

DAFTAR PUSTAKA

- Afianti, N., & Mardhiyah, A. 2017. Pengaruh Foot Massage Terhadap Kualitas Tidur Pasien di Ruang ICU. JKP, 5.
- Aggarwal, H. K., Jain, D., Dabas, G., & Yadav, R. K. 2017. Prevalence of Depression, Anxiety and Insomnia in Chronic Kidney Disease Patients and Their Co-Relation with the Demographic Variables. Prilozi (Makedonska Akademija Na Naukite i Umetnostite. Oddelenie Za Medicinski Nauki), 38(2), 35–44. <https://doi.org/10.1515/PRILOZI-2017-0020>
- Alif Muharrom, N., Suryono, & Komariah, C. 2018. Hubungan Quick of Blood dengan Kejadian Hipertensi Intradialisis pada Pasien Penyakit Ginjal Kronik Stadium V di RSD dr. Soebandi Jember. Journal of Agromedicine and Medical Sciences, 4(1), 50–54.
- Alimohammad, H. S., Ghasemi, Z., Shahriar, S., Morteza, S., & Arsalan, K. 2018. Effect of Hand and Foot Surface Stroke Massage on Anxiety and Vital Signs in Patients with Acute Coronary Syndrome: A Randomized Clinical Trial. Complementary Therapies in Clinical Practice, 31, 126–131. <https://doi.org/10.1016/j.ctcp.2018.01.012>
- Amaludin, Mimi, Hamzah, & Muhsinin. 2020. Pengaruh Terapi Foot Message Terhadap Kecemasan Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisa Di RSUD Ulin Banjarmasin. Jurnal Keperawatan Suaka Insan (Jksi), 5(1), 36–51. <https://doi.org/10.51143/jksi.v5i1.194>
- Asiyah, N., Risnawati, I., & Nurul Khoirunnisa, F. 2018. Effectiveness of Virgin Coconut Oil and Virgin Olive Oil on Perineal Laceration. Jurnal Kesehatan Masyarakat, 13(3), 396–403. <https://doi.org/10.15294/kemas.v13i3.11076>
- Badan Litbang Kesehatan, K. K. R. 2018. Laporan Nasional RKD2018 FINAL. In Badan Penelitian dan Pengembangan Kesehatan (p. 198). http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
- Baljon, K. J., Baljon, K. J., Romli, M. H., Ismail, A. H., Khuan, L., & Chew, B. H. 2020. Effectiveness of Breathing Exercises, Foot Reflexology and Back Massage (BRM) on Labour Pain, Anxiety, Duration, Satisfaction, Stress Hormones and Newborn Outcomes Among Primigravidae During The First Stage of Labour in Saudi Arabia: A Study Protocol For A Randomised Controlled Trial. BMJ Open, 10(6). <https://doi.org/10.1136/BMJOPEN-2019-033844>
- Berman, A., Snyder, S., & Frandsen, G. 2021. Kozier & Erb's Fundamentals of Nursing Concepts, Process, and Practice (ELEVENTH E). Pearson Education

