

## DAFTAR PUSTAKA

- Aditya, P. E., Utami, M. N., & Multazam, A. 2022. Penatalaksanaan Fisioterapi Pada Non-Hemorrhagic Stroke: Studi Kasus. *Physiotherapy Health Science (PhysioHS)*, 4(1), 27–30. <https://doi.org/10.22219/physiohs.v4i1.22126>
- Anggraini, C., & Astari, R. W. 2021. Efektivitas Wrist Stretching, Tendon and Nerve Gliding Exercise dalam Menurunkan Nyeri dan Meningkatkan Fungsional Wrist pada Kasus Carpal Tunnel Syndrome. *Industry and Higher Education*, 2(11). <http://journal.unilak.ac.id/index.php/JIEB/article/view/3845%0Ahttp://dspac.e.uc.ac.id/handle/123456789/1288>
- Annisa, D., Rianawati, S. B., Rahayu, M., Raisa, N., & Kurniawan, S. N. 2021. Carpal tunnel syndrome: Diagnosis and management. *Journal of Pain Headache and Vertigo*. <https://doi.org/10.21776/ub.jphv.2021.002.01.2>
- Arti, W., & Widanti, H. N. 2024. *Buku Ajar Pemeriksaan dan Pengukuran Fisioterapi Muskuloskeletal*. UMSIDA Press.
- Awanda, N., Karim, D., & Erwin. 2022. *Hubungan Lama Berkendara dengan Risiko Terjadinya Carpal Tunnel Syndrome pada Pengemudi Ojek Online di Pekabaru*. 1(1).
- Aziefa, N. H., & Perdana, S. S. 2022. Case Report : Penatalaksanaan Fisioterapi Pada Kasus Carpal Tunnel Syndrome ( CTS ). *University Research Colloquium 2022*, 1137–1142.
- Chairunnissa, S., Novianus, C., & Hidayati. 2021. Faktor-Faktor yang Berhubungan Dengan Gejala Carpal Tunnel Syndrome pada Komunitas Ojek Online Di Kota Tangerang Selatan Tahun 2021. *Jurnal Fisioterapi Dan Kesehatan Indonesia*, 1(2), 1–13.
- Chen, L., Ogalo, E., Haldane, C., Bristol, S. G., & Berger, M. J. 2021. Relationship Between Sensibility Tests and Functional Outcomes in Patients With Traumatic Upper Limb Nerve Injuries: A Systematic Review. *Archives of Rehabilitation Research and Clinical Translation*, 3(4), 100159. <https://doi.org/10.1016/j.arrct.2021.100159>
- Drake, R. L., Vogi, A. W., & Michell, A. W. M. 2019. Gray Dasar-Dasar Anatomi Edisi ke-2. In *Elsevier*. <https://repository.unair.ac.id/100826/1/GRAYs Anatomi-DRAKE.pdf>
- Eschweiler, J., Li, J., Quack, V., Rath, B., Baroncini, A., Hildebrand, F., & Migliorini, F. 2022. Anatomy, Biomechanics, and Loads of the Wrist Joint. *Life*, 12(2). <https://doi.org/10.3390/life12020188>

