

DAFTAR PUSTAKA

- Agustin, W. R., Safitri, W., Kurniasari, D., Setiyawan, S., Murharyati, A., & Fitriana, R. N. (2022). Intradialytic Exercise on Changes in Blood Pressure in Chronic Kidney Failure Patients during Hemodialysis Therapy. *Open Access Macedonian Journal of Medical Sciences*, *10*, 1–5. <https://doi.org/10.3889/oamjms.2022.7271>
- Ali, M., Ejaz, A., Iram, H., Solangi, S. A., Junejo, A. M., & Solangi, S. A. (2021). Frequency of Intradialytic Complications in Patients of End-Stage Renal Disease on Maintenance Hemodialysis. *Cureus*, *13*(1), 4–10. <https://doi.org/10.7759/cureus.12641>
- Almeida, A. R. L. P. de, Oliveira, F. A. de, Costa, L. E. L., Alves, M. B., Sousa, A. R. de, & Silva, R. S. da. (2024). Nursing Interventions For People Undergoing Hemodialysis Treatment: Content Validity. *Rev. Eletr. Enferm*, *26*(76073), 1–9.
- Almubarak, M. F., & Setiowati, D. (2019). Gambaran Adekuesi (Ureum & Kreatinin), Haemoglobin, Albumin, Serta Kualitas Hidup pada Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa. *Journal of Islamic Nursing*, *4*(1), 17–25.
- Annisa, F., Diana, M., & Putra, K. W. R. (2016). Pemeriksaan Fisik Had To Toe. In *Akademi Keperawatan Kerta Cendekia Sidoarjo* (1st ed., Vol. 11, Issue 1). Akademi Keperawatan Kerta Cendekia Sidoarjo. http://scioteca.caf.com/bitstream/handle/123456789/1091/RED2017-Eng-8ene.pdf?sequence=12&isAllowed=y%0Ahttp://dx.doi.org/10.1016/j.regsciurbeco.2008.06.005%0Ahttps://www.researchgate.net/publication/305320484_SISTEM_PEMBETUNGAN_TERPUSAT_STRATEGI_MELESTARI
- Assimon, M. M., Wang, L., & Flythe, J. E. (2018). Intradialytic Hypertension Frequency and Short-Term Clinical Outcomes Among Individuals Receiving Maintenance Hemodialysis. *American Journal of Hypertension*, *31*(3), 329–339. <https://doi.org/10.1093/ajh/hpx186>
- Astuti, N. M., Sudiana, I. K., & Haryanto, J. (2017). Efektifitas Stretching Exercise dan Pernafasan Yoga Terhadap Regulasi Tekanan Darah dan Kualitas Hidup Klien ESRD Yang Menjalani Hemodialisis di Rumkital Dr. Ramelan Surabaya. *Jurnal Ilmiah Kesehatan*, *10*(2), 226–233. <https://doi.org/https://doi.org/10.33086/jhs.v10i2.134>
- Ayunarwanti, R., & Maliya, A. (2020). Self-Efficacy Terhadap Hipertensi Intradialisis Pada Pasien Gagal Ginjal. *Jurnal Berita Ilmu Keperawatan*, *13*(1), 54–61.