Limited. www.pearsonglobaleditions.com

- Bikbov, B., Purcell, C. A., Levey, A. S., Smith, M., Abdoli, A., Abebe, M., Adebayo, O. M., Afarideh, M., Agarwal, S. K., Agudelo-Botero, M., Ahmadian, E., Al-Aly, Z., Alipour, V., Almasi-Hashiani, A., Al-Raddadi, R. M., Alvis-Guzman, N., Amini, S., Andrei, T., Andrei, C. L., ... Murray, C. J. L. 2020. Global, Regional, and National Burden of Chronic Kidney Disease, 1990–2017: A Systematic Analysis for The Global Burden of Disease Study 2017. *The Lancet*, 395(10225), 709–733. [https://doi.org/10.1016/S0140-6736\(20\)30045-3](https://doi.org/10.1016/S0140-6736(20)30045-3)
- de Brito, D. C. S., Machado, E. L., Reis, I. A., de Freitas do Carmo, L. P., & Cherchiglia, M. L. 2019. Depression and Anxiety Among Patients Undergoing Dialysis and Kidney Transplantation: A Cross-Sectional Study. *Sao Paulo Medical Journal = Revista Paulista de Medicina*, 137(2), 137–147. <https://doi.org/10.1590/1516-3180.2018.0272280119>
- Dedi. 2019. Hubungan Tingkat Kecemasan Dengan Kualitas Hidup Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa di Rumah Sakit Rasyida Medan. *Journal of Nursing Update*, 1(1), 01–05. <https://doi.org/10.33085/JNU.V1I1.4510>
- Edelweis, R., Hadisaputro, S., Sri, R., & Pujiastuti, E. 2019. The Effect of Relaxation Guided Imagery and Foot Massage Techniques on Anxiety Level in Stroke Patients. *WMJ (Warmadewa Medical Journal)*, 4(2), 44–49. <https://doi.org/10.22225/WMJ.4.2.803.44-46>
- Eguchi, E., Funakubo, N., Tomooka, K., Ohira, T., Ogino, K., & Tanigawa, T. 2016. The Effects of Aroma Foot Massage on Blood Pressure and Anxiety in Japanese Community-Dwelling Men and Women: A Crossover Randomized Controlled Trial. *PLOS ONE*, 11(3), e0151712. <https://doi.org/10.1371/JOURNAL.PONE.0151712>
- Fauzan Alfikrie, Lintang Sari, & Ali Akbar. 2020. Factors Associated with Anxiety in Patients with Chronic Kidney Disease Undergoing Hemodialysis: A Crossectional Study. *International Journal of Nursing, Health and Medicine*, 2(2), 1–6. <https://doi.org/10.1111/BJHP.12106>
- Fitriani, F., R, R. H., Ratnasari, R., & Azhar, M. U. 2019. Effect of Foot Massage on Decreasing Blood Pressure in Hypertension Patients in Bontomarannu Health Center. *Journal of Health Science and Prevention*, 3(3S), 141–145. <https://doi.org/10.29080/jhsp.v3i3s.304>
- Gadia, P., Awasthi, A., Jain, S., & Koolwal, G. D. 2020. Depression and Anxiety in Patients of Chronic Kidney Disease Undergoing Hemodialysis: A Study from Western Rajasthan. *Journal of Family Medicine and Primary Care*, 9(8), 4282. https://doi.org/10.4103/JFMP.JFMP_840_20
- Gasibat, Q., & Suwehli, W. 2017. Determining the Benefits of Massage

Mechanisms: A Review of Literature.
 Http://Www.Sciencepublishinggroup.Com, 2(3), 58.
<https://doi.org/10.11648/J.RS.20170203.12>

Gerogianni, G., Polikandrioti, M., Babatsikou, F., Zyga, S., Alikari, V., Vasilopoulos, G., Gerogianni, S., & Grapsa, E. 2019. Anxiety-Depression of Dialysis Patients and Their Caregivers. Medicina (Kaunas, Lithuania), 55(5). <https://doi.org/10.3390/MEDICINA55050168>

Habibzadeh, H., Dalavan, O. W., Alilu, L., Wardle, J., Khalkhali, H., & Nozad, A. 2020. Effects of Foot Massage on Severity of Fatigue and Quality of Life in Hemodialysis Patients: A Randomized Controlled Trial. International Journal of Community Based Nursing and Midwifery, 8(2), 92–102. <https://doi.org/10.30476/IJCBNM.2020.81662.0>

Harding, M. M., Kwong, J., Roberts, D., & Hagler, D. 2020. Lewis's Medical-Surgical Nursing, Eleventh (11th ed.). Elsevier Inc.

Hartatik, S., Sari, R. P., & Tangerang, S. Y. 2021. Efektivitas Terapi Pijat Kaki Tahun 2020. Nusantara Hasana Journal, 1(2).

Himmelfarb, J., & Ikizler, T. A. 2019. Chronic Kidney Disease, Dialysis, and Transplantation: A Companion to Brenner and Rector's The Kidney (R. D. Bloom, R. Mehrotra, K. R. Tuttle, & S. S. Waikar (eds.); 4th ed.). Elsevier, Inc.

