

## DAFTAR PUSTAKA

- Adhikari, A., Dutta, A., Sapkota, S., Chapagain, A., Aryal, A., & Pradhan, A. 2017. Prevalence of Poor Mental Health Among Medical Students in Nepal: A Cross-Sectional Study. *BMC Medical Education*, 17(1), 1–7.
- Adryana, N. C., Oktafany, Apriliana, E., & Oktaria, D. 2020. Perbandingan Tingkat Stres pada Mahasiswa Tingkat I, II dan III Fakultas Kedokteran Universitas Lampung. *Majority*, 142-149.
- Al-Houri, H. N., Jomaa, S., Arrouk, D. M., Nassif, T., Allah, M., Al-Houri, A. N., & Latifeh, Y. 2023. The Prevalence of Stress Among Medical Students in Syria and Its Associated With Social Support: A Cross-Sectional Study. *BMC Psychiatry*, 1-13.
- Al-Qahtani, M., & Alsubaie, A. 2020. Investigating Stress and Sources of Stress Among Female Health Profession Students in a Saudi University. *Journal of Multidisciplinary Healthcare*, 477-484.
- Alhatmi, S. M., Aldabali, S. O., & Alzubaidi, Z. A. 2022. Assessing The Level of Stress Among Medical Students at The Medical College of Um Al Qura University in Al-Qunfudhah. *Medical Science*, 26.
- Alotaibi, A.D., Alosaimi, F.M., Alajlan, A.A., Abdulrahman, K.A. 2020. The Relationship Between Sleep Quality, Stress, and Academic Performance Among Medical Students. *Journal of Family and Community Medicine*, Jan-Apr; 27(1): 23–28.
- Badan Pusat Statistik Indonesia. 2017. Gender.
- Dahlan, S. 2014. *Statistik untuk Kedokteran dan Kesehatan*. Jakarta: Salemba Medika.
- Fares, J., Saadeddin, Z., al Tabosh, H., Aridi, H., el Mouhayyar, C., Koleilat, M. K., Chaaya, M., & el Asmar, K. 2016. Extracurricular activities associated with stress and burnout in preclinical medical students. *Journal of Epidemiology and Global Health*, 6(3), 177–185.
- Fawzy, M., & Hamed, S. A. 2017. Psychological Stress Among Medical Students in Assiut University, Egypt. *Psychiatry Research*.

- Fink, G. 2016. *Stress, Definitions, Mechanisms, and Effects*. Australia: Elsevier.
- Gao, W., Ping, S., & Liu, X. 2019. Gender Differences in Depression, Anxiety, and Stress Among College Students: A longitudinal study from China.
- Gupta, S., Das, M., Pradhan, R., Choudhury, S., & Mondol, A. 2015. Factors Causing Stress Among Students of A Medical College in Kolkata, India. *Education for Health*, 28(1).
- Halperin, S. J., Henderson, M. N., Prenner, S., & Grauer, J. N. 2021. Prevalence of Anxiety and Depression Among Medical Students During the Covid-19 Pandemic: A Cross-Sectional Study. *Journal of Medical Education and Curricular Development*, 8.
- Harahap, N. 2017. *Hubungan Stres Mahasiswa Tahun Pertama dengan Nilai Blok Study Skills di Fakultas Kedokteran Universitas Muhammadiyah Sumatera Utara*. [Skripsi]. Medan. Universitas Muhammadiyah Sumatera Utara.
- Imami, Y. U., Novasyra, A., Utami, N., & Lubis, I. A. 2022. Tingkat Stres Mahasiswa Fakultas Kedokteran Universitas Islma SUMatera Utara Angkatan 2021 pada Masa Pandemi Covid-19. *Jurnal Kedokteran STM*, 80-86.
- Jayarajah, U., Lakmal, K., Athapathu, A., Jayawardena, A. J., & de Silva, V. 2020. Validating the Medical Students' Stressor Questionnaire (MSSQ) from a Sri Lankan Medical Faculty. *Journal of Taibah University Medical Sciences*, 15(5), 344–350.
- Kneavel, M. 2020. Relationship Between Gender, Stress, and Quality of Social Support. *Psychological Reports*, 124(4), 1481–1501.
- Kuswati, T. 2020. *Latar Belakang Sosial Ekonomi Orang Tua dan Pengaruhnya Terhadap Prestasi Belajar Peserta Didik*. [Skripsi]. Tasikmalaya. Universitas Siliwangi.
- Legiran, Azis, M. Z., & Bellinawati, N. 2015. Faktor Risiko Stres dan Perbedaannya pada Mahasiswa Berbagai Angkatan di Fakultas Kedokteran Universitas Muhammadiyah Palembang. *Jurnal Kedokteran dan Kesehatan*, 197-202.

