

DAFTAR PUSTAKA

- Abkenar, M.R. *et al.* (2024) ‘Determining the Impact of a self-care educational program designed based on the Peplau theory on adherence to treatment and self-care in elderly patients with diabetes’, *Investigacion y Educacion en Enfermeria*, 43(1). Available at: <https://doi.org/10.17533/udea.iee.v43n1e05>.
- Afifah, S.L. *et al.* (2024) *Dukungan Keluarga Meningkatkan Keaptuhan Minum Obat Pada Penderita Diabetes Melitus Tipe II, Artikel Penelitian MESINA*. Available at: <https://doi.org/https://doi.org/10.32502/msj.v5i1.9082>.
- Alfadhli, E. *et al.* (2025) ‘Body composition patterns among type 2 diabetes mellitus patients versus nondiabetic adults in Saudi Arabia’, *Frontiers in Endocrinology*, 16(June), pp. 1–7. Available at: <https://doi.org/10.3389/fendo.2025.1494452>.
- Alfita, A.N. *et al.* (2025) ‘The Role of Perception in Medication Adherence among Elderly Patients with Diabetes Mellitus: A Health Belief Model Approach’, *Jurnal Keperawatan Suaka Insan (JKSI)*, 10(2), pp. 262–273. Available at: <https://doi.org/https://doi.org/10.51143/jksi.v10i2.867>.
- Alifiya, I.N., Susanti, I.H. and Murniati, M. (2023) ‘Hubungan Spiritual Well-Being dengan Burnout Pada Perawat’, *Jurnal Keperawatan Raflesia*, 5(2), pp. 100–110. Available at: <https://doi.org/10.33088/jkr.v5i2.1002>.
- Alinejad, N. *et al.* (2025) ‘Spiritual well-being, resilience, and health-promoting lifestyle among older adult hypertensive patients: a cross-sectional study’, *BMC Geriatrics*, 25(1), pp. 1–9. Available at: <https://doi.org/10.1186/s12877-025-05877-x>.
- American Diabetes Association (2024) ‘Older Adults : Standards of Care in Diabetes — 2024’, *Diabetes Care*, 47(January), pp. 244–257. Available at: <https://doi.org/https://doi.org/10.2337/dc24-SDIS>.
- Amiruddin, R. (2023) *Epidemiologi Penyakit Tidak Menular - Kualitas Keperawatan dan Kualitas Hidup Penderita Diabetes Melitus (Quality of Care and Life Diabetes Mellitus)*. Jakarta: Trans Info Media.
- Andari, F. (2024) *Keperawatan Gerontik*. Bengkulu: UMB Press. Available at: https://www.google.co.id/books/edition/KEPERAWATAN_GERONTIK/CI_NMEQAAQBAJ?hl=id&gbpv=1&dq=Keperawatan+Gerontik&pg=PA8&printsec=frontcover.

- Anggraini, D., Oktora, M.Z. and Hasni, D. (2025) 'Peran Indeks Aterogenik sebagai Penanda Komplikasi pada Diabetes Melitus Tipe 2: Tinjauan Pustaka', *Scientific Journal*, 4(2), pp. 91–99.
- Ardiputra, M. *et al.* (2025) *Pengantar Farmasi Klinik*. Yogyakarta: Star Digital Publishing. Available at: https://www.google.co.id/books/edition/Pengantar_Farmasi_Klinik/THVcEQAAQBAJ?hl=id&gbpv=1&dq=Pengantar+Farmasi+Klinik.&pg=PA23&printsec=frontcover.
- Ardyan, E. *et al.* (2023) *Metode Penelitian Kualitatif dan Kuantitatif: Pendekatan Metode Kualitatif dan Kuantitatif di Berbagai Bidang*. Jambi: Sonpedia Publishing Indonesia. Available at: https://www.google.co.id/books/edition/METODE_PENELITIAN_KUALITATIF_DAN_KUANTITIF/A8LmEAAAQBAJ?hl=id&gbpv=1&dq=Metode+Penelitian+Kualitatif+dan+Kuantitatif:+Pendekatan+Metode+Kualitatif+dan+Kuantitatif+di+Berbagai+Bidang&pg=PA119&printsec=frontcover.
- Ariestiningsih, A.D. *et al.* (2024) 'Hubungan Asupan Serat Dan Lama Sakit Dengan Derajat Luka Kaki Diabetik', *Majalah Kesehatan*, 11(4), pp. 256–265. Available at: <https://doi.org/10.21776/majalahkesehatan.2024.011.04.3>.
- Arifin, B. *et al.* (2020) "“Diabetes is a gift from god” a qualitative study coping with diabetes distress by Indonesian outpatients', *Quality of Life Research*, 29(1), pp. 109–125. Available at: <https://doi.org/10.1007/s11136-019-02299-2>.
- Asmiati *et al.* (2024) 'Hubungan Dukungan Keluarga Dengan Kepatuhan Diet Pasien Diabetes Melitus Tipe Ii Diwilayah Kerja Puskesmas Kuraitaji Kota Pariaman Relationship Between Family Support and Diet Compliance of Type Ii Diabetes Mellitus Patients in the Work Area of Kuraitaji', *As-Shiha Journal of Medical Search*, 5(1), pp. 3–6. Available at: <https://doi.org/https://doi.org/10.69922/asshiha.v5i1.101>.
- Astuti, N. *et al.* (2024) *Prinsip-Prinsip Pengukuran dan Evaluasi Pendidikan*. Gowa: CV Ruang Tentor. Available at: https://www.google.co.id/books/edition/PRINSIP_PRINSIP_PENGUKURAN_DAN_EVALUASI/8esFEQAAQBAJ?hl=id&gbpv=0.
- Astuti, R. *et al.* (2023) *No Title*. Jambi: Sonpedia Publishing Indonesia. Available at: https://www.google.co.id/books/edition/KEPERAWATAN_GERONTIK/-fXDEAAAQBAJ?hl=id&gbpv=1&dq=Keperawatan+Gerontik.&pg=PA42&printsec=frontcover.
- Avery, J. (2021) *Peer Support In Medicine*. Switzerland: Springer Nature Switzerland. Available at: https://www.google.co.id/books/edition/Peer_Support_in_Medicine/X9IhE

AAAQBAJ?hl=id&gbpv=1&dq=peer+support&pg=PA46&printsec=frontcover.

- Ayuni, D. (2020) *Buku Ajar Asuhan Keperawatan pada Pasien Post Operasi Katarak*. Padang: Pustaka Galeri Mandiri. Available at: https://www.google.co.id/books/edition/BUKU_AJAR_ASUHAN_KEPERAWATAN_KELUARGA_PA/_EvmDwAAQBAJ?hl=id&gbpv=1&dq=Buku+Ajar+Asuhan+Keperawatan+pada+Pasien+Post+Operasi+Katarak&pg=PA40&printsec=frontcover.
- Azadbakht, M. *et al.* (2023) 'The Effect of a Peer Social Support Network Intervention on Self-management of the Elderly With Type 2 Diabetes', *Journal of Client-Centered Nursing Care*, 9(1), pp. 57–68. Available at: <https://doi.org/10.32598/JCCNC.9.1.472.1>.
- Azmiardi, A. *et al.* (2021) 'The effect of peer support in diabetes self-management education on glycemic control in patients with type 2 diabetes: A systematic review and meta-Analysis', *Epidemiology and Health*, 43, pp. 1–10. Available at: <https://doi.org/10.4178/epih.e2021090>.
- Azriful *et al.* (2024) 'Mengungkap Fakta Faktor Resiko Diabetes Melitus Di Indonesia', *Media Penelitian dan Pengembangan Kesehatan*, 34(4), pp. 814–823. Available at: <https://doi.org/https://doi.org/10.34011/jmp2k.v34i4.1988814>.
- Bahtiar, H., Ariyanti, M. and Supinganto, A. (2022) 'Hubungan Dukungan Sosial Keluarga Dengan Derajat Hipertensi Pada Lansia Di Dusun Melase', *Jurnal Ilmiah STIKES Yarsi Mataram*, 12(02), pp. 90–96. Available at: <https://doi.org/10.57267/jisym.v12i02.204>.
- Baltasar, D., Rahayu, F.E. and Nurhidayah, A. (2025) 'Harmonisasi Musik dan Tari Tradisional dalam Penanganan Hipertensi dan Diabetes Melitus Pada Lansia', *Jurnal Ners Universitas Pahlawan*, 9, pp. 3860–3868. Available at: <https://doi.org/https://doi.org/10.31004/jn.v9i3.45702>.
- Bar, A. *et al.* (2025) 'Hubungan Dukungan Keluarga dan Keteraturan Kontrol Kadar Gula Darah dengan Kepatuhan Minum Obat Pada Penderita Diabetes Melitus', *Jurnal Ners Universitas Pahlawan*, 9(2), pp. 1253–12858. Available at: <https://doi.org/https://doi.org/10.31004/jn.v9i2.38340>.
- Barat, D.K.P.J. (2023) *Profil Kesehatan Provinsi Jawa Barat, disk.es.jabarprov*. Available at: <https://disk.es.jabarprov.go.id/>.
- Bilgehan, T. and Vardar İnkaya, B. (2025) 'The effect of a holistic nurse coaching intervention on glycemic control, diabetes self-management, and empowerment: a randomized controlled trial', *BMC Nursing*, 24(1). Available at: <https://doi.org/10.1186/s12912-025-03252-0>.

