

DAFTAR PUSTAKA

- Adamu, K. *et al.* (2022) 'Health related quality of life among adult hypertensive patients on treatment in Dessie City, Northeast Ethiopia', *PLoS ONE*, 17(9 September), pp. 1–14. doi:10.1371/journal.pone.0268150.
- Ahmad, A. and Rahmawati, R. (2022) 'Comorbidities and Quality of Life in People With Stage 2 Hypertension: a Study in Yogyakarta, Indonesia', 5(1), pp. 8–16. doi:10.17501/26138417.2022.5102.
- Ainiyah, N. *et al.* (2024) 'The Dominant Factors Associated with Quality of Life in Hypertension Patients in the Elderly', pp. 280–285.
- American Heart Association (2023) *Know Your Risk Factors for High Blood Pressure*, American Heart Association. Available at: <https://www.heart.org/en/health-topics/high-blood-pressure/why-high-blood-pressure-is-a-silent-killer/know-your-risk-factors-for-high-blood-pressure>.
- Andika, G.W., Ningtyias, F.W. and Sulistiyani, S. (2021) 'Quality of Life on Elderly who Lived at Home and at Tresna Werdha Nursing Home', *Jurnal PROMKES*, 9(2), p. 134. doi:10.20473/jpk.v9.i2.2021.134-141.
- Andila, V. *et al.* (2023) 'Gambaran Kualitas Hidup Lanjut Usia Pada Penderita Hipertensi di Wilayah Kerja Puskesmas Lubuk Buaya Kota Padang Tahun 2022', *Scientific Journal*, 2(6), pp. 121–131. doi:10.56260/sciena.v2i6.112.
- Astuti, F.Y., Sukamdi, S. and Susilastuti, D.H. (2022) 'Implementasi Kebijakan Bina Keluarga Lansia di Kabupaten Bantul, Daerah Istimewa Yogyakarta', *Salus Cultura: Jurnal Pembangunan Manusia dan Kebudayaan*, 2(2), pp. 162–173. doi:10.55480/saluscultura.v2i2.70.
- Aswardi (2023) *Berhaji dan Lansia*, Kementerian Kesehatan Republik Indonesia. Available at: [https://ayosehat.kemkes.go.id/berhaji-dan-lansia#:~:text=Kategori tersebut sebagai berikut%3A,berusia 80 tahun ke atas](https://ayosehat.kemkes.go.id/berhaji-dan-lansia#:~:text=Kategori%20tersebut%20sebagai%20berikut%3A,berusia%2080%20tahun%20ke%20atas).
- Aulia, M., Rahmiwati, A. and Sitorus, R.J. (2017) 'Correlation Between Nutritional Status and Quality of Life Among Elderly in Warga Tama Indralaya Social Institutions', *Jurnal Ilmu Kesehatan Masyarakat*, 8(3), pp. 208–213. doi:10.26553/jikm.2017.8.3.208-213.
- Auliya Rahmanda and Eska Dwi Prajayanti (2022) 'Gambaran Pola Makan dan Aktivitas Fisik pada Lansia Hipertensi di Posyandu Lansia Desa Tremas Pacitan', *Sehat Rakyat: Jurnal Kesehatan Masyarakat*, 1(4), pp. 295–301.

doi:10.54259/sehatrakyat.v1i4.1091.

