

PENATALAKSANAAN FISIOTERAPI PADA KASUS *GLOBAL DEVELOPMENT DELAY* DI RUMAH SAKIT ANAK BUNDA HARAPAN KITA

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Abstrak

Latar Belakang : *Global Development Delay* adalah kondisi di mana seorang anak mengalami keterlambatan perkembangan yang signifikan pada dua atau lebih ranah perkembangan, termasuk motorik halus, motorik kasar, bahasa/berbicara, personal sosial/interaksi sosial, kognitif, dan aktivitas sehari-hari. **Tujuan :** Untuk mengidentifikasi problematik fisioterapi, pemeriksaan, dan intervensi kasus *Global Development Delay*. **Metode:** Menggunakan pendekatan studi kasus deskriptif dengan memberikan gambaran yang jelas dengan satu pasien *Global Development Delay* ini termasuk data pasien seperti identitas, anamnesa, pemeriksaan fisioterapi, intervensi, dan evaluasi sebanyak 4 kali. **Hasil :** Penatalaksanaan Fisioterapi pada kasus *Global Development Delay* didapati belum adanya perubahan signifikan pada hasil skor GMFM yaitu sebesar 72,3%, belum terdapat perubahan pada pemeriksaan *Denver Development Screening Test* yaitu umur anak masih setara dengan 7 sampai 12 bulan dan masih terdapat hipersensitif pada sensory profile taktil, dan adanya hiposensitif pada *vestibular* dan *proprioceptif*. **Kesimpulan :** Problematik yang didapat dari pasien *Global Development Delay* adalah keterlambatan tumbuh kembang dan adanya gangguan sensoris, pemeriksaan yang diberikan pada pasien *Global Development Delay* adalah *Gross Motor Function Measure*, *Denver Development Screening Test*, dan *Sensory Profile*, Intervensi yang diberikan pada pasien *Global Development Delay* adalah *Core Stability Exercise* dan *Neuro Development Treatment*.

Kata kunci : *Physiotherapy*, *Global Development Delay*, *Core Stability Exercise*, *Neuro Development Treatment*, dan *Sensory Profile*.

PHYSIOTHERAPY MANAGEMENT IN CASES OF GLOBAL DEVELOPMENT DELAY AT THE HOSPITAL ANAK BUNDA HARAPAN KITA

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Abstract

Background: Global Development Delay is condition in which a child experiences significant developmental delay in two or more domains of development, including fine motor, gross motor, language/speech, personal social/social interaction, cognitive, and cognitive.fine motor, gross motor, language/speech, personal social/social interaction, cognitive, and activities of daily living. **Objective:** To identify physiotherapy problems, examination, and intervention of Global Development Delay cases. **Methods:** Using a descriptive case study approach by providing a clear picture with one Global Development Delay patient including patient data such as identity, history, physiotherapy examination, intervention, and evaluation for 4 times. **Results:** Physiotherapy Management in Global Development Delay cases found that there has been no significant change in the results of the GMFM score which is 72.3%, there has been no change in the Denver Development Screening Test examination, namely the age of the child is still equivalent to 7 to 12 months. child is still equivalent to 7 to 12 months and there is still hypersensitivity to the tactile sensory profile, tactile on the tactile sensory profile, and hyposensitivity on vestibular and propioceptive. **Conclusion :** Problems obtained from patients with Global Development Delay is delay in growth and development and the presence of sensory disturbances, examinations given to patients with Global Development Delay patients are Gross Motor Function Measure, Denver Development Screening Test, and Sensory Profile, Interventions given to Global Development Delay patients are Core Stability Exercise and Neuro Development Treatment.

Keyword : Physiotherapy, Global Development Delay, Core Stability Exercise, and Neuro Development Treatment