

## DAFTAR PUSTAKA

- Alexander, A 2014, "Cubital tunnel syndrome," *Oxford University Hospitals NHS Trust*, doi: 10.12968/hmed.2010.71.sup11.79671.
- American Society for Surgery of the Hand 2017, *de Quervains Tenosynovitis - Symptoms & Treatment - The Hand Society*, Tersedia pada: <http://www.assh.org/handcare/hand-arm-conditions/de-quervain-tenosynovitis> (Diakses: 8 Maret 2019).
- Canadian Centre for Occupational Health and Safety 2014, *Carpal Tunnel Syndrome : OSH Answers*, Tersedia pada: <https://www.ccohs.ca/oshanswers/diseases/carpal.html> (Diakses: 19 April 2019).
- Canadian Centre for Occupational Health and Safety 2014, *Work-related Musculoskeletal Disorders (WMSDs) : OSH Answers*, Tersedia pada: <https://www.ccohs.ca/oshanswers/diseases/rmirsi.html> (Diakses: 23 Februari 2019).
- Canadian Standards Association (CSA), I. 2000, *CSA-Z412 : Guideline on Office Ergonomics*, Toronto.
- Devi, T., Purba, I. G. dan Lestari, M. 2017, "Faktor Risiko Keluhan Musculoskeletal Disorders (MSDs) pada Aktivitas Pengangkutan Beras di PT.Buyung Poetra Pangan Pegayut Ogan Ilir," *Jurnal Ilmu Kesehatan Masyarakat*, 8(2), hal. 125–134. doi: 10.26553/jikm.2016.8.2.125-134.
- Doggette, WT 2010, "Office ergonomics," *Benefits Quarterly v11n4*, (january), hal. 21–2635. doi: 10.1201/9780203491942.ch12.
- Effendi, AS & Hafiza, S 2017, "Faktor yang berhubungan dengan keluhan nyeri punggung bawah pada karyawan redaksi bagian kantor di PT.Riau Pos Intermedia Pekanbaru," *XI(77)*, hal. 10–17.
- Ergonomics Plus 2012, "A Step-by-Step Guide Rapid Upper Limb Assessment (RULA)," hal. 13. Tersedia pada: [www.ergo-plus.com](http://www.ergo-plus.com).
- Fina Herlinda Nur, Dewi, DRL dan Yanti, SN 2015, "HUBUNGAN LAMA DUDUK SAAT JAM KERJA DAN AKTIVITAS FISIK DENGAN KELUHAN NYERI PUNGGUNG BAWAH (LOW BACK PAIN) PADA KARYAWAN KANTOR TERPADU PONTIANAK TAHUN 2014."
- Fuady, AR. 2013, "Faktor- faktor yang berhubungan dengan musculoskeletal disorders (MSDs) Pada Pengrajin sepatu di Perkampungan Industri Kecil

(PIK) Penggilingan Kecamatan Cakung Tahun 2013,” 84, hal. 487–492. Tersedia pada: <http://ir.obihiro.ac.jp/dspace/handle/10322/3933>.

Health and Safety Executive 2011, “Leadership and worker involvement toolkit Management of risk when planning work : The right priorities,” *Leadership and Worker Engagement Forum*, hal. 11. Tersedia pada: [www.hse.gov.uk/construction](http://www.hse.gov.uk/construction).

Health and Safety Executive 2018, “Work related musculoskeletal disorders in Great Britain ( WRMSDs ), 2018 Contents,” (October), hal. 1–10, Tersedia pada: [www.hse.gov.uk/statistics/](http://www.hse.gov.uk/statistics/).

Institution of Occupational Safety and health 2019, *Musculoskeletal disorders*, Tersedia pada: <https://www.iosh.co.uk/books-and-resources/our-oh-toolkit/musculoskeletal-disorders.aspx> (Diakses: 23 Februari 2019).

