

DAFTAR PUSTAKA

- Bakta, I M 2006, *Hematologi Klinik Ringkas*. EGC, Jakarta.p.6.
- Blumgart, HL 1941, *March Hemoglobinuria: Studies Of The Clinical Characteristics, Blood Metabolism And Mechanism: With Observations On Three New Cases, And Review Of Literature*, Medicine,p.342.
- Buckle, RM 1965, *Exertional (March) Hemoglobinuria: Reduction of Hemolytic Episodes by Use of Sorbo Rubber Insole in Shoe*, Lancet, USA, p.1136-8, Accessed at 21 May 2015, <http://www.ncbi.nlm.nih.gov/pubmed/14287316>
- Douglas, PS & T'Toole, MT 1998, *Cardiovascular and Hematology Alterations in Over Training Sport*, Human Kinetic Publishers, USA, p.45-50.
- Erslev, AJ 1991. *March Hemoglobinuria and Sports Anemia*. In: William WJ, Beutler, Erslev AJ, Lichman MA, eds *Hematologi* 4st ed, New York, p.653-4, Accessed at 21 May 2015, <https://medtextfree.wordpress.com/2011/12/30/chapter-52-march-hemoglobinuria-sports-anemia-and-space-anemia/>
- Fry, AC 1994, *Catecholamine Responses to Short-term High-intensity Resistance Exercise Overtraining*, J. Appl Physiol, p. 941-946, Accessed at 21 May 2015, <http://www.ncbi.nlm.nih.gov/pubmed/8002551>
- Ghony, D, Almanshur, F 2012, *Metodologi Penelitian kualitatif*, Ar-Ruzz Media, Jogjakarta,p.12-13.
- Guyton, AC 2006. *Textbook of Medical Physiology 11th ed*, Elsevier Saunders, Philadelphia, PA, USA,p.539-40.
- Halliwell, E, et.al 2007. *The effects of exposure to muscular male models among men: exploring the moderating role of gym use and exercise motivation*. Body Image, 4(3), p. 278-87.
- Hedelin, R, et.al 2000, *Cardiac Autonomic Imbalance in an Overtrained Athlete*, Medicine and science in sports and exercise, USA, p.1531-3, Accessed at 13 August 2015 <http://www.ncbi.nlm.nih.gov/pubmed/10994900>
- Hoffbrand, AV, Petit, JE, Moss, PAH 2005, *Kapita Selektta Hematologi Edisi 4*. EGC, Jakarta, P.53-61.

- Ketelhut, R, Losem, CJ, Meeserlu, FH 1994, *Is The Decrease in arterial Pressure During Long-term Aerobic Exercise Caused by a Fall in Cardiac Pump Function?*, American Heart Journal, USA, p. 567-71, Accessed at 20 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/8122603>
- Lakesmil 2008, *Laporan Kegiatan Litbang "Peneurunan Kadar Feritin Serum Pelajar Secata Infanteri setelah melaksanakan Hanmars pada Latihan Yudha Wastu Pramuka di Dodiklatpur Rindam III/SLW*, Lakesmil, Indonesia, p. 6 -7.
- Lehmann, M, Foster, C, Dickhuth, HH, Gastmann, U 1998, *Autonomic Imbalance Hypothesis and Overtraining Syndrome*, Med Sci Sports Exerce, USA, p. 1140-5, Accessed at September 2 2015, <http://www.ncbi.nlm.nih.gov/pubmed/9662686>
- Mackinnon, LT 2000, *Effect of Overreaching and Over Training Immune Function In Over Training Sport*, Human Kinetics Publisher Inc, USA, p. 502-9, Accessed at 20 August 2015, <http://www.nature.com/icb/journal/v78/n5/full/icb200070a.html>
- Makin M 1944, *March Haemoglobinuria*, British Medical Journal, England, p.844, Accessed at 20 August 2015, <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2284408/>
- Masters, SB 2002, *Farmakologi Dasar dan klinik katzung: Alkohol*, Salemba Medika, Jakarta,p.432.
- Nala, N 1998, *Prinsip Pelatihan Fisik Olahraga*, Program Pasca Sarjana Studi Fisiologi Olahraga Universitas Udayana Denpasar, Bali,p.12-4.
- Olivia, N 2011, *Pengaruh Pemberian Vitamin E Terhadap Gambaran Histopatologi Tubulus Proksimal Mencit Betina Dewasa yang Mendapat Latihan Fisik Maksimal*, Universitas Sumatra Utara, Sumatra, p.1.
- Pangkahila 2000, *Pedoman Umum Pencegahan terhadap Pelatihan Berlebih*, Pasca Sarjana Fisiologi Olah Raga Universitas Udayana, Denpasar,p.6.
- Pranatahadi, S 2011, *Fisiologi Latihan*, FIK UNY, Yogyakarta,p.1-4.
- Puspawati, E, Wirawan, R 2001, *Pravalensi Hematuria dan Hemoglobinuria pada Ketahanan Mars*, Bagian Patologi Klinik Universitas Indonesia

