

## DAFTAR PUSTAKA

- Abideen, U. Z., Mahmud, S. N., Mushtaq, F., Farooq, M. U., Farooq Qasim, Y., Hamid, Z., Rasheed, A., Zafran, M., Nabeel Pasha, M., & Pirzada, F. (2018). Association of Hemodialysis Inadequacy and Duration with Restless Legs Syndrome: A Cross-sectional Study. *Cureus*, *10*(5). <https://doi.org/10.7759/cureus.2570>
- Adiputra, I. M. S., Trisnadewi, N. W., Oktaviani, N. P. W., Munthe, S. A., Hulu, V. T., Budiastutik, I., Faridi, A., Ramdany, R., Fitriani, R. J., Tania, P. O. A., Rahmiati, B. F., Lusiana, S. A., Susilawaty, A., Sianturi, E., & Suryana. (2021). *Metodologi Penelitian Kesehatan*. Yayasan Kita Menulis.
- Alhawery, A., Aljaroudi, A., Almatar, Z., Alqudaimi, A. A., & Al Sayyari, A. A. (2019). Nonadherence to dialysis among saudi patients - Its prevalence, causes, and consequences. *Saudi Journal of Kidney Diseases and Transplantation: An Official Publication of the Saudi Center for Organ Transplantation, Saudi Arabia*, *30*(6), 1215–1221. <https://doi.org/10.4103/1319-2442.275465>
- Amelia, F., Safitri, K. H., & Suwanto, S. (2021). Determinant Fatigue Pada Pasien Esrd Yang Menjalani Hemodialisis. *Jurnal Keperawatan Wiyata*, *2*(1), 41. <https://doi.org/10.35728/jkw.v2i1.495>
- Anggraini, D. (2022). Aspek Klinis Dan Pemeriksaan Laboratorium Penyakit Ginjal Kronik. *An-Nadaa Jurnal Kesehatan Masyarakat*, *9*(2), 236. <https://doi.org/10.31602/ann.v9i2.9229>
- Azmi, R., Safitri, A., Samawa, U., & Besar, S. (2023). Hubungan Penyulit Terhadap Durasi Intradialisis Pada Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa di RSUD Asy-Syifa' Sumbawa Barat. *8*(2), 43–48.
- Bayhakki, B., Utomo, W., Dewi, A. P., & Lai, C. K. Y. (2021). Evaluation of dialysis adequacy, interdialytic weight gain and quality of life of hemodialysis patients within coronavirus disease 2019 pandemic. *Open Access Macedonian Journal of Medical Sciences*, *9*, 190–194. <https://doi.org/10.3889/oamjms.2021.6625>
- Bhatti, J. I., Corporation, H. M., Sultan, A., Khan, S., & Ahmed, F. (2023). Prevalence of Fatigue Among Patients with End Stage Renal Diseases with Special Emphasis on Quality of Life. *Journal of East Asian Studies*, *12*(3), 304–312.
- Bossola, M., Hedayati, S. S., Brys, A. D. H., & Gregg, L. P. (2023). Fatigue in Patients Receiving Maintenance Hemodialysis. *American Journal of Kidney Diseases*, *82*(4), 464–480. <https://doi.org/10.1053/j.ajkd.2023.02.008>

