

## DAFTAR PUSTAKA

- Abiola O Ogundele<sup>1</sup>, M. O. (2015). Influence of Selected Pain Characteristics on Segmental Spine Range of. *J Ergonomics*, 1.
- Ahmed, M.S., Shakoor, M.A., & Khan,. (2009). *Evaluation of the Effect of Short Wave Diathermy in Patients with Chronic Low Back Pain*. Bangladesh: Publisher Media.
- Alimul, A. (2006). *Pengantar Ilmu Keperawatan Anak*. Jakarta: Salemba Medika Mansjoe.
- Andri. (2008). *Program Fisioterapi untuk Nyeri Punggung Bawah*. Bali.
- Arya, R. (2014). Low back pain – Signs, symptoms, and management. *Journal, Indian Academy of Clinical Medicine*, 32.
- Cailliet, R. 1981. *Low Back Pain Syndroma*. Philadelphia: FA Davis Company.
- dr. Ni Putu Dewi Sri Wahyuni, S. M. (2014). *Fisioterapi Umum*. Yogyakarta: GRAHA ILMU.
- Harsono. (1996). *Buku Ajar Neurologi Klinis*. Yogyakarta: Gajah Mada University Press.
- Indah Pramita, A. P. (2015). CORE STABILITY EXERCISE LEBIH BAIK MENINGKATKAN AKTIVITAS FUNGSIONAL DARI PADA WILLIAM'S FLEXION EXCERCISE PADA PASIEN NYERI PUNGGUNG BAWAH MIOGENIK. *Sport and Fitness Journal*, 35.
- Joanne, E. (2008). *Stability Sport and Performance Movement*. Chickhester: Lotus Publishing.
- Johnson, J. (2012). *Functional Rehabilitation of Low Back Pain With*. Utah State University.
- Kalim, H. (1996). *Ilmu Penyakit dalam*. Jakarta: Balai Penerbit FKUI.
- Karren Saunders, Chabut, Lareine, 2008. *Core Strength For Dummies*, (Canada : Wiley Publishing, Inc., Indianapolis, Indiana., 2009).

- Lawrence, M. (2013). *The Complete Guide to Core Stability: Why is Core Stability Important*. A&C Black.
- Lederman, P. E. (2007). The Myth of Core Stability. *CPDO Online Journal*, 1.
- Lehman JF, D. B. (1990). *Diathermy and superficial heat, laser and cold therapy*. In: *Krusen's handbook of physical medicine and rehabilitation*. Philadelphia: WB Saunders Company.
- Paliyama. (2003). *Perbandingan efek Terapi Arus Interferensial dengan TENS dalam Pengurangan Nyeri Punggung Bah Musculoskeletal*. Semarang: FK Undip.
- Panjabi, M. (2013). The Stabilizing of spinal disorder. Part II. *Neutral Zone and Instability Hypothesis*. *Journal of Spinal Disorder*, 390-396.
- Raphael, B. d. (2009). *Core stability training and Core*. Sport Injury Buletin.
- Raphael, B. d. (2009). *Core stability training and Core stability program*. <http://www.sportinjurybulletin.com/archive/core-stability.html>.
- Sciatica Muscle Spasm. <http://www.painclinic.org/spinalpain-lowbackpain.htm>
- Shabana Khan, Sharick Shamsi, Samiha Abdelkader. (2013). Comparative Study of Short Wave Diathermy and Exercise Together and Exercise Alone in the Management of Chronic Back Pain. *International Journal of Health Sciences and Research (IJHSR)*, 7-13.
- Shivalika, A. N. (2013). To Compare The Effect Of Core Stability Exercises And Muscle Energy Techniques On Low Back Pain Patients. *IOSR Journal of Sports and Physical Education (IOSR-JSPE)*.
- Soedomo, A. (2002). *.AspekKlinis Neurologic Nyeri Punggung Bawah*. Surakarta: Simposium LBP.
- Sugijanto. (2006). Perbedaan Pengaruh Pemberian Short Wave Diathermy (SWD) dan Contract Relax And Stretching Dengan Short Wave Diathermy dan Transvers Friction Terhadap Pengurangan Nyeri Pada Sindroma Nyeri Miofasial Otot Levator Skapula. *Fisioterapi Indonesia*, 46-66.
- Sujatno, I. e. (2002). *Sumber Fisis*. Surakarta: Politeknik Kesehatan Surakarta.

Wissel, B. a. (2004). *Low back pain Medical diagnosis and comprehensive management*. Philadelphia: WB Saunders Company.

Yogita Verma<sup>1</sup>, M. G. (2013). PAIN, RANGE OF MOTION AND BACK STRENGTH IN CHRONIC. *International Journal of Physiotherapy and Research*, 48.