- Azar, F.E.F., Solhi, M. and Chabaksvar, F. (2018) ‘Investigation of the quality of life of patients with hypertension in health centers’, *Journal of Education and Health Promotion*, 9, pp. 1–6. doi:10.4103/jehp.jehp.
- B, N.P., Waldani, R.J. and Dongoran, I.M. (2023) *Proceedings of the Tapanuli International Health Conference 2022 (TIHC 2022)*, *Proceedings of the Tapanuli International Health Conference 2022 (TIHC 2022)*. Atlantis Press International BV. doi:10.2991/978-94-6463-032-9.
- Boggatz, T. (2016) ‘Quality of life in old age - a concept analysis’, *International Journal of Older People Nursing*, 11(1), pp. 55–69. doi:10.1111/opn.12089.
- Bryce, T.N., Huang, V. and Escalon, M.X. (2021) ‘49 - Spinal Cord Injury’, in *Braddom’s Physical Medicine and Rehabilitation (Sixth Edition)*, pp. 1049–1100. doi:https://doi.org/10.1016/B978-0-323-62539-5.00049-7.
- Budhiana, J. *et al.* (2022) ‘Faktor-Faktor yang Mempengaruhi Kualitas Hidup Lansia Penderita Hipertensi Di Kelurahan Cikole Kota Sukabumi’, *Jurnal Ilmu Kesehatan Bhakti Husada: Health Sciences Journal*, 13(02), pp. 146–156. doi:10.34305/jikbh.v13i02.535.
- Camfield, L. (2012) *Handbook of Social Indicators and Quality of Life Research, Handbook of Social Indicators and Quality of Life Research*. doi:10.1007/978-94-007-2421-1.
- Cavdar, V.C. *et al.* (2024) ‘Exploring Depression, comorbidities and quality of life in geriatric patients: a study utilizing the geriatric depression scale and WHOQOL-OLD questionnaire’, *BMC Geriatrics*, 24(1). doi:10.1186/s12877-024-05264-y.
- Centers for Disease Control and Prevention (CDC) (2024) *High Blood Pressure Risk Factors, Centers for Disease Control and Prevention*. Available at: <https://www.cdc.gov/high-blood-pressure/risk-factors/index.html#>.
- Chantakeeree, C. *et al.* (2022) ‘Factors Affecting Quality of Life among Older Adults with Hypertension in Urban and Rural Areas in Thailand: A Cross-Sectional Study’, *International Journal of Aging and Human Development*, 95(2), pp. 222–244. doi:10.1177/00914150211050880.
- Chen, C. *et al.* (2020) ‘Health-Related Quality of Life and Associated Factors Among Oldest-Old in China’, *Journal of Nutrition, Health and Aging*, 24(3), pp. 330–338. doi:10.1007/s12603-020-1327-2.
- Chen, Q., Ran, L. and Tan, X. (2021) ‘Health-related quality of life of middle-aged and elderly people with hypertension: A cross-sectional survey from a rural area in China’, *PLoS ONE*, 16(2 February), pp. 1–12.

doi:10.1371/journal.pone.0246409.

