

DAFTAR PUSTAKA

- Ahn, K.S. *et al.* (2019) 'Height Loss Was Associated With Osteoporosis in Korean Elderly Men, Not in Women: The Korea National Health and Nutrition Examination Survey 2008–2010', *Journal of Clinical Densitometry*, 22(1), pp. 59–66. doi:10.1016/j.jocd.2017.07.001.
- Anam, A.K. and Insogna, K. (2021) 'Update on Osteoporosis Screening and Management', *Medical Clinics of North America*, 105(6), pp. 1117–1134. doi:10.1016/j.mcna.2021.05.016.
- Apley, A.G. and Solomon, L. (2018) *APLEY & SOLOMON'S System of Orthopaedics and Trauma*. 10th edn. Boca Raton: Taylor & Francis Group.
- Arceo-Mendoza, R.M. and Camacho, P.M. (2021) 'Postmenopausal Osteoporosis: Latest Guidelines', *Endocrinology and Metabolism Clinics of North America*, 50(2), pp. 167–178. doi:10.1016/j.ecl.2021.03.009.
- Capel-Alcaraz, A.M. *et al.* (2023) 'The Efficacy of Strength Exercises for Reducing the Symptoms of Menopause: A Systematic Review', *Journal of Clinical Medicine*, 12(2). doi:10.3390/jcm12020548.
- Carolin, R., Supartono, B. and Tjang, Y.S. (2021) 'Jurnal Saintika Medika Efficacy of Osteoporosis Drugs Anabolic and Antiresorptive Classes in Post Menopause Women', 17(2), pp. 112–123.
- Cheraghi, Z. *et al.* (2019) 'The effect of alcohol on osteoporosis: A systematic review and meta-analysis', *Drug and Alcohol Dependence*, 197(November 2018), pp. 197–202. doi:10.1016/j.drugalcdep.2019.01.025.
- Cheung, C.-L. *et al.* (2018) 'An updated hip fracture projection in Asia: The Asian Federation of Osteoporosis Societies study', *Osteoporosis and Sarcopenia*, 4(1), pp. 16–21. doi:10.1016/j.afos.2018.03.003.
- Choi, M.H. *et al.* (2021) 'Prevalence and diagnosis experience of osteoporosis in postmenopausal women over 50: Focusing on socioeconomic factors', *PLoS ONE*, 16(3 March), pp. 1–10. doi:10.1371/journal.pone.0248020.
- Clynes, M.A. *et al.* (2020) 'The epidemiology of osteoporosis', *British Medical Bulletin*, 133(1), pp. 105–117. doi:10.1093/bmb/ldaa005.
- Crandall, C.J. *et al.* (2014) 'Comparative effectiveness of pharmacologic treatments to

- prevent fractures: An updated systematic review’, *Annals of Internal Medicine*, 161(10), pp. 711–723. doi:10.7326/M14-0317.
- D’Amelio, P. and Isaia, G.C. (2015) ‘Male Osteoporosis in the Elderly’, *International Journal of Endocrinology*, 2015. doi:10.1155/2015/907689.
- Eastell, R. *et al.* (2019) ‘Pharmacological management of osteoporosis in postmenopausal women: An endocrine society clinical practice guideline’, *Journal of Clinical Endocrinology and Metabolism*, 104(5), pp. 1595–1622. doi:10.1210/jc.2019-00221.
- Fazeli, P.K. and Klibanski, A. (2018) ‘Effects of Anorexia Nervosa on Bone Metabolism’, *Endocrine Reviews*, 39(6), pp. 895–910. doi:10.1210/er.2018-00063.
- French, K.D. and Emanuele, D. (2019) ‘Osteoporosis: Increasing Screening and Treatment for Postmenopausal Women’, *Journal for Nurse Practitioners*, 15(5), pp. 347–350. doi:10.1016/j.nurpra.2019.02.014.
- Hyassat, D. *et al.* (2017) ‘Prevalence and Risk Factors of Osteoporosis among Jordanian Postmenopausal Women Attending the National Center for Diabetes, Endocrinology and Genetics in Jordan’, *BioResearch Open Access*, 6(1), pp. 85–93. doi:10.1089/biores.2016.0045.
- International Osteoporosis Foundation (2022) *Risk Factors/ International Osteoporosis Foundation*. Available at: <https://www.osteoporosis.foundation/health-professionals/about-osteoporosis/risk-factors/fixed-risks> (Accessed: 21 July 2022).
- Kementrian Kesehatan Indonesia (2020) ‘Infodatin osteoporosis 2020’, p. 12. Available at: <https://pusdatin.kemkes.go.id/folder/view/01/structure-publikasi-pusdatin-info-datin.html>.
- Kemmak, A.R. *et al.* (2020) ‘Economic burden of osteoporosis in the world: A systematic review’, *Medical Journal of the Islamic Republic of Iran*, 34(1), pp. 1–8. doi:10.34171/mjiri.34.154.
- Lane, N.E. (2019) ‘Glucocorticoid Induced Osteoporosis: New insights into the Pathophysiology and Treatments’, *HHS Public Access* [Preprint]. doi:10.1007/s11914-019-00498-x.
- Mithal, A. *et al.* (2014) ‘The Asia-Pacific Regional Audit-Epidemiology, Costs, and Burden of Osteoporosis in India 2013: A report of’, *International Osteoporosis Foundation, Indian J Endocrinol Metab*, pp. 449–454.