- Balitbangkes RI. (2018). Laporan Riskesdas 2018 Nasional. In *Lembaga Penerbit Balitbangkes* (p. hal 156).
- Bello, A. K., Okpechi, I. G., Osman, M. A., Cho, Y., Htay, H., Jha, V., Wainstein, M., & Johnson, D. W. (2022). Epidemiology of haemodialysis outcomes. *Nature Reviews Nephrology*, *18*(6), 378–395. <https://doi.org/10.1038/s41581-022-00542-7>
- Buren, P. N. Van. (2017). Pathophysiology and Implications of Intradialytic Hypertension. *Physiology & Behavior*, *176*(3), 139–148. <https://doi.org/10.1097/MNH.0000000000000334>.Pathophysiology
- Buren, P. N. Van, & Inrig, J. K. (2016). Mechanisms and Treatment of Intradialytic Hypertension. *Blood Purification*, *41*(1–3), 188–193. <https://doi.org/10.1159/000441313>
- CDC. (2022a). *Chronic Kidney Disease Basics*. CDC. <https://www.cdc.gov/kidneydisease/basics.html>
- CDC. (2022b). *Diabetes and Chronic Kidney Disease*. <https://www.cdc.gov/diabetes/managing/diabetes-kidney-disease.html>
- Chamelia, R. F., Relawati, A., & Setyawati, I. (2024). Penerapan Senam Intradialitik Pada Pasien Yang Menjalani Hemodialisis Di RS PKU Muhammadiyah Gamping. *Jurnal Medika Nusantara*, *2*(2), 173–181. <https://doi.org/10.59680/medika.v2i2.1132>
- Chen, T. K., Knicely, D. H., & Grams, M. E. (2019). Chronic Kidney Disease Diagnosis and Management: A Review. *JAMA*, *322*(13), 1294–1304. <https://doi.org/10.1001/jama.2019.14745>.Chronic
- Chen, Z., Ma, J., Ou, H., & Pu, L. (2025). Impact Of Nursing Interventions On Hemodialysis Patients Using The Integrated Theory Of Health Behavior Change. *Medicine*, *104*(2), e41050. <https://doi.org/10.1097/MD.00000000000041050>
- Cho, J. H., Lee, J. Y., Lee, S., Park, H., Choi, S. W., & Kim, J. C. (2018). Effect Of Intradialytic Exercise On Daily Physical Activity And Sleep Quality In Maintenance Hemodialysis Patients. *International Urology and Nephrology*, *50*(4), 745–754. <https://doi.org/10.1007/s11255-018-1796-y>
- Czyżewski, Ł., Wyzgał, J., Czyżewska, E., Sierdziński, J., & Szarpak, Ł. (2017). Contribution Of Volume Overload To The Arterial Stiffness Of Hemodialysis Patients. *Renal Failure*, *39*(1), 333–339. <https://doi.org/10.1080/0886022X.2017.1279552>
- Dewi, I. G. A. P. A., & Parut, A. A. (2019). Penyakit Dominan Yang Dialami Selama Intradialisis Pada Pasien Yang Menjalani Terapi Hemodialisis di

BRSU Tabanan-Bali. *Jurnal Riset Kesehatan Nasional*, 3(2), 51–56.

- Diakité, F., Baldé, M. S., Koné, A., Traoré, M., Chérif, I., Bah, A. B., Diaby, M. T., Bah, A. O., & Kaba, M. L. (2020). Intradialytic Hypertension and Associated Factors in Chronic Hemodialysis at the National Hemodidiadisis Center in Donka, Guinea. *Open Journal of Nephrology*, 10(01), 34–42. <https://doi.org/10.4236/ojneph.2020.101005>
- Dikmen, R. D., & Aslan, H. (2020). The Effects of the Symptoms Experienced by Patients Undergoing Hemodialysis Treatment on their Comfort Levels. *Journal OfClinical Nephrology and Renal Care*, 6(060), 2–9. <https://doi.org/10.23937/2572-3286/1510060>
- Dinarti, & Mulyanti. (2017). *Dokumentasi Keperawatan*. Kementerian Kesehatan RI.
- Dosen Keperawatan Medikal-Bedah Indonesia. (2016). *Rencana Asuhan Keperawatan Medikal-Bedah: Diagnosis NANDA-I 2015-2017 INTERVENSI NIC HASIL NOC* (D. Yasmara, Nursiswati, & R. Arafat (eds.); Cetakan 20). Penerbit Buku Kedokteran EGC.
- Elka, K., Rotty, M., Winata, J., Pangemanan, J., & Panda, A. L. (2018). The Pulse Wave Velocity is Linearly Correlated with Resting Systolic and Diastolic Blood Pressure in Hypertensive Patients. *Indonesian Journal of Cardiology*, 39(1), 15–21. <https://doi.org/10.30701/ijc.v39i1.791>
- Fatemaluo, F., Darman, M., Halawa, H., Waruwu, R., & Anggeria, E. (2021). Hubungan Peran Perawat Sebagai Care Giver dengan Tingkat Stres Pasien Gagal Ginjal Kronik di Ruang Hemodialisa RSUD. Royal Prima Medan. *Jurnal Keperawatan STIKES Hang Tuah TanjungPinang*, 11(1), 14–25.
- Fitri, D. D., Samsul Bahri, T., Kasih, L. C., Program, M., Ners, S. P., Universitas, K., Kuala, S., Keilmuan, B., Bedah, K. M., & Keperawatan, F. (2022). Asuhan Keperawatan Chronic Kidney Disease Stage V Dengan Efusi Pleura Pada Pasien di Ruang Penyakit Dalam: Studi Kasus. *JIM Fkep*, 1(3), 1–8.
- Georgianos, P. I., Sarafidis, P. A., & Zoccali, C. (2015). Intradialysis Hypertension in End-Stage Renal Disease Patients: Clinical Epidemiology, Pathogenesis, and Treatment. *Hypertension*, 66(3), 456–463. <https://doi.org/10.1161/HYPERTENSIONAHA.115.05858>
- Graham-Brown, M. P. M., Herrington, W. G., & Burton, J. O. (2021). Spinning The Legs And Blood: Should Intradialytic Exercise Be Routinely Offered During Maintenance Haemodialysis? *Clinical Kidney Journal*, 14(5), 1297–1300. <https://doi.org/10.1093/ckj/sfab018>
- Habas, E., Habas, A., Elgamal, M., Shraim, B., Moursi, M., Ibrahim, A., Danjuma, M., & Elzouki, A.-N. (2021). Common Complications of

