

DAFTAR PUSTAKA

- A, L. E., & Wirawati, M. K. (2023). Penerapan Teknik Musik Klasik Mozart untuk Mengurangi Nyeri pada Pasien dengan Vulnus Laceratum (Luka Robek) di IGD RSUD Dr. H. Soewondo Kendal. *Jurnal Ners Widya Husada*, 10(2).
- Acarlioglu, Y., Senturan, L., & Salimi, S. (2024). Temporal Dynamics of Pain: Examining the Relationship Between Intramuscular Injection Duration and Pain Perception: A Crossover Randomized Controlled Trial. *Cureus*. <https://doi.org/10.7759/cureus.70969>
- Alorfi, N. M. (2023). Pharmacological Methods of Pain Management: Narrative Review of Medication Used. *International Journal of General Medicine*, Volume 16, 3247–3256. <https://doi.org/10.2147/IJGM.S419239>
- Alshanskaia, E. I., Zhozhikashvili, N. A., Polikanova, I. S., & Martynova, O. V. (2024). Heart rate response to cognitive load as a marker of depression and increased anxiety. *Frontiers in Psychiatry*, 15, 1355846. <https://doi.org/10.3389/fpsy.2024.1355846>
- Andriana, A. D., Hidayah, N. N., Margono, N., & Kep, M. (2022). *Analisis Tingkat Pengetahuan Perawat Terhadap Penggunaan Triase Emergency Severity Index (ESI) Di Instalasi Gawat Darurat RSUD Temanggung*.
- Andriyani, W. (2020). Literature Review: Faktor-Faktor yang Berhubungan dengan Kemandirian Lansia dalam Melakukan Activity Daily Living. *Nursing Sciences Journal*, 4(2), 65. <https://doi.org/10.30737/nsj.v4i2.1019>
- Arifiati, M., Yona, S., & Herawati, T. (2021). *Aplikasi Pendekatan Teori Virginia Henderson pada Pasien Diseksi Aorta: Case Study. 1*.
- Asyifa, T. N., Mustofa, S., Ismunandar, H., & Utama, W. T. (2023). *Cara-cara Untuk Mempercepat Penyembuhan Luka*.
- Bachtar, S. M., & Nur, M. P. (2023). *Penurunan Tingkat Kecemasan Dengan Teknik Guided Imagery Pada Pasien Pre Operatif Abses Apendikular. 14(1)*.
- Bakhshandeh, M., Bagheri-Nesami, M., Heydarigorji, M., & Hoseinnataj, A. (2024). The Effect of Music Therapy on the Pain Level of 3 to 6-year-old Children Undergoing Wound Repair by Suturing and Their Parents' Anxiety in the Emergency Department: A Randomized Controlled Trial. *Journal of Comprehensive Pediatrics*, 15(4). <https://doi.org/10.5812/jcp-145968>
- Bawaulu, T. (2019). *TIPE-TIPE DIAGNOSA KEPERAWATAN YANG PENTING DIKETAHUI OLEH PERAWAT DAN MAHASISWA KEPERAWATAN*. <https://doi.org/10.31227/osf.io/ha3bz>

- Bazzi, C. (2022a). Deciphering pain: Molecular mechanisms and neurochemical pathways—challenges and future opportunities. *International Journal of Clinical Case Reports and Reviews*, 11(1), 01–07. <https://doi.org/10.31579/2690-4861/206>
- Bazzi, C. (2022b). Rhythmically Enhanced Music as Analgesic for Chronic Pain: A Pilot, Non-Controlled Observational Study. *International Journal of Clinical Case Reports and Reviews*, 11(1), 01–07. <https://doi.org/10.31579/2690-4861/206>
- Bradt, J., Leader, A., Worster, B., Myers-Coffman, K., Bryl, K., Biondo, J., Schneible, B., Cottone, C., Selvan, P., & Zhang, F. (2024). Music Therapy for Pain Management for People With Advanced Cancer: A Randomized Controlled Trial. *Psycho-Oncology*, 33(10), e70005. <https://doi.org/10.1002/pon.70005>
- Chanda, A., Ruchti, T., & Unnikrishnan, V. (2021). Computational Modeling of Wound Suture: A Review. *IEEE Reviews in Biomedical Engineering*, 11, 165–176. <https://doi.org/10.1109/RBME.2018.2804219>
- Chang, O. H., Walters, M. D., Yao, M., & Lapin, B. (2022). Development and validation of the Value of Uterus instrument and visual analog scale to measure patients' valuation of their uterus. *American Journal of Obstetrics and Gynecology*, 227(5), 746.e1-746.e9. <https://doi.org/10.1016/j.ajog.2022.06.029>
- Chen, S., Yuan, Q., Wang, C., Ye, J., & Yang, L. (2025). The effect of music therapy for patients with chronic pain: Systematic review and meta-analysis. *BMC Psychology*, 13(1), 455. <https://doi.org/10.1186/s40359-025-02643-x>
- Cheng, H., Breitbart, G., Giordano, L., Richmand, D., & Wong, G. (2021). Music in the Wound Care Center: Effects on Anxiety Levels and Blood Pressure Measurements in Patients Receiving Standard Care. *Wound Management & Prevention*, 67(4), 16–22. <https://doi.org/10.25270/wmp.2021.4.1622>
- Clarkson, L., & Williams, M. (2023). EMS Mass Casualty Triage. *NCBI Bookshelf*.