- Puspitarini, D.K., Supartono, B. and Suciati, Y. (2021) 'Hubungan Antara Kelebihan Berat Badan Dengan Kekuatan Tulang Perempuan Lansia', *Jurnal Ilmiah Kedokteran Wijaya Kusuma*, 10(2), p. 123. doi:10.30742/jikw.v10i2.1197.
- Puth, M.T. *et al.* (2018) 'Prevalence and comorbidity of osteoporosis- a cross-sectional analysis on 10,660 adults aged 50 years and older in Germany', *BMC Musculoskeletal Disorders*, 19(1), pp. 1–8. doi:10.1186/s12891-018-2060-4.
- Ramdhani, M., Mulyadi, D. and Arisanti, N. (2015) 'Knowledge and Risk Factors for Osteoporosis among Pre-elderly', *Althea Medical Journal*, 2(4), pp. 608–614. doi:10.15850/amj.v2n4.659.
- Resnasari, S.D., Supartono, B. and Ekapurwani, L. (2020) 'The Correlation Between Low Body Mass Index (Underweight) With Bone Strength On Elderly Women', *Jurnal Saintika Medika*, 16(1), p. 7656971. doi:10.22219/sm.Vol16.SMUMM1.10598.
- Salari, N. *et al.* (2021) 'The global prevalence of osteoporosis in the world: a comprehensive systematic review and meta-analysis', *Journal of Orthopaedic Surgery and Research*, 16(1). doi:10.1186/s13018-021-02772-0.
- Singer, A. *et al.* (2015) 'Burden of illness for osteoporotic fractures compared with other serious diseases among postmenopausal women in the United States', *Mayo Clinic Proceedings*, 90(1), pp. 53–62. doi:10.1016/j.mayocp.2014.09.011.
- Solhi, M., Pirouzeh, R. and Zanjari, N. (2022) 'Perspectives on healthy aging in middle age: Evidence for health promotion interventions', *Journal of Education and Health Promotion*, 11(1), p. 5. doi:10.4103/JEHP.JEHP_972_20.
- Sozen, T., Ozisik, L. and Calik Basaran, N. (2017) 'An overview and management of osteoporosis', *European Journal of Rheumatology*, 4(1), pp. 46–56. doi:10.5152/eurjrheum.2016.048.
- Stajic, D. *et al.* (2017) 'Original Scientific Paper Originalni Naučni Rad Original Scientific Paper Prevalence of Risk Factors Among Women', 800, pp. 239–243. doi:10.1515/SJECR.
- Steiner, B. *et al.* (2019) 'Prescreening for Osteoporosis With Quantitative Ultrasound in Postmenopausal White Women', *Journal of Ultrasound in Medicine*, 38(6), pp. 1553–1559. doi:10.1002/jum.14844.
- Sullivan, S.D. *et al.* (2017) 'Age of menopause and fracture risk in postmenopausal women randomized to calcium + Vitamin D, hormone therapy, or the combination: Results

- from the Women's Health Initiative Clinical Trials', *Menopause*, 24(4), pp. 371–378. doi:10.1097/GME.0000000000000775.
- Supartono, B. (2022) 'Skrining Osteoporosis di Masa Pandemi Covid-19: dengan Protokol Kesehatan, Pengukuran Densitas Tulang dan Identifikasi Faktor Risiko', *Jurnal Bakti Masyarakat Indonesia*, 5, pp. 104–115.
- Supartono, B., Sofia Wardhani and Prita Kusumaningsih (2021) 'Skrining Osteoporosis Dengan Ultrasonografi Kalkaneus Sebagai Upaya Pencegahan Patah Tulang Pada Usia Lanjut', *Society*, 1(2), pp. 122–134. doi:10.37802/society.v1i2.132.
- Varacallo, M. *et al.* (2022) 'Osteopenia', *StatPearls* [Preprint]. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK499878/> (Accessed: 25 October 2022).
- Waseso, L.B., Supartono, B. and Fauziah, C. (2018) 'Physical Activity and The Strength of Bone in Menopause Patients in National Sports Hospital in 2017', *Berkala Kedokteran*, 14(1), p. 69. doi:10.20527/jbk.v14i1.4587.
- White, L. (2022) 'Osteoporosis Prevention, Screening, and Diagnosis: ACOG Recommendations.', *American family physician*, 106(5), pp. 587–588. Available at: <http://www.ncbi.nlm.nih.gov/pubmed/36379483>.
- WHO (2014) *A healthy lifestyle - WHO recommendations*. Available at: <https://www.who.int/europe/news-room/fact-sheets/item/a-healthy-lifestyle---who-recommendations> (Accessed: 24 July 2022).