Jangkup, J. Y. K., Elim, C., & Kandou, L. F. J. 2015. Tingkat Kecemasan Pada Pasien Penyakit Ginjal Kronik (PGK) yang Menjalani Hemodialisis di Blu RSUP Prof. Dr. R. D. Kandou Manado. E-CliniC, 3(1). <https://doi.org/10.35790/ecl.3.1.2015.7823>

Kamil, I., Agustina, R., & Wahid, A. 2018. Gambaran Tingkat Kecemasan Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisis Di RSUD Ulin Banjarmasin. Dinamika Kesehatan, 9(2), 366–377. <https://ojs.dinamikakesehatan.unism.ac.id/index.php/dksm/article/view/350>

Kemenkes RI. 2018. Peran Pemerintah Dalam Pencegahan Dan Pengendalian Gangguan Ginjal Pada Anak. Penyakit Tropik Di Indonesia, November, 1–18.

Kementerian Kesehatan Republik Indonesia. 2018. Hasil Utama Riskesdas 2018 Kesehatan [Main Result of Basic Health Research]. http://www.depkes.go.id/resources/download/infoterkini/materi_rakorpop_2018/Hasil Riskesdas 2018.pdf

Kumar, V., Khandelia, V., & Garg, A. 2018. Depression and Anxiety in Patients with Chronic Kidney Disease Undergoing Hemodialysis. 115–119. <https://doi.org/10.4103/aip.aip>

- Lewis, S. L., Dirksen, S. R., Heitkemper, M. M., & Bucher, L. 2014. Medical-Surgical Nursing: Assessment and Management of Clinical Problems (9th ed.). Elsevier Inc.
- Ma, X., Yue, Z. Q., Gong, Z. Q., Zhang, H., Duan, N. Y., Shi, Y. T., Wei, G. X., & Li, Y. F. 2017. The Effect of Diaphragmatic Breathing on Attention, Negative Affect and Stress in Healthy Adults. *Frontiers in Psychology*, 8(JUN), 1–12. <https://doi.org/10.3389/fpsyg.2017.00874>
- Magnon, V., Dutheil, F., & Vallet, G. T. 2021. Benefits From One Session of Deep and Slow Breathing on Vagal Tone and Anxiety in Young and Older Adults. *Scientific Reports*, 11(1), 1–10. <https://doi.org/10.1038/s41598-021-98736-9>
- Maureen Farrell. 2017. Smeltzer & Bare's Textbook of Medical-Surgical Nursing Volume 1 (Fourth Aus). Wolters Kluwer Health.
- Nasuha, Widodo, D., & Widiani, E. 2016. Pengaruh Teknik Relaksasi Nafas dalam Terhadap Tingkat Kecemasan pada Lansia di Posyandu Lansia RW IV Dusun Dempok Desa Gading Kembar Kecamatan Jabung Kabupaten Malang. *Jurnal Nursing News*, 1(2), 53–62.
- Nelly, N., Widaningsih, Y., & Mangarengi, F. 2019. Nilai Rasio Netrofil Limfosit dan Rasio Trombosit Limfosit Pada Pasien Chronic Kidney Disease Sebelum dan Setelah Hemodialisa. *Intisari Sains Medis*, 10(2), 230–234. <https://doi.org/10.15562/ism.v10i2.371>
- Nephrology, I. S. of. 2017. Global Kidney Health Atlas (GKHA 2017). August. www.theisn.org
- Nephrology, I. S. of. 2019. Global Kidney Health Atlas (GKHA 2019). E-Jurnal Manajemen Universitas Udayana, 4(3), 1–21. https://media.neliti.com/media/publications/112355-ID-pengaruh-struktur-aktiva-ukuran-perusahaan.pdf%0Acholar.google.es/scholar?hl=es&as_sdt=0%2C5&q=Funcionalidad+Familiar+en+Alumnos+de+1°+y+2°+grado+de+secundaria+de+la+institución+educativa+parroquial+“Peq
- Nugroho, P. 2021. Pengelolaan Gangguan Mineral Tulang pada Penyakit Ginjal Kronik. *Jurnal Penyakit Dalam Indonesia*, 8(4), 218. <https://doi.org/10.7454/jpdi.v8i4.642>
- Pascoe, M. C., Thompson, D. R., Castle, D. J., McEvedy, S. M., & Ski, C. F. 2017. Psychosocial Interventions for Depressive and Anxiety Symptoms in Individuals with Chronic Kidney Disease: Systematic Review and Meta-Analysis. *Frontiers in Psychology*, 8(JUN). <https://doi.org/10.3389/FPSYG.2017.00992>
- Pawiliyah, P. 2020. Pengaruh Massase Menggunakan Olive Oil Terhadap Nyeri