- Bilgin, A. *et al.* (2025) 'The Effect of Biopsychosocial-Spiritual Factors on Medication Adherence in Chronic Diseases in Türkiye', *Journal of Religion and Health*, 64(5), pp. 3853–3873. Available at: <https://doi.org/10.1007/s10943-025-02317-3>.
- Busebaia, T.J.A. *et al.* (2023) 'The role of family in supporting adherence to diabetes self-care management practices: An umbrella review', *Journal of Advanced Nursing*, 79(10), pp. 3652–3677. Available at: <https://doi.org/10.1111/jan.15689>.
- Cai, H.J. *et al.* (2025) 'Social Support's Dual Mechanisms in the Loneliness–Frailty Link Among Older Adults with Diabetes in Beijing: A Cross-Sectional Study of Mediation and Moderation', *Healthcare (Switzerland)*, 13(14), pp. 1–16. Available at: <https://doi.org/10.3390/healthcare13141713>.
- Chiou, C.J. *et al.* (2016) 'Developing and psychometrically testing the functions of diabetes peer support group scale', *Journal of Nursing Research*, 24(4), pp. 357–364. Available at: <https://doi.org/10.1097/jnr.000000000000179>.
- Dagnew, S.B. *et al.* (2025) 'Treatment burden and medication adherence among older patients in comprehensive specialised hospitals in the Amhara Region in Ethiopia: A multicentre, cross-sectional study', *BMJ Open*, 15(6), pp. 1–10. Available at: <https://doi.org/10.1136/bmjopen-2024-095666>.
- Das, U. and Kar, N. (2023) 'Prevalence and risk factor of diabetes among the elderly people in West Bengal: evidence-based LASI 1st wave', *BMC Endocrine Disorders*, 23(1), pp. 1–10. Available at: <https://doi.org/10.1186/s12902-023-01421-3>.
- Delamater, A. and Marrero, D. (2020) *Behavioral Diabetes*. Switzerland: Springer Nature Switzerland. Available at: www.google.co.id/books/edition/Behavioral_Diabetes/nNXKDwAAQBAJ?hl=id&gbpv=1&dq=peer+support&pg=PA421&printsec=frontcover.
- Dewi, R. (2022) *Asuhan Keperawatan Pada Pasien Dengan Diabetes Mellitus*. Yogyakarta: Deepublish Digital. Available at: https://www.google.co.id/books/edition/Asuhan_Keperawatan_Pada_Pasien_Dengan_Di/r-JNEQAAQBAJ?hl=id&gbpv=1&dq=Asuhan+Keperawatan+Pada+Pasien+Dengan+Diabetes+Mellitus&pg=PA103&printsec=frontcover.
- Dewi, R. *et al.* (2025) 'Hubungan spiritualitas dengan kecemasan pada Diabetes Melitus Tipe II', *Journal of Nursing Practice and Education*, 5(2), pp. 186–193. Available at: <https://doi.org/10.34305/jnpe.v5i2.1614>.
- Dorvlo, G.G.K. *et al.* (2024) 'Factors Associated with Antidiabetic Medications and Dietary Recommendation Adherence Among Patients with Type 2 Diabetes', *Global Journal on Quality and Safety in Healthcare*, 8(1).

Available at: <https://doi.org/10.36401/jqsh-23-52>.

- Durmuş, M. *et al.* (2022) ‘The Effect of COVID -19 Crisis on Hopelessness, Loneliness and Spiritual Well-Being of Patients with Type 1 and Type 2 Diabetes in Turkey’, *Journal of Religion and Health*, 61(2), pp. 1703–1718. Available at: <https://doi.org/10.1007/s10943-021-01496-z>.
- Effendi, Y. and Abidin, A. (2022) *Monograf “Tingkat Pengetahuan Dan Dukungan Keluarga Dengan Keikutsertaan Vaksinasi Booster Di Desa Prambontergayang Tuban”*. Gunung Putri: GUEpedia. Available at: https://www.google.co.id/books/edition/Monograf_Tingkat_Pengetahuan_Dan_Dukunga/uLtNEQAAQBAJ?hl=id&gbpv=1&dq=Monograf+“Tingkat+Pengetahuan+Dan+Dukungan+Keluarga+Dengan+Keikutsertaan+Vaksinasi+Booster+Di+Desa+Prambontergayang+Tuban”&pg=PA54&printsec=frontc.
- Ekasari, R. (2023) *Metodologi Penelitian*. Malang: AE Publishing. Available at: https://www.google.co.id/books/edition/Metodologi_Penelitian/BUrrEAAAQBAJ?hl=id&gbpv=1&dq=kerangka+konsep+penelitian&pg=PA7&printsec=frontcover.
- Elfadri, Y. and Sutjiatmo, A. (2025) ‘Mengidentifikasi kepatuhan minum obat pada pasien diabetes melitus tipe 2 di berbagai puskesmas di indonesia’, *Jurnal Buana Farma*, 5(1), pp. 76–85.
- Elfida *et al.* (2025) ‘Social Support and Technology Use Technology as a Predictor of Diabetes Mellitus Patient Medication Adherence’, *Jurnal Ilmiah Multidisiplin Indonesia*, 4(05), pp. 209–225. Available at: <https://doi.org/10.58471/esaprom.v4i05>.
- Elwindra and Nobrianti, R. (2023) ‘Faktor-Faktor yang Berhubungan dengan Kelelahan dalam Pembelajaran Online pada Mahasiswa STIKes PHI’, *Jurnal Persada Husada Indonesia*, 10(37), pp. 21–27. Available at: <https://doi.org/10.56014/jphi.v10i37.367>.
- Erden Melikoğlu, S. *et al.* (2025) ‘Spiritual Well-Being and Treatment Adherence in Patients with Type 2 Diabetes in Turkey’, *Journal of Religion and Health*, 64(4), pp. 2495–2507. Available at: <https://doi.org/10.1007/s10943-025-02271-0>.
- Ersawati, A. and Rosyid, F.N. (2024) ‘The Relationship of Family Support with Compliance with Blood Sugar Control in Diabetes Mellitus Patients’, *Indonesian Journal of Global Health Research*, 6(5), pp. 499–508. Available at: <https://doi.org/https://doi.org/10.37287/ijghr.v6i5S5.4523>.
- Ervita, L. *et al.* (2022) ‘Faktor-Faktor Yang Berpengaruh Terhadap Kepatuhan Perawatan Luka Kaki Diabetik’, *BSR Journal*, 3(3), pp. 2835–2840. Available at: <https://journals.umkt.ac.id/index.php/bsr/article/view/3155>.

