

# **EFEKTIVITAS KETERSEDIAAN HANDRUB TERHADAP KEPATUHAN PERAWAT DALAM HAND HYGIENE DI RUANG HARDJA IA RUMAH SAKIT BHAYANGKARA TINGKAT I RADEN SAID SUKANTO JAKARTA**

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## **Abstrak**

Kepatuhan perawat adalah suatu perilaku dan sikap seorang perawat dalam menaati standar dan aturan yang ada di ruang keperawatan. Perawat dalam melakukan tindakan keperawatan harus diawali dengan *hand hygiene*, dan hal ini harus dipatuhi karena merupakan tindakan pencegahan dan pengendalian infeksi. Tujuan penelitian ini mengetahui kepatuhan perawat dalam melakukan *hand hygiene* dengan menggunakan *handrub*. Jumlah responden sebanyak 10 perawat, dilaksanakan dengan menggunakan analisis deskriptif dengan metode observasi pada perawat saat *hand hygiene* dengan mempergunakan *handrub*. Hasil kepatuhan sebelum disediakan *handrub* sebesar 10%, dan setelah disediakan *handrub* pada setiap *bed* pasien sejumlah 80%. Disimpulkan adanya peningkatan kepatuhan perawat sebelum disediakan dan sesudah disediakan *handrub* di setiap *bed* pasien, dan adanya keluhan perawat mengenai keterbatasan *handrub* yang tersedia di ruangan. Rekomendasi agar hasil penelitian dijadikan salah satu *evidence based* untuk mengajukan anggaran mengenai ketersediaan *handrub* di ruangan.

**Kata Kunci :** *Hand Hygiene, Handrub, Kepatuhan, Perawat.*

**THE EFFECTIVE OF HANDRUB AVAILABILITY ON  
NURSE'S COMPLIANCE WITH HAND HYGIENE IN THE  
ROOM HARDJA IA RUMAH SAKIT BHAYANGKARA  
TINGKAT I RADEN SAID SUKANTO JAKARTA**

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**Abstract**

Nurse compliance is a nurse's behavior and attitude in obeying the standards and rules that exist in the nursing room. Nurses in carrying out nursing actions must begin with *hand hygiene*, and this must be adhered to because it is a preventive measure and infection control. The purpose of this study was to determine the compliance of nurses in carrying out *hand hygiene* using *handrubs*. The number of respondents was 10 nurses, carried out using descriptive analysis with the observation method on nurses during *hand hygiene* using *handrubs*. The result of compliance before *providing a handrub* of 10%, and after providing *a handrub* in each patient bed amounted to 80%. It was concluded that there was an increase in nurse compliance before it was provided and after *handrubs* were provided in each *patient's bed*, and there were nurse complaints about the limitations of *the handrubs* available in the room. Recommendations that the results of the study be used as *an evidence-based* to submit a budget regarding the availability of *handrubs* in the room.

**Keywords :** Compliance, Hand hygiene, Handrub, Nurse.