

DAFTAR PUSTAKA

- Aben, A., De Wilde, L., Hollevoet, N., Henriquez, C., Vandeweerdt, M., Ponnet, K., & Van Tongel, A. (2018). Tennis elbow: associated psychological factors. *Journal of Shoulder and Elbow Surgery*, 27(3), 387–392. <https://doi.org/10.1016/j.jse.2017.11.033>
- Al-Muqsith. (2018). Sobotta. In *Anatomika dan Biomekanika SENDI SIKU DAN PERGELANGAN TANGAN*. <https://doi.org/10.1097/00006534-198406000-00031>
- Anatomy of the Muscular System chapter 10*. (n.d.). http://www.coursewareobjects.com/objects/evolve/E2/book_pages/thibodeau/pdfs/0347-0394_A03718_10.pdf
- Arifin, S., & Amalia Safitri, K. (2021). *Myofascial Release and Ultrasound, versus Deep Friction Treatment: Which is the Best for Patients with Tennis Elbow Injuries? Icvhe 2019*, 345–348. <https://doi.org/10.5220/0010684100002967>
- Arti, W., & Widanti, H. N. (2024). *Pemeriksaan dan Pengukuran Fisioterapi Muskuloskeletal*.
- Bateman, M., Titchener, A. G., Clark, D. I., & Tambe, A. A. (2019). Management of tennis elbow: a survey of UK clinical practice. *Shoulder and Elbow*, 11(3), 233–238. <https://doi.org/10.1177/1758573217738199>
- Buchanan BK, Varacallo M. Lateral Epicondylitis (Tennis Elbow). 2023 Aug 4. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan–. PMID: 28613744.
- Cho, Y. T., Hsu, W. Y., Lin, L. F., & Lin, Y. N. (2018). Kinesio taping reduces elbow pain during resisted wrist extension in patients with chronic lateral epicondylitis: A randomized, double-blinded, cross-over study. *BMC Musculoskeletal Disorders*, 19(1), 1–8. <https://doi.org/10.1186/s12891-018-2118-3>
- Cutts, S., Gangoo, S., Modi, N., & Pasapula, C. (2020). Tennis elbow: A clinical review article. *Journal of Orthopaedics*, 17(May 2019), 203–207. <https://doi.org/10.1016/j.jor.2019.08.005>
- Felicia Herliyana, I. R. (2021). Penatalaksanaan Fisioterapi pada Kasus Tennis Elbow Dextra dengan Modalitas Ultrasound dan Hold Relax di RS Pindad kota Bandung. *Excellent Midwifery Journal*, 4(2), 37–43.

- Girgis, B., & Duarte, J. A. (2020). Efficacy of physical therapy interventions for chronic lateral elbow tendinopathy: a systematic review. *Physical Therapy Reviews*, 25(1), 42–59. <https://doi.org/10.1080/10833196.2019.1695355>
- Harland, N., & Livadas, N. (2020). Physiotherapy for tennis elbow: A survey of knowledge and practice within the UK and Ireland. *International Journal of Therapy and Rehabilitation*, 27(11), 1–8. <https://doi.org/10.12968/ijtr.2019.0155>
- Hikmah, nurul. (2022). Latihan Eccentric Exercise Pada Penerapan Ultrasound Terhadap Penurunan Nyeri Penderita Tennis Elbow Tipe Ii. *Media Kesehatan Politeknik Kesehatan Makassar, XVII*(8.5.2017), 70–78. www.aging-us.com
- Islam, S. U., Glover, A., MacFarlane, R. J., Mehta, N., & Waseem, M. (2020). The Anatomy and Biomechanics of the Elbow. *The Open Orthopaedics Journal*, 14(1), 95–99. <https://doi.org/10.2174/1874325002014010095>
- Junaedi, M. P., Nelissa, D., Khasanah, D. A., & Latihan, T. (2023). Penatalaksanaan Fisioterapi Pada Lateral Epicondylitis : Studi Kasus. *Equator Physiotherapy*, 1(1), 23–28.
- Karjalainen, T., & Buchbinder, R. (2023). Is it time to reconsider the indications for surgery in patients with tennis elbow? *The Bone and Joint Journal*, 105 B(2), 109–111. <https://doi.org/10.1302/0301-620X.105B2.BJJ-2022-0883.R1>
- Keijsers, R., de Vos, R. J., Kuijer, P. P. F. M., van den Bekerom, M. P. J., van der Woude, H. J., & Eygendaal, D. (2019). Tennis elbow. *Shoulder and Elbow*, 11(5), 384–392. <https://doi.org/10.1177/1758573218797973>
- Kim, H., & Jang, T. (2023). Epidemiology and Etiology of Elbow Pain Based on the Healthcare Bigdata Hub in Korea: A Longitudinal Observational Study. *The Ewha Medical Journal*, 46(4), 1–11. <https://doi.org/10.12771/emj.2023.e12>
- Koesoemadhipura, D. O., & Wijayanti, A. P. (2021). Penatalaksanaan Fisioterapi Pada Tennis Elbow Dextra Dengan Modalitas Ultrasound Dan Terapi Latihan Dengan Hold Relax. *Jurnal Kesehatan Tambusai*, 2(4), 152–158.
- Kwapisz, A., Prabhakar, S., Compagnoni, R., Sibilska, A., & Randelli, P. (2018). Platelet-Rich Plasma for Elbow Pathologies: a Descriptive Review of Current Literature. *Current Reviews in Musculoskeletal Medicine*, 11(4), 598–606. <https://doi.org/10.1007/s12178-018-9520-1>
- Lawton, C. D., Swensen-Buza, S., Awender, J. F., Pinnamaneni, S., Lamplot, J. D., Young, W. K., Rodeo, S. A., Nawabi, D. H., Taylor, S. A., & Dines, J. S. (2021). The Elbow Physical Examination for Telemedicine Encounters. *HSS Journal*, 17(1), 65–69. <https://doi.org/10.1177/1556331620975040>

