

## DAFTAR PUSTAKA

- Adrian, S. J. (2019). Pengobatan Tradisional Akupresur di Era Moderen Pada Masyarakat. *Cdk-274*, 46(3), 172–178.
- Agustina, R., & Raharjo, B. B. (2015). Faktor Risiko Yang Berhubungan Dengan Kejadian Hipertensi Usia Produktif (25-54 Tahun). *Unnes Journal of Public Health*, 4(4), 146–158. <https://doi.org/10.15294/ujph.v4i4.9690>
- Amanda, D., & Martini, S. (2018). The Relationship between Demographical Characteristic and Central Obesity with Hypertension. *Jurnal Berkala Epidemiologi*, 6(1), 43. <https://doi.org/10.20473/jbe.v6i12018.43-50>
- Adrian, S. J. (2019). Pengobatan Tradisional Akupresur di Era Moderen Pada Masyarakat. *Cdk-274*, 46(3), 172–178.
- Agustina, R., & Raharjo, B. B. (2015). Faktor Risiko Yang Berhubungan Dengan Kejadian Hipertensi Usia Produktif (25-54 Tahun). *Unnes Journal of Public Health*, 4(4), 146–158. <https://doi.org/10.15294/ujph.v4i4.9690>
- Arum, Y. T. G. (2019). Hipertensi pada Penduduk Usia Produktif (15-64 Tahun). *Higeia Journal of Public Health Research and Development*, 1(3), 84–94.
- Asyfh, A., Usraleli, U., Magdalena, M., Sakhnan, S., & Melly, M. (2020). Hubungan Obesitas dengan Kejadian Hipertensi di Wilayah Kerja Puskesmas Sidomulyo Rawat Inap. *Jurnal Ilmiah Universitas Batanghari Jambi*, 20(2), 338. <https://doi.org/10.33087/jiubj.v20i2.926>
- Atmarita, A., Jahari, A. B., Sudikno, S., & Soekatri, M. (2017). ASUPAN GULA, GARAM, DAN LEMAK DI INDONESIA: Analisis Survei Konsumsi Makanan Individu (SKMI) 2014. *Gizi Indonesia*, 39(1), 1. <https://doi.org/10.36457/gizindo.v39i1.201>
- Azkie, F. I., & Miko Wahyono, T. Y. (2019). Hubungan Pola Konsumsi Makanan Berisiko dengan Obesitas Sentral Pada Wanita Usia 25-65 Tahun di Bogor Tahun 2011-2012. *Jurnal Epidemiologi Kesehatan Indonesia*, 2(1), 11–18. <https://doi.org/10.7454/epidkes.v2i1.1675>
- Badan Pemeriksaan Keuangan Republik Indonesia. (2022). *Pemerintah Provinsi DKI Jakarta*. <https://jakarta.bpk.go.id/pemerintah-provinsi-dki-jakarta/>

