

DAFTAR PUSTAKA

- Alshammari, B., Alkubati, S.A., Pasay-an, E., Alrasheeday, A., Alshammari, H.B., Asiri, S.M., Alshammari, S.B., Sayed, F., Madkhali, N., Laput, V. and Alshammari, F. (2023) ‘Sleep Quality and Its Affecting Factors Among Hemodialysis Patients: A Multicenter Cross-Sectional Study’, *Healthcare*, 11(18), p. 2536. Available at: <https://doi.org/10.3390/healthcare11182536>.
- Arfah, A., Hariati, A. and Agustang, A. (2021) ‘Pengaruh Penyakit Hipertensi Terhadap Kualitas Fungsi Ginjal (Studi Literatur)’, *Journal of Health Quality Development*, 1(2), pp. 74–78. Available at: <https://doi.org/10.51577/jhqd.v1i2.187>.
- Bikbov, B. (2020) ‘Global, Regional, and National Burden of Chronic Kidney Disease, 1990–2017: a Systematic Analysis for the Global Burden of Disease Study 2017’, *The Lancet*, 395(10225), pp. 709–733. Available at: [https://doi.org/10.1016/S0140-6736\(20\)30045-3](https://doi.org/10.1016/S0140-6736(20)30045-3).
- Cahyani, A.A.A.E., Prasetya, D., Abadi, M.F. and Prihatiningsih, D. (2022) ‘Gambaran Diagnosis Pasien Pra-Hemodialisa Di RSUD Wangaya Tahun 2020-2021’, *Jurnal Ilmiah Hospitality*, 11, pp. 661–666.
- Cahyo, V.D., Nursanto, D., Risanti, E.D. and Dewi, L.M. (2021) ‘Hubungan antara Hipertensi dan Usia terhadap Kejadian Kasus Gagal Ginjal Kronis di RSUD dr. Harjono S. Ponorogo’, *Proceeding Book National Symposium and Workshop Continuing Medical Education XIV*, pp. 105–113.
- Cheng, E., Evangelidis, N., Guha, C., Hanson, C.S., Unruh, M., Wilkie, M., Schell, J., Hecking, M., Gonzalez, A.M., Ju, A., Eckert, D.J., Craig, J.C. and Tong, A. (2021) ‘Patient Experiences of Sleep in Dialysis: Systematic Review of Qualitative Studies’, *Sleep Medicine*, 80, pp. 66–76. Available at: <https://doi.org/10.1016/j.sleep.2021.01.019>.
- Clinic, C. (2022) *Hypervolemia*, Cleveland Clinic. Available at: <https://my.clevelandclinic.org/about/website/editorial-policy>.
- Edley, R. (2020) ‘Can non-pharmacological interventions improve sleep quality for haemodialysis patients?’, *Journal of Kidney Care*, 5(1), pp. 6–12. Available at: <https://doi.org/10.12968/jokc.2020.5.1.6>.
- Ernati, L., Septiwi, C. and Nugroho, F.A. (2022) ‘Pengalaman Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisis : Studi Fenomenologi Pengalaman Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisis : Studi Fenomenologi’, *Prosiding University Research Colloquium*, pp. 983–988.
- Han, Q., Liu, B., Lin, S., Li, J., Liang, P., Fu, S., Zheng, G., Yang, S., Li, B. and Shyawmi Irdianti, 2024