- Fitrianingrum, R., Kusumawati, Y. R., & Ghufroni, A. 2020. Penatalaksanaan Fisioterapi pada Carpal Tunnel Syndrome Dengan Ultrasound dan Mobilisasi Saraf Upper Limb Tension Test 1. *Jurus Fisioterapi Poltekkes Kemenkes Surakarta*, 111–120.
- Genova, A., Dix, O., Saefan, A., Thakur, M., & Hassan, A. 2020. Carpal Tunnel Syndrome: A Review of Literature. *Cureus*, 12(3). <https://doi.org/10.7759/cureus.7333>
- Ha, M., Son, Y., & Han, D. 2012. Effect of median nerve mobilization and median nerve self-mobilization on median motor nerve conduction velocity. *Journal of Physical Therapy Science*, 24(9), 801–804. <https://doi.org/10.1589/jpts.24.801>
- Handalgun, S., Rahayu, U. B., & Hidayati, A. 2022. Penatalaksanaan Fisioterapi Terhadap Penurunan Kemampuan Fungsional pada Kasus Carpal Tunnel Syndrome (CTS) Dextra. *Cetak) Journal of Innovation Research and Knowledge*, 2(7).
- Honis, H. R., Gruber, H., Honold, S., Konschake, M., Moriggl, B., Brenner, E., Skalla-Oberherber, E., & Loizides, A. 2023. Anatomical Considerations of US-Guided Carpal Tunnel Release in Daily Clinical Practice. *Journal of Ultrasonography*, 23(94), E131–E143. <https://doi.org/10.15557/jou.2023.0022>
- Ibrahim, Dwi Anjani, A., Dwi Santi, Y., Diana, S., & Sitompul, J. 2021. Penatalaksanaan Pemeriksaan Fisik Vital Signs Pada Pasien Saat Masa Pandemi Covid-19. *Zona Kebidanan*, 12(1), 83–92.
- Ika Rahmawati Sutejo, Pipit Wulandari, Y. S. 2016. *Modul Keterampilan Klinik Dasar Pemeriksaan Fisik Dasar Dan Bls (2)* (Issue 3). <http://repository.unej.ac.id/handle/123456789/75044>
- Isnani, O., Iqomi, T., Widodo, A., Ardi, Y. G., Kesehatan, F. I., & Fisioterapi, S. P. 2023. Penatalaksanaan Fisioterapi pada Kasus Carpal Tunnel Syndrome di Klinik Fisioterapi Surabaya: Case Report. *Cetak) Journal of Innovation Research and Knowledge*, 3(1).
- Jiménez-del-Barrio, S., Cadellans-Arróniz, A., Ceballos-Laita, L., Estébanez-de-Miguel, E., López-de-Celis, C., Bueno-Gracia, E., & Pérez-Bellmunt, A. 2022. The Effectiveness of Manual Therapy on Pain, Physical Function, and Nerve Conduction Studies in Carpal Tunnel Syndrome Patients: a Systematic Review and Meta-Analysis. *International Orthopaedics*, 46, 301–312. <https://doi.org/10.1007/s00264-021-05272-2>
- Joshi, A., Patel, K., Mohamed, A., Oak, S., Zhang, M. H., Hsiung, H., Zhang, A., & Patel, U. K. 2022. Carpal Tunnel Syndrome: Pathophysiology and Comprehensive Guidelines for Clinical Evaluation and Treatment. *Cureus*,

- 14(7). <https://doi.org/10.7759/cureus.27053>
- Kasatria Putra, D., Setyawan, A., & Utami Zainal, A. 2021. Faktor yang Berhubungan dengan Gejala Carpal Tunnel Syndrome (CTS) pada Pekerja Komputer Bagian Editing Di Pt.X Tahun 2021. *Environmental Occupational Health and Safety Journal* •, 2(1), 11–18.
- Kurniawati, D. P., Wijianto, & Anwar, T. 2023. Manajemen Fisioterapi dengan Terapi Latihan untuk Penanganan Carpal Tunnel Syndrome Bilateral: Case Report. *Journal of Innovation Research and Knowledge*, 3(1), 4719–4730.
- Lina, K. L., B.L, B. A., & Purwati, S. 2022. Pengaruh Intervensi Ultrasound Terhadap Perubahan Nyeri Carpal Tunnel Syndrome Di Klinik Fisioterapi Sayang Jatinangor Tahun 2022. *Jurnal Fisioterapi Dan Kesehatan Indonesia*, 2(2), 1–10.
- Maratis, J., Guspriadi, E., Salim, C. H., Laowo, S., & Sodik, S. 2022. Penatalaksanaan Fisioterapi Kasus Carpal Tunnel Syndrome Pada Pekerja Kantoran. In *Jurnal Ilmiah Fisioterapi (JIF)* (Vol. 05).
- Muthoharoh, Basri K, S., & Nuraeni, T. 2018. Faktor yang Berhubungan dengan Kejadian Carpal Tunnel Syndrome (CTS) pada Karyawan SPBE Di Indramayu. *Afiasi : Jurnal Kesehatan Masyarakat*, 3(2), 37–44. <https://doi.org/10.31943/afiasi.v3i2.17>
- Osiak, K., Elnazir, P., Walocha, J. A., & Pasternak, A. 2022. Carpal tunnel syndrome: State-of-The-Art Review. *Folia Morphologica (Poland)*, 81(4), 851–862. <https://doi.org/10.5603/FM.a2021.0121>
- Pande Kadek Deva Widya Iswara Oka, Sukandriani Utami, Nyoman Cahyadi Tri Setiawan, & I Wayan Tunjung. 2023. Hubungan Indeks Massa Tubuh dan Jenis Kelamin dengan Derajat Keparahan Carpal Tunnel Syndrome di Rsud Kota Mataram. *Nusantara Hasana Journal*, 2(10), 20–27. <https://doi.org/10.59003/nhj.v2i10.795>
- Paramita, T. I., Tini, K., Ketut Budiarsa, I. G. N., & Purwa Samatra, D. P. G. 2021. Prevalensi Dan Karakteristik Carpal Tunnel Syndrome Pada Pekerja Garmen Di Kota Denpasar. *E-Jurnal Medika Udayana*, 10(2), 6. <https://doi.org/10.24843/.mu.2021.v10.i2.p02>
- Permata, A., & Ismaningsih. 2020. Aplikasi Neuromuscular Taping pada Kondisi Carpal Tunnel Syndrom untuk Mengurangi Nyeri. *Jurnal Ilmiah Fisioterapi*, 3(1), 12–17. <https://doi.org/10.36341/jif.v3i1.1226>
- Pratiwi, A. P., & T.A, T. D. 2022. Faktor - Faktor Yang Berhubungan Dengan Keluhan Carpal Tunnel Syndrom Pada Pekerja Informal. *Jurnal Kesehatan Dan Kedokteran*, 1(3), 39–45. <https://doi.org/10.56127/jukeke.v1i3.306>

