PENERAPAN *EVIDENCE BASED NURSING*: EFEKTIVITAS SUPERVISI REFLEKTIF INTERAKTIF UNTUK MENINGKATKAN MOTIVASI PERAWAT DALAM MELAKSANAKAN PENDOKUMENTASIAN ASUHAN KEPERAWATAN DI IGD RS BHAYANGKARA TK. I RADEN SAID SUKANTO

Gilang Dermawan

Abstrak

Supervisi merupakan fungsi manajemen pada tahap pengendalian yang dilakukan untuk mengarahkan perawat agar bekerja secara efektif, efesien, dan menurunkan potensi masalah pekerjaan. Motivasi adalah karakteristik psikologis manusia yang memberi kontribusi pada tingkat komitmen seseorang. Salah satu model supervisi yang dilakukan di rumah sakit untuk meningkatkan motivasi perawat adalah model supervisi reflektif interaktif. Tujuan dalam penelitian ini untuk mengetahui pengaruh supervisi refleksi interaktif terhadap motivasi perawat melaksanakan pendokumentasian asuhan keperawatan di IGD RS Bhayangkara TK. I Raden Said Sukanto. Metode dalam penelitian ini dengan *quasi exsperiment pre and post test*, dengan sampel penelitian sebanyak 25 perawat pada kelompok intervensi dan Instrumen penelitian menggunakan kuesioner yang dihitung dengan skala Likert dengan nilai maksimal 4 dan minimal 1. Analisis menggunakan T dependen dan Wilcoxon Signed Ranks. Didapatkan hasil yaitu ada perbedaan yang signifikan antara motivasi perawat dalam mendokumentasikan asuhan keperawatan sebelum dilakukan intervensi dan sesudah dilakukan intervensi. Maka dapat disimpulkan ada pengaruh supervisi reflektif interaktif terhadap motivasi perawat melaksanakan pendokumentasian asuhan keperawatan.

Kata Kunci: Dokumentasi asuhan keperawatan; motivasi ; supervisi reflektif interaktif.

APPLICATION OF EVIDENCE BASED NURSING: EFFECTIVENESS OF INTERACTIVE REFLECTIVE SUPERVISION TO IMPROVE NURSE MOTIVATION IN IMPLEMENTING NURSING DOCUMENTATION IN THE IGD BHAYANGKARA HOSPITAL TK.I RADEN SAID SUKANTO

Gilang Dermawan

Abstract

Supervision is a management function at the control stage which is carried out to direct nurses to work effectively, efficiently, and reduce potential work problems. Motivation is a human psychological characteristic that contributes to a person's level of commitment. One of the supervision models carried out in hospitals to increase nurse motivation is an interactive reflective supervision model. The purpose of this study was to determine the effect of interactive reflection supervision on the motivation of nurses to document nursing care in the IGD of Bhayangkara Hospital TK.1 Raden Said Sukanto. The research design used in this study was a quasi-experimental pre and post test, with a sample of 25 nurses in the intervention group. The research instrument used a questionnaire calculated on a Likert scale with a maximum value of 4 and a minimum of 1. The analysis used dependent T and Wilcoxon Signed Ranks. The results showed that there was a significant difference between the motivation of nurses in documenting nursing care before intervention and after intervention. The conclusion is that there is an effect of interactive reflective supervision on the motivation of nurses in carrying out nursing care documentation. This study recommends that interactive reflective supervision can be applied in hospitals as a way to increase nurse motivation in documenting nursing care.

Keywords: *Nurse docmentation; motivation; interactive reflective supervision*