- Yang, Q. (2021) ‘Pittsburgh Sleep Quality Index score predicts all-cause mortality in Chinese dialysis patients’, *International Urology and Nephrology*, 53(11), pp. 2369–2376. Available at: <https://doi.org/10.1007/s11255-021-02842-6>.
- Heriansyah, Humaedi, A. and Widada, N. (2019) ‘Gambaran Ureum Dan Kreatinin Pada Pasien Gagal Ginjal Kronis Di Rsud Karawang’, *Binawan Student Journal*, 01(01), pp. 8–14.
- Herwinda, Kusumajaya, H. and Faizal, K.M. (2023) ‘Faktor-faktor yang mempengaruhi kekambuhan Asma Bronchial pada penderita Asma Bronchial di wilayah kerja Puskesmas Rimbo Tengah tahun 2021’, *Juornal of Nursing Practice and Education*, 3(2), pp. 119–127.
- Husnaeni, N. and Syahruramdhani (2023) ‘i Pengaruh Aromatherapy Lavender Untuk Gangguan Pola Tidur Pasien Dengan Gagal Ginjal Kronis’, *Healthy Journal*, 12(2), pp. 59–68.
- Iqbal, M.S., Iqbal, Q., Iqbal, S. and Ashraf, S. (2021) ‘Hemodialysis as Long Term Treatment: Patients Satisfaction and its Impact on Quality of Life’, *Pakistan Journal of Medical Sciences*, 37(2), pp. 1–5. Available at: <https://doi.org/10.12669/pjms.37.2.2747>.
- IRR (2018) ‘11th Report Of Indonesian Renal Registry 2018’, *Indonesian Renal Registry (IRR)*, pp. 14–15.
- Kamil, A.R. and Setiyono, E. (2018) ‘Symptoms Burden dan Kualitas Tidur Pada Pasien Hemodialisa’, *Indonesian Journal of Nursing Sciences and Practice*, pp. 27–37.
- Kementrian Kesehatan Republik Indonesia (2019) ‘Laporan Riskesdas 2018 Nasional’, p. 674.
- Kovesdy, C.P. (2022) ‘Epidemiology of chronic kidney disease: an update 2022’, *Kidney International Supplements*, 12(1), pp. 7–11. Available at: <https://doi.org/10.1016/j.kisu.2021.11.003>.
- Listiani, D. and Hartanti, R.D. (2021) ‘Pengaruh Foot Reflexology Terhadap Penurunan Kelelahan Pada Pasien Gagal Ginjal Kronik yang Menjalani Terapi Hemodialisa: Literature Review’, *Prosiding Seminar Nasional Kesehatan*, 1, pp. 1383–1392. Available at: <https://doi.org/10.48144/prosiding.v1i.840>.
- Maqrifah, A.N. (2020) ‘Hubungan Lama Menjalani Hemodialisis Dan Kepatuhan Diet Dengan Kadar Hemoglobin The Correlation Between Long Undergoing Hemodialysis And Diet Compliance With Hemoglobin Levels Of Hemodialysis Patients At Pandan Arang Hospital Boyolali’, 17(2), pp. 51–57.

- Marianna, S. and Astutik, S. (2018) ‘Hubungan Dampak Terapi Hemodialisa Terhadap Kualitas Hidup Pasien Dengan Gagal Ginjal’, *Indonesian Journal of Nursing Sciences and Practice*, pp. 41–52.
- Mohammadpourhodki, R., Sadeghnezhad, H., Ebrahimi, H., Basirinezhad, M.H., Maleki, M. and Bossola, M. (2021) ‘The Effect of Aromatherapy Massage With Lavender and Citrus Aurantium Essential Oil on Quality of Life of Patients on Chronic Hemodialysis: A Parallel Randomized Clinical Trial Study’, *Journal of Pain and Symptom Management*, 61(3), pp. 456-463.e1. Available at: <https://doi.org/10.1016/j.jpainsympman.2020.08.032>.
- Mustofa, S., Kartinah and Kristini Puji (2022) ‘Gambaran Kualitas Tidur Pada Pasien Gagal Ginjal Kronik’, *Jurnal Perawat Indonesia*, 6(3), pp. 1196–1200.
- Al Naamani, Z., Gormley, K., Noble, H., Santin, O. and Al Maqbali, M. (2021) ‘Fatigue, Anxiety, Depression and Sleep Quality in Patients Undergoing Haemodialysis’, *BMC Nephrology*, 22(1), pp. 1–8. Available at: <https://doi.org/10.1186/s12882-021-02349-3>.
- Ni Made Maharianingsih, A.A.S.I.I. (2020) ‘Pemberian Aromaterapi Lavender (Lavandula Angustifolia) Untuk Meningkatkan Kualitas Tidur Lansia’, *Ad-Dawaa’ Journal of Pharmaceutical Sciences*, 3(2), pp. 72–81. Available at: <https://doi.org/10.24252/djps.v3i2.13945>.
- Nurhayati, I., Hamzah, A., Erlina, Li. and Rumahorobo, H. (2021) ‘Gambaran Kualitas Tidur Pada Pasien Gagal Ginjal Kronik Yang Menjalani Terapi Hemodialisa: Literature Review’, *Jurnal Keperawatan Indonesia Florence Ningtingale*, 1(1), pp. 38–51.
- Oshvandi, K., Mirzajani Letomi, F., Soltanian, A.R. and Shamsizadeh, M. (2021) ‘The effects of Foot Massage on Hemodialysis Patients’ Sleep Quality and Restless Leg Syndrome: A Comparison of Lavender and Sweet Orange Essential Oil Topical application’, *Journal of Complementary and Integrative Medicine*, 18(4), pp. 843–850. Available at: <https://doi.org/10.1515/jcim-2020-0121>.
- Pralisa, K., Dewi, D.A.K. and Ilmiawan, M.I. (2021) ‘Gambaran etiologi penyakit ginjal kronik stadium V pada pasien rawat inap di RSUD Dokter Soedarso Pontianak tahun 2017-2018’, *Jurnal Cerebellum*, 6(3), p. 59. Available at: <https://doi.org/10.26418/jc.v6i3.45308>.
- Pranandari, R. and Supadmi, W. (2019) ‘Faktor Risiko Gagal Ginjal Kronik Di Unit Hemodialisa RSUD Wates Kulon Progo’, *Majalah Farmaseutik*, 11(2), pp. 316–320. Available at: <https://doi.org/https://doi.org/10.22146/farmaseutik.v11i2.24120>.
- Rahmah, A.N., Sari, E.A. and Fitria, N. (2022) ‘Management of Hypervolemia In