- Benjamin, E. J., Muntner, P., Alonso, A., Bittencourt, M. S., Callaway, C. W., Carson, A. P., Chamberlain, A. M., Chang, A. R., Cheng, S., Das, S. R., Delling, F. N., Djousse, L., Elkind, M. S. V., Ferguson, J. F., Fornage, M., Jordan, L. C., Khan, S. S., Kissela, B. M., Knutson, K. L., ... Virani, S. S. (2019). Heart Disease and Stroke Statistics-2019 Update: A Report From the American Heart Association. In *Circulation* (Vol. 139, Issue 10). <https://doi.org/10.1161/CIR.0000000000000659>
- Berita Jakarta. (2022). *Tentang Jakarta*. <https://www.jakarta.go.id/tentang-jakarta>
- Damayanti, S., Oktaviani, W., & Mirayanti, A. (2020). Hubungan Obesitas Dan Pola Aktivitas Dengan Hipertensi Di Wilayah Kerja Puskesmas Iii Denpasar Utara. *Bali Medika Jurnal*, 7(1), 24–34. <https://doi.org/10.36376/bmj.v7i1.100>
- Darmon, N., & Drewnowski, A. (2015). Contribution of food prices and diet cost to socioeconomic disparities in diet quality and health: A systematic review and analysis. *Nutrition Reviews*, 73(10), 643–660. <https://doi.org/10.1093/nutrit/nuv027>
- Defianna, S. R., Santosa, A., Probandari, A., & Dewi, F. S. T. (2021). Gender differences in prevalence and risk factors for hypertension among adult populations: A cross-sectional study in indonesia. *International Journal of Environmental Research and Public Health*, 18(12). <https://doi.org/10.3390/ijerph18126259>
- Delacroix, S., & Chokka, R. G. (2014). Hypertension: Pathophysiology and Treatment. *Journal of Neurology & Neurophysiology*, 05(06). <https://doi.org/10.4172/2155-9562.1000250>
- Ekaningrum, A. Y. (2021). Hubungan Asupan Natrium, Lemak, Gangguan Mental Emosional, Dan Gaya Hidup Dengan Hipertensi Pada Dewasa Di Dki Jakarta. *Journal of Nutrition College*, 10(2), 82–92. <https://doi.org/10.14710/jnc.v10i2.30435>
- Ekarini, N. L. P., Wahyuni, J. D., & Sulistyowati, D. (2020). Faktor - Faktor Yang Berhubungan Dengan Hipertensi Pada Usia Dewasa. *Jkep*, 5(1), 61–73. <https://doi.org/10.32668/jkep.v5i1.357>
- Ekasari, M. F., Suryati, E. S., Badriah, S., Narendra, S. R., & Amini, F. I. (2021). Kenali penyebab, tanda gejala dan penanganannya. *Hipertensi*, 28.

- Ewald, D. R., & Haldeman, L. A. (2016). Risk Factors in Adolescent Hypertension. *Global Pediatric Health*, 3, 2333794X1562515. <https://doi.org/10.1177/2333794x15625159>
- Fadlilah S. (2019). The effect of warm compresses on neck pain in patients with essential hypertension in the area of Puskesmas Depok I, Sleman Yogyakarta. *Jurnal Keperawatan*, 8(1), 23–31.
- Faisal, D. R., Lazwana, T., Ichwansyah, F., & Fitria, E. (2022). Faktor Risiko Hipertensi Pada Usia Produktif Di Indonesia Dan Upaya Penanggulangannya. *Buletin Penelitian Sistem Kesehatan*, 25(1), 32–41. <https://doi.org/10.22435/hsr.v25i1.5124>
- Febrianti, T., & Mustakim. (2019). Analisis hubungan faktor usia, aktivitas fisik, dan asupan makan dengan kejadian hipertensi di Puskesmas Wilayah Kerja Tangerang Selatan. *Collaborative Medical Journal (CMJ)*, 2(2), 57–67.
- Foëx, P., & Sear, J. W. (2004). Hypertension: Pathophysiology and treatment. *Continuing Education in Anaesthesia, Critical Care and Pain*, 4(3), 71–75. <https://doi.org/10.1093/bjaceaccp/mkh020>
- Freihage, J. H., Nanjundappa, A., & Dieter, R. S. (2008). Secondary hypertension: Etiology and mechanism of disease. *Therapy*, 5(6), 787–790. <https://doi.org/10.2217/14750708.5.6.787>
- George L. Bakris and Matthew J. Sorrentino. (2018). *Hypertension: A Companion to Braunwald's Heart Disease*. <https://www.sciencedirect.com/book/9780323429733/hypertension-a-companion-to-braunwalds-heart-disease>
- Grillo, A., Salvi, L., Coruzzi, P., Salvi, P., & Parati, G. (2019). Sodium intake and hypertension. *Nutrients*, 11(9), 1–16. <https://doi.org/10.3390/nu11091970>
- Gruber, T., Pan, C., Contreras, R. E., Wiedemann, T., Morgan, D. A., Skowronski, A. A., Lefort, S., De Bernardis Murat, C., Le Thuc, O., Legutko, B., Ruiz-Ojeda, F. J., Fuente-Fernández, M. de la, García-Villalón, A. L., González-Hedström, D., Huber, M., Szigeti-Buck, K., Müller, T. D., Ussar, S., Pfluger, P., ... García-Cáceres, C. (2021). Obesity-associated hyperleptinemia alters the gliovascular interface of the hypothalamus to promote hypertension. *Cell Metabolism*, 33(6), 1155-1170.e10.