- Brady, A.-M., McCann, M., & McCabe, C. (2014). Fundamentals of Medical-Surgical Nursing: A Systems Approach. In *Clinical Record Book of Medical-Surgical Nursing*. Wiley-Blackwell. [https://doi.org/10.5005/jp/books/14252\\_2](https://doi.org/10.5005/jp/books/14252_2)
- CDC. (2023). Chronic Kidney Disease in the United States. *Advances in Surgical and Medical Specialties, March 2020*, 167–182.
- Chauhan, R., & Mendonca, S. (2016). Adequacy of twice weekly hemodialysis in end stage renal disease patients at a tertiary care dialysis centre. *Indian Journal of Nephrology*, 25(6), 329–333. <https://doi.org/10.4103/0971-4065.151762>
- Darmawan, I. P. E., Nurhesti, P. O. ., & Suardana, I. K. (2019). Hubungan Lamanya Menjalani Hemodialisis dengan Fatigue pada Pasien Chronic Kidney Disease. *Community of Publishin in Nursing (COPING)*, 7(3), 139–146.
- Daugirdas, J. T., Blake, P. G., & Ing, T. S. (2015). *Handbook of Dialysis (Fifth Edition)*. Wolters Kluwer Health.
- Daya, I., Fhonna, L. A., Tafonao, L. A., Nainggolan, E., Purba, E. M., & Nababan, T. (2023). Pengaruh Berat Badan Interdialisis Terhadap Adekuasi pada Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa. *Jurnal Penelitian Perawat Profesional*.
- Djamaludin, D., Chrisanto, E. Y., & Wahyuni, M. S. (2020). Pengaruh Latihan Fisik Terhadap Penurunan Fatigue Pada Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisa Di RSUD Dr. H. Abdul Moeloek Provinsi Lampung. *Malahayati Nursing Journal*.
- Fadlilah, S., Sucipto, A., & Rahil, N. H. (2020). The relationship between blood flow rate and changes in blood pressure of patients during hemodialysis in Central Java, Indonesia. *World Journal of Advanced Research and Reviews*. <https://doi.org/10.30574/wjarr>
- Farrell, M. (2017). *Smeltzer & Bare's Textbook of Medical- Surgical Nursing: Volume 2*. Wolters Kluwer Health.
- Fatonah, L., Andayani, T. M., & Yasin, N. M. (2021). Hubungan antara Efektivitas Hemodialisis dengan Kualitas Hidup Pasien Penyakit Ginjal Kronis di Yogyakarta. *Jurnal Farmasi Dan Ilmu Kefarmasian Indonesia*, 8(1), 16–21.
- Feehally, J., Floege, J., Tonelli, M., & Johnson, R. J. (2019). Comprehensive Clinical Nephrology Sixth Edition. In *Elsevier*. <https://doi.org/10.1111/j.1365-2125.2007.02917.x>
- Fernandez-Prado, R., Peña-Esparragoza, J. K., Santos-Sánchez-Rey, B., Pereira, M., Avello, A., Gomá-Garcés, E., González-Rivera, M., González-Martin, G., Gracia-Iguacel, C., Mahillo, I., Ortiz, A., & González-Parra, E. (2021).

- Ultrafiltration rate adjusted to body weight and mortality in hemodialysis patients. *Nefrologia*, 41(4), 426–435. <https://doi.org/10.1016/j.nefro.2021.10.005>
- Flythe, J. E., Assimon, M. M., & Overman, R. A. (2017). Target weight achievement and ultrafiltration rate thresholds: potential patient implications. *BMC Nephrology*, 18(1), 1–13. <https://doi.org/10.1186/s12882-017-0595-5>
- Gartika, N., Wilandika, A., & Khaerudin, F. (2020). Hubungan Adekuasi Hemodialisis Urea Reduction Rate (Urr) Dengan Tingkat Fatigue Pada Pasien End Stage Renal Disease (Esrđ). *Jurnal Keperawatan 'Aisyiyah*, 6(2), 41–51. <https://doi.org/10.33867/jka.v6i2.138>
- Gilbert, S. J., & Weiner, D. E. (2018). *Primer on Kidney Diseases*. Elsevier.
- Ginting, L., Permatasari, A., Yasmine, E., & Koerniawan, D. (2021). Comparison of Outcomes of Hemodialysis Adequacy with Dialysate Flow Rate of 500 ml/minute and 650 ml/minute. In *The Avicenna Medical Journal* (Vol. 2, Issue 1, pp. 1–6). <https://doi.org/10.15408/avicenna.v2i1.18215>
- Hanivah, I. U., & Herlina, S. (2019). Quick Of Blood dan Ultrafiltrasi Terhadap Nilai Ureum Pada Pasien Hemodialisis. *Jurnal Ilmiah Ilmu Keperawatan Indonesia*, 9(01), 528–535. <https://doi.org/10.33221/jiiki.v9i01.186>
- Harber, M. (2022). *Primer on Nephrology*. Springer International Publishing.
- Hardani, Auliya, N. H., Andriani, H., Fardani, R. A., Ustiawaty, J., Utami, E. F., Sukmana, D. J., & Istiqomah, R. R. (2020). Metode Penelitian Kualitatif & Kuantitatif. In *Pustaka Ilmu* (Issue March).
- Hasan, L. M., Shaheen, D. A. H., El Kannishy, G. A. H., Sayed-Ahmed, N. A. H., & Abd El Wahab, A. M. (2021). Is health-related quality of life associated with adequacy of hemodialysis in chronic kidney disease patients? *BMC Nephrology*, 22(1), 1–12. <https://doi.org/10.1186/s12882-021-02539-z>
- Hastono, S. P. (2018). *Analisis Data pada Bidang Kesehatan*. Rajagrafindo Persada.
- Herlina, S., & Rosaline, M. D. (2021). Kepatuhan Pembatasan Cairan Pada Pasien Hemodialisis. *Dunia Keperawatan: Jurnal Keperawatan Dan Kesehatan*, 9(1), 46. <https://doi.org/10.20527/dk.v9i1.9613>
- Hikmawati, F. (2020). *Metodologi Penelitian*. Rajagrafindo Persada.
- Horigan, A. E. (2012). Fatigue in Hemodialysis Patients : A Review of Current Knowledge. *Journal of Pain and Symptom Management*, 44(5), 715–724. <https://doi.org/10.1016/j.jpainsymman.2011.10.015>