- Chendra, R., Misnaniarti and Zulkarnain, M. (2020) 'Kualitas Hidup Lansia Peserta Prolanis Penderita Hipertensi Di Wilayah Kerja Puskesmas Kenten Laut', *JUMANTIK Jurnal Ilmiah Penelitian Kesehatan*, 5(2), pp. 126–137.
- Chobanian, A. V. *et al.* (2003) 'Seventh report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure', *Hypertension*, 42(6), pp. 1206–1252. doi:10.1161/01.HYP.0000107251.49515.c2.
- Davis, M. and Davies, A.H. (2007) 'CHAPTER 34 - Use of System-Specific Questionnaires and Determination of Quality of Life after Treatment of Varicose Veins', in Bergan, J.J. (ed.) *The Vein Book*. Burlington: Academic Press, pp. 309–313. doi:https://doi.org/10.1016/B978-012369515-4/50037-5.
- Fadila, M., Argarini, D. and Widiastuti, S. (2022) 'Factors Related to Quality of Life among Elderly During COVID-19 Pandemic', *International Journal of Nursing and Health Services (IJNHS)*, 5(1), pp. 45–55. doi:10.35654/ijnhs.v5i1.567.
- Fitri, N.S. *et al.* (2022) 'Dampak Kecemasan akan Jatuh dan Depresi terhadap Kualitas Hidup Lansia di Desa Bendosari, Sukoharjo', *Physio Journal*, 2(2), pp. 41–48. doi:https://doi.org/10.30787/phyjou.v2i2.852.
- Fitria, S.N. and Prameswari, G.N. (2021) 'Faktor Risiko Kualitas Hidup Lansia Penderita Hipertensi', *Indonesian Journal of Public Health and Nutrition*, 1(1), pp. 472–478. Available at: <http://journal.unnes.ac.id/sju/index.php/IJPHN>.
- Gellert, G.A. (1993) 'The importance of quality of life research for health care reform in the USA and the future of public health', *Quality of Life Research*, 2(5), pp. 357–361. doi:10.1007/BF00449431.
- Gillen, G. (2009) 'Chapter 1 - Overview of Cognitive and Perceptual Rehabilitation', in *Cognitive and Perceptual Rehabilitation*. Mosby, pp. 1–31. doi:https://doi.org/10.1016/B978-0-323-04621-3.10001-4.
- Gondodiputro, S. *et al.* (2021) 'Reliability and validity of the Indonesian version of the world health organization quality of life-old (Whoqol-old): A rasch modeling', *Medical Journal of Indonesia*, 30(2), pp. 143–151. doi:10.13181/mji.oa.215065.
- Gu, R. *et al.* (2019) 'The self-perceptions of aging were an important factor associated with the quality of life in Chinese elderly with hypertension', *Psychogeriatrics*, 19(4), pp. 391–398. doi:10.1111/psyg.12400.
- Gultom, H.W., Damayanti, N. and Syauqy, A. (2020) 'Perbandingan Kualitas Hidup Lansia Di Panti Sosial Tresna Werdha Provinsi Jambi Dengan Lansia

- Yang Tinggal Bersama Keluarga Yang Menjadi Anggota Di Posyandu Puskesmas Putri Ayu Kota Jambi’, *Jurnal Psikologi Jambi*, 5(1), pp. 1–11. doi:10.22437/jpj.v6ijuli.12626.
- Ha, N.T. *et al.* (2014) ‘Quality of life among people living with hypertension in a rural Vietnam community’, *BMC Public Health*, 14(1), pp. 1–9. doi:10.1186/1471-2458-14-833.
- Harisal (2018) ‘Dukungan Sosial Komunitas Kusir Andong’, pp. 1–11. doi:https://doi.org/10.31227/osf.io/94kwu.
- He, C. *et al.* (2023) ‘Predictors for Quality of Life in Older Adults: Network Analysis on Cognitive and Neuropsychiatric Symptoms’, *BMC Geriatrics*, 23(1), pp. 1–12. doi:10.1186/s12877-023-04462-4.
- Hu, Q., Toonsiri, C. and Hengudomsub, P. (2024) ‘Factors Affecting Quality of Life among Older Adults with Hypertension in Wenzhou, China: A cross-sectional study’, *Belitung Nursing Journal*, 10(6), pp. 654–661. doi:10.33546/bnj.3565.
- Ikakusumawati, N.D., Permatasari, S.A. and Farida, Y. (2024) ‘Faktor Yang Berhubungan Dengan Kualitas Hidup Pasien Lansia Dengan Penyakit Kronis’, *JFM (Jurnal Farmasi Malahayati)*, 7(1), pp. 28–41. doi:10.33024/jfm.v7i1.13491.
- Imawi, A.Y. and Prasetya, F. (2023) ‘Pengaruh Pendapatan Asli Daerah, Dana Perimbangan, Dan Sisa Lebih Pembiayaan Anggaran Terhadap Kualitas Sumber Daya Manusia’, *Journal of Development Economic and Social Studies*, 2(1), pp. 99–111. doi:10.21776/jdess.2023.02.1.9.
- Iswatun, I. *et al.* (2024) ‘the Relationship Between Anxiety With Quality of Life Elderly Suffering From Hypertension At Puskesmas Babadan Ponorogo’, *Journal of Vocational Nursing*, 5(1), pp. 45–50. doi:10.20473/jovin.v5i1.54707.
- Iždonaitė-Medžiūnienė, I. and Preikšaitienė, L. (2024) ‘Disposition of improving quality of life in older adults: the case of Lithuania’, *Aging Clinical and Experimental Research*, 36(1), pp. 1–9. doi:10.1007/s40520-023-02687-2.
- Jazayeri, E. *et al.* (2023) ‘Quality of Life in the Alderly: A Community Study’, *Caspian Journal of Internal Medicine*, 14(3), pp. 534–542. doi:10.22088/cjim.14.3.543.
- Juanita, J. *et al.* (2022) ‘Health Related Quality of Life of Indonesian Older Adults Living in Community’, *Enfermeria Clinica*, 32, pp. S71–S75. doi:10.1016/j.enfcli.2022.03.022.
- Julianti, H.P., Arisanti, N.W.D. and Mutyara, K. (2018) ‘Faktor Determinan Sosial dan Fungsi Keluarga yang Berhubungan dengan Kualitas Hidup Penderita

