

# HUBUNGAN SIKAP SPIRITUAL PERAWAT TERHADAP PEMENUHAN KEBUTUHAN SPIRITUAL PASIEN DI RUANG ICU RSUD TARAKAN

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## Abstrak

Sikap spiritual perawat di ICU melibatkan dukungan emosional dan spiritual, menciptakan empati, dan kenyamanan. Sikap positif perawat terhadap aspek spiritual meningkatkan kenyamanan dan kepuasan pasien. Pemenuhan kebutuhan spiritual pasien ICU penting untuk membantu mereka menghadapi proses kematian dengan damai, dengan dukungan perawat dan keluarga menjadi krusial. Metode yang digunakan kuantitatif dengan pendekatan *cross sectional* dengan teknik *purposive sampling*, melibatkan 60 perawat ICU RSUD Tarakan, dengan pengecualian perawat struktural dan perawat yang sedang cuti. Menggunakan dua kuesioner yaitu *Spirituality and Spiritual Care Rating Scale* (SSCRS-BI) *Nurse Spiritual Care Therapeutic Scale* (NSCTS). Analisis Univariat dengan distribusi frekuensi dan analisis bivariat dilakukan menggunakan *Spearman – Rho*. Hasil menunjukkan mayoritas perawat ICU di RSUD Tarakan adalah perempuan berusia 26–35 tahun, berpendidikan S1/Ners, dan memiliki pengalaman kerja di ICU lebih dari 4 tahun. Sikap spiritual perawat sebagian besar tergolong baik, dan pemenuhan kebutuhan spiritual pasien mayoritas berada pada kategori tinggi. Terdapat hubungan signifikan antara sikap spiritual perawat dengan pemenuhan kebutuhan spiritual pasien di ICU dengan *p value*  $0,001 < 0,05$  dan korelasi  $-0,517$ . Peningkatan kualitas perawatan pasien di ICU dapat dilakukan melalui panduan, pelatihan spiritual, dan dukungan holistik. Penting juga untuk melaksanakan penelitian lanjutan serta memenuhi kebutuhan spiritual dan emosional pasien secara komprehensif.

**Kata Kunci** : ICU, Pemenuhan Kebutuhan Spiritual Perawat, Sikap Spiritual Perawat

# THE RELATIONSHIP BETWEEN NURSES' SPIRITUAL ATTITUDE AND THE FULFILLMENT OF SPIRITUAL NEEDS PATIENTS IN THE ICU OF TARAKAN HOSPITAL

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## Abstract

*The spiritual attitude of ICU nurses involves providing emotional and spiritual support, fostering empathy, and ensuring comfort. A positive attitude of nurses towards spiritual aspects enhances patient comfort and satisfaction. Meeting the spiritual needs of ICU patients is crucial to helping them face the dying process peacefully, with the support of nurses and families being essential. The study employed a quantitative method with a cross-sectional approach and purposive sampling technique, involving 60 ICU nurses at RSUD Tarakan, excluding structural nurses and those on leave. Two questionnaires were used: the Spirituality and Spiritual Care Rating Scale (SSCRS-BI) and the Nurse Spiritual Care Therapeutic Scale (NSCTS). Univariate analysis used frequency distribution, while bivariate analysis was conducted using Spearman-Rho. The results showed that most ICU nurses at RSUD Tarakan were women aged 26–35 years, held a bachelor's/nursing degree, and had over four years of ICU work experience. Most nurses demonstrated good spiritual attitudes, and the majority of patients' spiritual needs were met at a high level. A significant relationship was found between nurses' spiritual attitudes and meeting patients' spiritual needs in the ICU, with a p-value of  $0.001 < 0.05$  and a correlation of  $-0.517$ . Improving the quality of patient care in the ICU can be achieved through guidelines, spiritual training, and holistic support. Further research and a comprehensive approach to fulfilling patients' spiritual and emotional needs are also essential.*

**Keywords :** *Fulfillment of Spiritual Needs, ICU, Nurses' Spiritual Attitude*