

DAFTAR PUSTAKA

- Aapro, M., & Tarricone, R. (2020). *Initiatives to Improve Control , Resource Use , and Quality of Life Associated with Chemotherapy- Induced Nausea and Vomiting*. August, 2–13.
- Amelia, W. dkk. (2022). Pengaruh Foot Massage terhadap Fatigue pada Pasien Kanker Payudara yang Menjalani Kemoterapi. *Jurnal Keperawatan Muhammadiyah*, 7(1), 3–6.
- ASCO. (2023). Efek Samping Kemoterapi. *Cancer.Net*, 16, 2. <https://www.cancer.org/treatment/treatments-and-side-effects/treatment-types/chemotherapy/chemotherapy-side-effects.html>
- Asha, C., Manjini, K. J., & Dubashi, B. (2020). Effect of Foot Massage on Patients with Chemotherapy Induced Nausea and Vomiting: A Randomized Clinical Trial. *J Caring Sci*, 9(3), 128-134. <https://pubmed.ncbi.nlm.nih.gov/32963979/>
- Ashariati, A. (2019). Manajemen Kanker Payudara Komprehensif. *Journal of Chemical Information and Modeling*, 53(9), 1689–1699.
- Ayubi, C. M. S. H. Al, Hasan, A. H., & Damayanti, M. M. (2020). Karakteristik Penderita Kanker Payudara Berdasarkan Usia, Riwayat Menopause dan Gambaran Histopatologi di RSUD Al- Ihsan Periode Agustus – November 2019. *Prosiding Kedokteran*, 6(1), 185–188.
- Basiran. (2014). Massage Untuk Atlet. *Jurnal Kepelatihan Olahraga*, I(1), 71–81.
- Billhult, A., Lindholm, L., Gunnarsson, R., & Stener-Victorin, E. (2013). Relaxing massage increases salivary oxytocin and decreases blood pressure and heart rate in healthy women. *The Journal of Alternative and Complementary Medicine*, 19(9), 726-731.
- Efe Ertürk, N., & Taşçı, S. (2021). The Effects of Peppermint Oil on Nausea, Vomiting and Retching in Cancer Patients Undergoing Chemotherapy: An Open Label Quasi-Randomized Controlled Pilot Study. *Complementary Therapies in Medicine*, 56(August 2020). <https://doi.org/10.1016/j.ctim.2020.102587>
- Epidemiologi, K. P., Risiko, F., Prognostik, P., Saat, P., Łukasiewicz, S., Czeczelewski, M., Baj, J., Sitarz, R., & Stanisławek, A. (2021). *kanker*. 1–30.
- Hallquist Viale, RN, MS, CNS, ANP, P. (2018). Chemotherapy-Induced Nausea and Vomiting: Updates and Recommendations. *Journal of the Advanced Practitioner in Oncology*, 9(2), 2016–2018. <https://doi.org/10.6004/jadpro.2018.9.2.1>