- <https://doi.org/10.1016/j.cmet.2021.04.007>
- Hall, J. E., Do Carmo, J. M., Da Silva, A. A., Wang, Z., & Hall, M. E. (2015). Obesity-Induced Hypertension: Interaction of Neurohumoral and Renal Mechanisms. *Circulation Research*, 116(6), 991–1006. <https://doi.org/10.1161/CIRCRESAHA.116.305697>
- Hardiansyah, & Supariasa. (2017). 16. *Buku Ilmu Gizi Teori Dan Aplikasi\_Compresed.Pdf*.
- Harvard. (2001). *The Nutrition Source*. <https://www.hsph.harvard.edu/nutritionsource/salt-and-sodium/>
- Hasan. (2018). Korelasi Umur Dan Jenis Kelamin Dengan Penyakit Hipertensi Di Emergency Center Unit Rumah Sakit Islam Siti Khadijah Palembang 2017. *Aristoteles/Indonesia Jurnal Perawat*, 3(1), 9–16.
- Hosseini, M., Baikpour, M., Yousefifard, M., Fayaz, M., Koochpayehzadeh, J., Ghelichkhani, P., Asady, H., Asgari, F., Etemad, K., Rafei, A., & Gouya, M. M. (2015). Blood pressure percentiles by age and body mass index for adults. *EXCLI Journal*, 14, 465–477. <https://doi.org/10.17179/excli2014-635>
- Ihsan. (2019). Hubungan Olahraga, Stress dan Pola Makan dengan Tingkat Hipertensi di Posyandu Lansia di Kelurahan Sudirejo I Kecamatan Medan Kota. *Journal of Health Science and Physiotherapy*, 1(1), 10–17.
- Iqbal, A., Ahsan, K. Z., Jamil, K., Haider, M. M., Khan, S. H., Chakraborty, N., & Streatfield, P. K. (2021). Demographic, socioeconomic, and biological correlates of hypertension in an adult population: evidence from the Bangladesh demographic and health survey 2017-18. *BMC Public Health*, 21(1), 1229. <https://doi.org/10.1186/s12889-021-11234-5>
- JSH. (2014). *Secondary Hypertension*. <https://www.ncbi.nlm.nih.gov/books/NBK544305/>
- Julia, M. (2009). Number of blood pressure measurements needed for screening of hypertension in children and adolescents. *Paediatrica Indonesiana*, 49(4), 299. <https://doi.org/10.14238/pi49.4.2009.299-33>
- Julianto, D., & Utari, P. A. (2011). Analisa Pengaruh Tingkat Pendidikan Terhadap Pendapatan Individu Di Sumatera Barat. *Journal of Physics A: Mathematical and Theoretical*, 44(8), 1689–1699.

<https://media.neliti.com/media/publications/268005-analisa-pengaruh-tingkat-pendidikan-terh-87e7aaa0.pdf>