Kamali zaman, M 2014, “Hubungan Beberapa Faktor dengan Keluhan Nyeri Punggung Bawah pada Karyawan Kantor,” 2(09), hal. 163–167.

*Kartika Chandra Hotel | 4 Star Business Hotel in Jakarta* 2019, *Hotel Kartika Chandra*, Tersedia pada: <http://www.kartikachandra.com/> (Diakses: 30 Juni 2019).

Kementerian Kesehatan Republik Indonesia 2013, “Hasil Riset Kesehatan Dasar Kementerian RI 2013,” 6. doi: 1 Desember 2013.

Kementerian Kesehatan RI 2014, *Pedoman Gizi Seimbang*, Indonesia.

Kementerian Kesehatan RI 2015, “Pembinaan Kesehatan Olahraga di Indonesia.”

Kementerian Kesehatan RI 2017, “Gerakan Masyarakat Hidup Sehat - Aksi Nyata Untuk Hidup Sehat,” *Warta Kesmas*, 01, hal. 06–07, Tersedia pada: <http://www.depkes.go.id/article/print/17022800008/menkes-buka-pameran-rakerkesnas-2017.html>.

Koesyanto, H 2013, “Masa Kerja Dan Sikap Kerja Duduk Terhadap Nyeri Punggung,” *Jurnal Kesehatan Masyarakat*, 9(1), hal. 9–14.

McPhee, B., Scott, P. dan Kogi, K. (2010) *Ergonomics Guidelines for occupational health practice in industrially developing countries*.

Middlesworth, M. 2012, “A Step-by-Step Guide Rapid Entire Body Assessment ( REBA ),” *Ergonomics Plus Inc*. doi: 10.1016/S0003-6870(99)00039-3.

Muhammad Iesal M.A, Sabilu, Y. dan Pratiwi, A. D. 2016, “Faktor yang Berhubungan dengan Keluhan Musculoskeletal Disorders(MSDs) Pada Penjahit Wilayah Pasar Panjang Kota Kendari Tahun 2016,” hal. 1–8.

- Notoatmodjo, S. 2010, *Metodologi Penelitian Kesehatan*. Revisi. Jakarta: PT. RINEKA CIPTA.
- Nuryaningtyas, M. B. dan Martiana, T. 2014, "Analisis Tingkat Risiko Muskuloskeletal Disorders (MSDs) Dengan The Rapid Upper Assessment (RULA) Dan Karakteristik Individu Terhadap Keluhan MSDs," *The Indonesian Journal of Occupational Safety and Health*, hal. 160–169.
- Occupational Health Clinics for Ontario Workers 2008, "Office Ergonomics Handbook," *Occupational Health*, fifth.
- Permenkes RI 2016, *Standar Keselamatan dan Kesehatan Kerja Perkantoran*. Indonesia.
- Pusat Data dan Informasi Kementerian Kesehatan Republik Indonesia 2018, "Keselamatan dan Kesehatan Kerja," *INFODATIN*.
- Qalby, H dkk 2012, "Gambaran Faktor Risiko Terjadinya Musculoskeletal Disorders (MSDs) Pada Karyawan Di Kantor Pusat PT. X Jakarta Tahun 2012."
- Rahayu, WA 2012, "Faktor-Faktor yang Berhubungan dengan Keluhan Muskuloskeletal pada Pekerja Angkat-Angkut Industri Pemecah Batu di Kecamatan Karangnongko Kabupaten Klaten," *Jurnal Kesehatan Masyarakat*, 1(2), hal. 836–844. Tersedia pada: <http://ejournals1.undip.ac.id/index.php/jkm>.
- Rodrigues, MSA. dkk. 2019, "Rapid office strain assessment (ROSA): Cross cultural validity, reliability and structural validity of the Brazilian-Portuguese version," *Applied Ergonomics*. Elsevier, 75(December 2017), hal. 143–154. doi: 10.1016/j.apergo.2018.09.009.
- Rozental, T. D., Zurakowski, D. dan Blazar, P. E. 2008, "Trigger Finger: Prognostic Indicators of Recurrence Following Corticosteroid Injection," *The Journal of Bone and Joint Surgery-American Volume*, 90(8), hal. 1665–1672. doi: 10.2106/JBJS.G.00693.
- Santosa, A. dan Ariska, D. K. 2018, "Faktor-Faktor Yang Berhubungan Dengan Kejadian Muskuloskeletal Disorders Pada Pekerja Batik Di Kecamatan Sokaraja Banyumas," *Jurnal Ilmiah Ilmu-ilmu Kesehatan*, 16(1), hal. 42.
- Seghers, J., Jochem, A. dan A., S. 2003, "Posture, muscle activity and muscle fatigue in prolonged VDT work at different screen height settings," *Ergonomics*, (46), hal. 714–730.
- Sonne, M., Villalta, D. L. dan Andrews, D. M. 2011, "Development and evaluation of an office ergonomic risk checklist: ROSA - Rapid office strain assessment," *Applied Ergonomics*. Elsevier Ltd, 43(1), hal. 98–108. doi:

10.1016/j.apergo.2011.03.008.

Stanton, N. dkk. 2005, *Handbook of Human Factors and Ergonomic Methods, Team and Collective Training Needs Analysis*. United States of America. doi: 10.1201/9781315563275-4.

Suma'mur 2009, *Higene Perusahaan dan Kesehatan Kerja*. Jakarta: Sagung Seto.

Tarwaka 2011, *Ergonomi Industri Dasar-Dasar Pengetahuan Ergonomi dan Aplikasi Di Tempat Kerja*. kedua. Surakarta.

Tarwaka 2015, *Ergonomi Industri Dasar-Dasar Pengetahuan Ergonomi dan Aplikasi di Tempat Kerja*. Surakarta: Harapan Press.

Tarwaka, Bakri, S. H. dan Sudiajeng, L. 2004, *Ergonomi untuk keselamatan, kesehatan kerjadan produktivitas*. pertama. doi: 10.1016/j.jalz.2011.05.437.

The American academy of Orthopaedic Surgeons 2015, *Tennis Elbow (Lateral Epicondylitis)* - *OrthoInfo* - AAOS. Tersedia pada: <https://orthoinfo.aaos.org/en/diseases--conditions/tennis-elbow-lateral-epicondylitis/> (Diakses: 8 Maret 2019).

Tjahayuningtyas, A. 2019, "FAKTOR YANG MEMPENGARUHI KELUHAN MUSCULOSKELETAL DISORDERS (MSDs) PADA PEKERJA INFORMAL," *The Indonesian Journal of Occupational Safety and Health*, 8(1), hal. 1. doi: 10.20473/ijosh.v8i1.2019.1-10.

United States Bone and Joint Initiative 2016, "The burden of musculoskeletal disorders on Americans - Opportunities for Action," hal. 247. doi: 978-0-9963091-1-0.

UU R.I 2003, *Undang-Undang No.13 Th 2003 Tentang Ketenagakerjaan*. Tersedia pada: [http://www.kemnperin.go.id/kompetensi/UU\\_13\\_2003.pdf](http://www.kemnperin.go.id/kompetensi/UU_13_2003.pdf).

Vos, T. dkk. 2017, "Global, regional, and national incidence, prevalence, and years lived with disability for 328 diseases and injuries for 195 countries, 1990-2016: A systematic analysis for the Global Burden of Disease Study 2016," *The Lancet*, 390(10100), hal. 1211–1259. doi: 10.1016/S0140-6736(17)32154-2.

WHO 2018, "WHO | Musculoskeletal conditions," WHO. World Health Organization.

Workplace Safety and Health Council 2014, "Workplace safety and health guidelines, improving ergonomics in the workplace," (January), hal. 1–29. doi: 10.1016/0022-1694(88)90090-X.