- Facts & figures* (2024) *International Diabetes Federation*. Available at: <https://idf.org/about-diabetes/diabetes-facts-figures/> (Accessed: 20 September 2025).
- Fandinata, S. and Ernawati, I. (2020) *Management Terapi pada Penyakit Degeneratif*. Gresik: Penerbit Graniti. Available at: https://www.google.co.id/books/edition/Management_terapi_pada_penyakit_degeneratif/oFIMEAAAQBAJ?hl=id&gbpv=1&dq=Management+Terapi+pada+Penyakit+Degeneratif.&pg=PA83&printsec=frontcover.
- Farida, Y. *et al.* (2025) ‘Medication-related Burden and Experience With Medications in Indonesian Older Adults With Chronic Diseases: A Mixed-method Study’, *Journal of Preventive Medicine and Public Health*, 58(2), pp. 188–198. Available at: <https://doi.org/10.3961/jpmph.24.374>.
- Gan, Y. *et al.* (2024) ‘A study of the relationship between social support, depression, alexithymia and glycemic control in patients with type 2 diabetes mellitus: a structural equation modeling approach’, *Frontiers in Endocrinology*, 15(August), pp. 1–11. Available at: <https://doi.org/10.3389/fendo.2024.1390564>.
- Garizábalo, M., Cañon-Montañez, W. and Rodríguez-Acelas, A.L. (2024) ‘Nursing outcomes and social support intervention for diabetes self-management: consensus study’, *Revista Cuidarte*, 15(3), pp. 1–14. Available at: <https://doi.org/10.15649/cuidarte.3742>.
- Gow, K., Rashidi, A. and Whithead, L. (2024) ‘Factors Influencing Medication Adherence Among Adults Living with Diabetes and Comorbidities: a Qualitative Systematic Review’, *Current Diabetes Reports*, 24(2), pp. 19–25. Available at: <https://doi.org/10.1007/s11892-023-01532-0>.
- Gugun, A.M. *et al.* (2021) ‘The Correlation between Islamic Spirituality and Distress in Type 2 Diabetes Mellitus Patients’, *Mutiara Medika: Jurnal Kedokteran dan Kesehatan*, 21(2), pp. 102–109. Available at: <https://doi.org/10.18196/mmjkk.v21i2.10848>.
- Haines, K., McPeake, J. and Sevin, C. (2021) *Improving Critical Care Survivorship*. Switzerland: Springer Nature Switzerland. Available at: https://www.google.co.id/books/edition/Improving_Critical_Care_Survivorship/FfcqEAAAQBAJ?hl=id&gbpv=1&dq=peer+support&pg=PA143&printsec=frontcover.
- Hapsari, A. *et al.* (2024) *Lanjut Usia, Proses Perubahan, dan Masalah Kesehatannya*. Malang: Kramantara JS. Available at: https://www.google.co.id/books/edition/Lanjut_Usia_Proses_Perubahan_dan_Masalah/4esxEQAAQBAJ?hl=id&gbpv=1&dq=Lanjut+Usia,+Proses+Perubahan,+dan+Masalah+Kesehatannya&pg=PP1&printsec=frontcover.

- Haswita (2021) *Kebutuhan Dasar Manusia untuk Mahasiswa Keperawatan dan Kebidanan*. Jakarta: Trans Info Media.
- Hendriani, W. (2022) *Dinamika Perkembangan Usia Lanjut Menjadi Lansia yang Sehat dan Bahagia*. Yogyakarta: Bintang Madani.
- Hensarling, J. (2009) ‘Development and Psychometric Testing’, *Dissertation*, 14(May), pp. 259–268.
- Hidayat, A. (2021) *Cara Mudah Menghitung Besar Sampel*. Surabaya: Health Books Publishing. Available at: https://www.google.co.id/books/edition/Cara_Mudah_Menghitung_Besar_Sampel/qQMaEAAAQBAJ?hl=id&gbpv=1&dq=Sampel+merupakan+bagian+populasi+yang+akan+diteliti&pg=PA6&printsec=frontcover.
- Hu, J. *et al.* (2025) ‘Artificial Intelligence-Assisted Clinical Decision-Making: A Perspective on Advancing Personalized Precision Medicine for Elderly Diabetes Patients’, *Journal of Multidisciplinary Healthcare*, Volume 18(August), pp. 4643–4651. Available at: <https://doi.org/10.2147/jmdh.s529190>.
- Hu, X. *et al.* (2022) ‘Prevalence and potential risk factors of self-reported diabetes among elderly people in China: A national cross-sectional study of 224,142 adults’, *Frontiers in Public Health*, 10, pp. 1–18. Available at: <https://doi.org/10.3389/fpubh.2022.1051445>.
- Huang, J. *et al.* (2021) ‘Medication Adherence and Associated Factors in Patients With Type 2 Diabetes: A Structural Equation Model’, *Frontiers in Public Health*, 9(November), pp. 1–11. Available at: <https://doi.org/10.3389/fpubh.2021.730845>.
- Ibrahim, A.M. *et al.* (2024) ‘Tailoring nursing interventions to empower patients: personal coping strategies and self-management in type 2 diabetes care’, *BMC Nursing*, 23(1). Available at: <https://doi.org/10.1186/s12912-024-02573-w>.
- Ibrahim, J. (2022) *Buku Ajar Metodologi Penelitian Kesehatan*. Pekalongan: PT Nasya Expanding Management. Available at: https://www.google.co.id/books/edition/Buku_Ajar_Metodologi_Penelitian_Kesehatan/t7CvEAAAQBAJ?hl=id&gbpv=1&dq=analisa+univariat+adalah&pg=PA96&printsec=frontcover.
- Iriani, N. *et al.* (2022) *Metodologi Penelitian*. Makassar: Rizmedia Pustaka Utama. Available at: https://www.google.co.id/books/edition/METODOLOGI_PENELITIAN/wK-kEAAAQBAJ?hl=id&gbpv=1&dq=kerangka+konsep+penelitian&pg=PA62&printsec=frontcover.

- Iskandar, A. *et al.* (2023) *Dasar Metode Penelitian*. Makassar: Cendekiawan Inovasi Digital Indonesia. Available at: https://www.google.co.id/books/edition/Dasar_Metode_Penelitian/dMnfEAAQBAJ?hl=id&gbpv=1&dq=etika+penelitian+adalah+iskandar&pg=PA89&printsec=frontcover.
- Istiqomah and Noviyanti (2024) *Manajemen Diabetes Melitus Type 2 Melalui Penguatan Self Efficacy dan Self Agency*. Indramayu: Penerbit Adab. Available at: https://www.google.co.id/books/edition/Manajemen_Diabetes_Melitus_Type_2_melalu/6mQsEQAAQBAJ?hl=id&gbpv=1&dq=pencegahan+diabetes+melitus&pg=PA24&printsec=frontcover.
- Jang, G.Y., Chang, S.J. and Noh, J.H. (2024) ‘Relationships Among Health Literacy, Self-Efficacy, Self-Management, and HbA1c Levels in Older Adults with Diabetes in South Korea: A Cross-Sectional Study’, *Journal of Multidisciplinary Healthcare*, 17(December 2023), pp. 409–418. Available at: <https://doi.org/10.2147/JMDH.S448056>.
- Javanmardifard, S. *et al.* (2020) ‘The relationship between spiritual well-being and hope, and adherence to treatment regimen in patients with diabetes’, *Journal of Diabetes and Metabolic Disorders*, 19(2), pp. 941–950. Available at: <https://doi.org/10.1007/s40200-020-00586-1>.
- Jaya, S.P.I., Prijambodo, T. and Rahmawati, Y.W. (2024) ‘Hubungan Dukungan Keluarga dengan Kepatuhan Pengobatan pada Pasien Diabetes Mellitus Tipe 2’, *Jurnal Ilmiah STIKES Yarsi Mataram*, 14(2), pp. 92–99. Available at: <https://doi.org/10.57267/jisym.v14i2.402>.
- Jayanti, D. *et al.* (2022) *Buku Ajar Psikososial Budaya dalam Keperawatan*. Malang: Literasi Nusantara Abadi.
- Jeraiby, M.A. *et al.* (2025) ‘Trends in diabetes mellitus prevalence and gender disparities in Jazan, Saudi Arabia’, *Saudi Medical Journal*, 46(6), pp. 617–623. Available at: <https://doi.org/10.15537/smj.2025.46.6.202501212>.
- Joo, J.H. *et al.* (2022) ‘The benefits and challenges of established peer support programmes for patients, informal caregivers, and healthcare providers’, *Family Practice*, 39(5), pp. 903–912. Available at: <https://doi.org/10.1093/fampra/cmab004>.
- Junaedi, J. and Wahab, A. (2023) ‘Hipotesis Penelitian dalam Kesehatan’, *Jurnal Pendidikan dan Teknologi Kesehatan*, 6(2), pp. 142–146. Available at: <https://doi.org/10.56467/jptk.v6i2.98>.
- Jurdiansyah, J., Wantonoro, W. and Ruhyana, R. (2025) ‘Correlation Between Family Support and Adherence to Insulin Therapy in Patients with Type 2 Diabetes Mellitus’, *Jurnal Kesehatan Metro Sai Wawai*, 18(1), pp. 30–35.

