

DAFTAR PUSTAKA

- Amda, K., & Fitriyani, R. (2016). *Membaca Ekspresi Wajah*. Huta Publisher.
- Anggito, A., & Setiawan, J. (2018). *Metodologi Penelitian Kualitatif*. CV Jejak.
- Annisa, D. F., & Ifdil, I. (2016). Konsep Kecemasan (Anxiety) pada Lanjut Usia (Lansia). *Konselor*, 5(2), 93. <https://doi.org/10.24036/02016526480-0-00>
- Arliani, N., & Adiyanto, W. (2023). *Representasi Kecemasan Dalam Lirik Lagu "Rehat" Kunto Aji*.
- Avianto, U. (Director). (2024). *Sehidup Semati* [Thriller].
- Azwar, A., & Auliana, I. (2024). Representasi Rekayasa Sosial dalam Film Unlocked (Analisis Semiotika Roland Barthes). *EKSPRESI DAN PERSEPSI: JURNAL ILMU KOMUNIKASI*, 7(1), 91–105. <https://doi.org/10.33822/jep.v7i1.7186>
- Bajari, A. (2015). *Metode Penelitian Komunikasi Prosedur, Tren, dan Etika*. Simbiosis Rekatama Media.
- Belim Rodrigues, C. F., & Duarte, B. (2022). It Is Represented in the Media, So it Exists: Anxiety in the Movies ‘Eighth Grade’ and ‘Silver Linings Playbook.’ *Tripodos*, 52, 51–70. <https://doi.org/10.51698/tripodos.2022.52p51-70>
- Cantika Asmara Puspitaningrum, N., & Edi Pramono, R. (2023). The Anxiety of Theodore Finch as Seen in All The Bright Places The Movie. *Loquēla (Journal of Linguistics, Literature, and Education)*, 2(1), 1–12. <https://doi.org/10.61276/loquela.v2i1.28>
- Cherry, K. (2020, December 6). *Manifest Content of Your Dreams*. Verywell Mind. <https://www.verywellmind.com/what-is-manifest-content-2795373>
- Clark, D. A., & Beck, A. T. (2012). *The anxiety and worry workbook: The cognitive behavioral solution* (Second edition). The Guilford Press.
- Cobley, P., & Jansz, L. (2003). *Introducing semiotics* (R. Appignanesi, Ed.; Reprint). Icon Books UK.
- Cuming, S., Rapee, R. M., Kemp, N., Abbott, M. J., Peters, L., & Gaston, J. E. (2009). A self-report measure of subtle avoidance and safety behaviors relevant to social anxiety: Development and psychometric properties.

- Journal of Anxiety Disorders*, 23(7), 879–883.
<https://doi.org/10.1016/j.janxdis.2009.05.002>
- Dadi, G. H. U. (2020). *Representasi Kecemasan dan Keputusan dalam Video Klip Nadin Amizah—Seperti Tulang (Kajian Semiotika Roland Barthes)*. Universitas Pembangunan Nasional Veteran Jakarta.
- DeGuzman, K. (2025, February 2). *Jenis-jenis Pergerakan Kamera dalam Film Dijelaskan: Panduan Lengkap*. Studiobinder.
<https://www.studiobinder.com/blog/different-types-of-camera-movements-in-film>
- Deleuze, G. (2001). *Cinema 1: The movement-image*. Athlone.
- Febriyanti, V. (2024). *KEKERASAN DALAM HUBUNGAN DI FILM POSESIF KARYA GINA S.*
- Halizah, L. R., & Faralita, E. (2023). *BUDAYA PATRIARKI DAN KESETARAAN GENDER*. 11(2337).
- Hall, S. (1997). *The Work of Representation, Representation: Cultural Representation and Signifying Practices*. Sage.
- KEMENPPPA. (2024). *Kasus Kekerasan [Dataset]*.
- Kirk, A., Meyer, J. M., Whisman, M. A., Deacon, B. J., & Arch, J. J. (2019). Safety behaviors, experiential avoidance, and anxiety: A path analysis approach. *Journal of Anxiety Disorders*, 64, 9–15.
<https://doi.org/10.1016/j.janxdis.2019.03.002>
- Kluger, J. (2017, September 12). *What Your Dreams Actually Mean, According to Science*. TIME. <https://time.com/4921605/dreams-meaning>
- Komnas Perempuan. (2020). *Menemukanali Kekerasan Dalam Rumah Tangga (KDRT)*. KOMNAS PEREMPUAN.
<https://komnasperempuan.go.id/instrumen-modul-referensi-pemantauan-detail/menemukanali-kekerasan-dalam-rumah-tangga-kdrt>
- Laura M.B.P, R., Wahyuningratna, R. N., & Sevilla, V. (2022). REPRESENTASI KECEMASAN DAN HOPELESSNESS DALAM LIRIK LAGU BTS "BLACK SWAN" (KAJIAN SEMIOTIKA ROLAND BARTHES). *EKSPRESI DAN PERSEPSI : JURNAL ILMU KOMUNIKASI*, 5(1), 58–70.
<https://doi.org/10.33822/jep.v5i1.3108>