- Chronic Kidney Disease Stage 5 At Sumedang Hospital: A Case Study', *Padjadjaran Acute Care Nursing Journal*, 3(2).
- Robby, A., Agustin, T. and Azka, H.H. (2022) 'Pengaruh Pijat Kaki (Foot Massage) Terhadap Kualitas Tidur Effect of Foot Massage on Sleep Quality', *HealthCare Nursing Journal*, 4(1), pp. 206–213.
- Siburian, C.H. and Silaban, N.Y. (2023) 'The Effect of Foot Massage with Oil Aromatherapy on Hemodialysis Patients' Sleep Quality', *Jurnal Aisyah : Jurnal Ilmu Kesehatan*, 8(1), pp. 33–38. Available at: <https://doi.org/10.30604/jika.v8i1.1398>.
- Siregar, C.T. (2020) *Buku Ajar Manajemen Komplikasi Pasien Hemodialisa*. Deepublish. Available at: https://books.google.co.id/books?id=MjT4DwAAQBAJ&pg=PA1&hl=id&source=gbs_toc_r&cad=2#v=onepage&q=&f=false.
- Tan, L.H., Chen, P.S., Chiang, H.Y., King, E., Yeh, H.C., Hsiao, Y.L., Chang, D.R., Chen, S.H., Wu, M.Y. and Kuo, C.C. (2022) 'Insomnia and Poor Sleep in CKD: A Systematic Review and Meta-analysis', *Kidney Medicine*, 4(5), p. 100458. Available at: <https://doi.org/10.1016/j.xkme.2022.100458>.
- Thomas, Ni. (2019) *Renal Nursing: Care and Management of People with Kidney Disease, 5th Edition*. Wiley-Blackwell.
- UK Kidney Association (2020) *CKD Stages*. Available at: <https://ukkidney.org/health-professionals/information-resources/uk-eckd-guide/ckd-stages>.
- Utami, I.A.A., Santhi, D.G.D.D. and Lestari, A.A.W. (2020) 'Prevalensi dan Komplikasi Pada Penderita Gagal Ginjal Kronik yang Menjalani Hemodialisa di Rumah Sakit Umum Pusat Sanglah Denpasar Tahun 2018', *Intisari Sains Medis*, 11(3), pp. 1216–1221. Available at: <https://doi.org/10.15562/ism.v11i3.691>.
- Wang, W.L., Hung, H.Y., Chen, Y.R., Chen, K.H., Yang, S.N., Chu, C.M. and Chan, Y.Y. (2020) 'Effect of Foot Reflexology Intervention on Depression, Anxiety, and Sleep Quality in Adults: A Meta-Analysis and Metaregression of Randomized Controlled Trials', *Evidence-based Complementary and Alternative Medicine*, 2020. Available at: <https://doi.org/10.1155/2020/2654353>.
- WHO (2024) *Hypertension*. Available at: <https://www.who.int/news-room/fact-sheets/detail/hypertension>.
- World Kidney Day (2022) *Chronic Kidney Disease*, www.worldkidneyday.com. Available at: <https://www.worldkidneyday.org/about-kidney-health/>.

- Wulandari, N.L.I.M., Sudaryati, N.L.G. and Widayantari, A.A.. S.S. (2021) ‘Hubungan Kadar Kalsium Dan Fosfor Penderita Gagal Ginjal Kronik Dengan Hemodialisa Di Laboratorium Klinik Prodia Denpasar’, *Jurnal Widya Biologi*, 12(01), pp. 34–47. Available at: <https://doi.org/10.32795/widyabiologi.v12i01.1321>.
- Zasra, R., Harun, H. and Azmi, S. (2018) ‘Indikasi dan Persiapan Hemodialisis Pada Penyakit Ginjal Kronis’, *Jurnal Kesehatan Andalas*, 7(Supplement 2), p. 183. Available at: <https://doi.org/10.25077/jka.v7i0.847>.