- Leistner, D dan Menke, A. 2020. Hypothalamic-Pituitary-Adrenal Axis and Stress. *Review Handb Clin Neurol* ;175:55-64.
- Konar, N. M., Adresi, Y., & Tarihi, G. 2020. Factors Associated with Depression, Anxiety and Stress Levels Among Medical Students. *Research Article Ankara Med J*, 1.
- Moir, F., Yielder, J., Sanson, J., & Chen, Y. 2018. Advances in Medical Education and Practice Dovepress Depression in Medical Students: Current Insights. *Advances in Medical Education and Practice*, 9–323.
- Masturoh, I., dan Temesvari, N. A. 2018. *Metodologi Penelitian Kesehatan*. Kementerian Kesehatan Republik Indonesia.
- Musiun, K., Lukman, K. A., Jeffree, M. S., Robinson, F., Hassan, M. R., Ghazi, H. F., Shamsudin, S. B. 2019. Prevalence of Stress and Its Associated Factors Among Medical Students in Sabah, Malaysia Borneo. *Malaysian Journal of Public Health Medicine*, 116-125.
- Nasir, R., Akbar, R.R., Henky, J. 2023. Hubungan Tingkat Stres dengan Karakteristik Peserta OSCE UKMPPD di Fakultas Kedokteran Universitas Baiturrahmah. *Scientific Journal*, 2(4).
- Nkire, N., Nwachukwu, I., Shalaby, R., Hrabok, M., Vuong, W., Gusnowski, A., Surood, S., Greenshaw, A. J., Agyapong, V. I. O. 2021. COVID-19 Pandemic: Influence of Relationship Status on Stress, Anxiety, and Depression in Canada. *Irish Journal of Psychologival Medicine*, 39(4): 1-26.
- Oken, B. S., Chamine, I., & Wakeland, W. 2015. A Systems Approach to Stress, Stressors and Resilience in Humans. *Behavioural Brain Research*, 282, 144–154.
- Oktaria, D., Sari, M. I., Azmy, N. A. 2019. Perbedaan Tingkat Stres pada Mahasiswa Tahap Profesi yang Menjalani Stase Minor dengan Tugasa Tambahan Jaga dan Tidak Jaga di Fakultas Kedokteran Universitas Lampung. *Jurnal Kedokteran Universitas Lampung*, 3(1): 112-116.
- Picton, A. 2021. Work-Life Balance in Medical Students: Self-Care in A Culture of Self-Sacrifice. *BMC Medical Education*, 21(8): 1-12.