- K, K., & J, J. (2018). A correlation study between types of obesity and hypertension. *International Journal of Medical Science and Public Health*, 7(11), 1. <https://doi.org/10.5455/ijmsph.2018.0825103092018>
- Kemendes RI, K. K. (2018). *Bagaimana cara menghitung IMT (Indeks Massa Tubuh)*. <https://p2ptm.kemkes.go.id/infographic-p2ptm/obesitas/bagaimana-cara-menghitung-imt-indeks-massa-tubuh>
- Kementerian Kesehatan RI. (2023). *Panduan Hari Obesitas Sedunia*. 1–26.
- Kharisyanti, F., & Farapti, F. (2017). Status Sosial Ekonomi Dan Kejadian Hipertensi. *Media Kesehatan Masyarakat Indonesia*, 13(3), 200. <https://doi.org/10.30597/mkmi.v13i3.2643>
- Klünder-Klünder, M., & Flores-Huerta, S. (2013). Discarding the first measurement and considering blood pressure as the average of three subsequent measurements reflect more stable blood pressure values in children. *Boletín Medico Del Hospital Infantil de Mexico*, 70(1), 11–17.
- Kumar Abbas Aster. (2012). *Robbins Basic Pathology*. [https://books.google.co.id/books?id=aLV9nU\\_7X6UC&printsec=frontcover&hl=id&source=gbs\\_ge\\_summary\\_r&cad=0#v=onepage&q&f=false](https://books.google.co.id/books?id=aLV9nU_7X6UC&printsec=frontcover&hl=id&source=gbs_ge_summary_r&cad=0#v=onepage&q&f=false)
- Lestari, Y. I., & Nugroho, P. S. (2020). Hubungan Tingkat Ekonomi dan Jenis Pekerjaan dengan Kejadian Hipertensi di Wilayah Kerja Puskesmas Palaran Tahun 2019. *Borneo Student Research*, 1(1), 269–273. <https://www.akperinsada.ac.id/e-jurnal/index.php/insada/article/view/150/75>
- Lewis, M. N., Shatat, I. F., & Phillips, S. M. (2017). Screening for hypertension in children and adolescents: Methodology and current practice recommendations. *Frontiers in Pediatrics*, 5(March 2017), 1–5. <https://doi.org/10.3389/fped.2017.00051>
- Li, X., Niu, H., Bai, X. G., Wang, Y. W., & Wang, W. (2021). Association of Obesity and Hypertension: A Cohort Study in China. *International Journal of Hypertension*, 2021. <https://doi.org/10.1155/2021/1607475>
- Lloyd-Jones, D. M., Evans, J. C., Larson, M. G., O'Donnell, C. J., & Levy, D. (1999). Differential impact of systolic and diastolic blood pressure level on

- JNC-VI staging. *Hypertension*, 34(3), 381–385.  
<https://doi.org/10.1161/01.HYP.34.3.381>
- Makaremas, J. E., Kandou, G. D., & Nelwan, J. E. (2018). Kebiasaan Konsumsi Alkohol dan Kejadian Hipertensi Pada Laki-laki Usia 35-59 Tahun di Kota Bitung. *Jurnal KESMAS*, 7(5), 1–7.  
<https://ejournal.unsrat.ac.id/index.php/kesmas/article/view/22135/21836>
- Makhyarotil Ashfiya. (2017). *FAKTOR - FAKTOR YANG BERHUBUNGAN DENGAN KEJADIAN HIPERTENSI USIA DEWASA MUDA DI WILAYAH KERJA PUSKESMAS PERUMNAS II KOTA PONTIANAK*. 4, 9–15.
- Manangkot Meril Valentine. (2020). *GAMBARAN SELF CARE BEHAVIOUR PADA PASIEN HIPERTENSI DI PUSKESMAS WILAYAH KOTA DENPASAR Meril Valentine Manangkot 1, I Made Suindrayasa 2 1,2*. 8, 410–415.
- Maulidina, F. (2019). Faktor-Faktor yang Berhubungan dengan Kejadian Hipertensi di Wilayah Kerja Puskesmas Jati Luhur Bekasi Tahun 2018. *ARKESMAS (Arsip Kesehatan Masyarakat)*, 4(1), 149–155.  
<https://doi.org/10.22236/arkesmas.v4i1.3141>
- Mohammed, M., & Abdelhafiz, K. (2015). Autoantibodies in the sera of breast cancer patients: Antinuclear and anti-double stranded DNA antibodies as example. *Journal of Cancer Research and Therapeutics*, 11(2), 341–344.  
<https://doi.org/10.4103/0973-1482.157314>
- Musfirah, & Masriadi. (2019). Analysis of Risk Factor Relation With Hypertension Occurrence At Work Area of Takalala Health Center, Marioriwawo Sub-District, Soppeng Regency. *Jurnal Kesehatan Global*, 2(2), 93–102.
- Peltzer, K., & Pengpid, S. (2018). The Prevalence and Social Determinants of Hypertension among Adults in Indonesia: A Cross-Sectional Population-Based National Survey. *International Journal of Hypertension*, 2018.  
<https://doi.org/10.1155/2018/5610725>
- Podungge, Y. (2020). Hubungan Umur dan Pendidikan dengan Hipertensi pada Menopause. *Gorontalo Journal of Public Health*, 3(2), 154–161.
- Rahma, G., & Gusrianti, G. (2019). Hubungan Obesitas Sentral Dengan Hipertensi pada Penduduk Usia 25-65 Tahun. *Jik- Jurnal Ilmu Kesehatan*, 3(2), 118.

