

EDUKASI KESEHATAN REPRODUKSI MELALUI MEDIA LEMBAR BALIK CATIN TERHADAP PENGETAHUAN DAN SIKAP CALON PENGANTIN DI PUSKESMAS KECAMATAN TANJUNG PRIOK

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Abstrak

Pemberian edukasi kesehatan reproduksi sebelum menikah perlu diberikan kepada calon pengantin untuk mempersiapkan pernikahan dengan tujuan membina keluarga yang sehat dan sejahtera. Hasil survei kepada calon pengantin di Puskesmas Kecamatan Tanjung Priok, hanya 22 dari 90 calon pengantin (24%) yang pernah mendapatkan edukasi kesehatan reproduksi. Penelitian ini bertujuan untuk melihat perbedaan tingkat pengetahuan dan sikap calon pengantin di Puskesmas Kecamatan Tanjung Priok sebelum dan setelah diberikan edukasi melalui media Lembar Balik Catin. Penelitian ini menggunakan desain *pre-eksperimental one group pre-test dan post-test* yang dilaksanakan pada bulan Desember 2023—Januari 2024 dengan sampel 90 calon pengantin menggunakan teknik *simple random sampling*. Pengumpulan data menggunakan kuesioner dan dianalisis menggunakan Uji Wilcoxon. Hasil penelitian menunjukkan terdapat peningkatan nilai rata-rata variabel pengetahuan (6,97) dan variabel sikap (7,68) sebelum dan setelah diberikan edukasi. Terdapat perbedaan yang signifikan antara pengetahuan dan sikap calon pengantin sebelum dan setelah diberikan edukasi mengenai kesehatan reproduksi melalui media Lembar Balik Catin ($p < 0,05$).

Kata Kunci: Edukasi Kesehatan Reproduksi, Calon Pengantin, Lembar Balik Catin

REPRODUCTIVE HEALTH EDUCATION THROUGH *CATIN* FLIP SHEET MEDIA ON THE KNOWLEDGE AND ATTITUDES OF PROSPECTIVE BRIDES AT PUSKESMAS TANJUNG PRIOK SUB-DISTRICT

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Abstract

The provision of reproductive health education before marriage needs to be given to prospective brides to prepare for marriage to build a healthy and prosperous family. The results of a survey of prospective brides at the Tanjung Priok Sub-District Health Center, only 22 out of 90 prospective brides (24%) had ever received reproductive health education. This study aims to see the difference in the level of knowledge and attitudes of prospective brides at the Tanjung Priok District Health Center before and after being given education through the *Catin* Flip Sheet media. This study used a pre-experimental design of one group pre-test and post-test which was conducted in December 2023-January 2024 with a sample of 90 brides using a simple random sampling technique. Data was collected using questionnaires and analyzed using the Wilcoxon Test. The results showed that there was an increase in the average value of knowledge variables (6.97) and attitude variables (7.68) before and after being given education. There is a significant difference between the knowledge and attitude of prospective brides before and after being given education on reproductive health through the *Catin* Flip Sheet media ($p < 0.05$).

Keyword: Reproductive Health Education, Brides, *Catin* Flip Sheet