Available at: <https://doi.org/https://doi.org/10.26630/jkmsw.v18i1.4942>.

- Kawa, A.B., Wiyono, W.I. and Mpila, D.A. (2022) 'Evaluasi Tingkat Kepatuhan Minum Obat Antidiabetes Pada Pasien Diabetes Melitus Tipe 2 Rawat Jalan Di Puskesmas Minanga Manado', *Pharmacon*, 11(3), pp. 1645–1650.
- Khalili Azar, K. *et al.* (2024) 'The mediating effect of self-efficacy on the relationship between social support and medication adherence in adults with type 2 diabetes', *SAGE Open Medicine*, 12, pp. 1–8. Available at: <https://doi.org/10.1177/20503121231221446>.
- Khoirunisa, A.Q. and Soviana, E. (2025) 'Family support and diabetic dietary compliance among patients with type 2 diabetes mellitus', *Malahayati International Journal of Nursing and Health Science*, 8(3), pp. 345–355. Available at: <https://doi.org/10.33024/minh.v8i3.648>.
- Kirana, L. and Setiawati, E. (2025) 'Hubungan Dukungan Keluarga dengan Self Management pada Pasien Diabetes Melitus Tipe 2', *Jurnal Keperawatan Sisthana*, 5(2), pp. 8–13. Available at: <https://doi.org/10.55606/sisthana.v10i2.1405>.
- Kundarti, F., Titisari, I. and Andrianto, S. (2024) *Buku Ajar Patofisiologi dalam Kebidanan*. Malang: Unisma Press. Available at: https://www.google.co.id/books/edition/Buku_Ajar_Patofisiologi_dalam_Kebidanan/atftEAAAQBAJ?hl=id&gbpv=1&dq=Buku+Ajar+Patofisiologi+dalam+Kebidanan&pg=PA49&printsec=frontcover.
- Kurniadi *et al.* (2025) 'Inovasi Telenursing dalam Edukasi Cegah Kejadian dan Komplikasi Penyakit Diabetes Melitus Merubah Perilaku Kesehatan Penderita Diabetes', *Media Penelitian dan Pengembangan Kesehatan*, 35(3), pp. 871–880. Available at: <https://doi.org/https://doi.org/10.34011/jmp2k.v35i3.2673>.
- Kurniati, M. and Ferrawati (2022) *Sehat Fisik dan Mental di Masa Pandemi COVID-19 dengan Pendekatan Aspek Religiusitas dan Family Support*. Gunung Putri: GUEpedia. Available at: https://www.google.co.id/books/edition/Sehat_Fisik_dan_Mental_di_Masa_Pandemi_C/d4FzEAAAQBAJ?hl=id&gbpv=1&dq=Sehat+Fisik+dan+Mental+di+Masa+Pandemi+COVID-19+dengan+Pendekatan+Aspek+Religiusitas+dan+Family+Support&pg=PA22&printsec=frontcover.
- Kurniawan, A. *et al.* (2025) 'The Relationship Between Education and Family Support with Elderly Visits in Patients with Diabetes Mellitus in the Elderly Posyandu of the Puskesmas Working Area Bumidaya District Hospitalization South Lampung', *Jurnal Eduhealth*, 16(01), pp. 545–557. Available at: <https://doi.org/10.54209/eduhealth.v16i01>.

- Kurniawan, C. (2024) *Diabetes & Mata Acuan Komprehensif Untuk Kesehatan Mata*. Yogyakarta: Deepublish Digital. Available at: https://www.google.co.id/books/edition/Diabetes_Mata_Acuan_Komprehensif_Untuk_K/V0c8EQAAQBAJ?hl=id&gbpv=1&dq=Diabetes+dan+Mata+Acuan+Komprehensif+Untuk+Kesehatan+Mata&pg=PA111&printsec=frontcover.
- Kusumastuti, S. *et al.* (2024) *Metode Penelitian Kuantitatif*. Jambi: Sonpedia Publishing Indonesia.
- Laporan Nasional Riskesdas (2018) ‘Laporan Riskesdas 2018 Nasional.pdf’, *Lembaga Penerbit Balitbangkes*, p. 156.
- Lee, M.J., Seo, B.J. and Kim, Y.S. (2024) ‘Impact of Education as a Social Determinant on the Risk of Type 2 Diabetes Mellitus in Korean Adults’, *Healthcare (Switzerland)*, 12(14), pp. 1–14. Available at: <https://doi.org/10.3390/healthcare12141446>.
- Li, H. *et al.* (2025) ‘The relationships between social support, medication adherence, and glycemic control among inpatients with type 2 diabetes: a cross-sectional survey in Xi’an, China’, *Frontiers in Pharmacology*, 16(June), pp. 1–14. Available at: <https://doi.org/10.3389/fphar.2025.1634768>.
- Lilyana, M. and Pae, K. (2022) ‘Studi Fenomenologi: Budaya Manajemen Diet Bagi Lanjut Usia Dengan Diabetes Melitus’, *Jurnal Ners*, 10(2), pp. 1609–1624. Available at: <https://doi.org/https://doi.org/10.33508/ners.v10i2.4061>.
- Limo, U.P. (2024) *Profil Kesehatan UPTD Puskesmas Limo Tahun 2024*. Depok.
- Listina, O. *et al.* (2021) *Studi Literatur*. Magelang: Pustaka Rumah Cinta. Available at: https://www.google.co.id/books/edition/Studi_Literatur/IV09EAAAQBAJ?hl=id&gbpv=1&dq=kriteria+inklusi+adalah&pg=PA20&printsec=frontcover.
- Lu, J. *et al.* (2023) ‘Health literacy and health outcomes among older patients suffering from chronic diseases: A moderated mediation model’, *Frontiers in Public Health*, 10, pp. 1–9. Available at: <https://doi.org/10.3389/fpubh.2022.1069174>.
- Lubis, R. (2019) *Spiritualitas Bencana*. Depok: LKPS. Available at: https://www.google.co.id/books/edition/SPIRITUALITAS_BENCANA/rUmDwAAQBAJ?hl=id&gbpv=1&dq=spiritualitas&pg=PA50&printsec=frontcover.
- Luo, J. *et al.* (2025) ‘The effect of peer support on HbA1c levels in middle-aged and elderly patients with type 2 diabetes: a systematic review and meta-

analysis', *PeerJ*, 13(19803), pp. 1–16. Available at: <https://doi.org/10.7717/peerj.19803>.

Lutfian *et al.* (2025) 'Community-Based Intervention for Type 2 Diabetes Management in Developing Countries: A Systematic Review', *Jurnal Keperawatan Indonesia*, 28(2), pp. 68–83. Available at: <https://doi.org/10.7454/jki.v28i2.1494>.

Lv, L. *et al.* (2024) 'Adherence and persistence among people with type 2 diabetes newly initiating oral semaglutide versus DPP-4is in a US real-world setting', *Primary Care Diabetes*, 18(5), pp. 511–517. Available at: <https://doi.org/10.1016/j.pcd.2024.06.013>.

Madroumi, R. *et al.* (2024) 'Identifying the key components of social support for patients living with type 2 diabetes: A protocol for a systematic review and meta-analysis of type 2 diabetes social support interventions', *PLoS ONE*, 19(8 August), pp. 1–8. Available at: <https://doi.org/10.1371/journal.pone.0306709>.