- Lazarus, R. S. (1994). *Emotion and adaptation* (1. paperback ed). Oxford University Press.
- Liu, L. (2022). Analysis of the Film “Manslaughter” by Using Semiotic Paradox. *Education Reform and Development*, 3(2), 19–22. <https://doi.org/10.26689/erd.v3i2.3599>
- Manzilati, A. (2017). *Metodologi Penelitian Kualitatif: Paradigma, Metode, dan Aplikasi*. Universitas Brawijaya Press.
- Metz, C. (1974). *Film Language A Semiotics of the Cinema*. Oxford University Press.
- Mittmann, G., Schrank, B., & Steiner-Hofbauer, V. (2024). A scoping review about the portrayal of depression and anxiety in mainstream and social media. *International Journal of Psychology*, 59(6), 1075–1083. <https://doi.org/10.1002/ijop.13232>
- Mudjiono, Y. (2011). Kajian Semiotika Dalam Film. *Jurnal Ilmu Komunikasi*, 1(1), 125–138. <https://doi.org/10.15642/jik.2011.1.1.125-138>
- Nurutami, L. A. (2024). *Representasi Self Esteem Dalam Musik Video “S-Class” Karya Stray Kids (Analisis Semiotika Charles Sanders Peirce)*. Universitas Pembangunan Nasional Veteran Jakarta.
- Öner, Ç. (2024). A Semiotic Analysis Of A Sports Medical Drama Movie: Concussion. *International Journal of Disabilities Sports and Health Sciences*, 7(2), 426–436. <https://doi.org/10.33438/ijds.1424192>
- Pambudi, F. B. S. (2023). *Buku Ajar Semiotika*. UNISNU PRESS.
- PKBI. (2025). *Tantangan Buruh Perempuan di Indonesia: Dari Diskriminasi di Lingkungan Kerja sampai Beban Ganda*. PKBI Nusa Tenggara Barat. <https://pkbintb.or.id/tantangan-buruh-perempuan-di-indonesia-dari-diskriminasi-di-lingkungan-kerja-sampai-beban-ganda>
- Psych Care. (2025, January 1). *Anxiety and Depression: Gendered Perspectives*. Psych Care. <https://psychcare.com/2025/01/anxiety-and-depression-gendered-perspectives>
- Purwanti, A. (2020). *KEKERASAN BERBASIS GENDER*. CV. Bildung Nusantara.
- Qomariah, D. N. (2019). *PERSEPSI MASYARAKAT MENGENAI KESETARAAN GENDER DALAM KELUARGA*. 4(2).