- Contreras-Molina, M., Rueda-Núñez, A., Pérez-Collado, M. L., & García-Maestro, A. (2021). Effect of music therapy on anxiety and pain in the critical polytraumatized patient. *Enfermería Intensiva*, 32(2), 79–87. <https://doi.org/10.1016/j.enfi.2020.03.003>
- Deshpande, N., Jadhav, A., Bhola, N., & Gupta, M. (2020). Anesthetic efficacy and safety of 2% lidocaine hydrochloride with 1:100,000 adrenaline and 4% articaine hydrochloride with 1:100,000 adrenaline as a single buccal injection in the extraction of maxillary premolars for orthodontic purposes. *Journal of Dental Anesthesia and Pain Medicine*, 20(4), 233. <https://doi.org/10.17245/jdapm.2020.20.4.233>

- Djikoren, L., & Hermanto, Y. P. (2022). Spiritualitas Kristen dalam Menurunkan Tingkat Kecemasan pada Penderita Ansietas. *LOGON ZOES: Jurnal Teologi, Sosial dan Budaya*, 5(2), 82–93. <https://doi.org/10.53827/lz.v5i2.88>
- Dong, Y., Zhang, L., Chen, L.-W., & Luo, Z.-R. (2023). Music therapy for pain and anxiety in patients after cardiac valve replacement: A randomized controlled clinical trial. *BMC Cardiovascular Disorders*, 23(1), 32. <https://doi.org/10.1186/s12872-023-03058-5>
- Fathy, W., Hussein, M., & Khalil, H. (2019). Comparative Effect of Local Anesthesia with Lidocaine 2% Versus Topical Anesthesia on Cognitive Function in Ophthalmic Surgery. *Anesthesiology and Pain Medicine, In Press*(In Press). <https://doi.org/10.5812/aapm.97172>
- Ferasinta, F., & Dinata, E. Z. (2021). Teknik distraksi dalam penurunan skala nyeri anak usia pra sekolah. 4(2).
- Finnerty, R., Zhang, K., Tabuchi, R. A., & Zhang, K. (2022). The Use of Music to Manage Burnout in Nurses: A Systematic Review. *American Journal of Health Promotion*, 36(8), 1386–1398. <https://doi.org/10.1177/08901171221105862>
- Fitriani, L., Yusuf, S., & Kadar, K. (2022). Sistem Triase Online Dalam Perawatan Luka Selama Pandemi Covid-19: Literatur Review: Online Triage System In Wound Care During The Covid-19 Pandemic: A Literature Review. *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 8(4), 628–641. <https://doi.org/10.33023/jikep.v8i4.1210>
- Fratama, F. F., Fauziah, E., & Hutagaol, R. (2024). Pemanfaatan Terapi Murotal Al-Qur'an Sebagai Terapi Non Farmakologi Terhadap Penurunan Nyeri Pasien Post Operasi: Literatur Review. 15(1).