- Ignatavicius, D. D., Workman, M. L., & Rebar, C. (2017). *Medical-Surgical Nursing*. Elsevier.
- Indonesia Renal Registry. (2018). *11th report Of Indonesian renal registry 2018*.
- International Society of Nephrology. (2023). *ISN Global Kidney Health Atlas*. [www.theisn.org/global-atlas](http://www.theisn.org/global-atlas)
- Jalalzadeh, M., Mousavinasab, S., Villavicencio, C., Aameish, M., Chaudhari, S., & Baumstein, D. (2021). Consequences of Interdialytic Weight Gain Among Hemodialysis Patients. *Cureus*, *13*(5), 8–9. <https://doi.org/10.7759/cureus.15013>
- Jameson, L. J. (2013). Nephrology and Acid-Base Disorder. In *Mc Graw hills*.
- Jameson, J. L., & Loscalzo, J. (2014). Harrison's Nephrology and Acid-Base Disorders. In *Paper Knowledge . Toward a Media History of Documents*. McGraw Hill Education.
- Kahraman, A., Akdam, H., Alp, A., Huyut, M. A., Akgullu, C., Balaban, T., Dinleyen, F., Topcu, A., Gelmez, H., Atakan, N., Akar, H., & Yenicerioglu, Y. (2015). Impact of interdialytic weight gain (IDWG) on nutritional parameters, cardiovascular risk factors and quality of life in hemodialysis patients. *BANTAO Journal*, *13*(1), 25–33. <https://doi.org/10.1515/bj-2015-0006>
- Kallenbach, J. Z. (2020). *Review of Hemodialysis for Nurses and Dialysis Personnel*. Elsevier.
- Kao, H. Y., Chang, C. C., Chang, C. F., Chen, Y. C., Cheewakriangkrai, C., & Tu, Y. L. (2022). Associations between Sex and Risk Factors for Predicting Chronic Kidney Disease. *International Journal of Environmental Research and Public Health*, *19*(3), 1–11. <https://doi.org/10.3390/ijerph19031219>
- Kaplan, A., & Karadağ, S. (2022). The determination of adherence to fluid control and symptoms of patients undergoing hemodialysis. *African Health Sciences*, *22*(3), 359–368. <https://doi.org/10.4314/ahs.v22i3.38>
- KDIGO. (2022). KDIGO 2022 Clinical Practice Guideline for Diabetes Management in Chronic Kidney Disease. *Kidney International*, *102*(5), S1–S127. <https://doi.org/10.1016/j.kint.2022.06.008>
- KDOQI. (2015). *KDOQI Clinical Practice Guideline for Hemodialysis Adequacy: 2015 Update*. *66*(5), 884–930. <https://doi.org/10.1053/j.ajkd.2015.07.015>
- Kemenkes RI. (2018). *Riset Kesehatan Dasar*.
- Khaerudin, F., Gartika, N., & Wilandika, A. (2019). Hubungan Adekuasi