- Nyeri Punggung Bawah Lanjut Usia’, *Media Medika Muda*, 2(2), pp. 121–126. Available at: <https://api.semanticscholar.org/CorpusID:149821603>.
- Jumaiyah, S., Rachmawati, K. and Choiruna, H.P. (2020) ‘Aktivitas Fisik Dan Kualitas Hidup Lansia Penderita Hipertensi: Sebuah Penelitian Cross-Sectional’, *Jurnal Keperawatan*, 11(1), pp. 68–75.
- Kementerian Kesehatan (2018) *Lansia Sejahtera, Masyarakat Bahagia, Kementerian Kesehatan Republik Indonesia*. Available at: <https://p2ptm.kemkes.go.id/kegiatan-p2ptm/pusat-/lansia-sejahtera-masyarakat-bahagia>.
- Kementerian Kesehatan RI (2021) *Epidemi Obesitas*.
- Korkmaz Aslan, G. *et al.* (2019) ‘Attitudes to ageing and their relationship with quality of life in older adults in Turkey’, *Psychogeriatrics*, 19(2), pp. 157–164. doi:10.1111/psyg.12378.
- Lasmini, L. *et al.* (2024) ‘Pengaruh Caregiver Class Terhadap Peran Caregiver Informal Dalam Perawatan Jangka Panjang Lansia’, *Jurnal Ilmu Keperawatan dan Kebidanan*, 15(1), pp. 156–163. doi:10.26751/jikk.v15i1.2155.
- Lestari, P.H. *et al.* (2024) ‘Korelasi Perilaku Perawatan Diri dengan Kualitas Hidup pada Lansia Hipertensi di Panti Sosial Tresna Werdha’, *Journal of Nursing and Health*, 9(2), pp. 197–202. doi:<https://doi.org/10.52488/jnh.v9i2,%20Juni.366>.
- Li, J. *et al.* (2018) ‘Correlations between health-promoting lifestyle and health-related quality of life among elderly people with hypertension in Hengyang, Hunan, China’, *Medicine (United States)*, 97(25). doi:10.1097/MD.00000000000010937.
- Lima, M.G. *et al.* (2011) ‘Health-Related Behavior and Quality of Life among the Elderly: a Population-Based Study’, *Revista de Saude Publica*, 45(3), pp. 485–493. doi:10.1590/S0034-89102011000300006.
- Luhat, B.J.T., Djoar, R.K. and Prastyawati, I.Y. (2024) ‘Kualitas Hidup Pada Lansia Dengan Hipertensi’, *JPK : Jurnal Penelitian Kesehatan*, 14(1), pp. 37–43. doi:10.54040/jpk.v14i1.260.
- Mancia, G. *et al.* (2013) ‘2013 ESH/ESC Guidelines for the Management of Arterial Hypertension: The Task Force for the Management of Arterial Hypertension of the European Society of Hypertension (ESH) and of the European Society of Cardiology (ESC)’, *European Heart Journal*, 34(28), pp. 2159–2219. doi:10.1093/eurheartj/eh151.
- Marno, P., Prio, A.Z. and Saranani, M. (2017) *Gambaran Kualitas Tidur dan Kuantitas Tidur pada Lanjut Usia (Lansia) di Panti Sosial Tresna Werdha*

Minaula Kota Kendari. Available at:
<https://api.semanticscholar.org/CorpusID:127305437>.