Maghsoudi, Z. *et al.* (2023) 'Treatment adherence and associated factors in older people with type 2 diabetes: A qualitative study', *Nursing Open*, 10(8), pp. 5578–5588. Available at: <https://doi.org/10.1002/nop2.1801>.

Mamuaya, N. *et al.* (2025) *Metode Penelitian Kuantitatif*. Padang: Azzia Karya Bersama. Available at: https://books.google.co.id/books?hl=id&lr=&id=HRJaEQAAQBAJ&oi=fnd&pg=PA1&dq=hipotesis+penelitian&ots=YuZYaSncCq&sig=ajsA3U9vOPoCOLiDrDHVFURWbSQ&redir_esc=y#v=onepage&q&f=false.

Manungkalit, M., Lilyana, M. and Mamahit, R. (2024) 'Hubungan Aktivitas Fisik dengan Denyut Jantung Penderita Diabetes melitus', *Jurnal Ners Lentera*, 18(1), pp. 15–22.

Maria Doki, A., Siti Yartin and Sabir (2025) 'Hubungan Dukungan Keluarga Dengan Kepatuhan Pasien Dalam Perawatan Luka Kaki Diabetik di RSUD Anuntaloko Parigi', *KEWINUS: Jurnal Keperawatan dan Kesehatan*, 2(1), pp. 137–144. Available at: <https://doi.org/10.65175/kewinus.v2i1.40>.

Marina Dwi Putri *et al.* (2025) 'Analysis of Factors Affecting Medication Adherence in Type 2 Diabetes Mellitus Patients', *Cendekia Medika: Jurnal Stikes Al-Ma`arif Baturaja*, 10(2), pp. 424–439. Available at: <https://doi.org/10.52235/cendekiamedika.v10i2.530>.

Martha, A., Rassa, A.N.F. and Saputra, A.K. (2025) 'Keseimbangan Lansia Yang Tinggal di Komunitas', *Jurnal Ners*, 9(2), pp. 3238–3241. Available at: <https://doi.org/10.31004/jn.v9i2.31964>.

- Masriadi, Baharuddin, A. and Samsualam (2022) *Metodologi Penelitian - Kesehatan, Kedokteran dan Keperawatan*. Jakarta: Trans Info Media.
- Maymuna, N.M., Sartika and Muhsanah, F. (2023) 'Faktor Yang Berhubungan Dengan Kepatuhan Minum Obat Pada Penderita Diabetes Melitus Di Wilayah Puskesmas Tamalanrea Kota Makassar', *Window of Public Health Journal*, 4(6), pp. 1049–1064. Available at: <https://doi.org/10.33096/woph.v4i6.402>.
- Melisa, V., Hisni, D. and Suhartono, T. (2023) 'Hubungan Tingkat Pengetahuan dan Dukungan Keluarga Terhadap Kepatuhan Medikasi Diabetes Melitus Tipe 2 Di Puskesmas Kecamatan Limo Depok', *Malahayati Nursing Journal*, 32(3), pp. 167–186. Available at: <https://doi.org/https://doi.org/10.33024/mnj.v5i9.9174>.
- Messina, R. *et al.* (2024) 'Clinical Health Psychology Perspectives in Diabetes Care: A Retrospective Cohort Study Examining the Role of Depression in Adherence to Visits and Examinations in Type 2 Diabetes Management', *Healthcare (Switzerland)*, 12(19). Available at: <https://doi.org/10.3390/healthcare12191942>.
- Minarti (2022) *Monograf Asuhan Keperawatan Lansia Dengan Spiritual Well Being Berbasis Islami*. Makassar: Rizmedia Pustaka Utama. Available at: https://www.google.co.id/books/edition/ASUHAN_KEPERAWATAN_LA_NSIA_DENGAN_SPIRITU/ZluYEAAAQBAJ?hl=id&gbpv=1&dq=spiritual&pg=PA13&printsec=frontcover.
- Mivtahurrahimah and Sevtiyani, I. (2025) 'Factors Contributing to Rising Diabetes Cases in Indonesia: Insights from the 2023 Indonesian Health Survey', *Jurnal Epidemiologi Kesehatan Komunitas*, 10(3), pp. 57–69. Available at: <https://doi.org/10.14710/jekk.v10i3.28184>.
- Munir, M. and Suprajitno (2025) 'Correlation of Self-empowerment and Family Support with the Quality of Life of Diabetes Mellitus Patients', *Malaysian Journal of Nursing*, 16(4), pp. 77–86. Available at: <https://doi.org/10.31674/mjn.2025.v16i04.008>.
- Nasif, H. and Nursyafni (2023) *Hubungan Pengetahuan Terhadap Kepatuhan Penggunaan Obat Pada Pasien Diabetes Melitus Tipe 2*. Indramayu: Penerbit Adab. Available at: https://www.google.co.id/books/edition/HUBUNGAN_PENGETAHUAN_TERHADAP_KEPATUHAN/0nfWEAAAQBAJ?hl=id&gbpv=1&dq=Hubungan+Pengetahuan+Terhadap+Kepatuhan+Penggunaan+Obat+Pada+Pasien+Diabetes+Melitus+Tipe+2&pg=PA71&printsec=frontcover.
- Nugraha, M.D., Wulan, N. and Yunita, Y. (2025) 'Hubungan dukungan keluarga dengan kualitas hidup pada lansia penderita diabetes melitus tipe 2', *Journal of Public Health Innovation*, 5(2), pp. 394–402. Available at:

<https://doi.org/10.34305/jphi.v5i2.1667>.

- Nugroho, K. and Wibowo, B. (2021) *Keperawatan Pada Lansia*. Malang: Media Nusa Creative. Available at: https://www.google.co.id/books/edition/KEPERAWATAN_PADA_LANSIA/rE9LEAAQBAJ?hl=id&gbpv=1&dq=Keperawatan+Pada+Lansia&pg=PA77&printsec=frontcover.
- Olagbemide, O.J. *et al.* (2021) 'Family support and medication adherence among adult type 2 diabetes: Any meeting point?', *Annals of African Medicine*, 20(4), pp. 282–287. Available at: https://doi.org/10.4103/aam.aam_62_20.
- Ortiz, C.L. *et al.* (2025) 'Influence of perceived health provider communication, diabetes duration and age at diagnosis with confidence in diabetes self-care', *BMJ Open Diabetes Research and Care*, 13(2), pp. 1–7. Available at: <https://doi.org/10.1136/bmjdr-2024-004645>.
- Pamungkas, Adi, R. and Usman, A. (2021) *Statistik untuk Perawat dan Kesehatan (Dilengkapi Tutorial SPSS dan Interpretasi Data)*. Jakarta: Trans Info Media.
- Pamungkas, Adi, R. and Usman, A. (2023) *Statistik untuk Perawat dan Kesehatan Edisi Revisi*. Jakarta: Trans Info Media.
- Park, J.H. and Park, J.S. (2024) 'Effects of Depression, Patient Activation, and Family Support on Patient Role Behavior of Elderly Patients with Diabetes Mellitus', *Journal of Korean Academy of Psychiatric and Mental Health Nursing*, 33(4), pp. 355–364. Available at: <https://doi.org/10.12934/jkpmhn.2024.33.4.355>.
- Pasaribu, S. *et al.* (2022) *Metodologi Penelitian Untuk Ekonomi dan Bisnis*. Banten: Media Edu Pustaka.
- Pienaar, M. and Reid, M. (2020) 'Self-management in face-to-face peer support for adults with type 2 diabetes living in low- or middle-income countries: a systematic review', *BMC Public Health*, 20(1), pp. 1–10. Available at: <https://doi.org/10.1186/s12889-020-09954-1>.
- Potgieter, I. and Ferreira, N. (2022) *Managing Human Resources*. Switzerland: Springer Nature Switzerland. Available at: https://www.google.co.id/books/edition/Managing_Human_Resources/fPGGEAAAQBAJ?hl=id&gbpv=1&dq=peer+support&pg=PA219&printsec=frontcover.
- Prabasari, N.A., Manungkalit, M. and Putri, T.D. (2022) 'Ankle Branchial Index (ABI) value and levels Fasting Blood sugar in elderly with Chronic diseases', *Jurnal Ners Lentera*, 10(1), pp. 1–23.

