

**STUDI KASUS: ASUHAN KEPERAWATAN PADA PASIEN  
*CHRONIC KIDNEY DISEASE (CKD) ON HEMODIALISIS*  
DENGAN MASALAH KEPERAWATAN HIPERVOLEMIA DI  
RUANG ANYELIR RUMAH SAKIT UMUM KOTA  
TANGERANG SELATAN**

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**Abstrak**

**Latar Belakang:** *Chronic Kidney Disease (CKD)* suatu kondisi yang menyebabkan kerusakan ginjal dengan menyebabkan fungsi penurunan pada ginjal, sehingga toksin yang harusnya keluar dari ginjal tidak dapat keluar dan menyebabkan kerusakan uretra ginjal, yang menyebabkan kadar ureum memingkat didalam tubuh dan sel-sel ginjal lainnya tidak dapat berfungsi secara optimal. **Tujuan:** Tujuan dari penelitian ini untuk mengumpulkan informasi langsung dan melakukan asuhan keperawatan yang mencakup pengkajian, diagnosis, rencana, pelaksanaan, dan evaluasi keperawatan untuk pasien *chronic kidney disease*. **Metode:** Desain penelitian yang digunakan adalah metode deskriptif dalam bentuk studi kasus dalam mengimplementasikan asuhan keperawatan *chronic kidney disease on hemodialisis* di ruang anyelir RSUD Kota Tangerang Selatan. **Hasil:** Masalah yang didapatkan pada kasus adalah Hipervolemia berhubungan dengan gangguan mekanisme regular, Pola nafas tidak efektif berhubungan dengan hambatan upaya nafas, Ketidakstabilan kadar glukosa darah berhubungan dengan resistensi insulin, Intoleransi aktivitas berhubungan dengan ketidakseimbangan antara suplai dan kebutuhan oksigen. Setelah dilakukan tindakan keperawatan selama 3x8 jam hasil evaluasi dua diagnosa teratasi, dua diagnosa teratasi sebagian. **Kesimpulan:** Diharapkan kedepannya peneliti mampu memberikan asuhan keperawatan pada pasien *chronic kidney disease* kronis secara memadai dan tepat, disesuaikan dengan permasalahan pasien.

**Kata Kunci:** Asuhan Keperawatan, *Chronic Kidney Disease*, Hemodialisa

**CASE STUDY: NURSING CARE FOR CHRONIC KIDNEY  
DISEASE (CKD) PATIENTS ON HEMODIALYSIS WITH  
HYPERVOLEMIA PROBLEMS NURSING IN THE CENTER  
ROOM OF SOUTH TANGERANG CITY GENERAL HOSPITAL**

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*Abstract*

**Background:** Chronic Kidney Disease (CKD) is a condition that causes kidney damage by causing problems with the kidneys, so that toxins that should come out of the kidneys do not come out and cause damage to the kidney urethra, which causes urea levels to increase in the body and other kidney cells cannot function properly. **Objective:** The aim of this research is to collect direct information and provide nursing care which includes assessment, diagnosis, planning, implementation and evaluation of nursing for chronic kidney disease patients. **Method:** The research design used was a descriptive method in the form of a case study in implementing nursing care for chronic kidney disease on hemodialysis in the carnation room at RSU South Tangerang City. **Results:** The problems found in the cases are hypervolemia related to disruption of regular mechanisms, ineffective breathing patterns related to difficulty in breathing effort, instability of blood glucose levels related to insulin resistance, activity intolerance related to an imbalance between oxygen supply and demand. After carrying out nursing actions for 3x8 hours, the results of the evaluation of two diagnoses were resolved, two diagnoses were partially resolved. **Conclusion:** It is hoped that in the future researchers will be able to provide adequate and appropriate nursing care to patients with chronic kidney disease, tailored to the patient's problems.

**Keyword:** Nursing Care, Chronic Kidney Disease, Hemodialysis