- Ganesan, P., Manjini, K. J., & Bathala Vedagiri, S. C. (2022). Effect of Music on Pain, Anxiety and Physiological Parameters among Postoperative Sternotomy Patients: A Randomized Controlled Trial. *Journal of Caring Sciences*, 11(3), 139–147. <https://doi.org/10.34172/jcs.2022.18>
- Gardner, S. E., Bae, J., Ahmed, B. H., Abbott, L. I., Wolf, J. S., Hein, M., Carter, C., Hillis, S. L., Tandy, L. M., & Rakel, B. A. (2022). A clinical tool to predict severe pain during wound dressing changes. *Pain*, 163(9), 1716–1727. <https://doi.org/10.1097/j.pain.0000000000002553>
- Garza-Villarreal, E. A., Jiang, Z., Vuust, P., Alcauter, S., Vase, L., Pasaye, E. H., Cavazos-Rodriguez, R., Brattico, E., Jensen, T. S., & Barrios, F. A. (2021). Music reduces pain and increases resting state fMRI BOLD signal amplitude in the left angular gyrus in fibromyalgia patients. *Frontiers in Psychology*, 6. <https://doi.org/10.3389/fpsyg.2015.01051>

- Gounden, V., & Singh, M. (2024). Hydrogels and Wound Healing: Current and Future Prospects. *Gels*, 10(1), 43. <https://doi.org/10.3390/gels10010043>
- Gumilang, N. M., Susanto, A., & Suryani, R. L. (2022). *Hubungan Antara Jenis Kelamin dan Usia dengan Tingkat Kecemasan Pasien Pre Operasi dengan Anestesi Spinal di RS Khusus Bedah Jatiwinangun Purwokerto*.
- Hanum, M., Tanjung, D., & Mahcrina, Y. (2024). *Differences in Effective Duration of Cold Compress Administration on Reducing Pain Intensity Fracture Patients*. 6.
- Harlina, & Aiyub. (2023). *Faktor-Faktor Yang Mempengaruhi Tingkat Kecemasan Keluarga Pasien Yang Dirawat Di Unit Perawatan Kritis*. 3.
- Hedayati, J., Bagheri-Nesami, M., Elyasi, F., & Hosseinnataj, A. (2023). The Effect of Music Therapy on the Pain and Anxiety Levels of Patients Experiencing Wound Healing by Suturing in the Emergency Wards. *Anesthesiology and Pain Medicine*, 13(1). <https://doi.org/10.5812/aapm-132943>
- Hs, M., & Rundulemo, M. (2020). *Efektivitas Terapi Musik Terhadap Penurunan Nyeri Pada Pasien Post Operasi*. 1.
- Hu, W., Yang, K., Zhang, L., & Lu, X. (2021). Effect of media distraction (audio-visual and music) for pain and anxiety control in patients undergoing shock-wave lithotripsy: A systematic review and meta-analysis. *Experimental and Therapeutic Medicine*, 21(6), 623. <https://doi.org/10.3892/etm.2021.10055>
- Imani, M., Jalali, A., Salari, N., & Abbasi, P. (2021). Effect of instrumental music on anxiety and depression among hemodialysis patients: A randomized controlled trial. *Journal of Education and Health Promotion*, 10(1), 305. https://doi.org/10.4103/jehp.jehp_1472_20
- Inabulu, M. V., Widani, N. L., & Rasmada, S. (2021). Faktor-Faktor Yang Berhubungan Dengan Kejadian Infeksi Luka Setelah Dijahit Di Instalasi Gawat Darurat. *Carolus Journal of Nursing*, 4(1), 55–66. <https://doi.org/10.37480/cjon.v4i1.90>
- Inal, F. Y., Yilmaz Camgoz, Y., Daskaya, H., & Kocoglu, H. (2021). The Effect of Preoperative Anxiety and Pain Sensitivity on Preoperative Hemodynamics, Propofol Consumption, and Postoperative Recovery and Pain in Endoscopic Ultrasonography. *Pain and Therapy*, 10(2), 1283–1293. <https://doi.org/10.1007/s40122-021-00292-7>
- Jamal, F., Andika, T. D., & Adhiany, E. (2022). Penilaian dan Modalitas Tatalaksana Nyeri. *Journal of Sport Science and Tourism Activity (JOSITA)*.