- Hasibuan, C., Lubis, B., Rosdiana, N., Nafianti, S., & Siregar, O. R. (2019). Perawatan Mulut untuk Pencegahan Mukositis Oral pada Penderita Kanker Anak yang Mendapat Kemoterapi. *CDK Journal*, 46(6), 432–435. <http://www.cdkjournal.com/index.php/CDK/article/download/467/255>
- Hendrawati, S., Rukmasari, E. A., Mediani, H. S., Nur, N., & Maryam, A. (2023). Intervensi Non Farmakologis Untuk Menurunkan Mual Dan Muntah Pada Anak: Sebuah Narrative Review. *Jurnal Nasional Keperawatan*, 5(2), 24–44.
- Hermiati. (2018). Studi Literatur : Akupresur Titik P6 Dalam Mencegah. *Jurnal Kesehatan Manarang*, 4, 2–7.
- Gita Ayu Indri, Misrina Retnowat (2022), D., Graha Mandiri Cilacap, Stik., Tengah, J., Soetomo No, J., Sidakaya, K., Cilacap Selatan, K., Cilacap, K., & Jawa Tengah, P. (n.d.). Efektifitas *Effleurage Massage* dan *Petrissage Massage* pada Ibu Hamil Trimester III dengan *Low Back Pain*. 4, 51–59.
- Indra, R. L., Mufathuzzahra, H., & Daniati, M. (2022). Pencegahan Keluarga Pasien Kanker Terhadap Paparan Obat Kemoterapi. *Jurnal Kesehatan Komunitas*, 8(3), 428–435. <https://doi.org/10.25311/keskom.vol8.iss3.1116>
- Juartika, W., Harmi, P. K., & Fatmadona, R. (2020). Gambaran Skor INVR (Index of Nausea, Vomiting and Retching) pada CINV (Chemotherapy Induced Nausea and Vomiting) Kanker Payudara di RSUP M Djamil Padang. *Jurnal Kesehatan Andalas*, 8(4), 209–214. <https://doi.org/10.25077/jka.v8i4.1142>
- Kim, T. H., Choi, B. M., Chin, J. H., Lee, M. S., Kim, D. H., & Noh, G. J. (2007). The Reliability and Validity of the Rhodes Index of Nausea, Vomiting and Retching in Postoperative Nausea and Vomiting. *Korean Journal of Anesthesiology*, 52(6), S59. <https://doi.org/10.4097/kjae.2007.52.6.s59>
- Knowledge, N., Behavior, F. C., Ditasari, I., Arinda, D. F., Gizi, P. S., & Sriwijaya, U. (2022). *Pengetahuan Gizi dan Persepsi terhadap Perilaku Konsumsi Makanan Pemicu Kanker*. 4(1), 38–46.
- Kristina, A., Arsa, P., & Kholifah, S. (2022). Pengaruh Swedish Massage Terhadap Tingkat Nyeri Pasien Kanker Yang Menjalani Kemoterapi Di Rumah Sakit Panti Nirmala Malang. *Jurnal Keperawatan Florence*, 2(1), 1–6.
- Lorusso, V., Russo, A., & Codega, P. (2020). *Management of Chemotherapy-Induced Nausea and Vomiting (CINV): A Short Review on the Role of Netupitant-Palonosetron (NEPA)*. 21–29.
- Manalu, A. B. (2021). Study Literature Riview : Faktor - Faktor yang Mempengaruhi Tingkat Pengetahuan Perawat Tentang Efek Sitosik dalam Pengelolaan Pemberian Obat Kemoterapi Terhadap Lingkungan Tahun 2020. *Jurnal Kesehatan*, 10(2), 19–30.

<https://doi.org/10.37048/kesehatan.v10i2.357>

Manurung, S., & Irawaty, D. (2021). Bebas Mual Muntah Akibat Kemoterapi dengan Terapi Komplementer pada Pasien Kanker Payudara. *Journal of Telenursing (JOTING)*, 3(2), 621–628. <https://doi.org/10.31539/joting.v3i2.2950>

Molassiotis, A., Fernandez-Ortega, P., Pud, D., Ozden, G., Scott, J. A., Panteli, V., Margulies, A., Browall, M., Magri, M., Selvekerova, S., Madsen, E., Milovics, L., Bruyns, I., Gudmundsdottir, G., Hummerston, S., Ahmad, A. M. A., Platin, N., Kearney, N., & Patiraki, E. (2005). Use of complementary and alternative medicine in cancer patients: A European survey. *Annals of Oncology*, 16(4), 655–663. <https://doi.org/10.1093/annonc/mdi110>

Muthmainnah, P. R., Syahril, K., Rahmawati, Nulanda, M., & Dewi, A. S. (2022). Fakumi medical journal. *Jurnal Mahasiswa Kedokteran*, 2(5), 359–367.

Navari, R. M. (2013). Management of chemotherapy-induced nausea and vomiting: Focus on newer agents and new uses for older agents. *Drugs*, 73(3), 249–262. <https://doi.org/10.1007/s40265-013-0019-1>

Obeagu, E. I., & Obeagu, G. U. (2024). Breast cancer: A review of risk factors and diagnosis. *Medicine (United States)*, 103(3), E36905. <https://doi.org/10.1097/MD.00000000000036905>

Octaviani, Y., & Hidayanti, D. (2022). Evidence Based Case Report (Ebcr) Pengaruh Pijat Effleurage Terhadap Penurunan Nyeri Persalinan Kala I. *Jurnal Kesehatan Siliwangi*, 3(2), 259–267. <https://doi.org/10.34011/jks.v3i2.1206>

Origins Therapy. (2023). History, benefits & techniques of Swedish / holistic massage. Retrieved May 22, 2025, from <https://originstherapy.co.uk/history-benefits-techniques-swedish-holistic-massage/>

Orman, A., Johnson, D. L., Comander, A., & Brockton, N. (2020). Breast Cancer: A Lifestyle Medicine Approach. *American Journal of Lifestyle Medicine*, 14(5), 483–494. <https://doi.org/10.1177/1559827620913263>

Panigroro, S., Hernowo, B. S., & Purwanto, H. (2019). Panduan Penatalaksanaan Kanker Payudara (Breast Cancer Treatment Guideline). *Jurnal Kesehatan Masyarakat*, 4(4), 1–50.