- Mohebi, S. *et al.* (2020) ‘Social Support and Self - Care Behavior Study’, *Journal of Education and Health Promotion*, 9(January), pp. 1–6. doi:10.4103/jehp.jehp.
- Mohsenpour, M.A. *et al.* (2022) ‘Does lower quality of life and daily living activity increase nutritional risk of elderly residing in care home facilities?’, *Experimental gerontology*, 165, p. 111843. doi:10.1016/j.exger.2022.111843.
- Morin, M. *et al.* (2017) ‘Evaluation of the quality of life of pregnant women from 2005 to 2015’, *European Journal of Obstetrics & Gynecology and Reproductive Biology*, 214, pp. 115–130. doi:<https://doi.org/10.1016/j.ejogrb.2017.04.045>.
- Muhlis, Adenan and Herawati (2013) ‘Dukungan keluarga dengan kualitas hidup lansia di wilayah kerja puskesmas sungai ulin Banjarbaru’, *Dk*, 1(01), pp. 88–95.
- Musaddik, M., Asriwati and Nur’ani (2024) ‘Analisis Faktor Yang Memengaruhi Kualitas Hidup Lansia Penderita Hipertensi Di Wilayah Puskesmas Tangan-Tangan Kabupaten Aceh Barat Daya’, *Journal of Educational Innovation and Public Health*, 2(1), pp. 228–240. Available at: <https://doi.org/10.55606/innovation.v2i1.2144>.
- Nathaniela, V. (2018) *Determinan Kualitas Hidup Lanjut Usia di Posyandu Lansia RW 01 Desa Sudagaran Kecamatan Banyumas*. Available at: <https://api.semanticscholar.org/CorpusID:190872438>.
- Nugraha, S. and Aprillia, Y.T. (2020) ‘Health-Related Quality of Life among the Elderly Living in the Community and Nursing Home’, *Jurnal Kesehatan Masyarakat*, 15(3), pp. 419–425. doi:10.15294/kemas.v15i3.21282.
- Papadopoulou, S.K. *et al.* (2023) ‘Nutritional Status Is Associated with Health-Related Quality of Life, Physical Activity, and Sleep Quality: A Cross-Sectional Study in an Elderly Greek Population’, *Nutrients*, 15(2), pp. 1–14. doi:10.3390/nu15020443.
- Peni Julianti, H., Utami, A. and Rahayu Wulandari, D. (2018) ‘Health Behavior Associated with Quality of Life among Elderly with Hypertension’, in *The 4th International Conference on Public Health*, pp. 127–127. doi:10.26911/theicph.2018.02.08.
- Permayasa, N., Waldani, R.J. and Dongoran, I.M. (2023) ‘The Relationship of Stress Level with Quality of Life in Elderly with Hypertension’, in *Proceedings of the Tapanuli International Health Conference 2022 (TIHC 2022)*. Atlantis Press International BV, pp. 157–165. doi:10.2991/978-94-

6463-032-9.