- Januarista, A., Indriyani, S., & Siauta, V. A. (2024). Hubungan Kategori Triase dengan Tingkat Kecemasan Keluarga di Instalasi Gawat Darurat Di RSUD

- Kabelota Donggala. *Indonesian Journal of Professional Nursing*, 5(1), 16.
<https://doi.org/10.30587/ijpn.v5i1.6384>
- Jauhari, M. I., & Karyono, K. (2022). Teori Humanistik Maslow dan Kompetensi Pedagogik. *Sustainable Jurnal Kajian Mutu Pendidikan*, 5(2), 250–265.
<https://doi.org/10.32923/kjmp.v5i2.2585>
- Jayakar, S., Shim, J., Jo, S., Bean, B. P., Singeç, I., & Woolf, C. J. (2021). Developing nociceptor-selective treatments for acute and chronic pain. *Science Translational Medicine*, 13(619), eabj9837.
<https://doi.org/10.1126/scitranslmed.abj9837>
- Khasanah, A. N., & Syahruramdhani, S. (2023). Pemberian Terapi Guided Imagery terhadap Pasien dengan Nyeri dan Ansietas Post Operasi Fraktur Collum Humerus. *Jurnal Medika Nusantara*, 1(2), 123–137.
<https://doi.org/10.59680/medika.v1i2.289>
- Koller, D., & Goldman, R. D. (2021). Distraction Techniques for Children Undergoing Procedures: A Critical Review of Pediatric Research. *Journal of Pediatric Nursing*, 27(6), 652–681.
<https://doi.org/10.1016/j.pedn.2011.08.001>
- Korkut, S., & Ülker, T. (2022). The Experiences of Individuals Experiencing Pain During COVID-19 Infection: A Phenomenological Study. *Pain Management Nursing*, 23(1), 48–54. <https://doi.org/10.1016/j.pmn.2021.10.004>
- Lu, G., Jia, R., Liang, D., Yu, J., Wu, Z., & Chen, C. (2021). Effects of music therapy on anxiety: A meta-analysis of randomized controlled trials. *Psychiatry Research*, 304, 114137.
<https://doi.org/10.1016/j.psychres.2021.114137>
- Lubis, M. P., Millizia, A., & Zahrina. (2023). Acute Medical Response. *Jurnal Kedokteran Dan Kesehatan Mahasiswa Malikussaleh*, 3(6).
- Manullang, P. S. (2020). *Implementasi Keperawatan*.
<https://doi.org/10.31219/osf.io/md3qj>
- Manurung, E. P. E., & Frenadez, C. J. D. (2024). *Menganalisis Kesiambungan Pengkajian Di Unit X Rumah Sakit X*. 06(03).
- Matsuzaki, K., & Upton, D. (2021). Wound treatment and pain management: A stressful time. *International Wound Journal*, 10(6), 638–644.
<https://doi.org/10.1111/j.1742-481X.2012.01038.x>
- Mohamad, R. W., Nurhaeni, N., & Wanda, D. (2022). Efektivitas Menonton Video Kartun terhadap Tingkat Nyeri Selama Prosedur Invasif pada Anak Sekolah. *Journal of Telenursing (JOTING)*, 4(1), 410–420.
<https://doi.org/10.31539/joting.v4i1.3795>

- Mudzakkiroh, E., & Siyamti, D. (2023). *Overview of Management of Skin Integrity Disorders with Wound Care in Type 2 Diabetes Mellitus Patients in RSUD Pandan Arang Boyolali*. 3(3).
- Newgard, C. D., Fischer, P. E., Gestrung, M., Michaels, H. N., Jurkovich, G. J., Lerner, E. B., Fallat, M. E., Delbridge, T. R., Brown, J. B., Bulger, E. M., & the Writing Group for the 2021 National Expert Panel on Field Triage. (2022). National guideline for the field triage of injured patients: Recommendations of the National Expert Panel on Field Triage, 2021. *Journal of Trauma and Acute Care Surgery*, 93(2), e49–e60. <https://doi.org/10.1097/ta.00000000000003627>
- Nur, D. O., & Khasanah, S. (2022). Implementasi Relaksasi Genggam Jari Dalam Menurunkan Nyeri Akut Pada Pasien Dengan Hemoroid. *Jurnal Inovasi Penelitian*, 3(4).