Hemodialysis: A Clinical Review. *Ibnosina Journal of Medicine and Biomedical Sciences*, 13(04), 161–172. https://doi.org/10.4103/ijmbs.ijmbs_62_21

- Hanafi, R., Bidjuni, H., & Babakal, A. (2016). Hubungan Peran Perawat Sebagai Care Giver Dengan Kualitas Hidup Pasien Penyakit Ginjal Kronik Yang Menjalani Hemodialisis Di Rsup Prof. Dr. R. D. Kandou Manado. *Jurnal Keperawatan UNSRAT*, 4(1), 1–6.
- Hasbi, H. Al, & Sarwoko. (2021). Pengaruh Intradialytic Exercise Terhadap Tekanan Darah Pada Pasien Hemodialisa. *Jurnal Cakrawala Kesehatan*, 12(01), 1–6. <https://e-jurnal.anugerahbintan.ac.id/index.php/ck/article/view/61>
- Herwinda, H., Kusumajaya, H., & Faizal, K. M. (2023). Faktor-faktor yang berhubungan dengan kejadian hipervolemia pada pasien Gagal Ginjal Kronik yang menjalani hemodialisis di ruang hemodialisa Rumah Sakit Medika Stannia Sungailiat tahun 2022. *Journal of Nursing Practice and Education*, 3(2), 119–127. <https://doi.org/10.34305/jnpe.v3i2.678>
- Huang, M., Lv, A., Wang, J., Zhang, B., Xu, N., Zhai, Z., Gao, J., Wang, Y., Li, T., & Ni, C. (2020). The Effect Of Intradialytic Combined Exercise on Hemodialysis Efficiency In End-Stage Renal Disease Patients: A Randomized-Controlled Trial. *International Urology and Nephrology*, 52(5), 969–976. <https://doi.org/10.1007/s11255-020-02459-1>
- Iatridi, F., Theodorakopoulou, M. P., Karpetas, A., Sgouropoulou, V., Georgiou, A., Karkamani, E., Karagiannidis, A., Papagianni, A., & Sarafidis, P. (2023). Association of Intradialytic Hypertension with Future Cardiovascular Events and Mortality in Hemodialysis Patients: Effects of Ambulatory Blood Pressure. *American Journal of Nephrology*, 54(7–8), 299–307. <https://doi.org/10.1159/000531477>
- Iatridi, F., Theodorakopoulou, M. P., Papagianni, A., & Sarafidis, P. (2022). Management of Intradialytic Hypertension: Current Evidence and Future Perspectives. *Journal of Hypertension*, 40(11). https://journals.lww.com/jhypertension/fulltext/2022/11000/management_of_intradialytic_hypertension__current.4.aspx
- Inrig, J. K., Molina, C., D’Silva, K., Kim, C., Van Buren, P., Allen, J. D., & Toto, R. (2015). Effect of Low versus High Dialysate Sodium Concentration on Blood Pressure and Endothelial-Derived Vasoregulators During Hemodialysis: A Randomized Crossover Study. *American Journal of Kidney Diseases : The Official Journal of the National Kidney Foundation*, 65(3), 464–473. <https://doi.org/10.1053/j.ajkd.2014.10.021>
- IRR. (2018). 11th report Of Indonesian renal registry 2018. In *Indonesian Renal Registry (IRR)*. [https://www.indonesianrenalregistry.org/data/IRR 2018.pdf](https://www.indonesianrenalregistry.org/data/IRR%2018.pdf)

