

## DAFTAR PUSTAKA

- Bahrudin, M. 2018. Patofisiologi Nyeri (Pain). *Saintika Medika*, 13(1), 7. <https://doi.org/10.22219/sm.v13i1.5449>
- Dehnen-Schmutz, K., Foster, G. L., Owen, L., dan Persello, S. 2016. Exploring the role of smartphone technology for citizen science in agriculture. *Agronomy for Sustainable Development*, 36(2), 1–9. <https://doi.org/10.1007/s13593-016-0359-9>
- Fischer-Grote, L., Kothgassner, O. D., dan Felnhofer, A. 2019. Risk factors for problematic smartphone use in children and adolescents: a review of existing literature. *Neuropsychiatrie*, 33(4), 179–190. <https://doi.org/10.1007/s40211-019-00319-8>
- Huldani. 2012. Nyeri Punggung. *Journal Universitas Lambung Mangkurat Fakultas Kedokteran*, 1–39. <http://eprints.ulm.ac.id/210/1/HULDANI - NYERI PUNGGUNG.pdf>
- Intan Daeng, Mewengkang, N. ., dan Kalesaran, E. R. 2017. Penggunaan Smartphone Dalam Menunjang Aktivitas Perkuliahuan Oleh Mahasiswa Fispol Unsrat Manado. *E-Journal “Acta Diurna,”* VI(1), 1–15.
- J. Talbot Sellers, D. 2017. *All About Upper Back Pain*. <https://www.spine-health.com/conditions/upper-back-pain/all-about-upper-back-pain>
- Kwon, M., Kim, D. J., Cho, H., dan Yang, S. 2013. The smartphone addiction scale: Development and validation of a short version for adolescents. *PLoS ONE*, 8(12), 1–7. <https://doi.org/10.1371/journal.pone.0083558>
- Masloman, S. A., Kawatu, P. A. T., Wowor, R., Kesehatan, F., Universitas, M., dan Ratulangi, S. 2018. Hubungan Antara Umur Dan Sikap Kerja Dengan Keluhan Nyeri Punggung Pada Kelompok Nelayan Di Desa Kalasey Kecamatan Mandolang Kabupaten Minahasa. *Jurnal KESMAS*, 7(5).
- Mayasari, C. D. 2016. The Importance of Understanding Non-Pharmacological Pain Management for a Nurse. *Jurnal Wawasan Kesehatan*, 1(1), 35–42.
- Mustafaoglu, R., Yasaci, Z., Zirek, E., Griffiths, M. D., dan Ozdincler, A. R. 2021. The relationship between smartphone addiction and musculoskeletal pain prevalence among young population: A cross-sectional study. *Korean Journal of Pain*, 34(1), 72–81. <https://doi.org/10.3344/KJP.2021.34.1.72>
- Ozaras, N. 2015. Differential Diagnosis in Upper Back Pain. *Journal of*

*Rheumatic Diseases and Treatment, 1(1). https://doi.org/10.23937/2469-5726/1510003*

painscale.	2018	Numeric	Rating	Scale.
				<a href="https://www.painscale.com/article/numeric-rating-scale-nrs">https://www.painscale.com/article/numeric-rating-scale-nrs</a>

Ramaita, R., Armaita, A., dan Vandelis, P. 2019. Hubungan Ketergantungan Smartphone Dengan Kecemasan (Nomophobia). *Jurnal Kesehatan*, 10(2), 89. <https://doi.org/10.35730/jk.v10i2.399>

Riyanto, Z., dan Riyanto, Z. 2019. Analisis Perilaku Mahasiswa Sains Dan Teknologi Dalam Penggunaan Smartphone (Gadget) Untuk Meningkatkan Prestasi Akademik. *PERFORMA Media Ilmiah Teknik Industri*, 17(2), 132–138. <https://doi.org/10.20961/performa.17.2.28802>

Stewart G. Eidelson, M. and H. C. 2021. *Upper Back Pain Causes, Risk Factors, Diagnosis and Treatment*. <https://www.spineuniverse.com/conditions/upper-back-pain>.

Wijayanto, I., dan Suib, S. 2021. Hubungan Penggunaan Smartphone Dengan Intensitas Interaksi Sosial Pada Mahasiswa Keperawatan. *Jurnal Keperawatan Terpadu (Integrated Nursing Journal)*, 3(1), 28. <https://doi.org/10.32807/jkt.v3i1.88>