- Pratiwi, N.P., Untari, E.K. and Robiyanto, R. (2020) 'Hubungan Persepsi dengan Kualitas Hidup Pasien Hipertensi Lanjut Usia di RSUD Sultan Syarif Mohamad Alkadrie Pontianak', *Jurnal Manajemen Dan Pelayanan Farmasi (Journal of Management and Pharmacy Practice)*, 10(2), p. 118. doi:10.22146/jmpf.45579.
- Prianahatin, A.L. and Retnaningsih, D. (2023) 'Relationship of Depression Level on Quality of Life of Elderly Hypertension Patients in Rw 03 Desa Limbangan Kec. Limbangan Kab. Kendal', *Jurnal Ilmu dan Teknologi Kesehatan*, 14(1), pp. 18–24. doi:10.33666/jitk.v14i1.489.
- Prianahatin, A.L., Retnaningsih, D. and Kustriyani, M. (2023) 'Elderly Anxiety With Hypertension on Quality of Life', *Jurnal Ilmu dan Teknologi Kesehatan*, 14(2), pp. 58–63. doi:10.33666/jitk.v14i2.422.
- Putra, G.A.G.B., Parwata, I.M.Y. and Vitalistyawati, L.P.A. (2023) 'The Relationship between Body Max Index and Balance of Elderly in Batubulan Village', *Jurnal Kesehatan, Sains, dan Teknologi (JAKASAKTI)*, 2(3), pp. 29–34.
- Putra, W.U.C.J., Devi, R. and Hadijah, S. (2022) 'Hubungan Pengetahuan dan Sikap tentang Perilaku Merokok pada Lansia di Kelurahan Kawatuna', *Ghidza: Jurnal Gizi dan Kesehatan*, 6(2), pp. 217–223. doi:10.22487/ghidza.v6i2.575.
- Putri, M.E., Kurniati, S.R. and Agustiar, E. (2024) 'Aktifitas Fisik Berhubungan dengan Kualitas Hidup Lansia Penderita Hipertensi', *Wiraja Mediaka: Jurnal Kesehatan*, 14(1), pp. 34–38.
- Rahmawati, D. and Firdaus, M.B. (2023) 'Hubungan Kebiasaan Olahraga dan Pola Makan dengan Kejadian Hipertensi pada Lansia', *Faletahan Health Journal*, 10(03), pp. 293–300. doi:10.33746/fhj.v10i03.627.
- Ramlan, R., Batubara, M. and Rahmani, N.A.B. (2023) 'Analisis Pengaruh Sumber Daya Manusia Terhadap Tingkat Pendapatan Melalui Pemasaran pada Kelompok Usaha Bersama (KUB) di Deli Serdang', *Al Qalam: Jurnal Ilmiah Keagamaan dan Kemasyarakatan*, 17(5), p. 2975. doi:10.35931/aq.v17i5.2289.
- Ran, L. *et al.* (2021) 'Health-Related Quality of Life of Middle-Aged and Elderly People with Hypertension: A Cross-Sectional Survey from a Rural Area in China', *PLoS ONE*, 16(2 February), pp. 1–13. doi:10.1371/journal.pone.0246409.
- Salsabilla, D.A., Fatmawati, I., Puspita, I.D. and Wahyuningsih, U. (2021) 'Hubungan Status Gizi (IMT) dan Aktivitas Fisik dengan Kualitas Hidup Lansia', *Jurnal Ilmiah Kesehatan Masyarakat*, 13(4), pp. 173–178.