- Pradina, E.I.V., Marti, E. and Ratnawati, E. (2022) ‘Hubungan antara Dukungan Keluarga dengan Kualitas Hidup pada Lansia di Padukuhan Pranan, Sendangsari, Minggir, Sleman’, *Jurnal Keperawatan Klinis dan Komunitas*, 6(2), p. 112. Available at: <https://doi.org/10.22146/jkkk.75227>.
- Prawirohartono, E. (2023) *Memahami Penelitian Epidemiologi Secara Mudah Membuat Proposal Penelitian, Jenis Penelitian, dan Rancang Bangun Pengumpulan Data*. Yogyakarta: Gajah Mada University Press.
- Priscayanti, N.P.H. *et al.* (2023) ‘Hubungan Dukungan Keluarga Terhadap Kepatuhan Minum Obat Diabetes Melitus Tipe 2 di Puskesmas Mengwi II’, *Jurnal Mahasiswa Ilmu Farmasi dan Kesehatan Vol.1*, 1(3), pp. 122–133. Available at: <https://doi.org/https://doi.org/10.59841/jumkes.v1i3>.
- Punnapurath, S. *et al.* (2021) ‘A study of medication compliance in geriatric patients with chronic illness’, *Journal of Family Medicine and Primary Care*, 10(4), pp. 1644–1648. Available at: <https://doi.org/10.4103/jfmpe.jfmpe>.
- Purnamayanti, N. and Rosyida, R.W. (2025) ‘Diabetes Online Cummunity (DOC) Di Indonesia: Analisis Konten Media Sosial’, *Majalah Kesehatan*, 12(1), pp. 41–50. Available at: <https://doi.org/https://doi.org/10.21776/majalahkesehatan.2025.012.01.5>.
- Rahmawati, Habsy, B.A. and Nursalim, M. (2025) ‘Jenis-Jenis Metode Pengumpulan Data (Qualitative Research)’, *Jurnal Pendidikan Tambusai*, 9(1), pp. 9932–9938.
- Retnaningsih, D. *et al.* (2024) *Optimalisasi Asuhan Keperawatan Mengatasi Tantangan pada Pasien Kanker Payudara Selama Kemoterapi*. Pekalongan: PT Nasya Expanding Management. Available at: https://www.google.co.id/books/edition/Optimalisasi_Asuhan_Keperawatan/CMk7EQAAQBAJ?hl=id&gbpv=1&dq=Optimalisasi+Asuhan+Keperawatan+Mengatasi+Tantangan+pada+Pasien+Kanker+Payudara+Selama+Kemoterapi&pg=PR6&printsec=frontcover.
- Riamah (2022) *Perilaku Kesehatan Pasien Diabetes Melitus*. Pekalongan: Penerbit NEM. Available at: https://www.google.co.id/books/edition/Perilaku_Kesehatan_Pasien_Diabetes_Melit/6LZoEAAAQBAJ?hl=id&gbpv=1&dq=Perilaku+Kesehatan+Pasien+Diabetes+Melitus&pg=PP1&printsec=frontcover.
- Riani, L. *et al.* (2025) ‘ANALISIS KEPATUHAN MINUM OBAT PASIEN DIABETES TIPE II DI POLI LANSIA PUSKESMAS TANJUNG ENIM KABUPATEN MUARA ENIM TAHUN 2024’, *Jurnal Ners*, 9(1), pp. 595–605. Available at: <https://doi.org/https://doi.org/10.31004/jn.v9i1.30832>.

- Riyanti, E. *et al.* (2024) ‘Importance of Family Emotional Support for Adherence to Taking Diabetic Medication in Elderly People with Diabetes Mellitus’, *Journal of Health and Cardiovascular Nursing*, 4(2), pp. 96–103. Available at: <https://doi.org/10.36082/jhcn.v4i2.1933>.
- Romdona, S., Junista, S.S. and Gunawan, A. (2025) ‘Teknik Pengumpulan Data: Observasi, Wawancara dan Kuesioner’, *Jurnal Ilmu Sosial Ekonomi dan Politik*, 3(1), pp. 39–47.
- Rondhianto, Murtaqib and Putr, N.S. (2025) ‘PENGARUH DETERMINAN PSIKOSOSIAL TERHADAP PERILAKU KEPATUHAN PENGOBATAN PADA PENDERITA DIABATES MELITUS TIPE 2 Abstrak THE EFFECT OF PSYCHOSOCIAL DETERMINANTS ON MEDICATION ADHERENCE BEHAVIOR IN PEOPLE WITH TYPE 2 DIABETES MELLITUS Abstract Pendahuluan Dia’, *Majalah Kesehatan*, 12, pp. 8–20.
- Rosita, R. *et al.* (2022) ‘Hubungan Antara Jenis Kelamin, Umur, Dan Aktivitas Fisik Dengan Diabetes Melitus Tipe 2 Pada Lansia Di Puskesmas Balaraja Kabupaten Tangerang’, *Jurnal Kesehatan Masyarakat (Undip)*, 10(3), pp. 364–371. Available at: <https://doi.org/10.14710/jkm.v10i3.33186>.
- Safari, G., Siti Nurlani, M. and Juliar Hermanto, E. (2021) ‘Hubungan Antara Dukungan Keluarga dengan Kepatuhan Kontrol Kadar Gula Darah pada Penderita Diabetes Melitus’, *Healthy Journal*, 10(2), pp. 45–55. Available at: <https://doi.org/10.55222/healthyjournal.v10i2.1001>.
- Salsabila, L. *et al.* (2025) ‘Desain Penelitian Studi Kasus’, *Jurnal Arjuna*, 3(3), pp. 245–254.
- Samapati, R.U.R., Putri, R.M. and Devi, H.M. (2023) ‘Perbedaan Kadar Gula Darah Berdasarkan Jenis Kelamin dan Status Gizi (IMT) Lansia Penderita Diabetes Melitus Tipe 2’, *Jurnal Akademika Baiturrahim Jambi*, 12(2), p. 417. Available at: <https://doi.org/10.36565/jab.v12i2.699>.
- Sari, N.P.W.P., Andriani, D. and Putri, D.A. (2021) ‘Pengaruh Kemampuan Merawat Diri terhadap Kualitas Hidup Lansia dengan Penyakit Kronis’, *Jurnal Ners Lentera*, 9(1), pp. 1–13. Available at: <http://journal.wima.ac.id/index.php/NERS/article/view/4135>.
- Setiyo, M. and Waluyo, B. (2025) *Metodologi Penelitian dan Perancangan Eksperimen*. Magelang: Unimma Press. Available at: https://www.google.co.id/books/edition/Metodologi_Penelitian_dan_Perancangan_Ek/II08EQAAQBAJ?hl=id&gbpv=1&dq=kerangka+konsep+peneliti+an&pg=PA97&printsec=frontcover.
- Setyoadi *et al.* (2023) ‘The correlation between family support and health status in patients with diabetes mellitus’, *Healthcare in Low-Resource Settings*, 11(S1), pp. 1–6. Available at: <https://doi.org/10.4081/hls.2023.11212>.