<https://doi.org/10.33757/jik.v3i2.239>

- Rahmadhani, M. (2021). Faktor-Faktor Yang Mempengaruhi Terjadinya Hipertensi Pada Masyarakat Di Kampung Bedagai Kota Pinang. *Jurnal Kedokteran STM (Sains Dan Teknologi Medik)*, 4(1), 52–62. <https://doi.org/10.30743/stm.v4i1.132>
- Rahmatika, A. F. (2021). Hubungan Kebiasaan Merokok Dengan Kejadian Hipertensi. *Jurnal Medika Utama*, 8(7), 706–710.
- Ramadhani, H. I. (2022). *Hubungan Obesitas dengan Kejadian pada Penduduk Usia 19-64 Tahun di Provinsi Sulawesi Utara Tahun 2018 (Analisis Data Riskesdas 2018)*. <https://lib.fkm.ui.ac.id/detail?id=135556&lokasi=lokal>
- Ramadhini, D., & Suryati. (2018). Hubungan Kebiasaan Konsumsi Makanan Asin dengan Kejadian Hipertensi Pada Lansia. *Jurnal Kesehatan Ilmiah Indonesia*, 3(2), 22–28.
- Ramdhika, M. R., Widiastuti, W., Hasni, D., Febrianto, B. Y., & Jelmila, S. (2023). Hubungan Aktivitas Fisik dengan Kejadian Hipertensi pada Perempuan Etnis Minangkabau di Kota Padang Hubungan Aktivitas Fisik dengan Kejadian Hipertensi pada Perempuan Etnis Minangkabau di Kota Padang. *Jurnal Kedokteran Dan Kesehatan*, 19(1), 91. <https://doi.org/10.24853/jkk.19.1.91-97>
- Ramirez, L. A., & Sullivan, J. C. (2018). Sex differences in hypertension: Where we have been and where we are going. *American Journal of Hypertension*, 31(12), 1247–1254. <https://doi.org/10.1093/ajh/hpy148>
- Riskesdas. (2013). *Laporan Nasional Riskesdas 2013*. <https://www.slideshare.net/ssuser200d5e/riskesdas-2013-30782412>
- Rizky Muharany Putri. (2021). *FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN KEJADIAN HIPERTENSI PADA PENDUDUK USIA 19 - 45 TAHUN DI JAWA TENGAH (ANALISIS RISKESDAS 2018)*. 6.
- Schwartz, G. L., & Sheps, S. G. (1999). A review of the Sixth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. *Current Opinion in Cardiology*, 14(2), 161–168. <https://doi.org/10.1097/00001573-199903000-00014>
- Shariq, O. A., & Mckenzie, T. J. (2020). Obesity-related hypertension: A review of

