

## DAFTAR PUSTAKA

- Adiningsih, R. (2014) ‘Faktor yang Mempengaruhi Kejadian “Heat Strain” pada Tenaga Kerja yang Terpapar Panas di PT. Aneka Boga Makmur’, *The Indonesian Journal of Occupational Safety and Health*, 2(2), pp. 145–153.
- Amir, A., Ikhram Hardi S and Sididi, M. (2021) ‘Faktor Yang Berhubungan Dengan Kejadian Heat Strain Pada Pekerja Divisi Produksi PT. Industri Kapal Indonesia (Persero) Kota Makassar’, *Window of Public Health Journal*, (May), pp. 785–796. Available at: <https://doi.org/10.33096/woph.v1i6.228>.
- Anggraini, M.T. (2022) ‘Hubungan Beban Kerja Fisik dan Durasi Kerja dengan Kejadian Heat Strain Pada Pekerja Industri Kerupuk’, *Jurnal Ilmiah Kesehatan*, 21(2), pp. 65–71. Available at: <https://doi.org/10.33221/jikes.v21i2.1706>.
- Armstrong, L.E. and Johnson, E.C. (2018) ‘Water intake, water balance, and the elusive daily water requirement’, *Nutrients*, 10(12), pp. 1–25. Available at: <https://doi.org/10.3390/nu10121928>.
- Bonell, A. et al. (2020) ‘A protocol for an observational cohort study of heat strain and its effect on fetal wellbeing in pregnant farmers in The Gambia’, *Wellcome Open Research*, 5(February), p. 32. Available at: <https://doi.org/10.12688/wellcomeopenres.15731.1>.
- Boonruksa, P. et al. (2020) ‘Heat stress, physiological response, and heat related symptoms among Thai sugarcane workers’, *International Journal of Environmental Research and Public Health*, 17(17), pp. 1–15. Available at: <https://doi.org/10.3390/ijerph17176363>.
- Burkart, K.G. et al. (2021) ‘Estimating the cause-specific relative risks of non-optimal temperature on daily mortality: a two-part modelling approach applied to the Global Burden of Disease Study’, *The Lancet*, 398(10301), pp. 685–697. Available at: [https://doi.org/10.1016/S0140-6736\(21\)01700-1](https://doi.org/10.1016/S0140-6736(21)01700-1).
- Dehghan, H. et al. (2015) ‘Development and validation of a questionnaire for preliminary assessment of heat stress at workplace’, *Journal of Research in Health Sciences*, 15(3), pp. 175–181.
- Department of Industrial Relations (2015) *Heat Illness Prevention E-tool*. Available at: <https://www.dir.ca.gov/dosh/etools/08-006/PreventingAndResponding.htm#pnr> (Accessed: 28 February 2024).
- Hamzah, N.A. et al. (2022) ‘Evaluation of Environmental Heat Exposure, Heat-related Symptoms, and Acute Physiological Changes among Farmers in Pasir Puteh and Bachok, Kelantan’, *Journal of Energy and Safety Technology*

- (*JEST*), 5(1), pp. 21–30. Available at: <https://doi.org/10.11113/jest.v5n1.103>.
- Hutabarat, Y. (2017) *Dasar-Dasar Pengetahuan Ergonomi*. 1st edn. Edited by T.M. Publishing. Malang: Media Nusa Creative.
- Indra, Naiem, M.F. and Wahyuni, A. (2014) ‘Determinan Keluhan Akibat Tekanan Panas pada Pekerja Bagian Dapur Rumah Sakit di Kota Makassar’, 8(1). Available at: <https://core.ac.uk/download/pdf/196255896.pdf>.
- Jacklitsch, B. *et al.* (2016) ‘NIOSH criteria for a recommended standard: occupational exposure to heat and hot environments’, *US Department of Health and Human Services*, p. Publication 2016-106.
- KBBI (2016) *Kamus Besar Bahasa Indonesia (KBBI)*. Available at: <https://kbbi.web.id/> (Accessed: 29 February 2024).
- Kementerian Kesehatan RI (2014) ‘Peraturan Menteri Kesehatan Republik Indonesia Nomor 41 Tahun 2014 tentang Pedoman Gizi Seimbang’.
- Kemnaker (2018) ‘Peraturan Menteri Tenaga Kerja No. 5/2018 K3 Lingkungan Kerja’, *Peraturan Menteri Ketenagakerjaan Republik Indonesia No. 5 Tahun 2018*, 5, p. 11.
- Melinda, A., Adha, M.Z. and Qomariyah, L. (2022) ‘Hubungan Tekanan Panas, Faktor Pekerja dan Beban Kerja dengan Kejadian Heat Strain pada Pekerja Bidang Produksi di CV Fatra Karya Logam, Kab. Tangerang’, *Frame of Health Journal*, 1(1), pp. 116–130. Available at: <http://openjournal.wdh.ac.id/index.php/fohj/article/view/357/277>.
- Menteri Tenaga Kerja dan Transmigrasi Republik (2011) ‘Tentang Nilai Ambang Batas Faktor Fisika dan Kimiaa di Tempat Kerja’, *Peraturan Menteri Tenaga Kerja dan Transmigrasi Republik Indonesia Nomor PER.13/MEN/X/2011*, pp. 1–40.
- Mohammadian, F. *et al.* (2019) ‘Evaluation of Occupational Exposure to Heat Stress and Physiological Responses of Workers in the Rolling Industry’, *The Open Public Health Journal*, 12(1), pp. 114–120. Available at: <https://doi.org/10.2174/1874944501912010114>.
- Moran, D.S., Shitzer, A. and Pandolf, K.B. (1998) ‘A physiological strain index to evaluate heat stress’, *American Journal of Physiology - Regulatory Integrative and Comparative Physiology*, 275(1 44-1). Available at: <https://doi.org/10.1152/ajpregu.1998.275.1.r129>.
- Occupational Safety and Health Administration (2017) *Heat Stress, OSHA Technical Manual*. Available at: <https://www.osha.gov/otm/section-3-health-hazards/chapter-4> (Accessed: 26 February 2024).