- Nurhanifah, D., & Sari, R. T. (2022). *Manajemen Nyeri Non Farmakologi*. UrbanGreen Central Media.
- Ono, S., Nakajima, M., Yamana, H., Michihata, N., Uemura, K., Ono, Y., & Yasunaga, H. (2025). Tetanus toxoid vaccination uptake by trauma patients in Japan: A retrospective cohort study using large administrative claims data. *Vaccine*, 49, 126812. <https://doi.org/10.1016/j.vaccine.2025.126812>
- Osmani, V., Hörner, L., Klug, S. J., & Tanaka, L. F. (2023). Prevalence and risk of psychological distress, anxiety and depression in adolescent and young adult. *Cancer Medicine*, 12(17), 18354–18367. <https://doi.org/10.1002/cam4.6435>
- Paputungan, F. (2023). *Karakteristik Perkembangan Masa Dewasa Awal*. *Developmental Characteristics of Early Adulthood*. 3.
- Parlar Kilic, S., Karadag, G., Oyucu, S., Kale, O., Zengin, S., Ozdemir, E., & Korhan, E. A. (2015). Effect of music on pain, anxiety, and patient satisfaction in patients who present to the emergency department in Turkey. *Japan Journal of Nursing Science*, 12(1), 44–53. <https://doi.org/10.1111/jjns.12047>
- Pratama, Y. W., Suryadi, B., & Koto, Y. (2025). *Pengaruh Teknik Distraksi Mendengarkan Musik Klasik Mozart Terhadap Tekanan Darah Pada Penderita Hipertensi Di Ruang Cendana 1 RSUD Kota Tangerang*. 3.
- Priol, A. A., Gün, M., & Erdoğan, S. (2022). Evaluation of Pain, Anxiety and Hemodynamic Parameters in the Groups Listening and Not Listening to Music in Patients Undergoing Coronary Angiography. *GOBEKLİTEPE Sağlık Bilimleri Dergisi*, 5(7), 23–34. <https://doi.org/10.55433/gsb.145>
- Rahmah, A. M., Rahmawati, W., Misali, S. A. C. A., Widyawati, W., Lismidiati, W., & Parmawati, I. (2025). Pengaruh Terapi Musik Terhadap Nyeri Dismenorea

- Primer Pada Remaja: A Scoping Review. *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*, 10(1), 1. <https://doi.org/10.32419/jppni.v10i1.607>
- Rahmayanti, C. R., Mahdarsari, M., Maurissa, A., & Yusuf, M. (2024). *PENDOKUMENTASIAN ASUHAN KEPERAWATAN: STUDI OBSERVASI DI RUANG RAWAT INAP*. 6(4).
- Rahmi, A. A., Hizriyani, R., & Sopiah, C. (2022). Analisis Teori Hierarki of Needs Abraham Maslow Terhadap Perkembangan Sosial Emosional Anak Usia Dini. *Aulad: Journal on Early Childhood*, 5(3), 320–328. <https://doi.org/10.31004/aulad.v5i3.385>
- Rini, D. S., & Subera, I. (2023). Laporan Kasus Tindakan Keperawatan Kompres Hangat sebagai Manajemen Nyeri pada Kolik Abdomen. *Health Information : Jurnal Penelitian*, 15(3), e894. <https://doi.org/10.36990/hijp.v15i3.894>
- Rumapea, N. L. B., & Barus, N. (2024). Pendekatan Sosialisasi dan Keperawatan pada Pasien Gangguan Integritas Kulit di Rumah Sakit Advent Medan. *Arus Jurnal Sosial dan Humaniora*, 4(2), 1108–1114. <https://doi.org/10.57250/ajsh.v4i2.629>
- Safitri, Munir, N. W., & Safruddin. (2022). Tingkat Pengetahuan Perawat terhadap Perawatan Luka Menggunakan Metode Moist Wound Healing. *Window of Nursing Journal*, 171–177. <https://doi.org/10.33096/won.v3i2.854>
- Şahan, S., Korkmaz, E., & Korkmaz, S. (2024). The effect of music on comfort, pain, and anxiety in patients with bone marrow aspiration and biopsy in Turkey: A mixed-methods study. *BMC Complementary Medicine and Therapies*, 24(1), 228. <https://doi.org/10.1186/s12906-024-04531-0>
- Salsabila, A., Windiarti, S. E., & Arwani. (2025). *Inovasi Keperawatan untuk Menurunkan Nyeri Tenguk pada Hipertensi*. Penerbit NEM.
