https://doi.org/10.1542/peds.2013-2744>
- Lestiawati, E., & Krisnanto, P. D. (2020). Faktor yang Berhubungan dengan Tingkat Nyeri Pemasangan Infus Pada Anak Usia Sekolah. *Jurnal Ilmiah Kesehatan Medika Respati*, *12*(1).
- Mariyam. (2018). Tingkat nyeri anak usia 7-13 tahun saat dilakukan pemasangan infus di RSUD Kota Semarang. *Jurnal Keperawatan Anak*, *1*(8), 19.
- Melzer-Lange, M. D., Zonfrillo, M. R., & Gittelman, M. A. (2013). Injury Prevention. *Pediatric Clinics of North America*, *60*(5), 1241–1253. <https://doi.org/10.1016/j.pcl.2013.06.010>
- Mendri & Prayogi. (2019). *Etika Profesi Hukum Keperawatan* (1 ed.). Pustaka Baru.
- Milwati, S. (2018). *Keperawatan Medikal-Bedah-a38B2894*.
- Moustafa, S. (2024). Effect of Active Distraction on Children's Pain and Behavioral Response during Intravenous Catheter Insertion. *Child Care in Practice*, *30*(4), 421–433. <https://doi.org/10.1080/13575279.2021.1898340>
- Nugroho, R. K., & Suyanto, S. (2023). Meta-Analisis Pengaruh Pemberian Teknik Relaksasi Napas Dalam terhadap Rasa Nyeri pada Pasien Post Operasi. *Jurnal Penelitian Perawat Profesional*, *5*(3), 1039–1048. <https://doi.org/10.37287/jppp.v5i3.1698>
- Nurhanifah, L., & Taufika Sari, F. (2022). Pengaruh terapi distraksi terhadap penurunan nyeri prosedural pada anak. *Jurnal Kesehatan Holistik*, *16*(3), 123–129.
- Nurlaila, & Utami, W. (2018). *Buku Ajar Keperawatan Anak* (1 ed., hal. 168). LeutikaPrio.

Dwi Mega Yuniar, 2026

**ANALISIS ASUHAN KEPERAWATAN PADA PASIEN ANAK TODDLER DENGAN INTERVENSI TERAPI DISTRAKSI SQUISHY UNTUK MENGURANGI TINGKAT NYERI AKIBAT PEMASANGAN INFUS DI INSTALASI GAWAT DARURAT (IGD)**

UPN "Veteran" Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi

[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

- Potter & Perry. (2017). *Fundamentals of Nursing* (Edisi 7). Elsevier Health Sciences.
- Purnama, D. A., Samidah, I., & Murwati, M. (2022). Pengaruh Terapi Bermain Squishy Terhadap Respon Nyeri Anak Usia Pra Sekolah Saat Pengambilan Sampel Darah Di Rumah Sakit Umum Daerah Curup. *ANJANI Journal (Medical Science & Healthcare Studies)*, 2(2), 61–65. <https://doi.org/10.37638/anjani.v2i2.559>
- Rachmawati, I. N. (2008). ANALISIS TEORI NYERI: KESEIMBANGAN ANTARA ANALGESIK DAN EFEK SAMPING. *Jurnal Keperawatan Indonesia*, 12(2), 129–136.
- Radar, S. (2024). *Ruang IGD Membludak, RSUD H. Andi Sultan Dg Radja Menambah Bed.*
- Rahmatika, D., Utami, I. T., & Purwono, J. (2022). Penerapan Aromaterapi Lavender Terhadap Pasien Nyeri Kepala di Ruang Saraf RSUD Jend. Ahmad Yani Metro. *Jurnal Cendekia Muda*, 2, 124–129.
- Raja, S. N., Carr, D. B., Cohen, M., Finnerup, N. B., Flor, H., Gibson, S., Keefe, F. J., Mogil, J. S., Ringkamp, M., Sluka, K. A., Song, X.-J., Stevens, B., Sullivan, M. D., Tutelman, P. R., Ushida, T., & Vader, K. (2020). The revised International Association for the Study of Pain definition of pain: concepts, challenges, and compromises. *Pain*, 161(9), 1976–1982. <https://doi.org/10.1097/j.pain.0000000000001939>
- Rokhima, V., & Yazid, B. (2023). Pengaruh Aromaterapi Bitter Orange Terhadap Penurunan Intensitas Nyeri Pada Pasien. *Journal Of Vocational Health Scient*, 2(2), 87–96.
- Sarfika, R. Yanti, Nova. & Winda, R. (2020). Pemasangan infus di instalasi rawat inap anak. *Ners Jurnal Keperawatan*, 11(1), 32–40.
- Sari, N. L. O., Yudono, D. T., & Novitasari, D. (2023). Pengaruh Pemberian Terapi Guided Imagery terhadap Kecemasan pada Pasien Pre Operasi Sectio Caesarea. *Jurnal Penelitian Perawat Profesional*, 6(2), 675–682. <https://doi.org/10.37287/jppp.v6i2.2255>
- Sarman, A., & Tuncay, S. (2024). Soothing venipuncture: Bubble blowing and ball squeezing in reducing anxiety, fear, and pain in children. *Journal of Child and Adolescent Psychiatric Nursing*, 37(3). <https://doi.org/10.1111/jcap.12478>
- Savallampi, M., Maallo, A. M. S., Shaikh, S., McGlone, F., Bariguiian-Revel, F. J., Olausson, H., & Boehme, R. (2023). Social Touch Reduces Pain Perception—An fMRI Study of Cortical Mechanisms. *Brain Sciences*, 13(3), 393. <https://doi.org/10.3390/brainsci13030393>

