

DAFTAR PUSTAKA

- Abazari, L., Ghonchehpour, A., Abazari, A., Isari, Z., Abbaszadeh, M. H., & Tavan, A. (2025). Experiences of children during hospitalization: content analysis of interviews and paintings. *BMC Pediatrics*, 25(1). <https://doi.org/10.1186/s12887-025-05529-4>
- Abdi, F., Karamoozian, A., Lotfilou, M., Gholami, F., Shaterian, N., Niasar, A. A., Aghapour, E., & Jandaghian-Bidgoli, M. (2025). Effect of play therapy and storytelling on the anxiety level of hospitalized children: a randomized controlled trial. *BMC Complementary Medicine and Therapies*, 25(1), 23. <https://doi.org/10.1186/s12906-025-04767-4>
- Abdi, F., Pakzad, R., Shaterian, N., Ashtari, M., Ashtari, S., Khoramabadi, Z. K., & Jandaghian-Bidgoli, M. (2024). Exploring and comparing the relationship between maternal anxiety and children's anxiety during admission, hospitalization, and discharge in pediatric wards of Iranian hospitals. *BMC Psychology*, 12(1). <https://doi.org/10.1186/s40359-024-02154-1>
- Abdulkadir, W. S., Yusuf, A. H., Lamalani, A. N., Hippy, F. I., Monoarfa, M. S., Anasiru, R. F., & Lakoro, S. R. (2025). Evaluasi Terapi pada Pasien Gastroenteritis dengan Abdomen Akut. *Journal of Health Science and Technology*, 6(2), 188–198. <https://doi.org/10.53861/lontarariset.v6i1>
- Alligood, M. R., Hamid, A. Y. S., & Ibrahim, K. (2017). *Pakar Teori Keperawatan dan Karya Mereka* (8th ed., Vol. 1). Elsevier Singapore.
- Atawatun, L. K., Pademme, D., & Banna, T. (2021). Faktor yang Berhubungan dengan Kecemasan pada Anak Usia Prasekolah akibat Hospitalisasi di RSUD Sele Be Solu Kota Sorong. *Journal of Nursing & Health*, 6(2), 132–141.
- Bharuchi, V. N. A., & Rasheed, M. A. (2024). Effect of play-based intervention on children's mental status and caregiver involvement during hospitalization: findings from Pakistan. *BMC Pediatrics*, 24(1). <https://doi.org/10.1186/s12887-024-04659-5>
- Chauhan, N., Sachdeva, D., Malhotra, S., & Gupta, N. (2024a). Play Therapy: An Analytical Mode of Therapy in Children. *Journal of Indian Association for Child and Adolescent Mental Health*, 20(2), 136–146. <https://doi.org/10.1177/09731342241238524>
- Chauhan, N., Sachdeva, D., Malhotra, S., & Gupta, N. (2024b). Play Therapy: An Analytical Mode of Therapy in Children. *Journal of Indian Association for Child and Adolescent Mental Health*, 20(2), 136–146. <https://doi.org/10.1177/09731342241238524>