- Shawputri, C.A. *et al.* (2024) 'Literature Review: Faktor Resiko Diabetes Melitus Tipe II Di Dunia', *Jurnal Kesehatan Masyarakat*, 12(4), pp. 247–259. Available at: <https://doi.org/10.14710/jkm.v12i4.39222>.
- Sherifali, D. *et al.* (2024) 'Peer Support for Type 2 Diabetes Management in Low- and Middle-Income Countries (LMICs): A Scoping Review', *Global Heart*, 19(1). Available at: <https://doi.org/10.5334/gh.1299>.
- Shiyanbola, O.O. *et al.* (2022) 'A feasibility pilot trial of a peer-support educational behavioral intervention to improve diabetes medication adherence in African Americans', *Pilot and Feasibility Studies*, 8(1), pp. 1–14. Available at: <https://doi.org/10.1186/s40814-022-01198-7>.
- Showaya, A.H. and Jawad, K.A. (2023) 'Correlation between adherence to medication and social support on patients with diabetes mellitus', *Pakistan Heart Journal*, 56(2), pp. 696–698. Available at: <https://www.pkheartjournal.com/index.php/journal/article/view/1433>.
- Siregar, R. *et al.* (2023) 'Kualitas Hidup Lansia Diabetes Mellitus Dihubungkan Dengan Tingkat Kecemasan Dan', *Jurnal Ilmiah Keperawatan IMELDA*, 9(2), pp. 107–114. Available at: <https://doi.org/https://doi.org/10.52943/jikeperawatan.v9i2.1286>.
- Suara, M. and Mochartini, T. (2023) *Konsep Keperawatan Gerontik dengan Pendekatan SDKI, SLKI dan SIKI*. Jakarta: Trans Info Media.
- Sulalah, A., Hartono, D. and Kusyairi, A. (2023) 'Analisis Faktor Yang Mempengaruhi Tingkat Kemandirian Lansia Dalam Melakukan Activity Daily Living', *Jurnal Riset Rumpun Ilmu Kesehatan*, 2(2), pp. 01–13.
- Sulastri (2022) *Buku Pintar Perawatan Diabetes Melitus Aplikasi Standar Diagnosa Keperawatan Indonesia (SDKI), Standar Luaran Keperawatan Indonesia (SLKI) dan Standar Intervensi Keperawatan Indonesia (SIKI)*. Jakarta: Trans Info Media.
- Sulung, U. and Muspawi, M. (2024) 'Memahami Sumber Data Penelitian: Primer, Sekunder, dan Tersier', *Jurnal Edu Research : Indonesian Institute For Corporate Learning And Studies (IICLS)*, 2(2), pp. 28–33.
- Sumarsih, G. (2023) *Dukungan Keluarga dan Aktivitas Fisik Menuju Successful Aging*. Bantul: CV. Mitra Edukasi Negeri. Available at: https://www.google.co.id/books/edition/Dukungan_Keluarga_dan_Aktifitas_Fisik_Me/v9YEEQAAQBAJ?hl=id&gbpv=1&dq=Dukungan+Keluarga+dan+Aktivitas+Fisik+Menuju+Successful+Aging&pg=PA18&printsec=frontcover.
- Suniyadewi, N.W. *et al.* (2024) 'Development of a Holistic Nursing Model Based on Transcultural Nursing to Improve the Quality of Life of Patients with

Type-2 Diabetes Mellitus', *Nurse Media Journal of Nursing*, 14(1), pp. 142–159. Available at: <https://doi.org/10.14710/nmjn.v14i1.56812>.

Supardi, Sudibyo and Surahman (2021) *Metodologi Penelitian untuk Mahasiswa Farmasi*. Jakarta: Trans Info Media.

Supartiningsih and Meriyana, C. (2023) 'Penyuluhan Pengetahuan Dan Dukungan Keluarga Dengan Kepatuhan Minum Obat Pasien Diabetes Mellitus Di Wilayah Kerja Puskesmas Suak Ribee Aceh Barat', *Jurnal Abdimas Mutiara*, 4(2), pp. 244–252. Available at: <https://e-journal.sari-mutiara.ac.id/index.php/JAM/article/view/4426>.

Suripto, D. *et al.* (2025) *Konsep Dasar Metode Penelitian*. Yogyakarta: Karya Bakti Makmur Indonesia. Available at: https://www.google.co.id/books/edition/KONSEP_DASAR_METODE_PENELITIAN/LgIREQAAQBAJ?hl=id&gbpv=1&dq=kerangka+konsep+penelitian&pg=PA75&printsec=frontcover.

Susilawati and Rahmawati, R. (2021) 'The Relationship Between Age, Sex And Hypertension With The Incidence Of Type 2 Diabetes Mellitus In Tugu Public Health Center, Cimanggis District, Depok City in 2019', *Arkesmas*, 6(1), p. 15. Available at: <https://doi.org/https://doi.org/10.22236/arkesmas.v6i1.5829>.

Sutrisna, M., Hasymi, Y. and Sorena, E. (2024) *Hidroterapi untuk Kesehatan Pasien Diabetes Melitus*. Jambi: Sonpedia Publishing Indonesia. Available at: https://www.google.co.id/books/edition/Hidroterapi_Untuk_Kesehatan_Pasien_Diabe/Umm4EQAAQBAJ?hl=id&gbpv=1&dq=Hidroterapi+untuk+Kesehatan+Pasien+Diabetes+Melitus&pg=PA22&printsec=frontcover.

Suyanto, S. *et al.* (2024) 'Relationship between peer group support with foot care behavior among diabetes mellitus patients: an observational study', *Healthcare in Low-Resource Settings*, 12(1). Available at: <https://doi.org/10.4081/hls.2024.11865>.

Swarjana, I. (2022) *Populasi-Sampel, Teknik Sampling & Bias dalam Penelitian*. Yogyakarta: Penerbit ANDI. Available at: https://books.google.co.id/books?hl=id&lr=&id=87J3EAAAQBAJ&oi=fnd&pg=PA1&dq=populasi+adalah&ots=LOHlx3WFzo&sig=pX6pDU0ukzhl2Y98VOAYKu6Dx-E&redir_esc=y#v=onepage&q=populasi+adalah&f=false.

Tarfa, A. *et al.* (2023) 'A qualitative exploration of the experiences of peer leaders in an intervention to improve diabetes medication adherence in African Americans', *BMC Public Health*, 23(1), p. 144. Available at: <https://doi.org/10.1186/s12889-023-15059-2>.

- Tarigan, M. and Windi Afrilia Sinaga (2025) 'Adherence to Oral Antidiabetic Drugs among Outpatients with Type 2 Diabetes Mellitus', *Caring: Indonesian Journal of Nursing Science*, 7(1), pp. 1–6. Available at: <https://doi.org/10.32734/ijns.v7i1.20275>.
- Tarwoto *et al.* (2021) *Keperawatan Medikal Bedah Gangguan Sistem Endokrin*. Jakarta: Trans Info Media.
- Taufik, I.H. (2024) *Pentingnya Edukasi Pada Penderita Diabetes (Diabetesi), Kemenkes RI*. Available at: https://keslan.kemkes.go.id/view_artikel/3183/pentingnya-edukasi-pada-
- TIM SKI 2023 (2023) *Servei Kesehatan Indonesia 2023 Dalam Angka, Survei Kesehatan Indonesia 2023*.
- Toja, M. *et al.* (2023) 'Hubungan Antara Dukungan Keluarga dengan Tingkat Kepatuhan Diet Penderita Diabetes Melitus DI Puskesmas Jagir Surabaya', *Jurnal Ners Lentera*, 11(2), pp. 784–808.
- Udupa, H. *et al.* (2023) 'Medication Adherence in Elderly Diabetic Patients : A Cross-Sectional Study From Dakshina Kannada , India', *Cureus*, 15(8), pp.4–9. Available at: <https://doi.org/10.7759/cureus.43098>.
- Urgent action needed as global diabetes cases increase four-fold over past decades* (2024) *World Health Organization*. Available at: <https://www.who.int/news/item/13-11-2024-urgent-action-needed-as-global-diabetes-cases-increase-four-fold-over-past-decades> (Accessed: 20 September 2025).
- Utarini, A. *et al.* (2023) *Metode Penelitian Prinsip dan Aplikasi Untuk Manajemen Rumah Sakit*. Yogyakarta: Gajah Mada University Press. Available at: https://www.google.co.id/books/edition/METODE_PENELITIAN_PRINSIP_DAN_APLIKASI_U/NgmiEAAAQBAJ?hl=id&gbpv=1&dq=kriteria+inklusi+adalah&pg=PA313&printsec=frontcover.
- Vafopoulou, E., Christodoulou, N. and Papathanasiou, I. V (2024) 'Treatment Adherence and Quality of Life Among Elderly Patients With Diabetes Mellitus Registered in the Community', *Cureus*, 16(4), pp. 1–11. Available at: <https://doi.org/10.7759/cureus.58986>.
- VS, B. (2021) *Buku Ajar Keperawatan Gerontik 1*. Malang: Media Nusa Creative.
- W. Lumanauw, S. *et al.* (2025) 'Factors Related to the Quality of Life of Diabetes Mellitus Patients in the Matani Community Health Center Work Area, Tomohon City', *International Journal of Health and Pharmaceutical (IJHP)*, 5(3), pp. 395–399. Available at: <https://doi.org/10.51601/ijhp.v5i3.383>.