- IRR. (2020). *13 th Annual Report of Indonesian Renal Registry 2020*. www.indonesianrenalregistry.org
- Josse, M., Patrier, L., Cristol, J. P., Isnard, M., Grandperrin, A., Turc-Baron, C., Nottin, S., Mandigout, S., Maufrais, C., & Obert, P. (2025). Effect Of Intradialytic Exercise Training On Hemodialysis-Induced Myocardial Stunning: A Pilot-Controlled Trial. *Clinical Kidney Journal*, *18*(1), 1–10. <https://doi.org/10.1093/ckj/sfae352>
- Kalantar-Zadeh, K., Jafar, T. H., Nitsch, D., Neuen, B. L., & Perkovic, V. (2021). Chronic Kidney Disease. *The Lancet*, *398*(10302), 786–802. [https://doi.org/10.1016/S0140-6736\(21\)00519-5](https://doi.org/10.1016/S0140-6736(21)00519-5)
- Kandarini, Y., Suwitra, K., & Widiana, R. (2018). Excessive Ultrafiltration During Hemodialysis Plays a Role in Intradialytic Hypertension Through Decreased Serum Nitric Oxide (NO) Level. *The Open Urology & Nephrology Journal*, *11*(1), 60–71. <https://doi.org/10.2174/1874303x01811010060>
- KDIGO. (2021). KDIGO 2021 Clinical Practice Guideline for the Management of Blood Pressure in Chronic Kidney Disease. *Kidney International*, *99*(3), S1–S87. <https://doi.org/10.1016/j.kint.2020.11.003>
- Khadka, S. S. H. and P. (2023). Acute Complications During Hemodialysis. *Intech Open*, *13*. <https://doi.org/http://dx.doi.org/10.5772/intechopen.109529>
- Khairidina, S., Hasan, M., Amirsyah, M., Syukri, M., & Lubis, R. H. (2020). Gambaran Tingkat Depresi Terhadap Kejadian Peningkatan Interdialytic Weight Gain pada Pasien Penyakit Ginjal Kronik yang Menjalani Hemodialisis di Rumah Sakit Umum Dr. Zainal Abidin, Banda Aceh. *Jurnal Kedokteran Syiah Kuala*, *20*(2), 94–103. <https://doi.org/10.24815/jks.v20i2.18503>
- Ku, E., Lee, B. J., Wei, J., & Weir, M. R. (2019). Hypertension in CKD: Core Curriculum 2019. *American Journal of Kidney Diseases*, *74*(1), 120–131. <https://doi.org/10.1053/j.ajkd.2018.12.044>
- Lestari, N. K. Y., & Saraswati, N. L. G. I. S. (2020). Hubungan Antara Interdialytic Weight Gain Dengan Perubahan Tekanan Darah Intradialisis Pada Pasien Chronic Kidney Diseases. *Jurnal Ilmu Keperawatan Medikal Bedah*, *3*(1), 32. <https://doi.org/10.32584/jikmb.v3i1.320>
- Letik, G. H. (2020). *Studi Kasus Pasien Gagal Ginjal Kronis Dengan Masalah Hipervolemia Di Rumah Sakit Panti Waluya Sawahan Malang*. STIKes Panti Waluya Malang.