- Raypole, C. (2021, April 26). *Not Worried About Anything in Particular? You Could Still Have 'Subconscious' Anxiety*. Healthline. <https://www.healthline.com/health/anxiety/subconscious-anxiety>
- Salam, H. (2024, February 1). *9 Tanda Orang Mengalami Stres yang Tidak Disadari, Mudah tersinggung!* Radarsukabumi.Com. <https://radarsukabumi.com/ekonomi/fashion/health-fitness/9-tanda-orang-mengalami-stres-yang-tidak-disadari-mudah-tersinggung/2/>
- So, S. H., Chau, A. K. C., Gaudiano, B. A., Ellett, L., Lincoln, T. M., Morris, E. M. J., & Kingston, J. L. (2024). The relationship between risk perception, anxiety and paranoia – A predictive model in a community sample. *Journal of Mood & Anxiety Disorders*, 5, 100052. <https://doi.org/10.1016/j.xjmad.2024.100052>
- Stamps, A. E. (2011). Effects of Area, Height, Elongation, and Color on Perceived Spaciousness. *Environment and Behavior*, 43(2), 252–273. <https://doi.org/10.1177/0013916509354696>
- Stuart, G. W. (2012). *Principles and Practice of Psychiatric Nursing - E-Book: Principles and Practice of Psychiatric Nursing - E-Book* (10th ed). Mosby.
- Sugiyono. (2016). *Metode Penelitian Kuantitatif, Kualitatif dan R & D*. Penerbit Alfabeta.
- Sukmawati, S., Mamuroh, L., & Nurhakim, F. (2023). THE IMPACT OF DOMESTIC SEXUAL VIOLENCE ON WOMEN'S SELF CONCEPT: NARRATIVE REVIEW. *Journal of Maternity Care and Reproductive Health*, 5(3). <https://doi.org/10.36780/jmcrh.v5i3.236>
- Sun, X., So, S. H., Chan, R. C. K., Chiu, C.-D., & Leung, P. W. L. (2019). Worry and metacognitions as predictors of the development of anxiety and paranoia. *Scientific Reports*, 9(1), 14723. <https://doi.org/10.1038/s41598-019-51280-z>
- Surahman, S. (2014). *REPRESENTASI PEREMPUAN METROPOLITAN DALAM FILM 7 HATI 7 CINTA 7 WANITA*.
- Swasti, I. K., & Martani, W. (2013). Menurunkan Kecemasan Sosial melalui Pemaknaan Kisah Hidup. *JURNAL PSIKOLOGI*.
- Toni, A. (2015). *Peran Film Sebagai Media Sosialisasi Lingkungan*. 7.

- Valli, K., Revonsuo, A., Pälkä, O., Ismail, K. H., Ali, K. J., & Punamäki, R.-L. (2005). The threat simulation theory of the evolutionary function of dreaming: Evidence from dreams of traumatized children. *Consciousness and Cognition*, 14(1), 188–218. [https://doi.org/10.1016/S1053-8100\(03\)00019-9](https://doi.org/10.1016/S1053-8100(03)00019-9)
- Vinney, C. (2024, June 7). *Why You May Act Immature During Anxiety-Provoking Situations*. Verywell Mind. <https://www.verywellmind.com/what-is-regression-in-psychology>
- Wahjuwibowo, I., S. (2019). *SEMIOTIKA KOMUNIKASI EDISI III: aplikasi praktis untuk penelitian dan skripsi komunikasi*. Rumah Pintar Komunikasi.
- Wahyuningratna, R. N., & Baskara Putri, R. L. M. (2023). REPRESENTASI KONFLIK SOSIAL REMAJA DALAM MV TOMORROW X TOGETHER “0X1=LOVE SONG (I KNOW I LOVE YOU)”: (KAJIAN SEMIOTIKA ROLAND BARTHES). *EKSPRESI DAN PERSEPSI: JURNAL ILMU KOMUNIKASI*, 6(2), 304–316. <https://doi.org/10.33822/jep.v6i2.4912>
- Wang, E. (2023). Domestic Violence and Abuse Is Our Issue. *The Journal of Allergy and Clinical Immunology: In Practice*, 11(6), 1757–1758. <https://doi.org/10.1016/j.jaip.2023.04.012>
- WHO. (2025). *Gender and Health*. World Health Organization. <https://www.who.int/health-topics/gender>
- Wirawan, N., A. (2024). *15,5 Juta Remaja Indonesia Mengalami Masalah Kesehatan Mental*. GoodStats. <https://goodstats.id/article/15-5-juta-remaja-indonesia-mengalami-masalah-kesehatan-mental>
- Yang, G., Zuo, Y., Cheng, H., & Zhang, L. (2025). How environmental perception influence depression and anxiety: The mediating role of social interaction. *BMC Public Health*, 25(1). <https://doi.org/10.1186/s12889-025-21627-5>
- Yusuf, A., Fitryasari, R., & Nihayati, H. E. (2015). *Buku Ajar Keperawatan Kesehatan Jiwa*. Salemba Medika.
- Zahro, M. (2024, May 15). *6 Pelajaran Berharga dari Cermin Pecah, Jangan Anggap Remeh!* IDN TIMES.

<https://www.idntimes.com/life/inspiration/pelajaran-berharga-cermin-pecah-c1c2-01-p276n-b0rcwj>

Zhang, Y., & Yang, J. (2022). Exploring the expression of anxiety in the language of illustration design. *Highlights in Art and Design*, 1(3), 49–52. <https://doi.org/10.54097/hiaad.v1i3.2958>