- Rumah Sakit Umum Pusat Nasional dr. Cipto Mangunkusumo, Jakarta,p.1-3.
- Rindam Jaya, 2015, *Rencana Latihan Yudha Wastu Pramuka Sekolah Calon Tamtama Infanteri TNI AD*, Rindam Jaya, Jakarta,p.1-6.
- Rowbotton,DF, Keast, D, Morton, AR 1996, *The Emerging Role of Glutamine as an Indicator of Exercise Stress and Overtraining*, Sports Med, Australia, p.90-1, Accessed at 26 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/8775515>
- Shephard, R, Sheck, PN 1999, *Exercise, Immunity and Susceptibility to Infection*, The Physician and Sportmedicine, Canada, p.47-71, Accessed at 26 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/20086724>
- Samil, Ratna Suprapti 2001, *Etika Kedokteran Indonesia*, Yayasan Bina Pustaka Sarwono Prawirohardjo, Jakarta,p.45.
- Sherwood, L 2014, *Fisiologi Manusia edisi 6*, EGC, Jakarta, p. 421-6
- Smith, LL 2000, *Cytokine Hypothesis of Overtraining: A Psylogical Adaptation to Excessive Stress?*, Med Sci Sports Exercise, USA, p. 317-31, Accessed at 26 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/10694113>
- Dahlan, S 2010, *Langkah-langkah Membuat Proposal Penelitian Bidang Kedokteran dan Kesehatan seri 3 edisi 2*. Sagung Seto. Jakarta,p.60.
- Tentara Nasional Indonesia Angkatan Darat 2016, *Struktur organisasi, tugas dan fungsi TNI AD*, TNI AD, Jakarta,p.3.
- Upton, MT, Rerych, SK, Roebach, JR 1980, *Effect of Bried and Prolonged Exercise on Left Ventricular Function*, American Journal of Cardiology, USA, p.1154-60.
- Urhausen, A, Gabriel, H, Kindermann, W 1995, *Blood Hormones as Markers of Training Stress and Overtraining*, Sport Med, USA, p.251-76, Accessed at 26 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/8584849>
- Vasudev, M, *et.al* 2011, *Percussion hemoglobinuria-a novel term for hand trauma-induced mechanical hemolysis: a case report*, Journal of medical case reports, p.1-5.

Venoverschede, JL, *et.al* 1991, *Prolonged Exercise Induces Left Ventricular Dysfunction in Healthy Subjects*, Journal of Applied Physiology, Belgium, p.1356-63, Accessed at 26 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/2033004>

Walsh, NP, *et.al* 1999, *Glutamine, Exercise and Immune Function Link and Possible Mechanism*, Sports Med, England, p.47, Accessed at 26 August 2015, <http://www.ncbi.nlm.nih.gov/pubmed/9802174>.

Willmore, JH 1999, *Physiology of Sports and Exercise 2nd ed*, Human Kinetics, USA,p.57.

Wirya, IGP 2002, *Beda Pelatihan Berlebih Antara Program Pelatihan Pembentukan Secata Dibandingkan Dengan Secaba di Rindam Jaya IX/Udayana Tahun Ajaran 2001-2002*, Pasca Sarjana Fisiologi Olah Raga Universitas Udayana, Denpasar,p.5,57.

