

TIPE KEPERIBADIAN MELALUI MYERS BRIGGS TYPE INDICATOR DENGAN KINERJA PERAWAT DI RUANG RAWAT INAP RSUD TARAKAN JAKARTA

Fida Nabilah Auliya

Abstrak

Dalam menjaga dan meningkatkan mutu pelayanan rumah sakit ditentukan oleh kualitas kinerja perawat. Kinerja perawat dipengaruhi oleh beberapa faktor, salah satunya faktor psikologis yaitu kepribadian antar individu. Namun hasil tes psikologi berdasarkan tipe kepribadian MBTI (*Myers Briggs Type Indicator*) dengan perawat masih jarang ditemukan. Penelitian ini bertujuan untuk mengeksplor tipe kepribadian MBTI terhadap kinerja perawat. Metode penelitian ini menggunakan kuantitatif dengan pendekatan *comparative*. Pengambilan sampel menggunakan *purposive sampling* sebanyak 230 responden. Data dianalisis dengan uji Non Parametrik *Kruskall Wallis Test* dan hasil penelitian didapatkan nilai p value $0,198 > 0,05$ (Sig 95%) artinya tidak ada perbedaan yang signifikan antara tipe kepribadian MBTI perawat dengan kinerja perawat di rumah sakit RSUD Tarakan Jakarta. Hasil penelitian ditemukan hanya ada 14 tipe kepribadian dan tidak ditemukan tipe kepribadian ENTP dan ENFP pada perawat RSUD Tarakan. Dan ditemukan nilai kinerja tertinggi terdapat pada tipe kepribadian INTP (193,50) dan terendah INFJ (65,75). Disarankan kepada pihak rumah sakit tetap mengembangkan kepribadian diri para perawat untuk menjaga hubungan antar tim sehingga dapat membentuk tenaga perawat yang unggul dan tercipta manajemen keperawatan baik.

Kata Kunci : Kinerja, Myers Briggs Type Indicator, Perawat

PERSONALITY TYPE THROUGH MYERS BRIGGS TYPE INDICATOR WITH NURSE PERFORMANCE IN THE INPATIENT ROOM OF RSUD TARAKAN JAKARTA

Fida Nabilah Auliya

Abstract

In maintaining and improving the quality of hospital services is determined by the quality of nurse performance. Nurse performance is influenced by several factors, one of which is psychological factors, namely personality between individuals. However, the results of psychological tests based on MBTI (Myers Briggs Type Indicator) personality types with nurses are still rarely found. This study aims to explore the MBTI personality type on nurse performance. This research method uses quantitative with a comparative approach. Sampling using purposive sampling as many as 230 respondents. Data were analyzed with the Non Parametric Kruskall Wallis Test and the results of the study obtained a p value of $0.198 > 0.05$ (Sig 95%) meaning that there is no significant difference between the nurse's MBTI personality type and nurse performance at the Jakarta Tarakan Hospital. The results of the study found that there were only 14 personality types and no ENTP and ENFP personality types were found in nurses at RSUD Tarakan. And it was found that the highest performance value was found in the INTP personality type (193.50) and the lowest INFJ (65.75). It is recommended that the hospital continue to develop the personality of the nurses to maintain inter-team relationships so as to form a superior nursing staff and create good nursing management.

Keywords : Myers Briggs Type Indicator, Nurse, Performance