

# **FENOMENOLOGI STRATEGI PERAN GANDA PERAWAT PEREMPUAN TERHADAP KINERJA PERAWAT DI MASA PANDEMI COVID-19. STUDI KASUS: RSUD KOTA DEPOK**

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## **Abstrak**

Saat ini, Indonesia sedang menghadapi masa pandemi covid-19 sehingga menyebabkan perawat harus mampu mempertahankan kinerja yang profesional. Bagi perawat perempuan yang sudah menikah dan mempunyai anak harus menjalankan peran ganda sekaligus di masa pandemi covid-19 ini yaitu sebagai ibu rumah tangga dan sebagai perawat. Di perlukan tantangan dan strategi yang tepat untuk dapat menunjang keberhasilan dalam menjalankan perannya dan mempertahankan kinerja yang profesional sebagai seorang perawat. Untuk itu, penelitian ini bertujuan untuk melihat bagaimana strategi dalam menjalankan peran ganda terhadap keberhasilan kinerja sebagai perawat di RSUD Kota Depok. Penelitian ini menggunakan pendekatan kualitatif dengan teknik wawancara, observasi, dan telaah dokumen untuk mengetahui strategi peran ganda perawat perempuan terhadap kinerja perawat pada masa pandemi covid-19 di RSUD Kota Depok. Informan dalam penelitian ini berjumlah 12 orang yang merupakan perawat perempuan yang sudah menikah dan mempunyai anak, kepala ruangan, dan rekan kerja perawat. Data dianalisis dengan 3 tahapan yaitu reduksi data, penyajian data, dan penarikan kesimpulan. Validitas data menggunakan teknik triangulasi. Hasil penelitian menunjukkan bahwa perawat perempuan yang berperan ganda memiliki strategi yang tepat dalam menjalankan perannya sebagai ibu rumah tangga dan perawat sehingga kinerja perawat perempuan yang berperan ganda pada masa pandemi covid-19 di RSUD Kota Depok dinilai sudah baik.

**Kata Kunci:** Peran Ganda, Kinerja Perawat, Covid-19.

# **PHENOMENOLOGY OF FEMALE NURSE'S DUAL ROLE STRATEGY ON NURSE PERFORMANCE IN THE COVID-19 PANDEMIC. CASE STUDY: DEPOK CITY GENERAL REGIONAL HOSPITAL**

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## **Abstract**

Currently, Indonesia is facing the covid-19 pandemic, which causes nurses to be able to maintain professional performance. For female nurses who are married and have children, they must carry out dual roles at the same time during this covid-19 pandemic, namely as housewives and as nurses. Challenges and appropriate strategies are needed to be able to support success in carrying out their roles and maintain professional performance as a nurse. For this reason, this study aims to see how the strategy in carrying out a dual role on the success of performance as a nurse at the Depok City General Regional Hospital. This research uses a qualitative approach with interview, observation, and document review techniques to analyze the dual role of female nurses on the performance of nurses during the covid-19 pandemic at the Depok City General Regional Hospital. The resource persons in this research were 12 people who were married female nurses and had children, the head of the room, and nurse co-workers. Data were analyzed in 3 stages, namely data reduction, data presentation, and drawing conclusions. Data validity using triangulation technique. The results showed that female nurses who had dual roles had the right strategy to carry out their roles as housewives and nurses so that the performance of female nurses who had dual role the covid-19 pandemic at the Depok City General Regional Hospital was considered good.

**Keywords:** Dual Role Strategy, Nurse Performance, Covid-19.