- Rm, Y., & Sitompul, B. 2019. *Resiko Jenis Pekerjaan dengan Kejadian Carpal Tunnel Syndrome (CTS)*. 5(3).
- Sari, R. R., & Rahman, I. 2021. *Penatalaksanaan Fisioterapi pada Kasus Carpal Tunnel Syndrome Dextra dengan Modalitas Ultrasound Diathermy Nerve Medianus dan ULTT di RSU PINBAD Bandung*. 4(2).
- Sekeon, S. A. S., & Wijaya, A. S. 2019. Injeksi Kortikosteroid pada Sindroma Terowongan Karpal. *Jurnal Sinaps*, 2(2), 35–43.
- Setiyoargo, A., Ariyanti, R., One Maxelly, R., & Studi Sarjana Terapan Manajemen Informasi Kesehatan STIKes Panti Waluya Malang, P. 2021. Hubungan Kelengkapan Anamnesa Formulir Gawat Darurat Dengan Ketepatan Kode Sebab Eksternal Kasus Kecelakaan. *Jurnal Informasi Kesehatan Indonesia*, 7(1), 48–55.
- Soenarno, P., Eman, F., Adhi, W. P., Cesar, Y. K., Banna, D. Al, Kristanti, E., Nurdian, W., Kurniawati, R. H., Wibisono, A. A., Dewanto, K. S., Anto, W. S., Kartiwan, I., Fadilah, M. A., Wanget, N. M., Prayitno, T., Prasetja, T. A. B., Prasetijo, D. H., Faidullah, H. Z., & Susilo, T. E. 2022. *Pedoman Fisioterapi Puskesmas*.
- Strychar, J., Kopański, Z., Sianos, G., & Sanchez, A. M. C. 2019. Treatment of Carpal Tunnel Syndrome. *JOURNAL OF PUBLIC HEALTH, NURSING AND MEDICAL RESCUE*, 2, 14–21. <https://doi.org/20802>
- Sujadi, D. 2022. Carpal Tunnel Syndrome (CTS) Pada Pekerja Sektor Informal. *Jurnal Penelitian Perawat Profesional*, 1(1), 61–70. <http://jurnal.globalhealthsciencegroup.com/index.php/JPPP/article/download/83/65>
- Sulistiyowati, A. (n.d.). *Pemeriksaan Tanda-Tanda Vital*.
- Utami, K. P., Yuliadarwati, N. M., Astuti, T. A., & Rijal, M. 2022. Pemberian Layanan Fisioterapi Kombinasi NDM dan TENS pada Pekerja Pelinting Rokok Resiko Carpal Tunnel Syndrome. *MARTABE : Jurnal Pengabdian Masyarakat*, 5(3), 1031–1036.
- Verhagen, A. P., Brown, H., Hancock, M., & Anderson, D. 2023. Test procedures and positive diagnostic criteria of the upper limb tension tests differ: a systematic review of the DiTA database. *Brazilian Journal of Physical Therapy*, 27(6), 100558. <https://doi.org/10.1016/j.bjpt.2023.100558>
- Wright, A. R., & Atkinson, R. E. 2019. Carpal tunnel syndrome: An update for the primary care physician. *Hawaii Journal of Health and Social Welfare*, 78(11), 6–10.
- Zhang, D., Chruscielski, C. M., Blazar, P., & Earp, B. E. 2020. Accuracy of

Provocative Tests for Carpal Tunnel Syndrome. *Journal of Hand Surgery Global Online*, 2(3), 121–125. <https://doi.org/10.1016/j.jhsg.2020.03.002>

Zul Fariqhan, D., & Ahmad, T. 2022. Carpal Tunnel Syndrome. *Jurnal Kesehatan Qamarul Huda*, 10(2), 177–184.