- Salsabilla, D.A., Fatmawati, I., Puspita, I.D. and Wahyuningsih, U. (2021) 'Hubungan Status Gizi (IMT) dan Aktivitas Fisik dengan Kualitas Hidup Lansia', *Jurnal Ilmiah Kesehatan Masyarakat: Media Komunikasi Komunitas Kesehatan Masyarakat*, 13(4), pp. 173–178. doi:10.52022/jikm.v13i4.232.
- Sang, S. *et al.* (2021) 'The influencing factors of health-related quality of life among rural hypertensive individuals: a cross-sectional study', *Health and Quality of Life Outcomes*, 19(1), pp. 1–10. doi:10.1186/s12955-021-01879-6.
- Sathasivam, S. (2009) 'Managing patients with amyotrophic lateral sclerosis', *European Journal of Internal Medicine*, 20(4), pp. 35–358. doi:https://doi.org/10.1016/j.ejim.2008.09.002.
- Sawitri, H., Maulina, F. and Yuziani (2022) 'Duration of Hypertension and Quality of Life People with Hypertension in Aceh, Indonesia', in *Malikussaleh international Conference on Health and Disaster Medicine*, pp. 185–192.
- Seftiani, L., Hendra and Maulana, M.A. (2019) 'Hubungan Kualitas Hidup Lansia dengan Hipertensi di wilayah Kerja Puskesmas Perumnas II Kelurahan Sungai Beliang Kecamatan Pontianak Barat', *Jurnal ProNers (JPN)*, 4(1).
- Sianturi, E., Rismawati, D. and Ujung, R.M. (2021) 'Upaya Peningkatan Kualitas Kesehatan Dasar Lansia di Dinas Sosial Lanjut Usia Siborong-Borong', *COMSERVA: Indonesian Journal of Community Services and Development*, 1(4), pp. 126–133. doi:https://doi.org/10.59141/comserva.v1i4.16.
- Siboni, F.S., Alimoradi, Z. and Atashi, V. (2018) 'A Considerable Contributing', 15(2), pp. 191–199. doi:10.1177/1559827618803853.For.
- Şimşek, H. (2020) 'Association Between Quality of Life and Nutritional Status of Nursing Home Residents or Community Dwelling Elderly', *Erciyes Medical Journal*, 43(3), pp. 244–250. doi:10.14744/etd.2020.74150.
- Sinha, B.R.K. (2019) 'Introduction: An Overview of the Concept of Quality of Life', in Sinha, B.R.K. (ed.) *Multidimensional Approach to Quality of Life Issues: A Spatial Analysis*. Singapore: Springer Singapore, pp. 3–23. doi:10.1007/978-981-13-6958-2_1.
- Siswati *et al.* (2023) 'Faktor-Faktor Yang Mempengaruhi Kepatuhan Minum Obat Anti Hipertensi Pada Penderita Hipertensi', *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 9(5), pp. 669–675. doi:10.33023/jikep.v9i5.1763.
- Snarska, K. *et al.* (2020) 'Quality of Life of Patients with Arterial Hypertension', *Medicina (Lithuania)*, 56(9), pp. 1–11. doi:10.3390/medicina56090459.
- Susanti, W. *et al.* (2023) 'Pendidikan Kesehatan tentang Pola Hidup Sehat pada Lansia di Posyandu Lansia Sumunar Sumber, Surakarta', *Abdimas Universal*,