- Liyanage, T., Toyama, T., Hockham, C., Ninomiya, T., Perkovic, V., Woodward, M., Fukagawa, M., Matsushita, K., Praditpornsilpa, K., Hooi, L. S., Iseki, K., Lin, M. Y., Stirnadel-Farrant, H. A., Jha, V., & Jun, M. (2022). Prevalence of chronic kidney disease in Asia: A systematic review and analysis. *BMJ Global Health*, 7(1), 1–9. <https://doi.org/10.1136/bmjgh-2021-007525>
- Maimani, Y. Al, Elias, F., Salmi, I. Al, Aboshakra, A., Alla, M. A., & Hannawi, S. (2021). Interdialytic Weight Gain in Hemodialysis Patients: Worse Hospital Admissions and Intradialytic Hypotension. *Open Journal of Nephrology*, 11(02), 156–170. <https://doi.org/10.4236/ojneph.2021.112013>
- Mairo, R. I. A. (2022). Efektivitas Latihan Intradialitik Pada Hemodialisis. *Journal of Telenursing (JOTING)*, 4(2), 1–12. <https://doi.org/https://doi.org/10.31539/joting.v4i2.3838>
- Manurung, M. E. M., Siregar, H. K., Sinaga, R. R., Dewi, S. U., Apriliawati, A., Umara, A. F., Irawati, P., Pandawa, R. M., Pragholapati, A., Rahmi, U., & Yulistanti, Y. (2023). Keperawatan Holistik. In R. Watrianthos (Ed.), *Keperawatan Holistik* (1st ed.). Yayasan Kita Menulis.
- Melianna, R., & Wiarsih, W. (2019). Hubungan Kepatuhan Pembatasan Cairan Terhadap Terjadinya Overload Pada Pasien Gagal Ginjal Kronik Post Hemodialisa Di Rumah Sakit Umum Pusat Fatmawati. *JIKO (Jurnal Ilmiah Keperawatan Orthopedi)*, 3(1), 37–46. <https://doi.org/10.46749/jiko.v3i1.28>
- Moore, C., Carter, L. A., Mitra, S., Skevington, S., & Wearden, A. (2020). Quality Of Life Improved For Patients After Starting Dialysis But Is Impaired, Initially, For Their Partners: A Multi-Centre, Longitudinal Study. *BMC Nephrology*, 21(1), 1–18. <https://doi.org/10.1186/s12882-020-01858-x>
- Mufidah, N., Kristinawati, B., & Pratama, A. P. (2019). Intradialytic Exercise and Progressive Relaxation as Evidence Based Nursing to Stabilize Blood Pressure Chronic Kidney Failure Patients Undergoing Hemodialysis. *Prosiding Akademi Keperawatan Widya Husada Semarang*, 1(1), 1–10.
- Muliani, R., Muslim, A. R., & Abidin, I. (2021). Intradialytic Exercise: Flexibility Terhadap Skor Fatigue pada Pasien Penyakit Ginjal Kronis yang Menjalani Hemodialisis. *Journal of Medicine and Health*, 3(2), 137–146. <https://doi.org/10.28932/jmh.v3i2.3147>
- Murdeswar, H. N., & Anjum, F. (2023). *Hemodialysis*. StatPearls Publishing. https://www.ncbi.nlm.nih.gov/books/NBK563296/#_article-22725_s10_
- Mutaqin, A., & Sari, K. (2011). *Asuhan Keperawatan Gangguan Sistem Perkemihan*. Salemba Medika.