- Daughtrey, H. R., Ruiz, M. O., Felix, N., Saynina, O., Sanders, L. M., & Anand, K. J. S. (2024). Incidence of mental health conditions following pediatric hospital admissions: analysis of a national database. *Frontiers in Pediatrics*, 12. <https://doi.org/10.3389/fped.2024.1344870>
- Dayani, N. E., Budiarti, L. Y., & Lestari, D. R. (2015). *Terapi Bermain Clay terhadap Kecemasan pada Anak Usia Prasekolah (3-6 tahun) yang Menjalani Hospitalisasi di RSUD Banjarbaru* (Vol. 3, Issue 2).
- Demetriou, E. A., Boulton, K. A., Bowden, M. R., & Guastella, A. J. (2024). Adjustment and homesickness in hospitalised children: A systematic review. In *Clinical Psychology Review* (Vol. 110). Elsevier Inc. <https://doi.org/10.1016/j.cpr.2024.102431>
- Ekowati, U. K., Santoso, H. B., & Sumarni, T. (2022). Studi Kasus Bersihan Jalan Napas Tidak Efektif pada Pasien Pneumonia di RSUD Ajibarang. *Jurnal Keperawatan Notokusumo*, 10(1), 10–19.
- Fadilah, N. N., Samiasih, A., Pohan, V. Y., & Mariyam, M. (2025). Penerapan Terapi Bermain Origami Untuk Menurunkan Kecemasan Pada Anak Leukemia Limfoblastik Akut Di Ruang Anak Lantai 1 RSUP Dr. Kariadi Semarang. *Ners Muda*, 6(1), 9. <https://doi.org/10.26714/nm.v6i1.13470>
- Fajariyah, Y., Mahfudah, Y., & Yuniarsih, S. M. (2024). Terapi Bermain dan Kecemasan Akibat Hospitalisasi pada Anak Usia Pra-Sekolah. *Jurnal Ilmu Keperawatan Dan Kebidanan*, 15(2), 230–237. <https://doi.org/10.26751/jikk.v>
- Fajri, E. M. (2024). Problematika Anxiety Disorder pada Remaja di Era Modern. *Jurnal Ilmu Pendidikan Dan Psikologi*, 2(3), 95–102. <https://jurnalcendekia.id/index.php/jipp/>
- Fiteli, I., Nurchayati, S., & Zuhra, R. M. (2024). Gambaran Respon Hospitalisasi pada Anak Usia Prasekolah yang Pertama Kali di Rawat Inap di Rumah Sakit. *Jurnal Keperawatan Profesional (JKP)*, 12(1).
- Fitri, S. K. (2023). Perubahan Tingkat Kecemasan Anak yang Mendapat Imunisasi Injeksi setelah dilakukan Permainan Prima \. *Jurnal Keperawatan Muhammadiyah*, 122. <https://doi.org/10.30651/jkm.v0i0.17897>
- Fitriani, L., Kalsum, U., & Tasdie, A. (2023). Hubungan Peran Orang Tua dengan Dampak Hospitalisasi Anak Usia Prasekolah (3-5 tahun) di Ruang Asoka RSUD Polewali Mandar. *J-KESMAS: Jurnal Kesehatan Masyarakat*, 9(2), 181. <https://doi.org/10.35329/jkesmas.v9i2.3977>

- Fitriani, & Sari, D. N. (2022). Efektivitas Terapi Bermain Clay terhadap Penurunan Kecemasan Anak Hospitalisasi di Ruang Anak. *Indonesian Journal of Therapy and Science Research*, 7(3), 145–152.
- Godino-Iáñez, M. J., Martos-Cabrera, M. B., Suleiman-Martos, N., Gómez-Urquiza, J. L., Vargas-Román, K., Membrive-Jiménez, M. J., & Albendín-García, L. (2020). Play therapy as an intervention in hospitalized children: A systematic review. *Healthcare (Switzerland)*, 8(3), 2–12. <https://doi.org/10.3390/healthcare8030239>
- Handayani, & Daulima, N. H. C. (2020). Parental presence in the implementation of atraumatic care during children's hospitalization. *Pediatric Reports*, 12(1), 11–14. <https://doi.org/10.4081/pr.2020.8693>
- Handayani, P. D., Dewi, E., & Utami, N. (2023). Penerapan Bermain Terapeutik Clay Terhadap Penurunan Tingkat Kecemasan Anak Usia Prasekolah saat Tindakan Injeksi di RSUD Dr. Soehadi Prijonegoro Sragen. *Jurnal Ilmu Kesehatan-Mandira Cendikia*, 2(8), 71–78. <https://journal-mandiracendikia.com/jikmc>
- Hazanah, R., Nuraini, I. A., & Hidayat, R. (2023). Pengaruh Terapi Bermain terhadap Perilaku Kooperatif Anak Selama Menjalani Perawatan di Ruang Anak Dahlia Rumah Sakit Mariner Cilandak Jakarta Selatan. *Malahayati Nursing Journal*, 5(10), 3278–3291. <https://doi.org/10.33024/mnj.v5i10.9278>
- Herawati, D., & Mariyani. (2023). The Effect Of Coloring Play Therapy On Reducing Stress Impact Of Hospitalization In Pre-school Age Children. *International Journal of Medicine and Health (IJMH)*, 2(1), 100–107.
- Hermalinda, H., Deswita, & Sari, Y. P. (2025). The Effect of Play Therapy on Hospitalization Anxiety Among Pre-School Children (3-6 Years). *NERS Jurnal Keperawatan*, 21(1), 106–111. <https://doi.org/10.25077/njk.v21i1.212>
- Ikhsani, A. S., & Sumarni, N. (2024). Acute Gastroenteritis and Bronchopneumonia in an incompletely Immunized Infant – Case Report. *Jurnal Biologi Tropis*, 24(1), 635–640. <https://doi.org/10.29303/jbt.v24i1.6570>
- Indrawan, I., & Wijoyo, H. (2020). *Pendidikan Anak Prasekolah* (A. Rahmat, Ed.). CV. Pena Persada. <https://www.researchgate.net/publication/342121687>
- Khairi, H. (2018). Karakteristik Perkembangan Anak Usia Dini dari 0-6 Tahun. *Jurnal Warna*, 2(2), 15–28.
- Kimport, E. R., & Robbins, S. J. (2012). Efficacy of creative clay work for reducing negative mood: A randomized controlled trial. *Art Therapy*, 29(2), 74–79. <https://doi.org/10.1080/07421656.2012.680048>
- Liang, Y., Yang, Y., Yuan, Y., Chen, L., Wang, T., Luo, B., Wang, J., & Zhuang, J. (2025). Effects of physical activity interventions on physical fitness in

