

**KARAKTERISTIK DAN PENATALAKSANAAN PENDERITA
PITIRIASIS VERSIKOLOR DI RUMAH SAKIT UMUM PUSAT
FATMAWATI TAHUN 2015-2017**

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Abstrak

Pitiriasis versikolor adalah infeksi jamur superfisial ditandai dengan adanya makula di kulit, skuama halus disertai rasa gatal disebabkan oleh jamur lipofilik dimorfik dari flora normal kulit. Tujuan penelitian ini untuk mengetahui karakteristik dan penatalaksanaan penderita Pitiriasis versikolor di RSUP Fatmawati Tahun 2015-2017. Penelitian ini menggunakan metode deskriptif retrospektif berdasarkan data rekam medis dengan pendekatan *cross sectional* dan menggunakan teknik *total sampling*. Hasil penelitian ini menunjukkan dari 178 kasus pitiriasis versikolor terbanyak adalah laki-laki 110 pasien (61,8%), berusia 25-44 tahun 59 pasien (33,1%), pekerjaan yang terbanyak yaitu pelajar/mahasiswa 70 pasien (39,3%), warna lesi terbanyak hipopigmentasi 140 pasien (78,7%), lokasi lesi terbanyak di badan 63 pasien (35,4%), terjadi pada musim panas 107 pasien (60,1%), dan kepatuhan pengobatan diterima pada 151 pasien (84,8%). Penatalaksanaan terbanyak diberikan obat topikal dan oral 115 pasien (64,6%). Kesimpulan penelitian ini adalah pasien yang berobat ke RSUP Fatmawati Tahun 2015-2017 mempunyai karakteristik beraneka ragam dari umur, jenis kelamin, pekerjaan, warna lesi, lokasi lesi, musim, patuh terhadap pengobatan, dan diberikan terapi kombinasi karena lesinya luas.

Kata Kunci : Karakteristik, Penatalaksanaan, Pitiriasis Versikolor

**CHARACTERISTICS AND MANAGEMENT OF PITYRIASIS
VERSICOLOR PATIENTS IN FATMAWATI
GENERAL HOSPITALS YEAR 2015-2017**

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Abstract

Pityriasis versicolor is a superficial fungal infection characterized by macules in the skin, thin squama followed by itching sensation due to colonization of the stratum corneum by dimorphic lipophilic fungal from the normal flora of the skin. This study aims to describe the characteristics and management of Pityriasis versicolor patients at Fatmawati General Hospital in 2015-2017. This study was conducted with retrospective descriptive method based on medical record data with *cross sectional* approach and *total sampling* technique. Out of 178 cases of Pityriasis versicolor, 110 patients (61,8%) were male, 59 patients (33,1%) had aged range 25-44 years, 70 patients (39,3%) were student, 140 patients (78,7%) had hypopigmented lesion, 63 patients (35,4%) had lesion on the trunk, 107 patients (60,1%) had lesion during non-rainy season. Compliances of the treatment received in 151 patients (84,8%). Topical and oral treatment were given together in 115 patients (64,6%). Patients who came to Fatmawati General Hospital in 2015-2017 have diverse characteristics from age, gender, occupation, color of lesion, location of lesion, season, compliances of the treatment, and combination therapy due to widely spread of the lesion.

Keywords: Characteristics, Management, Pityriasis Versicolor