- Sari, Y. K., & Saputra, N. (2024). *Perawatan Luka*. Azzia Karya Bersama.
- Şavk, A., Kebapçı, E., & Özcan, S. (2023). Determination of Disease Perception and Anxiety Level in Preoperative Surgery Patients. *Anatolian Journal of Medicine*, 32(1), 85–92. <https://doi.org/10.4274/terh.galenos.2021.34101>
- Sembiring, R., Sari, I. Y. K., Fajriyah, L., Pambayun, A., Lantiani, S., & Suhaimah, S. (2023). *Penyuluhan Kesehatan Tentang Perawatan Luka Pada Pasien Post Operasi Dengan Gangguan Mobilitas Fisik Di Ruang Anggrek C RSUD Kabupaten Tangerang 2023*. 9.
- Silvestrini, N., & Corradi-Dell'Acqua, C. (2023). Distraction and cognitive control independently impact parietal and prefrontal response to pain. *Social Cognitive and Affective Neuroscience*, 18(1), nsad018. <https://doi.org/10.1093/scan/nsad018>

- Sitorus, S., & Elita, A. C. (2025). Pengaruh Terapi Musik terhadap Kecemasan pada Pasien Pre Operasi di Ruang Instalasi Bedah Sentral RS Bhayangkara TK.1 Puskokkes Polri. *Jurnal Kesehatan Masyarakat Perkotaan*, 4(2), 114–122. <https://doi.org/10.37012/jkmp.v4i2.2511>
- Soyeux, O., & Marchand, S. (2023). A web app-based music intervention reduces experimental thermal pain: A randomized trial on preferred versus least-liked music style. *Frontiers in Pain Research*, 3, 1055259. <https://doi.org/10.3389/fpain.2022.1055259>
- Stewart, J., Lu, J., Goudie, A., Arendts, G., Meka, S. A., Freeman, S., Walker, K., Sprivulis, P., Sanfilippo, F., Bennamoun, M., & Dwivedi, G. (2023). Applications of natural language processing at emergency department triage: A narrative review. *PLOS ONE*, 18(12), e0279953. <https://doi.org/10.1371/journal.pone.0279953>
- Sugiarto, Afni, nissa C. N., Maghfiroh, I. L., Irawaty, D. K., Nusdin, Abdullah, R., Muti, R. T., Thalib, A. herman syah, Wijaya, I. K., & Mahendra, D. (2024). *Keperawatan Kritis (Critical Nursing)*. RIZMEDIA PUSTAKA INDONESIA.
- Sumarni, S. (2022). *Relationship Between Anxiety Levels And Sleep Quality Of Asthmatics*. 3.
- Suriani, A., Syaharuddin, S., Samsul, T. D., & Fardi, F. (2023). Application of wound cleansing using 0.9% NaCl to avoid damage to skin integrity in patients with diabetic ulcers in the space swallow. *Jurnal Ilmiah Kesehatan Sandi Husada*, 12(2), 459–466. <https://doi.org/10.35816/jiskh.v12i2.1117>
- Sürme, Y., Özmen, N., & Ertürk Arik, B. (2023). Fear of COVID-19 and Related Factors in Emergency Department Patients. *International Journal of Mental Health and Addiction*, 21(1), 28–36. <https://doi.org/10.1007/s11469-021-00575-2>
- Susilo, A. P., & Sukmono, R. B. (2022). Learning Pain Management During Clinical Medical Education: A Case Report. *Jurnal Pendidikan Kedokteran Indonesia: The Indonesian Journal of Medical Education*, 11(2), 186. <https://doi.org/10.22146/jpki.62757>
- Suwardianto, H., & Kurniajati, S. (2022). Anxiety, Age, and Gender in Agitation Patients Installed Conventional Restraint in Inpatient Room. *Journal of Applied Nursing and Health*, 4(2), 349–355. <https://doi.org/10.55018/janh.v4i2.108>
- Tambi, I. F. S., Hurai, R., & Tutik, T. (2023). Application of Instrumental Music in Reducing Anxiety in Priority 4 Patients in the Emergency Room. *Jurnal*

- Keperawatan Malang (JKM)*, 8(1), 318–326.