- Wahyudi, A. *et al.* (2025) *Pendekatan Teori Keperawatan pada Penderita Diabetes Mellitus dan Komplikasinya*. Banjarnegara: Penerbit Qriset Indonesia. Available at: https://www.google.co.id/books/edition/Pendekatan_Teori_Keperawatan_pada_Pender/cbdPEQAAQBAJ?hl=id&gbpv=1&dq=Pendekatan+Teori+Keperawatan+pada+Penderita+Diabetes+Mellitus+dan+Komplikasinya&pg=PA76&printsec=frontcover.
- Wahyuningsih, S. *et al.* (2023) 'The Relationship between the Role of the Family and the Quality of Life of Type 2 Diabetes Mellitus Patients in Senduro District, Lumajang Regency', *Jurnal Ners Lentera*, 11(2), pp. 1–23.
- Walton, H. *et al.* (2024) 'Peer support for health, social care, and educational needs in adult prisons: a systematic scoping review', *Public Health*, 236, pp. 412–421. Available at: <https://doi.org/10.1016/j.puhe.2024.08.002>.
- Waruwu, M. *et al.* (2025) 'Metode Penelitian Kuantitatif: Konsep, Jenis, Tahapan dan Kelebihan', *Jurnal Ilmiah Profesi Pendidikan*, 10(1), pp. 917–932. Available at: <https://doi.org/10.29303/jipp.v10i1.3057>.
- Wibowo, M.I.N.A. *et al.* (2021) 'Systematic Review : Determinan Faktor yang Memengaruhi Kepatuhan Pengobatan Pasien Diabetes Tipe 2 di Indonesia', *Media Penelitian dan Pengembangan Kesehatan*, 31(4), pp. 281–300. Available at: <https://doi.org/10.22435/mpk.v31i4.4855>.
- Widarsa, I., Astuti, P. and Kurniasari, N. (2022) *Metode Sampling Penelitian Kedokteran dan Kesehatan*. Denpasar: Baswara Press. Available at: https://www.google.co.id/books/edition/Metode_Sampling_Penelitian_Kedokteran_da/J21mEAAAQBAJ?hl=id&gbpv=1&dq=kriteria+inklusi+adalah&pg=PA5&printsec=frontcover.
- Widiyono *et al.* (2023) *Buku Mata Ajar Konsep Dasar Metodologi Penelitian Keperawatan*. Kediri: Lembaga Chakra Brahmanda Lentera. Available at: https://www.google.co.id/books/edition/Buku_Mata_Ajar_Konsep_Dasar_Metodologi_P/hVzgEAAAQBAJ?hl=id&gbpv=0.
- Widodo, W. (2020) *Perawatan Ulkus Kaki Diabetik Menggunakan Aplikasi Digital Pada Pasien Diabetes Melitus Tipe 2*. Bandung: Widina Media Utama. Available at: https://www.google.co.id/books/edition/PERAWATAN_ULKUS_KAKI_DIABETIK_MENGGUNAKA/v6RTEQAAQBAJ?hl=id&gbpv=1&dq=Perawatan+Ulkus+Kaki+Diabetik+Menggunakan+Aplikasi+Digital+Pada+Pasien+Diabetes+Melitus+Tipe+2&pg=PA6&printsec=frontcover.
- Winkley, K. *et al.* (2020) 'Psychosocial aspects and contributions of behavioural science to medication-taking for adults with type 2 diabetes', *Diabetic Medicine*, 37(3), pp. 427–435. Available at: <https://doi.org/10.1111/dme.14214>.

- Wulandari, O. and Cusmarih (2024) 'Hubungan Dukungan Keluarga Terhadap Kepatuhan Melakukan Kontrol Rutin Pada Penderita Diabetes Melitus Di Klinik Pratama Balai Pengobatan Jantung', *Malahayati Nursing Journal*, 6(2), pp. 636–645. Available at: <https://doi.org/https://doi.org/10.33024/mnj.v6i2.10880>.
- Xing, Z., Kirby, R.S. and Alman, A.C. (2022) 'Association of age at menopause with type 2 diabetes mellitus in postmenopausal women in the United States: National Health and Nutrition Examination Survey 2011–2018', *Przegląd Menopauzalny*, 21(4), pp. 229–235. Available at: <https://doi.org/10.5114/pm.2022.123514>.
- Yang, X. *et al.* (2023) 'Characteristics of elderly diabetes patients: focus on clinical manifestation, pathogenic mechanism, and the role of traditional Chinese medicine', *Frontiers in Pharmacology*, 14(January), pp. 1–16. Available at: <https://doi.org/10.3389/fphar.2023.1339744>.
- Yang, Y. *et al.* (2020) 'Effect of a mobile phone-based glucose-monitoring and feedback system for type 2 diabetes management in multiple primary care clinic settings: Cluster randomized controlled trial', *JMIR mHealth and uHealth*, 8(2), pp. 1–15. Available at: <https://doi.org/10.2196/16266>.
- Yanto, Arief and Setyawati, D. (2023) *Asuhan keperawatan psikososial penderita Diabetes Mellitus tipe 2*. Semarang: Cipta Prima Nusantara.
- Yulianto, B. (2020) *Perilaku Penggunaan APD sebagai Alternatif Meningkatkan Kinerja Karyawan yang Terpapar Bising Intensitas Tinggi*. Surabaya: Scopindo Media Pustaka. Available at: https://www.google.co.id/books/edition/PERILAKU_PENGGUNA_APD_SEBAGAI_ALTERNATIF/QqUBEAAAQBAJ?hl=id&gbpv=1&dq=Perilaku+Penggunaan+APD+sebagai+Alternatif+Meningkatkan+Kinerja+Karyawan+yang+Terpapar+Bising+Intensitas+Tinggi&pg=PA61&printsec=frontcover.
- Yuliasuti, C. *et al.* (2022) 'Family Support Related to Quality of Life in Diabetes Mellitus Patients with Ulcer', *Malaysian Journal of Nursing*, 14(2), pp. 96–100. Available at: <https://doi.org/10.31674/mjn.2022.v14i02.016>.
- Yustisia, N., Aprilatutini, T. and Syahputri, L. (2025) *Buku Referensi GADASIA (Gawat Darurat Pada Lansia)*. Pekalongan: Penerbit NEM. Available at: [https://www.google.co.id/books/edition/Buku_Referensi_GADASIA_Gawat_Darurat_pad/s-RcEQAAQBAJ?hl=id&gbpv=1&dq=Buku+Referensi+GADASIA+\(Gawat+Darurat+Pada+Lansia\)&pg=PA42&printsec=frontcover](https://www.google.co.id/books/edition/Buku_Referensi_GADASIA_Gawat_Darurat_pad/s-RcEQAAQBAJ?hl=id&gbpv=1&dq=Buku+Referensi+GADASIA+(Gawat+Darurat+Pada+Lansia)&pg=PA42&printsec=frontcover).
- Zainal Abidin, A. and Arif, A. (2024) 'Hubungan Aspek Spiritual: Transpersonal Dengan Kepatuhan Berobat Pada Lansia Dm Di Desa Pacing Sukosewu Bojonegoro', *Journal of Pubnursing Sciences*, 2(02), pp. 67–72. Available

at: <https://doi.org/10.69606/jps.v2i02.119>.

- Zaki, M. and Saiman, S. (2021) 'Kajian tentang Perumusan Hipotesis Statistik Dalam Pengujian Hipotesis Penelitian', *JIIP - Jurnal Ilmiah Ilmu Pendidikan*, 4(2), pp. 115–118. Available at: <https://doi.org/10.54371/jiip.v4i2.216>.
- Ziady, H.H. *et al.* (2025) 'Assessment of diabetes health literacy and its predictors among diabetic older adults attending geriatric clubs, 2024', *Alexandria Journal of Medicine*, 61(1), pp. 1–10. Available at: <https://doi.org/10.1080/20905068.2025.2464362>.