- Nadi, H. I. K., Kurniawati, N. D., & Maryanti, H. (2018). Dukungan Sosial dan Motivasi Berhubungan dengan Kepatuhan Pembatasan Asupan Cairan pada Pasien Penyakit Ginjal Kronik Yang Menjalani Hemodialisis. *Critical Medical and Surgical Nursing Journal*, 6(2), 1–7.
- Nafsiyah, Z., Susanto, G., & Wardoyo, E. (2025). Faktor-Faktor yang Mempengaruhi Kualitas Tidur Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisis di RSUD Jendral Ahmad Yani Metro Provinsi Lampung. *Health Research Journal of Indonesia (HRJI)*, 3(4), 233–240.
- Nakoui, N., Ilbeigi, S., Ahmadi, M. M., & Saber, A. (2025). Comparison Of The Effect Of Aerobic and Resistance Training On Fatigue, Quality Of Life and Biochemical Factors in Hemodialysis Patients. *Scientific Reports*, 15(1), 1–11. <https://doi.org/10.1038/s41598-025-94257-x>
- National Health Service. (2023). *Chronic Kidney Disease*. <https://www.nhs.uk/conditions/kidney-disease/>
- NIDDK. (2018). *Hemodialysis*. <https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/hemodialysis>
- NKF. (n.d.). *Chronic Kidney Disease*. Retrieved January 29, 2024, from <https://www.kidney.org/atoz/content/about-chronic-kidney-disease>
- NKF. (2015). *Hemodialysis*. <https://www.kidney.org/atoz/content/hemodialysis>
- NKF. (2020). *10 Signs You May Have Kidney Disease*. https://www.kidney.org/news/ekidney/august14/10_Signs_You_May_Have_Kidney_Disease
- NKF. (2022). *Hemodialysis*. <https://www.kidney.org/atoz/content/hemodialysis#when-dialysis-needed>
- Nongnuch, A., Campbell, N., Stern, E., El-Kateb, S., Fuentes, L., & Davenport, A. (2015). Increased Postdialysis Systolic Blood Pressure is Associated with Extracellular Overhydration in Hemodialysis Outpatients. *Kidney International*, 87(2), 452–457. <https://doi.org/10.1038/ki.2014.276>
- Nugrahandari, A. S. I., Setyani, F. A. R., & Suparmi, L. (2024). Faktor-Faktor Yang Mempengaruhi Fatigue Pada Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisis Rutin di Rumah Sakit Pusat Angkatan Udara Dr. Suhardi Hardjolukito Yogyakarta. *Jurnal Penelitian Kesehatan*, 14(2), 66–77. <https://doi.org/https://doi.org/10.54040/jpk.v14i2.262>
- Owusu-Ansah, Y. A., & Agyeman-Yeboah, J. (2022). International Journal of Africa Nursing Sciences Barriers to effective implementation of the nursing process among emergency ward nurses at a tertiary hospital , Accra ; a cross sectional survey. *International Journal of Africa Nursing Sciences*,

16(May), 100425. <https://doi.org/10.1016/j.ijans.2022.100425>

- Pangkey, B. C. A., Klaping, A. A., Lote, A. C. K., Wariso, P. A., & Silaban, W. (2024). Faktor-Faktor yang Berhubungan dengan Perubahan Tekanan Darah pada Pasien Hemodialisis. *Jurnal 'Aisyiyah Medika*, 9(2), 450–465.
- Patimah, S., Kusumajaya, H., & Faizal, K. M. (2024). Faktor-Faktor Yang Berhubungan Dengan Fatigue Pada Pasien Gagal Ginjal Kronis Yang Menjalani Hemodialisis di Rumah Sakit Umum Daerah Depati Bahrin Sungailiat Tahun 2024. *Jurnal Kesehatan Tambusai*, 5(4), 11003–11012.
- Pender, D., McGowan, E., McVeigh, J. G., & McCullagh, R. (2023). The Effects of Intradialytic Exercise on Key Indices of Sarcopenia in Patients With End-stage Renal Disease: A Systematic Review of Randomized Controlled Trials. *Archives of Rehabilitation Research and Clinical Translation*, 5(1). <https://doi.org/10.1016/j.arrct.2022.100252>
- Portolés, J., Martín, L., Broseta, J. J., & Cases, A. (2021). Anemia in Chronic Kidney Disease: From Pathophysiology and Current Treatments, to Future Agents. *Frontiers in Medicine*, 8(March), 1–14. <https://doi.org/10.3389/fmed.2021.642296>
- PPNI, Tim Pokja SDKI DPP. (2018). *Standar Diagnosis Keperawatan Indonesia*. DPP PPNI.
- PPNI, Tim Pokja SIKI DPP. (2019). *Standar Intervensi Keperawatan Indonesia*. DPP PPNI.
- PPNI, Tim Pokja SLKI DPP. (2018). *Standar Luaran Keperawatan Indonesia*. DPP PPNI.
- Pradita, N., & Safitri, K. H. (2021). Literature Review : Efektivitas Terapi Non Farmakologi Terhadap Penurunan Tekanan Darah Pada Pasien End Stage Renal Disease Yang Menjalani Hemodialisis. *Jurnal Keperawatan Wiyata*, 1(1), 1. <https://doi.org/10.35728/jkw.v1i1.303>
- Pu, J., Jiang, Z., Wu, W., Li, L., Zhang, L., Li, Y., Liu, Q., & Ou, S. (2019). Efficacy And Safety Of Intradialytic Exercise In Haemodialysis Patients: A Systematic Review And Meta-Analysis. *BMJ Open*, 9(1). <https://doi.org/10.1136/bmjopen-2017-020633>
- Pujiastuti, T. T., Aima, H., Lokonathan, S., & Chiew, L. (2020). Effectiveness of Intradialytic Exercise to Reduce Interdialytic Weight Gain in Patients on Hemodialysis at Private Hospital Yogyakarta. *Enfermeria Clinica*, 30(2019), 17–20. <https://doi.org/10.1016/j.enfcli.2020.01.007>
- Purwanti, S. O., Mujannidah, A., Purbaningtyas, A. S., Diniyah, M. U., & Kueniasari, D. (2024). Pengaruh Intradialytic Exercise Terhadap Hipertensi