- Occupational Safety and Health Administration (2018) *Heat-Related Illnesses and First Aid*. Available at: <https://www.osha.gov/heat-exposure/illness-first-aid> (Accessed: 26 February 2024).
- Osillia, E. V. et al. (2023) *Physiology, Temperature Regulation, StatPearls*. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK507838/> (Accessed: 28 February 2024).
- Saputra, D., Hapis, S. and Ainin, A. (2022) ‘Faktor Yang Berhubungan Dengan Keluhan Heat Strain pada Pekerja Pabrik Tahu Di Kecamatan Jelutung’, *Jurnal Inovasi Penelitian*, 2(12), pp. 3899–3904.
- Siyoto, S. and Sodik, A. (2015) *DASAR METODOLOGI PENELITIAN*. 1st edn. Edited by Ayup. Sleman: Literasi Media Publishing.
- Solan, M. (2023) *Heat Rash: How to Spot it and What to do*. Available at: <https://www.health.harvard.edu/blog/heat-rash-how-to-spot-it-and-what-to-do-202308182968> (Accessed: 27 June 2024).
- Syuhada Zainudin, N. et al. (2019) ‘Heat stress and potential of heat strain among solid waste collectors in Hulu Selangor Local District’, *Health Scope*, 193, pp. 193–197.
- Tarwaka and Bakri, S.H.A. (2016) *Ergonomi untuk Keselamatan, Kesehatan Kerja dan Produktivitas*. Available at: <http://shadibakri.uniba.ac.id/wp-content/uploads/2016/03/Buku-Ergonomi.pdf>.
- Tri Harso Karyono (2001) ‘Penelitian Kenyamanan Termis Di Jakarta Sebagai Acuan Suhu Nyaman Manusia Indonesia’, *DIMENSI (Jurnal Teknik Arsitektur)*, 29(1), pp. 24–33. Available at: <http://puslit2.petra.ac.id/ejournal/index.php/ars/article/view/15742>.
- Venugopal, V. et al. (2015) ‘Occupational heat stress profiles in selected workplaces in India’, *International Journal of Environmental Research and Public Health*, 13(1), pp. 1–13. Available at: <https://doi.org/10.3390/ijerph13010089>.
- WorkSafeBC (2007) ‘Preventing Heat Stress at Work’, *WorkSafe British of Columbia*, pp. 1–28.
- World Health Organization (2018) *Heat and Health*. Available at: <https://www.who.int/news-room/fact-sheets/detail/climate-change-heat-and-health> (Accessed: 24 February 2024).
- World Health Organization (2024) *Heat and Health*. Available at: <https://www.who.int/news-room/fact-sheets/detail/climate-change-heat-and-health> (Accessed: 27 June 2024).

- Wright Beatty, H.E. *et al.* (2015) ‘Increased Air Velocity Reduces Thermal and Cardiovascular Strain in Young and Older Males during Humid Exertional Heat Stress’, *Journal of Occupational and Environmental Hygiene*, 12(9), pp. 625–634. Available at: <https://doi.org/10.1080/15459624.2015.1029613>.
- Wulandari, J. and Ernawati, M. (2018) ‘Efek Iklim Kerja Panas Pada Respon Fisiologis Tenaga Kerja Di Ruang Terbatas’, *The Indonesian Journal of Occupational Safety and Health*, 6(2), p. 207. Available at: <https://doi.org/10.20473/ijosh.v6i2.2017.207-215>.
- Yon, H. *et al.* (2016) ‘Department of Occupational Safety and Health Heat Stress’, p. 52. Available at: <https://www.dosh.gov.my/index.php/legislation/guidelines/industrial-hygiene-1/2017-guidelines-heat-stress-management-at-workplace/file>.
- Yuniarti, E. and Handayani, P. (2020) ‘Factors Associated with Heat Strains in Workers at the PT Multikarya Asia Pasifik Raya Workshop in 2019’, (January), pp. 320–327. Available at: <https://doi.org/10.5220/0009595203200327>.
- Zulhanda, D. *et al.* (2021) ‘Gejala Heat Strain pada Pekerja Pembuat Tahu di Kawasan Kamboja Kota Palembang’, *Jurnal Kesehatan Lingkungan Indonesia*, 20(2), pp. 120–127. Available at: <https://doi.org/10.14710/jkli.20.2.120-127>.