Parasian, J., Susilowati, Y., Maulidia Septimar, Z., & Haeriyah, S. (2024). Hubungan Efek Samping Kemoterapi dengan Kualitas Hidup Pasien Kanker Payudara di Rumah Sakit Kanker Dharmais Provinsi DKI Jakarta Tahun 2023. *Jurnal Ilmiah Ilmu Kesehatan Dan Kedokteran*, 2(1), 115–126.

Rajendran, S., & Princely, R. J. (2016). Effectiveness of Swedish Massage on the Level of Chemotherapy Induced Nausea and Vomiting (Cinv) Among

- Children with Cancer at a Selected Hospital in North India, ICCRJNR. *Volume, 1(2)*, 20–38.
- Rizka, A., Akbar, M. K., & Putri, N. A. (2022). Carcinoma Mammarae Sinistra T4bN2M1 Metastasis Pleura Averrous: *Jurnal Kedokteran Dan Kesehatan Malikussaleh*, 8(1), 23. <https://doi.org/10.29103/averrous.v8i1.7006>
- Ryan, J. L. (2010). Treatment of Chemotherapy-induced Nausea in Cancer Patients. *European Oncology & Haematology*, 06(02), 14. <https://doi.org/10.17925/eoh.2010.06.02.14>
- Sagita, M. D. (2023). Hubungan Siklus Kemoterapi dengan Kejadian *Chemotherapy Induced Nausea and Vomiting (CINV)*. 5(3), 304–312. <https://jurnal.ensiklopediaku.org/ojs-2.4.8-3/index.php/ensiklopedia/article/view/501>
- Sari, I. W., Rawitri, K., Dalimunthe, G. I., Nasution, M., Rawitri, K., Farmasi, P. S., Farmasi, F., Nusantara, U. M., Al-washliyah, U. M. N., Garu, J., & No, I. I. A. (2024). Gambaran Efek Samping Obat Kemoterapi Pasien Kanker Payudara di RSUD Dr. Pirngadi Kota Medan. *Program Studi Farmasi , Fakultas*. 4(1), 14–21.
- Shinta, N., & Surarso, B. (2016). Terapi Mual dan Muntah Pasca Kemoterapi. *Jurnal THT-KL*, 9(2), 74–82. <http://journal.unair.ac.id/download-fullpapers-thtklac6b53d6eefull.pdf>
- Siregar, N., Susanti, Y., Putri, E., & Nuraini, T. (2025). *Management oral care mengatasi mucositis pada pasien kanker yang menjalani terapi kemo dan radiasi : A systematic review (PRISMA) guidelines and PICOS approach , P: cancer patients undergoing chemotherapy and radiation , I: oral care*. 19(1), 79–89.
- Siregar, T. M., Sagala, I. R., Dakhi, Y., & Anggeria, E. (2024). *The Effect of Swedish Foot Massage on Reducing Fatigue and Muscle Cramps in Hemodialysis Patients at Royal Prima Hospital. JUMANTIK (Jurnal Ilmiah Penelitian Kesehatan)*, 9(2), 146. <https://doi.org/10.30829/jumantik.v9i2.20136>
- Sofa, T., & Wardiyah, A. (2024). *Asuhan keperawatan pada pasien kanker payudara dengan masalah anemia menggunakan sari kurma*. 4(1), 26–32.
- Sonhaji, S., Afriani, A. I., & Utami, R. M. (2024). Pengaruh Terapi Pijat Swedia Terhadap Tekanan Darah Pada Pasien Hipertensi Di Posbindu Kabupaten Pati. *Jurnal Manajemen Asuhan Keperawatan*, 8(2), 73–77. <https://doi.org/10.33655/mak.v8i2.195>
- Stanisławek, A. (2021). *Breast Cancer—Epidemiology, Risk Factors, Classification, Prognostic Markers, and Current Treatment Strategies—An Updated Review*. 1–30.

Venbora Purba. (2024).terapi Komplementer untuk Mengurangi Mual Muntah pada Pasien Kanker Payudara Venbora Purba. *15*(6), 328–332.

Wiwin, A. naja haryati. (2019). Penerapan Foot Message Dalam Menurunkan Nyeri dalam Menurunkan Nyeri Pada Pasien Pasca Operasi Ca Mammary. Jurnal Keperawatan AKIMBA (JUKA) ISSN: 97725 80669 61. <https://journals.akimba.ac.id/index.php/2022/article/download/67/61/259>.

Yaghoubi, A., Ghojazadeh, M., Abolhasani, S., Alikhah, H., & Khaki-Khatibi, F. (2015). Correlation of Serum Levels of Vitronectin, Malondialdehyde and Hs-CRP With Disease Severity in Coronary Artery Disease. *Journal of Cardiovascular and Thoracic Research*, 7(3), 113–117. <https://doi.org/10.15171/jcvtr.2015.24>