Intradialytic Pada Pasien CKD Stage V yang Menjalani Hemodialisis di Rumah Sakit Indriati Solo Baru. *Jurnal NERS*, 8(1), 630–633. <http://journal.universitaspahlawan.ac.id/index.php/ners>

Raikou, V. D., & Kyriaki, D. (2018). The Association between Intradialytic Hypertension and Metabolic Disorders in End Stage Renal Disease. *International Journal of Hypertension*, 2018. <https://doi.org/10.1155/2018/1681056>

Renal Dietetics. (2019). *Patient Dietary Advice – Limiting Your Intake of Fluids*. East and North Hertfordshire NHS Trust. <https://www.enherts-tr.nhs.uk/wp-content/uploads/2019/10/Patient-Dietary-Advice-Limiting-your-intake-of-fluids-Final-05.2019-1.pdf>

Riska, W. M., Arifin Noor, M., Suyanto, S., & Wahyuningsih, I. S. (2023). Pengaruh Kombinasi Ankle Pump Exercise Dan Elevasi Kaki 30° Terhadap Edema Kaki Pada Pasien Ckd. *Jurnal Keperawatan Sisthana*, 8(1), 25–36. <https://doi.org/10.55606/sisthana.v8i1.225>

Rohmah, & Walid, S. (2019). *Proses Keperawatan*. Ar-Ruzz Media.

Salwani, D., Syukri, M., & Abdullah, A. (2023). Anemia pada Penyakit Ginjal Kronik. *Jurnal Kedokteran Nanggroe Medika*, 6(2), 31–38. <https://doi.org/10.55981/brin.906.c802>

Sani, F. N., Kurniasari, D., & Irawan, A. (2022). Efektivitas Intradialisis Exercise Terhadap Perubahan Tekanan Darah pada Pasien Gagal Ginjal Kronik yang Menjalani Terapi Hemodialisa. *Jurnal Gawat Darurat*, 4(1), 45–52.

Saraswati, N. L. G. I., & Lestari, N. K. Y. (2024). Tingkat Fatigue Pada Pasien Yang Menjalani Hemodialisis. *Journal Nursing Research Publication Media (NURSEPEDIA)*, 3(2), 75–82. <https://doi.org/10.55887/nrpm.v3i2.128>

Serafina, R. N., Wahyuni, T. D., & Wicaksana, A. L. (2023). Pengaruh Pengelolaan Pengobatan Terhadap Kepatuhan Minum Obat Pada Pasien Hemodialisis Dengan Hipertensi: Studi Kasus. *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*, 7(1), 11. <https://doi.org/10.32419/jppni.v7i1.299>

Siagian, Y., & Trialvi, H. (2020). Hubungan Asupan Cairan Dengan Penambahan Berat Badan Interdialisis Pada Pasien Hemodialisis Di RSUD Kota Tanjungpinang. *Jurnal Ilmiah Keperawatan Stikes Hang Tuah Surabaya*, 15(2), 198–206. <https://doi.org/10.30643/jiksht.v15i2.118>

Sitoresmi, H., Irwan, A. M., & Sjattar, E. L. (2020). Intervensi Keperawatan Pada Penderita Gagal Ginjal Kronik Yang Menjalani Hemodialisis: Systematic Review. *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 6(1),