Hemodialisis Urea Reduction Rate (URR) Dengan Tingkat Fatigue Pada Pasien End Stage Renal Disease (ESRD). *Jurnal Keperawatan 'Aisyiyah*, 6(2). <https://ojs.trigunadharma.ac.id/index.php/jsk/index>

Kim, Y. L., & Kawanishi, H. (2018). *The Essentials of Clinical Dialysis*. In *Springer*. <https://doi.org/10.1007/978-981-10-1100-9>

Kozier, B. (2010). *Fundamental Keperawatan*. EGC.

Ladesvita, F., & Sukmarini, L. (2019). Berat Badan Interdialisis Terhadap Adekuasi Hemodialisa Pada Pasien Hemodialisa Kronik. *Jurnal Keperawatan Widya Gantari Indonesia*, 3(1), 1–6. <https://doi.org/10.52020/jkwgi.v3i1.1080>

Levy, J., Brown, E., & Lawrence, A. (2016). *Oxford Handbook of Dialysis*. In *Oxford University Press*. <https://doi.org/10.1093/med/9780199644766.001.0001>

Lewis, S. L., Dirksen, S. R., Heitkemper, M. M., & Bucher, L. (2014). *Medical-Surgical Nursing Assessment and Management of Clinical Problems*. Elsevier.

Lindberg, M. (2010). *Excessive Fluid Overload Among Haemodialysis Patients*. Uppsala University.

Maesaroh, M., Waluyo, A., & Jumaiyah, W. (2020). Faktor-Faktor Yang Berhubungan Dengan Terjadinya Fatigue Pada Pasien Hemodialisis. *Syntax Literate ; Jurnal Ilmiah Indonesia*, 5(4), 110. <https://doi.org/10.36418/syntax-literate.v5i4.1074>

Mistik, S., Unalan, D., Aslaner, H., & Tokgoz, B. (2022). Evaluation of Fatigue's Effect and Severity in Hemodialysis Patients. *Eurasian Journal of Family Medicine*, 11(2), 136–142. <https://doi.org/10.33880/ejfm.2022110208>

Muharrom, N. A., Suryono, & Komariah, C. (2018). Hubungan Quick of Blood dengan Kejadian Hipertensi Intradialisis pada Pasien Penyakit Ginjal Kronik Stadium V di RSD dr. Soebandi Jember. *Journal of Agromedicine and Medical Sciences*, 4(1), 50–54.

Nanda, N. N. A., Danny Putri Sulistyaningrum, & Riris Risca Megawati. (2023). The Relationship between Quick Of Blood and Fatigue in Stage V Chronic Renal Failure Patients Undergoing Hemodialysis. *HealthCare Nursing Journal*, 5(2), 790–799. <https://doi.org/10.35568/healthcare.v5i2.3637>

National Institute of Health. (2009). Hemodialysis Dose and Adequacy. *National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)*, 09(4556), 1–6.

Notoatmodjo, S. (2018). *Metodelogi Penelitian Kesehatan*. Rineka Cipta.

Meisya Tri Utami, 2024

**HUBUNGAN INTERDIALYTIC WEIGHT GAIN (IDWG) DAN TINGKAT KELELAHAN TERHADAP ADEKUASI DIALISIS PADA PASIEN GAGAL GINJAL KRONIK YANG MENJALANI HEMODIALISIS DI RUMAH SAKIT PUSAT PERTAMINA**

UPN "Veteran" Jakarta, Fakultas Ilmu Kesehatan, Program Studi Keperawatan Program Sarjana  
[[www.upnvj.ac.id](http://www.upnvj.ac.id)-[www.library.upnvj.ac.id](http://www.library.upnvj.ac.id)-[www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