<https://doi.org/10.36916/jkm.v8i1.190>
- Thomson, C. J., & Lalonde, D. H. (2006). Randomized Double-Blind Comparison of Duration of Anesthesia among Three Commonly Used Agents in Digital Nerve Block: *Plastic and Reconstructive Surgery*, 118(2), 429–432.
<https://doi.org/10.1097/01.prs.0000227632.43606.12>
- Umami, D. A., Rahmawati, D. T., Iswari, I., & Syafrie, I. R. (2021). Hubungan Tingkat Kecemasan Dengan Skala Nyeri Post Operasi Sectio Caesaria Di Ruang Kebidanan Di RS Ummi Kota Bengkulu. *Journal Of Midwifery*, 9(2), 38–47. <https://doi.org/10.37676/jm.v9i2.1918>
- Vahdati, S. S., Emami, S., Ala, A., Habibollahi, P., & Eslami, S. (2025). Comparison of different delivery methods of lidocaine and diphenhydramine for anesthesia during suturing of head and facial lacerations. *Journal of Emergency Medicine, Trauma and Acute Care*, 2025(2). <https://doi.org/10.5339/jemtac.2025.15>
- Van Boxtael, S., Lopez, A. M., Balocco, A. L., Vandepitte, C., Meex, I., Duerinckx, J., Kuroda, M. M., Mesotten, D., Van Herreweghe, I., & Hadzic, A. (2022). Effect of Lidocaine 2% Versus Bupivacaine 0.5% and 1 Versus 2 Dual Separate Injections on Onset and Duration of Ultrasound-Guided Wrist Blocks: A Blinded 2 × 2 Factorial Randomized Clinical Trial. *Anesthesia & Analgesia*, 134(6), 1318–1325.
<https://doi.org/10.1213/ANE.0000000000005936>
- Widianti, S. (2022). *Teknik Relaksasi Nafas Dalam Terhadap Penurunan Intensitas Nyeri Pada Pasien Post Operasi Fraktur (Studi Literatur)*. 12(23).
- Widyaningsih, H., Yusianto, W., & Pujianingrum, R. (2023). Pengendalian Kecemasan Menggunakan Inhalasi Aromaterapi Jasmine Pada Wanita Infertil Dengan Hysterosalpingography. *Jurnal Ilmu Keperawatan dan Kebidanan*, 14(1), 20–32. <https://doi.org/10.26751/jikk.v14i1.1564>
- Wieczorek, K., Targonskaya, A., & Maslowski, K. (2023). Reproductive Hormones and Female Mental Wellbeing. *Women*, 3(3), 432–444.
<https://doi.org/10.3390/women3030033>
- Yulendasari, R., Prasetyo, R., & Ayu, S. P. (2022). Penyuluhan kesehatan tentang manajemen nyeri. *JOURNAL OF Public Health Concerns*, 2(1), 10–17.
<https://doi.org/10.56922/phc.v2i1.173>
- Yuliana, A. R., Cahyanti, L., & Fitriana, V. (2024). *Pemberian Terapi Musik Mozart dan Back Exercise terhadap Penurunan Nyeri Dysmenorrhea Primer*. 11(2).
- Yunizar, V. R., Mita Juliawati, & Andayani, L. H. (2023). Pengaruh Musik Instrumental terhadap Kecemasan Pasien pada Tindakan Perawatan Gigi dan Mulut. *e-GiGi*, 12(2), 192–198. <https://doi.org/10.35790/eg.v12i2.50562>

Zanza, C., Romenskaya, T., Zuliani, M., Piccolella, F., Bottinelli, M., Caputo, G., Rocca, E., Maconi, A., Savioli, G., & Longhitano, Y. (2023). Acute Traumatic Pain in the Emergency Department. *Diseases*, 11(1), 45. <https://doi.org/10.3390/diseases11010045>