108–118. <https://doi.org/10.33023/jikep.v6i1.451>

- Soltani, P., Saeedi, N., Mashaykhi, N., Rostami, A., & Tajfar, M. (2020). Evaluating The Effect Of Intradialytic Exercise On Blood Pressure, Inflammatory Markers And Dialysis Adequacy. *Journal of Preventive Epidemiology*, 5(2), 1–7. <https://doi.org/10.34172/jpe.2020.21>
- Tajili, R. A., Ridwan, A. A., & Garina, L. A. (2020). Faktor-Faktor Risiko Hipertensi Intrahemodialisis pada Pasien Gagal Ginjal Kronis Stadium 5 di RSUD Al-Ihsan Bandung. *Prosiding Kedokteran UNISBA*, 1–6.
- Togatorop, L. B., & Siregar, C. T. (2021). Quality Of Life in Hemodialysis Patients: Role Of Nurses. *Quality of Life in Hemodialysis Patients*, 7(1). <https://doi.org/10.36295/AOTMPH.2021.7110>
- Uduagbamen, P. K., & Kadiri, S. (2021). Intradialysis Hypotension and Hypertension in Patients with End Stage Kidney Disease in Nigeria: Risk factors and Clinical Correlates. *Ghana Medical Journal*, 55(1), 34–42. <https://doi.org/10.4314/GMJ.V55I1.6>
- Ulfariana, L., & Suhartanti, I. (2023). Hubungan Kerjasama Tim Dengan Kinerja Perawat Hemodialisis Di Rumah Sakit Lavalette Kota Malang. *Jurnal Medica Majapahit*, 15(2), 59–77.
- Vadakedath, S., & Kandi, V. (2017). Dialysis: A Review of the Mechanisms Underlying Complications in the Management of Chronic Renal Failure. *Cureus*, 9(8). <https://doi.org/10.7759/cureus.1603>
- Vaidya, S. R., & Aeddula, N. R. (2023). Chronic Kidney Disease. In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/25018975>
- Vaidya, S. R., Aeddula, N. R., & Doerr, C. (2024). *Chronic Kidney Disease (Nursing)*. StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK568778/>
- Verdiansah. (2016). Pemeriksaan Fungsi Ginjal. *CDK-237*, 43(2), 148–154.
- Verrelli, D., Sharma, A., Alexiuk, J., Tays, Q., Rossum, K., Sharma, M., Ford, E., Iansavitchene, A., Al-Jaishi, A. A., Whitlock, R., McIntyre, C. W., Garg, A. X., & Bohm, C. (2024). Effect of Intradialytic Exercise on Cardiovascular Outcomes in Maintenance Hemodialysis: A Systematic Review and Meta-Analysis. *Kidney360*, 5(3), 390–413. <https://doi.org/10.34067/KID.0000000000000361>
- Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C. D., DePalma, S. M., Gidding, S., Jamerson, K. A., Jones, D. W., MacLaughlin, E. J., Muntner, P., Ovbigele, B., Smith, S. C., Spencer, C. C., Stafford, R. S., Taler, S. J., Thomas, R. J., Williams, K. A., ...

- Hundley, J. (2018). 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline For The Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults. In *Hypertension* (Vol. 71, Issue 6). <https://doi.org/10.1161/HYP.0000000000000065>
- Widodo, T., Kuswadi, I., & Prasanto, H. (2021). *Hubungan Antara Lama Hemodialisis Rutin Dengan Kekakuan Arteri Pada Pasien Penyakit Ginjal Kronis*. <http://etd.repository.ugm.ac.id/>
- World Health Organization. (2020). *The Top 10 Causes of Death*. <https://www.who.int/news-room/fact-sheets/detail/the-top-10-causes-of-death>
- Yeun, J. Y., Depner, T. A., & Ananthkrishnan, S. (2019). Principles of Hemodialysis. In *Chronic Kidney Disease, Dialysis, and Transplantation: A Companion to Brenner and Rector's The Kidney* (Fourth Edi). Elsevier Inc. <https://doi.org/10.1016/B978-0-323-52978-5.00022-7>
- Yuliawati, A. N., Ratnasari, P. M. D., & Pratiwi, I. G. A. S. (2022). Hubungan Kepatuhan Pengobatan Dengan Kualitas Hidup Pasien Gagal Ginjal Kronik Disertai Hipertensi dan Menjalani Hemodialisis. *Jurnal Manajemen Dan Pelayanan Farmasi (Journal of Management and Pharmacy Practice)*, 12(1), 28–39. <https://doi.org/10.22146/jmpf.69974>