- Dismenore Pada Mahasiswa Jurusan Keperawatan Stikes Tri Mandiri Sakti Bengkulu. Jurnal Vokasi Keperawatan (JVK), 2(2), 141–151. <https://doi.org/10.33369/jvk.v2i2.10693>
- Pebriantari, N. K., & Dewi, I. P. A. 2018. Hubungan Komplikasi Intra Hemodialisis Dengan Kualitas Hidup Pada Pasien Chronic Kidney Disease (CKD) Stage V yang Menjalani Hemodialisis di Ruang RSU Tabanan Tahun 2017. In Jurnal Riset Kesehatan Nasional (Vol. 2, Issue 1). <http://ojs.itekes-bali.ac.id/index.php/jrkn/article/view/95>
- PERNEFRI. 2018. 11th Report Of Indonesian Renal Registry 2018. Irr, 1–46. <https://www.indonesianrenalregistry.org/data/IRR 2018.pdf>
- PRADIDO, R., & RAHMAN, S. 2021. Gambaran Simtom Kecemasan Pasien Penyakit Ginjal Kronik yang Menjalani Terapi Hemodialisa di Rumah Sakit Khusus Ginjal Rasyida. Jurnal Ilmiah Simantek, 5(2), 105–111. <https://simantek.sciencemakarioz.org/index.php/JIK/article/view/261>
- Rahayu, F., Ramlis, R., & Fernando, T. 2018. Hubungan Frekuensi Hemodialisis dengan Tingkat Stres pada Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisis. Jurnal Kesehatan, 7(2), 1–7.
- Rahmawati, B. A., & Padoli. 2017. Kejadian Komplikasi Intradialisis Klien Gagal Ginjal Kronik di Ruang Instalasi Hemodialisis RSUD Dr. M. Soewandhi Surabaya. In Jurnal Keperawatan (Vol. 10, Issue 1). <http://journal.poltekkesdepkes-sby.ac.id/index.php/KEP/article/view/762>
- Ramdan, I. M. 2018. Reliability and Validity Test of the Indonesian Version of the Hamilton Anxiety Rating Scale (HAM-A) to Measure Work-related Stress in Nursing Design of Study and Participants. 14(1), 33–40.
- Ren, N., Yang, G., Ren, X., & Li, L. 2021. Effects of Foot Massage on Relieving Pain, Anxiety and Improving Quality of Life of Patients Undergone A Cervical Spine Surgery. Health and Quality of Life Outcomes, 19(1), 1–7. <https://doi.org/10.1186/S12955-021-01667-2/TABLES/3>
- Rikayoni. 2018. Gambaran Tingkat Kecemasan Pasien Gagal Ginjal Menjalani Terapi Hemodialisa di Rumah Sakit Islam Siti Rahmah Padang Tahun 2017. XII(5), 119–125.
- Sahran, S. 2018. Faktor-Faktor Yang Mempengaruhi Terjadinya Hipotensi Intradialisis Pada Pasien Gagal Ginjal Terminal Yang Menjalani Hemodialisis. Jurnal Media Kesehatan, 11(1), 062–070. <https://doi.org/10.33088/jmk.v11i1.358>
- Setiawan, A. A., & Rahayu, B. 2021. The Effect of Foot Massage in Anxiety in AMI Patients at RSUD Dr. Moewardi. Jurnal Keperawatan Respati Yogyakarta, 8(2), 117–121. <https://doi.org/10.35842/JKRY.V8I2.605>