- preschool children: a meta-analysis of randomized controlled trials and dose–response study. *BMC Public Health*, 25(1), 3029. <https://doi.org/10.1186/s12889-025-24156-3>
- Loreskär, P., & Binder, P. E. (2024). Nothing less than a creative triumph: a study of children admitted to hospital for serious somatic illness or injury and their experience of art therapy. *Frontiers in Psychology*, 15. <https://doi.org/10.3389/fpsyg.2024.1353507>
- Mayana, N. G. P., Rehana, & Yunike. (2023). Nursing Implementation Of Plasticine Play Therapy In Children With Typhoid Fever With Anxiety Due To Hospitalization. *International Journal Scientific and Profesional (IJ-ChiProf)*, 1(4), 23–25. <https://doi.org/10.56988/chiprof.v1i4.46>
- Mulyani, A. T., Khairinisa, M. A., Khatib, A., & Chaerunisaa, A. Y. (2025). Understanding Stunting: Impact, Causes, and Strategy to Accelerate Stunting Reduction—A Narrative Review. In *Nutrients* (Vol. 17, Issue 9). Multidisciplinary Digital Publishing Institute (MDPI). <https://doi.org/10.3390/nu17091493>
- Musviro, M., Nurparamitha Bahari, P., Wahyuningsih, S., Hayati, N., & Dwi Fibriansari, R. (2023). Implementasi Terapi Bermain (Play Dough) pada Anak Pre-School yang Menjalani Perawatan Hospitalisasi dengan Masalah Keperawatan Ansietas: Studi Kasus. *Health and Technology Journal (HTechJ)*, 1(6), 589–596. <https://doi.org/10.53713/htechj.v1i6.119>
- Nugraha, A. D. (2020). Memahami Kecemasan: Perspektif Psikologi Islam. *Indonesian Journal of Islamic Psychology*, 2(1), 1–22.
- Nurmayunita, H., & Hastuti, A. P. (2019). *Pengaruh Terapi Bermain Clay Terhadap Kecemasan Hospitalisasi Pada Anak Usia 3-6 Tahun*. <http://jurnal.stikespantiwaluya.ac.id/>
- Oktiawati, A., Widyantoro, W., & Fardlillah, A. M. F. (2020). Bermain Terapeutik Clay Menurunkan Tingkat Kecemasan Pada Anak Usia Prasekolah Saat Tindakan Injeksi. *MANUJU: Malahayati Nursing Journal*, 2(4), 695–704.
- Prime, H., Andrews, K., Markwell, A., Gonzalez, A., Janus, M., Tricco, A. C., Bennett, T., & Atkinson, L. (2023). Positive Parenting and Early Childhood Cognition: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. In *Clinical Child and Family Psychology Review* (Vol. 26, Issue 2, pp. 362–400). Springer. <https://doi.org/10.1007/s10567-022-00423-2>
- Rahmadillah, A., & Hamidi, M. N. S. (2024). Asuhan Keperawatan Pada An.D Dengan Gastroenteritis Akut (GEA) Di Ruang Sahabat RSUD Bangkinang Tahun 2024. *Jurnal Excellent*, 3(1), 395–402.
- Rahmnia, D. R., Apriliyani, I., & Kurniawan, W. E. (2024). Gambaran Tingkat Kecemasan akibat Hospitalisasi pada Anak dengan Tindakan Invasif. *Jurnal*