- 55(2), pp. 239–244. doi:<https://doi.org/10.36277/abdimasuniversal.v5i2.320>.
- Susianti, M., Asnawati, R. and Polapa, S.K. (2022) ‘Relationship between Family Social Support and Quality of Life for Hypertensive Elderly in Tenggela Village, Tilango District’, *Journal of Community Health Provision*, 2(1), pp. 93–104. doi:10.55885/jchp.v2i1.125.
- Sutria, E., Fitriani, F. and Hafid, M.A. (2022) ‘Hubungan Tingkat Kemandirian Dengan Kualitas Hidup Lansia Yang Menderita Hipertensi Di Wilayah Kerja Puskesmas Bajeng Kabupaten Gowa’, *Alauddin Scientific Journal of Nursing*, 3(2), pp. 120–130. doi:10.24252/asjn.v3i2.33318.
- Tjernberg, J. and Bökberg, C. (2020) ‘Older persons’ thoughts about death and dying and their experiences of care in end-of-life: a qualitative study’, *BMC Nursing*, 19(1), pp. 1–10. doi:10.1186/s12912-020-00514-x.
- Trevethan, R. (2017) ‘Sensitivity, Specificity, and Predictive Values: Foundations, Pliabilities, and Pitfalls in Research and Practice’, *Frontiers in Public Health*, 5(November), pp. 1–7. doi:10.3389/fpubh.2017.00307.
- Uchmanowicz, B., Chudiak, A. and Mazur, G. (2018) ‘The influence of quality of life on the level of adherence to therapeutic recommendations among elderly hypertensive patients’, *Patient Preference and Adherence*, 12, pp. 2593–2603. doi:10.2147/PPA.S182172.
- Utami, N. (2019) *Validitas dan Reliabilitas Geriatric Depression Scale-15 Versi Bahasa Indonesia*.
- Victor Chang Cardiac Research Institute (2024) *What is High Blood Pressure (Hypertension)?*, Victor Chang Cardiac Research Institute. Available at: <https://www.victorchang.edu.au/heart-disease/high-blood-pressure>.
- Wafroh, S., Herawati, H. and Lestari, D.R. (2017) ‘Dukungan Keluarga Dengan Kualitas Hidup Lansia Di Pstw Budi Sejahtera Banjarbaru’, *Dunia Keperawatan*, 4(1), p. 60. doi:10.20527/dk.v4i1.2553.
- Whelton, P.K. *et al.* (2018) *2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA guideline for the prevention, detection, evaluation, and management of high blood pressure in adults a report of the American College of Cardiology/American Heart Association Task Force on Clinical pr, Hypertension*. doi:10.1161/HYP.0000000000000065.
- Wiranata, A.A., Kawisana, P.G.W.P. and Yoga, I.G.A.P. (2023) ‘Pengaruh Sistem Informasi Akuntansi dan Kinerja Sumber Daya Manusia Terhadap Peningkatan Pendapatan BUM Desa di Kabupaten Gianyar’, *WACANA EKONOMI (Jurnal Ekonomi, Bisnis dan Akuntansi)*, 22(2), pp. 117–123. doi:10.22225/we.22.2.2023.117-123.
- Wirawan, I.G.N.O.S. *et al.* (2023) ‘Hubungan Pola Makan dan Tingkat Stres

terhadap Hipertensi pada Lansia di Puskesmas Cakranegara Kota Mataram’, *MAHESA: Malahayati Health Student Journal*, 3(9), pp. 2833–2848. doi:10.33024/mahesa.v3i9.11022.

World Health Organization (2005) *Manual World Health Organization European Office (Copenhagen) November 2005*.

World Health Organization (2012) *World Health Organization Quality of Life User Manual, Division of Mental Health and Prevention of Substance Abuse World Health Organization*. doi:10.1007/978-3-031-20999-4_74.

World Health Organization (2020) *WHO Guidelines on Physical Activity and Sedentary Behaviour, World Health Organization*. Available at: <https://apps.who.int/iris/bitstream/handle/10665/337001/9789240014886-eng.pdf>.

Yeni Yulianti *et al.* (2023) ‘Identification Of Factors Affecting The Quality Of Life In Hypertension Patients’, *HealthCare Nursing Journal*, 5(2), pp. 711–721. doi:10.35568/healthcare.v5i2.3307.

Yusri, K.N. and Bumi, C. (2023) ‘Tinjauan Sistematis: Hubungan Status Gizi dan Kualitas Hidup pada Lanjut Usia’, *Muhammadiyah Journal of Geriatric*, 4(1), pp. 2721–6837. doi:<https://doi.org/10.24853/mujg.4.1.81-89>.

Zhang, M. *et al.* (2021) ‘Relationship between Family Function, Anxiety, and Quality of Life for Older Adults with Hypertension in Low-Income Communities’, *International Journal of Hypertension*, 2021. doi:10.1155/2021/5547190.

Zheng, E. *et al.* (2021) ‘Health-Related Quality of Life and Its Influencing Factors for Elderly Patients With Hypertension: Evidence From Heilongjiang Province, China’, *Frontiers in Public Health*, 9(March), pp. 1–8. doi:10.3389/fpubh.2021.654822.

Zulfiani, E. and Aulannisa, N.A. (2022) ‘Hubungan Pola Makan, Status Gizi Dengan Kualitas Hidup Lansia’, *COMSERVA: urnal Penelitian dan Pengabdian Masyarakat*, 2(1), pp. 1132–1137. doi:10.59141/comserva.v4i5.2171.