

FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PERILAKU AGGRESSIVE DRIVING PADA PEKERJA OJEK ONLINE DI KOMUNITAS GOJEK WTC SERPONG TAHUN 2023

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Abstrak

Faktor *internal* dan *external* lingkungan berpengaruh terhadap terbentuknya perilaku aggressive driving bagi pekerja ojek online. Hal ini mampu meningkatkan faktor risiko kecelakaan lalu lintas. Ditemukan adanya riwayat kecelakaan yang dialami beberapa anggota komunitas Gojek WTC Serpong menjadikan isu ini penting untuk diteliti. Penelitian ini bertujuan untuk mengetahui faktor-faktor yang berhubungan dengan perilaku *aggressive driving* pada pekerja ojek *online* di komunitas Gojek WTC Serpong. Metode yang digunakan adalah kuantitatif dengan desain studi *cross-sectional* dan total sampel sebanyak 80 pekerja. Pengumpulan data menggunakan kuesioner *Aggressive Driving Behavior Scale* (ADBS), (*Perceived Stres Scale*), dan *Industrial Fatigue Research Committee* (IFRC). Analisis data menggunakan analisis univariat, bivariat, serta multivariat menggunakan uji regresi logistik. Hasil analisis uji *chi-square* menunjukkan terdapat hubungan antara usia, status pernikahan, jumlah orderan, masa kerja, stres kerja, dan kelelahan. Sedangkan, tingkat pendidikan, pendapatan kerja, dan jenis sepeda motor tidak menunjukkan hubungan dengan perilaku *aggressive driving*. Hasil analisis multivariat diperoleh variabel yang paling berhubungan dengan perilaku *aggressive driving* adalah stres kerja ($OR=8,177$). Disarankan adanya program manajemen stress untuk membantu mencegah dan menurunkan tingkat stres dengan cara program latihan relaksasi dan sosialisasi cegah stres.

Kata Kunci: *Aggressive Driving*, Kelelahan Kerja, Ojek *Online*, Stres Kerja

FACTORS RELATED TO AGGRESSIVE DRIVING BEHAVIOR FOR ONLINE MOTORCYCLE TAXI WORKERS IN GOJEK WTC SERPONG COMMUNITY IN 2023

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Abstract

Internal and external environmental factors influence the formation of aggressive driving behavior for online motorcycle taxi workers. This can increase the risk factors traffic accidents. There was history of accidents experienced by several members of X community, make this issue important to investigate. This study aims to determine the factors associated with aggressive driving behavior among online motorcycle taxi workers in X community. This research used quantitative methods with cross-sectional study and total sample of 80 workers. Data collection used Aggressive Driving Behavior Scale (ADBS) questionnaire, Perceived Stress Scale, and the Industrial Fatigue Research Committee (IFRC). Data analysis used univariate, bivariate, and multivariate using logistic regression tests. The results of chi-square test analysis showed that there was a relationship between age, marital status, number of orders, length of work, work stress, and fatigue. Meanwhile, education, income, and type of motorcycle did not show relationship with aggressive driving behavior. The results of the multivariate analysis showed that the variable most related to aggressive driving behavior was work stress ($OR=8.177$). It's recommended that there be a stress management program to help prevent and reduce stress levels through relaxation training program and socialization.

Keywords: Aggressive Driving, Job Fatigue, Online Motorcycle Taxis, Work Stress