- Mezian, K., Jačisko, J., Novotný, T., Hrehová, L., Angerová, Y., Sobotová, K., & Naňka, O. (2021). Ultrasound-guided procedures in common tendinopathies at the elbow: From image to needle. *Applied Sciences (Switzerland)*, *11*(8). <https://doi.org/10.3390/app11083431>
- Murtafiah, M., Zahra, N. A., Susilo, T. E., & Pristiano, A. (2022). Manajemen Fisioterapi pada Gangguan Fungsional Tangan Penyintas Tennis elbow Tipe 2: Case Report. *Physio Journal*, *2*(1), 5–10. <https://doi.org/10.30787/phyjou.v2i1.823>
- Palastanga, N. (2012). Anatomy and Human Movement. In *anatomy and Human Movement*.
- Papadopoulos, E. S., & Mani, R. (2020). The Role of Ultrasound Therapy in the Management of Musculoskeletal Soft Tissue Pain. *International Journal of Lower Extremity Wounds*, *19*(4), 350–358. <https://doi.org/10.1177/1534734620948343>
- Sarkar, N., Sarkar, B., Kumar, P., Laha, K., & Patel, L. (2018). Efficacy of Kinesio-Taping on Pain , Range of Motion and Functional Disability International Journal of Health Sciences and Research Efficacy of Kinesio-Taping on Pain , Range of Motion and Functional Disability in Chronic Mechanical Low Back Pain : A Ran. *International Journal of Health Sciences and Research*, *8*(7), 105–112.
- Shafiee, E., MacDermid, J. C., Walton, D., Vincent, J. I., & Grewal, R. (2022). Psychometric properties and cross-cultural adaptation of the Patient-Rated Tennis Elbow Evaluation (PRTEE); a systematic review and meta-analysis. *Disability and Rehabilitation*, *44*(19), 5402–5417. <https://doi.org/10.1080/09638288.2021.1938248>
- Shaheen, H., Alarab, A., & S Ahmad, M. (2019). Effectiveness of therapeutic ultrasound and kinesio tape in treatment of tennis elbow. *Journal of Novel Physiotherapy and Rehabilitation*, *3*(1), 025–033. <https://doi.org/10.29328/journal.jnpr.1001025>
- Sharath, H. V. (2023). *A Review of Physiotherapy Techniques Used in the Treatment of Tennis Elbow Study selection*. *15*(10). <https://doi.org/10.7759/cureus.47706>
- Suharti, A., Sunandi, R., & Abdullah3, F. (2018). Penatalaksanaan Fisioterapi pada Frozen Shoulder Sinistra Terkait Hiperintensitas Labrum Posterior Superior di Rumah Sakit Pusat Angkatan Darat Gatot Soebroto. *Jurnal Vokasi Indonesia*, *6*(1). <https://doi.org/10.7454/jvi.v6i1.116>

- Welsh, P. (2018). Tendon neuroplastic training for lateral elbow tendinopathy: 2 case reports. *Journal of the Canadian Chiropractic Association*, 62(2), 98–104.
- Wulandari, R., Irfan, M., & Sadhono, N. (2022). Study narrative review latihan eccentric terhadap penurunan nyeri pada penderita Tennis Elbow. *Journal Physical Therapy UNISA*, 2(1), 39–48. <https://doi.org/10.31101/jitu.2669>
- Yani, F., Wally, I., & Larasati, P. (2022). Pengaruh pemberian extracorporeal shock wave therapy (ESWT) dan ultrasound (US) terhadap penurunan nyeri pada Tennis Elbow: narrative review. *JITU (Journal Physical Therapy UNISA)*, 2(1), 49–56. <https://doi.org/10.31101/jitu.2661>
- Ying, J., Cen, X., & Yu, P. (2021). Effects of Eccentric Exercise on Skeletal Muscle Injury: From An Ultrastructure Aspect: A Review. *Physical Activity and Health*, 6(1), 15–20. <https://doi.org/10.5334/PAAH.67>
- Zhong, Y., Zheng, C., Zheng, J., & Xu, S. (2020). Kinesio tape reduces pain in patients with lateral epicondylitis: A meta-analysis of randomized controlled trials. *International Journal of Surgery*, 76(December 2019), 190–199. <https://doi.org/10.1016/j.ijssu.2020.02.044>