

HUBUNGAN KETAHANAN KELUARGA DAN PENGGUNAAN MEDIA SOSIAL DENGAN PERILAKU *BULLYING* PADA KALANGAN REMAJA DI SMP ISLAM YAPKUM DEPOK

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Abstrak

Fenomena *bullying* terus berkembang seiring berkembangnya zaman. *Bullying* didefinisikan sebagai jenis situasi tertentu yang eksploitatif, disengaja, dan berulang. Ini berkaitan dengan ketidakseimbangan kekuatan antara pelaku *bullying* dan korbannya. Penelitian ini bertujuan untuk mengetahui hubungan antara ketahanan keluarga dan penggunaan media sosial dengan perilaku *bullying* di kalangan remaja SMP Islam Yapcum Depok. Penelitian menggunakan uji *Chi Square* dengan pendekatan *cross sectional*, sampel berjumlah 169 remaja dan pengambilan sampel dilakukan dengan teknik *simple random sampling*. Hasil penelitian didapatkan adanya hubungan positif antara ketahanan keluarga dengan perilaku *bullying* di kalangan remaja SMP Islam Yapcum Depok didapatkan *p value* 0,025 dengan OR = 2,684, ini artinya ketahanan keluarga tinggi memiliki peluang 2,684 kali untuk positif melakukan perilaku *bullying*. Sedangkan terdapat hubungan positif antara penggunaan media sosial dengan perilaku *bullying* pada remaja didapatkan *p value* = 0,021 dengan OR = 3,642, ini artinya pengguna media sosial aktif memiliki peluang 3,642 kali untuk positif melakukan perilaku *bullying*. Peneliti menyarankan agar remaja sebaiknya mengetahui dampak dari perilaku *bullying* sehingga diperlukan komunikasi yang baik dengan keluarga terkait tindakan *bullying*, serta berhati-hatilah dalam penggunaan media sosial. Gunakan media sosial untuk konten positif.

Kata Kunci : *Bullying*, Ketahanan Keluarga, Media Sosial, Remaja

FAMILY RESILIENCE RELATIONSHIP AND USE OF SOCIAL MEDIA WITH *BULLYING* BEHAVIOR AMONG YOUTH YAPKUM ISLAMIC HIGH SCHOOL DEPOK

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Abstract

The phenomenon of *bullying* continues to grow over time. *Bullying* defined as a particular type of situation that is exploitative, intentional, and repetitive. This relates to the power imbalance between the bully and the victim. This study aims to determine the relationship between family resilience and the use of social media with *bullying* behavior among adolescents at Yapkum Islamic Junior High School Depok. The study used the *Chi Square* test with a cross sectional approach, the sample was 169 adolescents and the sample was taken using *simple random sampling* technique. The results of the study found that there was a positive relationship between family resilience and *bullying* behavior among teenagers at the Yapkum Islamic Junior High School Depok, which obtained a *p value* of 0.025 with OR = 2.684, this means resilience tall families have a 2,684 times chance to positively carry out *bullying* behavior. While there is a positive relationship between the use of social media and *bullying* behavior in adolescents, *p value* = 0.021 with OR = 3.642, this means that active social media users have 3.642 times the opportunity to positively engage in *bullying* behavior. Researchers suggest that teenagers know the impact of *bullying* behavior so that good communication with families related to *bullying* is needed, and be careful in the use of social media. Use social media for positive content Research suggests that teenagers should know the impact of *bullying* so that good communication with families is needed regarding *bullying*, and be careful in using social media. Use social media for positive content.

Keyword : *Bullying*, Family Resilience, Social Media, Adolescents