Peneliti Perawat Profesional, 6(2), 625–634.
<http://jurnal.globalhealthsciencegroup.com/index.php/JPPP>

- Rajendra, A. H., Buchori, M., & Iskandar, A. (2025). Hubungan Usia, Jenis Kelamin, Status Gizi, dan Statu Imunisasi dengan Kejadian Pneumonia pada Anak di RSUD Inche Abdoel Moeis Samarinda. *Jurnal Ilmu Kedokteran Dan Kesehatan*, 12(2), 324–331.
<https://doi.org/https://doi.org/10.33024/jikk.v12i2.17649>
- Rezaeizadeh, G., Mansournia, M. A., Keshtkar, A., Farahani, Z., Zarepour, F., Sharafkhah, M., Kelishadi, R., & Poustchi, H. (2024). Maternal education and its influence on child growth and nutritional status during the first two years of life: a systematic review and meta-analysis. *EClinicalMedicine*, 71.
<https://doi.org/10.1016/j.eclinm.2024.102574>
- Rukmana, I., Rukmasari, E. A., & Maulana, I. (2022). Peran Orang Tua Dalam Meminimalkan Dampak Hospitalisasi Pada Anak Prasekolah: Studi Literatur. *Malahayati Nursing Journal*, 4(5), 1250–1264.
<https://doi.org/10.33024/mnj.v4i5.6199>
- Salsabila, N. A., Istiqomah, N., & Enikmawati, A. (2023). Faktor-faktor yang Berhubungan dengan Perkembangan Psikososial pada Anak Usia Prasekolah. *Jurnal Keperawatan*, 11(2), 149–155.
- Salsabila, P., Anggraini, I. R., Alifatin, A., & Aini, N. (2022). Play Therapy to Reduce Anxiety in Children During Hospitalization: A Literature Review. *KnE Medicine*. <https://doi.org/10.18502/kme.v2i3.11932>
- Sari, R. S., & Widianingrum, R. R. D. (2024). Hubungan Lama Hospitalisasi terhadap Tingkat Kecemasan pada Anak Usia Prasekolah (3-6 tahun) di Rumah Sakit. *ARTIKEL PENELITIAN Jurnal Kesehatan*, 13(1), 50–55.
<https://doi.org/10.37048/kesehatan.v13i1.234>
- SDKI. (2017). *Standar Diagnosa Keperawatan Indonesia* (1st ed., Vol. 3). Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia.
- Shi, H., Ren, Y., & Jia, Y. (2023). Effects of nutritional interventions on the physical development of preschool children: a systematic review and meta-analysis. *Translational Pediatrics*, 12(5), 991–1003. <https://doi.org/10.21037/tp-23-205>
- SIKI. (2017). *Standar Intervensi Keperawatan Indonesia* (1st ed., Vol. 2). Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia.
- SLKI. (2017). *Standar Luaran Keperawatan Indonesia* (1st ed., Vol. 2). Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia.
- Spring, K. E., Lang, D., Pangelinan, M. M., & Wadsworth, D. D. (2024). Effects of an 8-Week Active Play Intervention on Body Composition and Fundamental