- Nurdina, G., & Anggraini, D. (2021). Hubungan Fatigue Terhadap Kualitas Hidup Pasien Hemodialisa. *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 7(3), 33–39. <https://doi.org/10.33023/jikep.v7i3.813>
- Nursalam. (2015). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis*. Salemba Medika.
- Parker Gregg, L., Bossola, M., Ostrosky-Frid, M., & Susan Hedayati, S. (2021). Fatigue in ckd epidemiology, pathophysiology, and treatment. *Clinical Journal of the American Society of Nephrology*, 16(9), 1445–1455. <https://doi.org/10.2215/CJN.19891220>
- PERNEFRI. (2003). Konsensus Dialisis. In *Journal of Chemical Information and Modeling* (Vol. 53, Issue 9).
- PERNEFRI. (2013). Konsensus Nutrisi Pada Penyakit Ginjal Kronik. In *PERNEFRI* (Vol. 53, Issue 9).
- Purnawinadi, I. G., Wardani, Y. S., Koro, S., Utami, R. A., Rahmadani, P., Dewi, R. K., Panjaitan, M. D., Hilda S, E., Murtiani, F., & Elizawarda. (2023). *Manajemen dan Analisis Data Penelitian Kuantitatif Kesehatan*. Yayasan Kita Menulis. <http://www.nber.org/papers/w16019>
- Ramadhan, M. P., Yetti, K., Herawati, T., Adam, M., & Masfi, A. (2023). Gambaran Komplikasi Intradialisis Pada Pasien Hemodialisis Berdasarkan Tingkat Interdialytic Weight Gain (Idwg). *Nursing Update*, 14(1). <https://stikes-nhm.e-journal.id/NU/article/view/1043>
- Rezaiee, O., Shahgholian, N., & Shahidi, S. (2016). Assessment of hemodialysis adequacy and its relationship with individual and personal factors. *Iranian Journal of Nursing and Midwifery Research*, 21(6), 577–582. <https://doi.org/10.4103/1735-9066.197673>
- Rizki, M. R., & Nawangwulan, S. (2018). *Metodologi Penelitian Kesehatan*. Indonesia Pustaka.
- Saat, S., & Mania, S. (2020). *Pengantar Metodologi Penelitian*. Pusaka Almada.
- Sajidah, A., Wilutono, N., & Safitri, A. (2021). Hubungan Hipotensi Intradialisis Dengan Tingkat Fatigue Pada Pasien Gagal Ginjal Kronis (Ggk) Yang Menjalani Hemodialisis Di Ruang Hemodialisa Rsud Ratu Zalecha Martapura. *Jurnal Citra Keperawatan*, 9(1), 32–40. <https://doi.org/10.31964/jck.v9i1.163>
- Salib, M., Memon, A. N., Gowda, A. S., Rallabhandi, B., Bidika, E., Fayyaz, H., & Cancarevic, I. (2020). Dialysis Patients With Restless Leg Syndrome: Can We Relieve Their Suffering? *Cureus*, 12(8). <https://doi.org/10.7759/cureus.10053>
- Santoso, D., Sawiji, S., Oktantri, H., & Septiwi, C. (2022). Faktor-Faktor Yang

Berhubungan Dengan Fatigue Pada Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisa Di Rsud Dr. Soedirman Kebumen. *Jurnal Ilmiah Kesehatan Keperawatan*, 18(1), 60. <https://doi.org/10.26753/jikk.v18i1.799>

Shafiee, M. A., Chamanian, P., Shaker, P., Shahideh, Y., & Broumand, B. (2017). The impact of hemodialysis frequency and duration on blood pressure management and quality of life in end-stage renal disease patients. *Healthcare (Switzerland)*, 5(3). <https://doi.org/10.3390/healthcare5030052>

Smeltzer, S. C., & Bare, B. G. (2017). Textbook of Medical-Surgical Nursing Fourth Edition. In *AORN Journal* (Issue 4). Wolters Kluwer Health. [https://doi.org/10.1016/s0001-2092\(08\)70512-x](https://doi.org/10.1016/s0001-2092(08)70512-x)

Suparti, S., Sodikin, S., & Endiyono, E. (2020). The Relationship between Dialysis Adequacy and Fatigue in Patients on Maintenance Hemodialysis. *Jurnal Keperawatan Padjadjaran*, 8(1), 1–8. <https://doi.org/10.24198/jkp.v8i1.1165>

Surahman, Rachmat, M., & Supardi, S. (2016). *Metodologi Penelitian*. Badan PPSDM.