- Pokhrel, N. B., Khadayat, R., & Tulachan, P. 2020. Depression, Anxiety, and Burnout Among Medical Students and Residents of A Medical School in Nepal: A Cross-Sectional Study. *BMC Psychiatry*, 1-18.
- Puthran R, Zhang MW, Tam WW, Ho RC. 2016. Prevalence of Depression Amongst Medical Students: A Meta-Analysis. *Med Educ*, 50(4): 456-68.
- Putri, T. K., Sunarti, S. 2020. *Optimalisasi Penyediaann Fasilitas Umum yang Layak Huni di Rusunawa Kudu Kota Semarang*. [Skripsi]. Semarang. Universitas Diponegoro.
- Quek, T. T. C., Tam, W. W. S., Tran, B. X., Zhang, M., Zhang, Z., Ho, C. S. H., & Ho, R. C. M. 2019. The Global Prevalence of Anxiety Among Medical Students: A Meta-Analysis. *International Journal of Environmental Research and Public Health*, 16(15).
- Rafique, N., Al-Asoom, L. I., Latif, R., al Sunni, A., & Wasi, S. 2019. Comparing Levels of Psychological Stress and Its Inducing Factors Among Medical Students. *Journal of Taibah University Medical Sciences*, 14(6): 488–494.
- Rahmayani, R. D., Liza, R. G., & Syah, A. N. 2019. Gambaran Tingkat Stres Berdasarkan Stressor pada Mahasiswa Kedokteran Tahun Pertama Program Studi Profesi Dokter Fakultas Kedokteran Universitas Andalas Angkatan 2017. *Jurnal FK Unand*, 103-111.
- Rakasiwi, L.S., Kautsar, A. 2021. Pengaruh Faktor Geografi dan Sosial Ekonomi terhadap Status Kesehatan Individu di Indonesia. *Kajian Ekonomi dan Keuangan*, 5(2): 146-157.
- Rosyanti, L., & Hadi, I. 2017. Memahami Respons Stress Sebagai Bagian dari Kehidupan Seseorang. Kendari: Politeknik Kesehatan Kemenkes Kendari.
- Rotenstein, L. S., Ramos, M., Torre, M., Segal, B., Michael, P., Guille, C., Mata, D. 2016. Prevalence of Depression, Depressive Symptoms, and Suicidal Ideation Among Medical Students. *JAMA*, 2214-2236.
- Sajuni, & Agus. 2022. *Stress Analytics of Medical Students at Faculty of Medicine University of Surabaya*. 11(3), 319–325.
- Salomon, K. 2013. *Stress*. In: Gellman, M.D., Turner, J.R. (eds) *Encyclopedia of Behavioral Medicine*. Springer, New York, NY.

*Sejarah - UPN Veteran Jakarta.* (2022). Diakses pada 26 Desember 2023, dari <https://www.upnvj.ac.id/id/tentang-upn/sejarah.html>

Shadid, A., Shadid, A. M., Shadid, A., Almutairi, F. E., Almotairi, K. E., Aldarwish, T., Alzamil, O., Alkholaifi, F., & Khan, S.-U.-D. 2020. *Stress, Burnout, and Associated Risk Factors in Medical Students.*

Slimmen, S., Timmermans, O., Mikolajczak-Degrauw, K., & Oenema, A. 2022. How Stress-Related Factors Affect Mental Wellbeing of University Students A Cross-Sectional Study to Explore The Associations Between Stressors, Perceived Stress, and Mental Wellbeing. *PLOS ONE*, 17(11).

Sutjiato, M., Kandou, G.D., Tucunan, A.A.T. 2015. Hubungan Faktor Internal dan Eksternal dengan Tingkat STres pada Mahasiswa Fakultas Kedokteran Universitas Sam Ratulangi Manado. *Jurnal Ilmu Kesehatan Masyarakat Unsrat*, 5(1).

*Tentang Fakultas Kedokteran UPN Veteran Jakarta - Fakultas Kedokteran UPN Veteran Jakarta.* 2022. Diakses pada 26 Desember 2023, dari <https://fk.upnvj.ac.id/tentang-fk-upnvj/>

Wahed, W. Y. A., & Hassan, S. K. 2017. Prevalence and Associated Factors of Stress, Anxiety and Depression Among Medical Fayoum University Students. *Alexandria Journal of Medicine*, 53(1), 77–84.

Wilujeng, C. S., Habibie, I. Y., Ventyaningsih, A. D. I. 2023. Hubungan antara Jenis Kelamin dengan Kategori Stres pada Remaja di SMP Brawijaya Smart School. *SSEJ*, 3(1), 6–11.

WHO. 2023. Stress. *World Health Organization.*