- Motor Skills in Preschool Children †. *Children*, 11(10).
<https://doi.org/10.3390/children11101173>
- Srinivasan, S., Gowda, L., Srinivasan, I., Haridasan, A. K., & Yejaman, S. S. (2023). Playing it down - effectiveness of clay therapy, origami and building blocks in the management of dental anxiety among children aged 6-10 years. *International Journal of Contemporary Pediatrics*, 10(7), 1070–1076.
<https://doi.org/10.18203/2349-3291.ijcp20231845>
- Stahler, H. (2024). *Expressive Therapies Capstone Theses Graduate School of Arts and Social Sciences (GSASS) Spring*. <https://works.bepress.com/hilari-stahler/1/>
- Stuart, G. W. (2016). *Buku Saku Keperawatan Jiwa*. EGC.
- Suci, L. N. (2020). Pendekatan Diagnosis dan Tata Laksana Pneumonia pada Anak. *Jurnal Kedokteran Nanggroe Medika*, 3(1), 30–38.
- Sunarti. (2021). Terapi Bermain “Sense Of Pleasure Play.” *Window of Community Dedication Journal*, 02(01), 24–34.
- Suryantini, N. P., Ma’rifah, A., Yulianti, I., Mardiyana, R., Yanti, A. D., & Kusmindarti, I. (2019). Playdough To Reduce Anxiety: Alternative Therapy in Pre-School Children with Hospitality. *International Journal of Nursing and Midwifery Science (IJNMS)*, 6(1), 35–42.
<https://doi.org/10.29082/IJNMS/2019/Vol3/Iss1/208>
- Susilowati, M. I. (2021). Terapi Bermain Clay untuk Menurunkan Tingkat Kecemasan pada Anak Usia Pra-sekolah 3–6 Tahun yang Menjalani Hospitalisasi. *Indonesian Journal on Medical Science (IJMS)*, 8(1).
- Syifa, F., & Rusmariana, A. (2023). Gambaran Perkembangan pada Anak Usia Prasekolah menggunakan Metode KPSP di TK Islam Salafiyah. *PROSIDING SNPPM-5*, 98–106.
<https://prosiding.ummetro.ac.id/index.php/snppmHalaman|98>
- Taqiyah, Y., & Mutiah. (2020). Hubungan Family Centered Care dengan Dampak Hospitalisasi pada Anak Usia Prasekolah. *Jurnal Keperawatan Widya Gantari Indonesia*, 4(2), 80–89.
<https://doi.org/https://doi.org/10.52020/jkwgi.v4i2.1879>
- Triana, N. Y., & Dewi, F. K. (2022). Pengaruh Clay Therapy terhadap Perilaku Kooperatif Anak Prasekolah yang Menjalani Hospitalisasi: Literature Review. *Journal of Innovation Research and Knowledge*, 2(2), 421–428.
- Wahyuningsih, & Sukesu, N. (2024). Pengaruh Hospitalisasi terhadap Tingkat Kecemasan pada Anak Pra Sekolah di Rumah Sakit Permata Medika

Semarang. *Jurnal Kesehatan Amanah*, 8(1), 121–128.
<https://doi.org/10.57214/jka.v8i1.704>

Widya, A. (2023). Clay Therapy sebagai Media Stimulasi Kreativitas Anak Usia Dini. *Jurnal Pendidikan Anak Usia Dini*.

Widyaningrum, R., Fadhilah, J. N., & Siwi, I. N. (2024). Efektivitas Bermain Plastisin dalam Meningkatkan Keterampilan Motorik Halus Anak Usia Prasekolah. *Jurnal Kesehatan Madani Medika*, 15(01), 86–93.

Yuliana, Febrianti, N., & Rosita. (2024). Implementasi Clay Therapy pada Masalah Ansietas Anak Prasekolah dengan Hospitalisasi di Ruang Catelia RSUD Undata Provinsi Sulawesi Tengah. *Jurnal Kolaboratif Sains*, 7(11), 4382–4390.

Yunita, L. G., Rini, M. T., & Suryani, K. (2024). Penerapan Terapi Bermain Pada Anak Usia Prasekolah Untuk Menurunkan Kecemasan Akibat Hospitalisasi di Charitas Hospital Palembang. *OBAT: Jurnal Riset Ilmu Farmasi Dan Kesehatan*, 2(4), 154–162. <https://doi.org/10.61132/obat.v2i4.550>

Zhou, S., Li, H., Yang, Y., Qi, Y. S., Liu, W., Mo, L., & Wong, C. L. (2025). Effects of art therapy on psychological outcomes among children and adolescents with cancer: a systematic review and meta-analysis. In *BMC Complementary Medicine and Therapies* (Vol. 25, Issue 1). BioMed Central Ltd. <https://doi.org/10.1186/s12906-025-04866-2>

Zulaihah, Mujiati, L., Kartiningrum, E. D., Hamidah, N. H., Anggreni, D., Wahyuni, I., Ahadah, D. N., Setyowati, W., & Latifah, A. (2019). *Modul Stimulasi Kreativitas Anak Prasekolah* (R. L. Mahmudah, Ed.; 1st ed.). STIKes Majapahit Mojokerto.

Zulveritha, D. (2025). Terapi Bermain Anak Mengurangi Stres Dan Meningkatkan Pengalaman Rumah Sakit. *IHSA Institute*, 18(4), 482–486.