

## DAFTAR PUSTAKA

- Agustin, I Putri, P Mulyadi Endriyani, S & Oktaviani, L 2022. Implementation Of Mobilization Support Nursing in Post-Operational Sectio Caesarian Patients With Physical Mobility Disorders. *J. Appl. Nurs. Heal.* 4, 76–84. <https://doi.org/10.55018/janh.v4i1.58>
- Al-Mahrezi, A & Al-Shidhani, A 2018. Is Chronic Post-Surgical Pain Preventable? *IntechOpen* 3, 36–57. <https://doi.org/10.5772/intechopen.79500>
- Anita Agustanti, D & Purwati 2022. Pijat Refleksi dan Penurunan Intensitas Nyeri pada Pasien Post Operasi Sectio Caesarea Reflection Massage and Pain Intensity Reduction in Post Operation Patients of Sectio Caesarea. *J. Kesehat.* 13, 355–360
- Ashabiya, J M Reeta, P & Solomon, J 2018. Effectiveness of foot Reflexology on post caesarean pain among mothers who had Caesarean Section. *Asian J. Nurs. Educ. Res.* 8, 531–534. <https://doi.org/https://doi.org/10.5958/2349-2996.2018.00109.X>
- Astuti, Y & Anggarawati, T 2020. Pendidikan Kesehatan Teknik Menyusui Terhadap Peningkatan Kemampuan Menyusui Pada Ibu Primipara. *Indones. J. Nurs. Res.* 3, 26. <https://doi.org/10.35473/ijnr.v3i1.904>
- Atmawan, D B Kurniawan, H A Estiko, R I & Allinda, T 2023. Relationship Between Pain Severity in Post-Caesarean Section and Its Preoperative Factors. *JAI (Jurnal Anesthesiol. Indones.* 15, 198–205. <https://doi.org/10.14710/jai.v0i0.57730>
- Australian Institute of Health and Welfare 2023. National Core Maternity Indicators [WWW Document]. AIHW. URL <https://www.aihw.gov.au/reports/mothers-babies/national-core-maternity-indicators/contents/labour-and-birth-indicators/caesarean-section> (accessed 4.20.24).
- Basyouni, N R Gohar, I E & Zaied, N F 2020. Effect of Foot Reflexology on Lactation. *Indian J. Public Heal. Res. Dev.* 7, 1–19. <https://doi.org/10.37506/ijphrd.v11i4.4565>
- BIO-RAD 2024. Inflammation Overview [WWW Document]. BIO-RAD. URL <https://www.bio-rad-antibodies.com/inflammation-antibodies.html> (accessed 3.10.24).
- Borges, N C de Deus, J M Guimarães, R A Conde, D M Bachion, M M de Moura, L A & Pereira, L V 2020. The incidence of chronic pain following Cesarean section and associated risk factors: A cohort of women followed up for three months. *PLoS One* 15, 1–14. <https://doi.org/10.1371/journal.pone.0238634>

- Cahyanti, R Pertiwi, S & Rohmatin, E 2020. Effect of Biologic Nurturing Baby Led Feeding on Post Sectio Caesarea Pain Scale In Majenang Hospital 2018. *Midwifery Nurs. Res.* 2, 22–27. <https://doi.org/10.31983/manr.v2i1.5507>
- Cai, D C Chen, C Y & Lo, T Y 2023. Foot Reflexology: Recent Research Trends and Prospects. *Healthc.* 11. <https://doi.org/10.3390/healthcare11010009>
- Çankaya, S & Ratwisch, G 2020. The Effect of Reflexology on Lactation and Postpartum Comfort in Caesarean-Delivery Primiparous Mothers: A Randomized Controlled Study. *Int. J. Nurs. Pract.* 26, 1–12. <https://doi.org/10.1111/ijn.12824>
- Castellano-Tejedor, C 2022. Non-Pharmacological Interventions for the Management of Chronic Health Conditions and Non-Communicable Diseases. *Int. J. Environ. Res. Public Health* 19. <https://doi.org/10.3390/ijerph19148536>
- Chauhan, G & Tadi, P 2022. Physiology, Postpartum Changes. StatPearls Publishing, StatPearls [Internet]. Treasure Island (FL)
- Daryani Suciana, F Marwanti & Sunardi 2019. Indonesian Journal of Global Health Research. *Indones. J. Glob. Heal. Res.* 2, 695–702. <https://doi.org/10.37287/ijghr.v2i4.250>
- Demelash, G Woldegerima, Y Hailekiros, A & Birlie, W 2020. Postoperative Pain After Cesarean Section at University of Gondar Comprehensive Specialized Hospital. *Res. Sq.* 1–18. <https://doi.org/https://doi.org/10.21203/rs.3.rs-110955/v2>
- Desmawati, D Kongsuwan, W & Chatchawet, W 2019. Effect of nursing intervention integrating an Islamic praying program on labor pain and pain behaviors in primiparous Muslim women. *Iran. J. Nurs. Midwifery Res.* 24, 220–226. [https://doi.org/10.4103/ijnmr.IJNMR\\_36\\_18](https://doi.org/10.4103/ijnmr.IJNMR_36_18)
- Dorosti, A Mallah, F & Ghavami, Z 2019. Effects of Foot Reflexology on Post-Cesarean Pain: A Randomized Clinical Trial. *J Biochem Tech* 170–174
- Dydyk, A M & Conermann, T 2023. Chronic Pain. StatPearls Publishing, StatPearls [Internet]. Treasure Island (FL)
- Embong, N H Soh, Y C Ming, L C & Wong, T W 2015. Revisiting reflexology: Concept, evidence, current practice, and practitioner training. *J. Tradit. Complement. Med.* 5, 197–206. <https://doi.org/10.1016/j.jtcme.2015.08.008>
- Faisol 2022. Manajemen Nyeri [WWW Document]. Kementerian Kesehat. Direktorat Jenderal Pelayanan Kesehat. URL [https://yankes.kemkes.go.id/view\\_artikel/1052/manajemen-nyeri](https://yankes.kemkes.go.id/view_artikel/1052/manajemen-nyeri) (accessed 1.22.24).