- Siti Nursondang, Setiawati, R. E. (2019). Hubungan Dukungan Keluarga Dengan Tingkat Kecemasan Akibat Hospitalisasi Pada Anak Usia Pra Sekolah Di Ruang Alamanda. *Jurnal Kesehatan Holistik*, 9(2), 59–63.
- Tirtayanti, S., & Zega, M. P. W. (2025). Parental holding terhadap distress prosedur terapi intravena (IV) pada anak di rumah sakit. *Holistik Jurnal Kesehatan*, 19(2), 362–367. <https://doi.org/10.33024/hjk.v19i2.728>
- Tumakaka, G. Y. S., Nurhaeni, N., & Wanda, D. (2020). Squeezing a squishy object effectively controls pain in children during intravenous catheter insertion. *Pediatric Reports*, 12. <https://doi.org/10.4081/pr.2020.8692>
- Voepel-Lewis, T., Zanotti, J., Dammeyer, J. A., & Merkel, S. (2010). Reliability and Validity of the Face, Legs, Activity, Cry, Consolability Behavioral Tool in Assessing Acute Pain in Critically Ill Patients. *American Journal of Critical Care*, 19(1), 55–61. <https://doi.org/10.4037/ajcc2010624>
- Wakefield, E. O., Belamkar, V., Sandoval, A., Puhl, R. M., Edelheit, B., Zempsky, W. T., Rodrigues, H. A., & Litt, M. D. (2023). Does Diagnostic Certainty Matter?: Pain-Related Stigma in Adolescents with Juvenile Idiopathic Arthritis. *Journal of Pediatric Psychology*, 48(4), 341–351. <https://doi.org/10.1093/jpepsy/jsac092>
- Wardani, M. E., & Soesanto, E. (2022). Penurunan nyeri pada pasien post tiroidektomi menggunakan terapi musik suara alam. *Ners Muda*, 3(1), 18. <https://doi.org/10.26714/nm.v3i1.6280>
- Winarsih, B. D. (2024). DAMPAK HOSPITALISASI PADA ANAK PRASEKOLAH BERDASARKAN PENGALAMAN ANAK DIRAWAT DAN PENGALAMAN MERAWAT ANAK OLEH ORANG TUA DI RSUD RA KARTINI JEPARA. *Jurnal Keperawatan Kesehatan Masyarakat*, 2(2), 6–16.
- Wong, C. L., & Choi, K. C. (2023). Effects of an Immersive Virtual Reality Intervention on Pain and Anxiety Among Pediatric Patients Undergoing Venipuncture. *JAMA Network Open*, 6(2), e230001. <https://doi.org/10.1001/jamanetworkopen.2023.0001>
- Youanda, P. K., Kesuma Dewi, T., & Keperawatan Dharma Wacana Metro, A. (2021). Pemasangan Infus Pada Anak Prasekolah (3-5 Tahun) Application of Distraction Techniques Watching Animated Cartoons To Treat Pain When Infused in Pre School Children (3-5 Years Old). *Jurnal Cendikia Muda*, 1(2), 188–193.
- Yulendasari, R., Prasetyo, R., & Ayu, S. P. (2022). Penyuluhan kesehatan tentang manajemen nyeri. *JOURNAL OF Public Health Concerns*, 2(1), 10–17.

Dwi Mega Yuniar, 2026

**ANALISIS ASUHAN KEPERAWATAN PADA PASIEN ANAK TODDLER DENGAN INTERVENSI TERAPI DISTRAKSI SQUISHY UNTUK MENGURANGI TINGKAT NYERI AKIBAT PEMASANGAN INFUS DI INSTALASI GAWAT DARURAT (IGD)**

UPN “Veteran” Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi

[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

<https://doi.org/10.56922/phc.v2i1.173>

Yuliana, A. R., Cahyanti, L., & Fitriana, V. (2024). PEMBERIAN TERAPI MUSIK MOZART DAN BACK EXERCISE TERHADAP PENURUNAN NYERI DYSMENORRHEA PRIMER. *Jurnal Profesi Keperawatan*, 11(2), 194–204. <https://doi.org/10.31596/jprokep.v11i2.213>

Yurdakul, Z., & Esenay, F. I. (2023). Effects of two different ball types on pain and anxiety during venous blood draw in children: A randomized controlled study. *Journal of Pediatric Nursing*, 72, e201–e209. <https://doi.org/10.1016/j.pedn.2023.06.029>

Dwi Mega Yuniar, 2026

**ANALISIS ASUHAN KEPERAWATAN PADA PASIEN ANAK TODDLER DENGAN INTERVENSI TERAPI DISTRAKSI SQUISHY UNTUK MENGURANGI TINGKAT NYERI AKIBAT PEMASANGAN INFUS DI INSTALASI GAWAT DARURAT (IGD)**

UPN “Veteran” Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi

[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]