

HUBUNGAN *WORK-LIFE BALANCE* PERAWAT DENGAN *MEDICATION ADMINISTRATION ERROR* DI RUANG RAWAT INAP RS ISLAM CEMPAKA PUTIH JAKARTA

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Abstrak

Keselamatan pasien merupakan komponen penting dalam kualitas perawatan kesehatan. Rumah sakit diharapkan mampu mengembangkan budaya keselamatan pasien untuk mengurangi terjadinya kesalahan, salah satunya dalam pemberian obat. Perawat diharapkan mampu mencegah kesalahan pemberian obat dengan mematuhi prinsip pemberian obat. Namun, dalam praktiknya masih dijumpai kesalahan pemberian obat. *Medication Administration Error* dapat terjadi karena adanya ketidakseimbangan antara pekerjaan dan kehidupan pribadi yang dirasakan pekerja kesehatan. Tujuan dari penelitian ini adalah untuk mengetahui hubungan *work-life balance* perawat dengan *medication administration error* di ruang rawat inap RS Islam Cempaka Putih Jakarta. Penelitian ini dilakukan pada bulan April-Juni 2024 dengan metode penelitian deskriptif analitik menggunakan pendekatan *cross sectional*. Pengambilan sampel yaitu *pusposive sampling* dengan jumlah 115 responden. Hasil uji *chi-square* didapatkan nilai p value = 0,001., CI 95% yang artinya terdapat hubungan *work-life balance* perawat dengan *medication administration error*. Rekomendasi dari penelitian ini adalah pihak manajemen rumah sakit dapat menyediakan fasilitas konseling yang dapat meningkatkan *work-life balance* sehingga dapat menurunkan terjadinya *medication administration error*.

Kata kunci: *Medication Administration Error*, Perawat, *Work-Life Balance*

THE RELATIONSHIP BETWEEN WORK-LIFE BALANCE OF NURSES AND MEDICATION ADMINISTRATION ERROR IN THE INPATIENT WARD OF THE ISLAMIC HOSPITAL CEMPAKA PUTIH JAKARTA

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Abstract

Patient safety is an important component of healthcare quality. Hospitals are expected to develop a culture of patient safety to reduce the occurrence of errors, one of which is in the administration of medication. Nurses are expected to be able to prevent medication administration errors by complying with the principles of medication administration. However, in practice there are still drug administration errors. Medication Administration Error can occur due to the imbalance between work and personal life felt by health workers. The purpose of this study was to determine the relationship between nurses' work-life balance and medication administration errors in the inpatient room of Cempaka Putih Islamic Hospital Jakarta. This study was conducted in April-June 2024 with descriptive analytic research method with a cross sectional study design. The number of samples is 115 respondents, using the purposive sampling technique. The results of the chi-square test obtained a p value of 0.001., 95% CI, which means that there is a relationship between the work-life balance of nurses and medication administration errors. The recommendation from this study is that hospital management can provide counseling facilities that can improve work-life balance so that it can reduce the occurrence of medication administration errors.

Keywords: Medication Administration Error, Nurse, Work-Life Balance