- Firdausi, R Anggorowati, A & Sudarmiati, S 2020. Hand Or Foot Reflexology To Relieve Pain Postpartum: A Systematic Review. *J. Keperawatan Respati Yogyakarta* 7, 42. <https://doi.org/10.35842/jkry.v7i1.528>
- Flocco, B 2015. *Idiot's Guides As Easy As It Gets: Reflexology*. Penguin Group (USA) Inc, New York
- Hayati, N Pujiati, P & Sumanti, N T 2023. Hubungan Antara Cephalopelvik Disproportion (Cpd), Gawat Janin Dan Partus Lama Dengan Kejadian Sectio Caesarea (Sc) Pada Ibu Primipara Di Rsiabdt Tahun 2022. *SENTRI J. Ris. Ilm.* 2, 1406–1414. <https://doi.org/10.55681/sentri.v2i5.822>
- Hussein, A I Kurtay, S Omar, A A Yusuf, A A & Mohamud, R Y H 2023. An Analysis of the Rate, Indications, and Associated Maternal Mortality for Cesarean Sections at a Tertiary Care Hospital, First Report from Somalia. *Int. J. Womens. Health* 15, 225–233. <https://doi.org/10.2147/IJWH.S383122>
- Hussen, I Worku, M Geleta, D Mahamed, A A Abebe, M Molla, W Wudneh, A Temesgen, T Figa, Z & Tadesse, M 2022. Post-operative pain and associated factors after cesarean section at Hawassa University Comprehensive Specialized Hospital, Hawassa, Ethiopia: A cross-sectional study. *Ann. Med. Surg.* 81, 104321. <https://doi.org/10.1016/j.amsu.2022.104321>
- International Institute of Reflexology 2024. The History Of Reflexology [WWW Document]. *Int. Inst. Reflexology*. URL <https://www.reflexology-uk.net/about-reflexology/reflexology-history> (accessed 1.22.24).
- Kapıkıran, G & Özkan, M 2021. The effect of foot reflexology on pain, comfort and beta endorphin levels in patients with liver transplantation: A randomized control trial. *Eur. J. Integr. Med.* 45. <https://doi.org/10.1016/j.eujim.2021.101344>
- Kaur, N Saini, P & Kaur, R 2020. A Quasi-experimental Study to Assess the Effect of Foot Reflexology on Anxiety, Labour Pain and Outcome of the Labour among Primipara Women Admitted in Labour Room at SGRD Hospital, Vallah, Amritsar. *Int. J. Heal. Sci. Res.* 10, 135–141
- Lathifah, N Rahman, T A & Safitri, Y 2018. Indikasi Relatif Pada Persalinan Dengan Sectio Caesarea. *J. Ilmu Kebidanan* 6, 87–98
- Mahmoud, N R Habaka, Y F Fayed, H M & Mohamed, W A 2023. Efficacy Of Low-Level Laser Therapy In The management Of Myofascial Pain Dysfunction Syndrome. Comparative Controlled Clinical Trial. *Egypt. Dent. J.* 69, 1799–1809
- Marfuah, D Nurhayati, N Mutiar, A Sumiati, M & Mardiani, R 2019. Pain Intensity among Women with Post-Caesarean Section: A Descriptive Study. *KnE Life Sci.* 2019, 657–663. <https://doi.org/10.18502/cls.v4i13.5322>