- Sharma, M., Doley, P., & Das, H. J. 2018. of Kidney Diseases and Transplantation Renal Data from Asia – Africa Chronic Kidney Disease in Sub-Saharan Africa. *Saudi Journal of Kidney Disease and Transplantation.*, 29(5), 1017–1101.
- Simanjuntak, E. Y., Amila, A., & Anggraini, V. 2020. Kecemasan Dengan Kualitas Hidup Pasien Yang Menjalani Hemodialisis. *Health Sciences and Pharmacy Journal*, 4(1), 7–14. <https://doi.org/10.32504/HSPJ.V4I1.230>
- Sitoresmi, H., Masyitha Irwan, A., Sjattar, E. L., & Usman, S. 2020. The Effect of Foot Massage in Lowering Intradialytic Blood Pressure at Hemodialysis Unit in Indonesian Hospital. *Clinical Epidemiology and Global Health*, 8(4), 1272–1276. <https://doi.org/10.1016/J.CEGH.2020.04.026>
- Smith, G. 2015. Mental Health Nursing at a Glance. In I. Peate (Ed.), *Angewandte Chemie International Edition*, 6(11), 951–952. John Wiley & Sons, Ltd. www.wiley.com/buy/9781118465288
- Sulistni, R., Damanik, H. D., & Lukman. 2021. Anxiety Stress and Fatigue in Hemodialysis Patient. Proceedings of the First International Conference on Health, Social Sciences and Technology (ICoHSST 2020), 521. <https://doi.org/10.2991/ASSEHR.K.210415.020>
- Videbeck, S. L. 2020. Psychiatric-Mental Health Nursing. In *Nursing Clinics of North America* (8th Editio, Vol. 21, Issue 3). Wolters Kluwer.
- Wang, W. L., Hung, H. Y., Chen, Y. R., Chen, K. H., Yang, S. N., Chu, C. M., & Chan, Y. Y. 2020. Effect of Foot Reflexology Intervention on Depression, Anxiety, and Sleep Quality in Adults: A Meta-Analysis and Metaregression of Randomized Controlled Trials. *Evidence-Based Complementary and Alternative Medicine : ECAM*, 2020. <https://doi.org/10.1155/2020/2654353>
- Warhamna, N., Husna, C. 2016. Gagal Ginjal Kronik Berdasarkan Lamanya Menjalani Hemodialisis di Rumah Sakit Umum Daerah dr. Zainoel Abidin Banda Aceh. *Jurnal Ilmiah Mahasiswa Fakultas Keperawatan*, 1(1). <http://jim.unsyiah.ac.id/FKep/article/view/1474>
- World Kidney Day. 2022. Chronic Kidney Disease. <https://www.worldkidneyday.org/facts/chronic-kidney-disease/>
- Yang, J., & He, W. 2020. Chronic Kidney Disease Diagnosis and Treatment. In J. Yang & W. He (Eds.), Springer. Springer Nature Singapore Pte Ltd. <https://doi.org/10.1024/1661-8157.97.17.947>
- Yusuf, A.H, F., & ,R & Nihayati, H. . 2015. Buku Ajar Keperawatan Kesehatan Jiwa. Buku Ajar Keperawatan Kesehatan Jiwa, 1–366. <https://doi.org/ISBN 978-xxx-xxx-xx-x>

Afifah Arum Meylany, 2022

ANALISIS ASUHAN KEPERAWATAN DENGAN INTERVENSI FOOT MASSAGE THERAPY TERHADAP TINGKAT KECEMASAN PASIEN HEMODIALISA DI RUMAH SAKIT BHAYANGKARA TK.I RADEN SAID SUKANTO

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Pendidikan Profesi Ners Program Profesi [www.upnvj.ac.id – www.library.upnvj.ac.id – www.repository.upnvj.ac.id]