- pathophysiology, management, and the role of metabolic surgery. *Gland Surgery*, 9(1), 80–93. <https://doi.org/10.21037/g.s.2019.12.03>
- Simbolon, P., Simbolon, N., Siringo-ringo, M., & A.Sihotang, V. (2020). Hubungan Karakteristik dengan Peningkatan Tekanan Darah di Sumbul, Sumatera Utara. *Jurnal Dunia Kesmas*, 9(2), 175–184. <https://doi.org/10.33024/jdk.v9i2.2870>
- Siwi, A. S., & Susanto, A. (2020). Jurnal of Bionursing Analisis Faktor-Faktor Yang Memengaruhi Kejadian Hipertensi. *Jurnal of Bionursing*, 3(2), 164–166.
- Soenarta, A. A., Buranakitjaroen, P., Chia, Y. C., Chen, C. H., Nailes, J., Hoshide, S., Minh, H. Van, Park, S., Shin, J., Siddique, S., Sison, J., Sogunuru, G. P., Sukonthasarn, A., Tay, J. C., Teo, B. W., Turana, Y., Verma, N., Wang, T. D., Zhang, Y. Q., ... Kario, K. (2020). An overview of hypertension and cardiac involvement in Asia: Focus on heart failure. *Journal of Clinical Hypertension*, 22(3), 423–430. <https://doi.org/10.1111/jch.13753>
- Suryonegoro, S. B., Muzada Elfa, M., & Noor, M. S. (2021). Literature Review: Hubungan Hipertensi Wanita Menopause Dan usia Lanjut Terhadap Kualitas Hidup. *Homeostatis*, 4(2), 387–389.
- Thomas, F. (2018). ESC CardioMed. *European Heart Journal - Case Reports*, 2(3), 1–3. <https://doi.org/10.1093/ehjcr/tyt079>
- Tirtasari, Silviana, Kodim, & Nasrin. (2019). Prevalensi dan Karakteristik Hipertensi Pada Usia Dewasa Muda di Indonesia. *Tarumanagara Medical Journal*, 1(2), 395–402.
- Triyanto, E. (2014). *Pelayanan Keperawatan bagi Penderita Hipertensi Secara Terpadu*. 5(1), 1689–1699. <https://revistas.ufrj.br/index.php/rce/article/download/1659/1508%0Ahttp://hpatiapress.com/hpjournals/index.php/qre/article/view/1348%5Cnhttp://www.tandfonline.com/doi/abs/10.1080/09500799708666915%5Cnhttps://mckinseysociety.com/downloads/reports/Educa>
- Ulumuddin, I., & Yhuwono, Y. (2018). Hubungan indeks massa tubuh dengan tekanan darah pada lansia di desa pesucen, banyuwangi. *J. Kesehat. Masy. Indones*, 13(1), 2018.
- UNICEF & WHO. (2019). *The burden of malnutrition at a glance*. <https://globalnutritionreport.org/resources/nutrition-profiles/asia/south->

eastern-asia/indonesia/

- Volker Ruppert & Bernhard Maisch. (2003). *Genetics of Human Hypertension*.  
<https://link.springer.com/article/10.1007/s00059-003-2516-6>
- WHO. (2018). Heart disease and stroke are the commonest ways by which tobacco kills people. *Who*, *1*(1), 1–2.  
[http://www.searo.who.int/tobacco/data/ino\\_rtc\\_reports](http://www.searo.who.int/tobacco/data/ino_rtc_reports),
- WHO. (2019). *Hypertension*. <https://www.who.int/news-room/fact-sheets/detail/hypertension>
- WHO. (2021). *Obesity and overweight*. <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>
- Widjaya, N., Anwar, F., Laura Sabrina, R., Rizki Puspawati, R., & Wijayanti, E. (2018). The Association Between Age and Incidences of Hypertension in Kresek District And Tegal Angus District, Tangerang Regency. *Jurnal Kedokteran Yarsi*, *26*(3), 131–138.  
<https://academicjournal.yarsi.ac.id/index.php/jky/article/view/756>
- Wiltshire, A. H. (2016). The meanings of work in a public work scheme in South Africa. *International Journal of Sociology and Social Policy*, *36*(1–2), 2–17.  
<https://doi.org/10.1108/IJSSP-02-2015-0014>
- Yudrik Jahja. (2011). *Psikologi Perkembangan*.  
[https://fliphtml5.com/fdufi/hgpk/Psikologi\\_Perkembangan\\_by\\_Yudrik\\_Jahja/](https://fliphtml5.com/fdufi/hgpk/Psikologi_Perkembangan_by_Yudrik_Jahja/)
- Yulianda, H. (2021). Hubungan Frekuensi Konsumsi Makanan Asin Dengan Kejadian Hipertensi Pada Lansia Di Provinsi Riau ( Studi Analisis Data Riskesdas 2018). *Naskah Publikasi*, i–14.  
[http://eprints.ums.ac.id/95720/1/9.NASKAH\\_PUBLIKASI.pdf](http://eprints.ums.ac.id/95720/1/9.NASKAH_PUBLIKASI.pdf)