- Mohan, M & Varghese, L 2021. Effect of foot reflexology on reduction of labour pain among primigravida mothers. *Int. J. Ther. Massage Bodyw. Res. Educ. Pract.* 14, 21–29. <https://doi.org/10.3822/ijtm.v14i1.386>
- Muliani, R Rumhaeni, A & Nurlaelasari, D 2020. Pengaruh Foot Massage terhadap Tingkat Nyeri Klien Post Operasi Sectio Caesarea. *J. Nurs. Care* 3, 73–80. <https://doi.org/10.24198/jnc.v3i2.24122>
- Parikh, S S Chiu, E & Taborda, R 2020. Pain and Placebo Physiology [WWW Document]. *PM&R Knowl.* URL <https://now.aapmr.org/pain-and-placebo-physiology/> (accessed 4.30.24).
- Rabea Begum, M & Hossain, M A 2019. Validity and Reliability of Visual Analogue Scale (Vas) for Pain Measurement. *J. Med. Case Reports Rev.* 2, 394–402
- Raja S Carr D Cohen M Finnerup N Flor H & Gibson S 2021. The Revised IASP definition of pain: concepts, challenges, and compromises. *Pain [revista en Internet]* 2021 [acceso 4 de marzo de 2022]; 161(9): 1-16. *Pain* 161, 1976–1982. <https://doi.org/10.1097/j.pain.0000000000001939>.The
- Reflexology Association of Canada 2023. What is a “Contraindication?” [WWW Document]. Reflexology Assoc. Canada. URL <https://www.reflexologycanada.org/en/what-is-a-contraindication/> (accessed 1.22.24).
- Richebé, P Capdevila, X & Rivat, C 2018. Persistent postsurgical pain. *Anesthesiology* 129, 590–607. <https://doi.org/10.1097/SPC.0b013e328360b09e>
- RN, O R for N O 2022. *Nursing Management and Professional Concepts, Open Resources for Nursing.* WI Technical Colleges Open Press
- Ryaswati, L & Nurrohmah, A 2023. Application of Foot Massage in Reducing Pain After Cesarean Section Surgery in Postpartum Women Application of Foot Massage in Reducing Pain After Cesarean Section Surgery in Postpartum Women. *KIAN J.* 2, 73–80
- Scottish Government 2021. *The Best Start: Review of Caesarean Section Rates in Scotland*
- Statistisches Bundesamt 2023. Nearly one third of births by Caesarean section in 2021 [WWW Document]. *Stat. Bundesamt*
- Sung, S & Mahdy, H 2023. *Cesarean Section.* StatPearls Publishing, StatPearls [Internet]. Treasure Island (FL)
- Takeda, J Ishikawa, G & Takeda, S 2020. *Clinical Tips of Cesarean Section in Case*

of Breech, Transverse Presentation, and Incarcerated Uterus. *Surg. J.* 06, S81–S91. <https://doi.org/10.1055/s-0040-1702985>

Thapa, P & Euasobhon, P 2018. Chronic postsurgical pain: Current evidence for prevention and management. *Korean J. Pain* 31, 155–173. <https://doi.org/10.3344/kjp.2018.31.3.155>

The Breastfeeding Network 2019. breastfeeding after a caesarean birth [WWW Document]. Breastfeed. Network. URL <https://www.breastfeedingnetwork.org.uk/breastfeeding-after-a-caesarean-birth/> (accessed 3.10.24).

Utami, J N W Riansih, C Untung, M Meisatama, H & Imam, K 2020. Hubungan Nyeri Persalinan Sectio Caesarea dengan Terjadinya Depresi Postpartum pada Ibu Primipara di RSUD Kota Yogyakarta. *J. Ilm. Kesehat.* 15, 41–52

Whatley, J Perkins, J & Samuel, C 2022. ‘Reflexology: Exploring the mechanism of action.’ *Complement. Ther. Clin. Pract.* 48, 101606. <https://doi.org/10.1016/j.ctcp.2022.101606>

WHO 2021. Caesarean section rates continue to rise, amid growing inequalities in access [WWW Document]. WHO. URL <https://www.who.int/news/item/16-06-2021-caesarean-section-rates-continue-to-rise-amid-growing-inequalities-in-access> (accessed 1.23.24).

Yimer, H & Woldie, H 2019. Incidence and Associated Factors of Chronic Pain After Caesarean Section: A Systematic Review. *J. Obstet. Gynaecol. Canada* 41, 840–854. <https://doi.org/10.1016/j.jogc.2018.04.006>

Zabaglo, M & Sharman, T 2023. Postoperative Wound Infection. StatPearls Publishing, StatPearls [Internet]. Treasure Island (FL)