Tawfik, A. M., Elgendy, A. M., El Leil, H. A. A., & Mady, G. E. (2022). High Flux Versus Low Flux Dialysis: Impact on Intradialytic Hypertension and Adequacy of Dialysis. *Egyptian Journal of Hospital Medicine*, 88(1), 2697–2703. <https://doi.org/10.21608/ejhm.2022.241119>

Tsirigotis, S., Polikandrioti, M., Alikari, V., Dousis, E., Koutelekos, I., Toulia, G., Pavlatou, N., Panoutsopoulos, G. I., Leftheriotis, D., & Gerogianni, G. (2022). Factors Associated With Fatigue in Patients Undergoing Hemodialysis. *Cureus*, 14(3). <https://doi.org/10.7759/cureus.22994>

Turner, N., Lameire, N., Goldsmith, D. J., Winearls, C. G., Himmelfarb, J., & Remuzzi, G. (2016). Oxford Textbook of Clinical Nephrology Fourth Edition. In *Oxford University Press*. <https://doi.org/10.1001/jama.280.8.752>

Uduagbamen, P. K., Ogunkoya, J. O., Nwogbe, I. C., Eigbe, S. O., & Timothy, O. R. (2021). Ultrafiltration Volume: Surrogate Marker of the Extraction Ratio, Determinants, Clinical Correlates and Relationship with the Dialysis Dose. *Journal of Clinical Nephrology and Renal Care*, 7(2), 1–9. <https://doi.org/10.23937/2572-3286.1510068>

Wahyuni, E. S., & Indarti, S. (2019). *Abstract: Dietary Sodium Intake: Knowledge and Interdialytic Weight Gain in Hemodialysis Patients in Lampung Province-Indonesia*. 13(2), 102–113.

Watanabe, Y., Kawanishi, H., Suzuki, K., Nakai, S., Tsuchida, K., Tabei, K., Akiba, T., Masakane, I., Takemoto, Y., Tomo, T., Itami, N., Komatsu, Y., Hattori, M., Mineshima, M., Yamashita, A., Saito, A., Naito, H., Hirakata, H., & Minakuchi, J. (2015). Japanese Society for Dialysis Therapy Clinical

Guideline for “Maintenance Hemodialysis: Hemodialysis Prescriptions.” *Therapeutic Apheresis and Dialysis*, 19(S1), 67–92. <https://doi.org/10.1111/1744-9987.12294>

Wayunah, W., Prabowo, R. K., Fatimah, I., & Saefulloh, M. (2023). *Quick of Blood Sebagai Salah Satu Faktor yang Mempengaruhi Tercapainya Adekuasi Hemodialisa*. 1(2), 2–9.

Yilmaz, S. G., & Fatih, Y. (2022). Evaluation of demographic and clinical risk factors for high interdialytic weight gain. *Therapeutic Apheresis and Dialysis*, 26(3), 613–623. <https://doi.org/10.1111/1744-9987.13738>

Yu, A. S. L., Chertow, G. M., Luyckx, V., Marsden, P. A., Skorecki, K., & Taal, M. W. (2016). Brenner and Rector’s The Kidney, Tenth Edition. In *Angewandte Chemie International Edition*, 6(11), 951–952. (Vol. 2).

Zuo, M., Tang, J., Xiang, M., Long, Q., Dai, J., & Hu, X. (2018). Relationship between fatigue symptoms and subjective and objective indicators in hemodialysis patients. *International Urology and Nephrology*, 50(7), 1329–1339. <https://doi.org/10.1007/s11255-018-1871-4>