

DAFTAR PUSTAKA

- Amallia, S, Afriyani, R, Utami, SP 2017, 'Faktor Risiko Kejadian Anemia pada Ibu Hamil di Rumah Sakit BARI Palembang', *Jurnal Kesehatan*, Vol. VIII no. 3, pp. 389–395, diakses 26 Juli 2019. <https://ejurnal.poltekkes-tjk.ac.id/index.php/JK/article/download/639/581>
- Andriani, RAD 2016, 'Hubungan Anemia pada Kehamilan dengan Inpartu Kala II Lama di BPM Ny. Suharyati Surabaya', *Jurnal Ilmiah Kesehatan*, Vol. 9 no. 1, pp. 52–57, diakses 17 Januari 2019. <https://doi.org/10.33086/jhs.v9i1.185>
- Asemi, Z, Taghizadeh, M, Sarahroodi, S, Jazayeri, S, Tabassi, Z, Seyyedi, F 2010. 'Assessment of the relationship of vitamin D with serum antioxidant vitamins E and A and their deficiencies in Iranian pregnant women', *Saudi Medical Journal*, Vol. 31 no. 10, pp. 1119–1123, diakses 10 Februari 2019. <https://www.ncbi.nlm.nih.gov/pubmed/20953527>
- Azzi, A 2018, 'Many tocopherols, one vitamin E', *Molecular Aspects of Medicine*, Vol. 61, pp. 92–103, diakses 4 Februari 2019. <http://dx.doi.org/10.1016/j.mam.2017.06.004>
- Bakta, IM 2006, *Hematologi Klinik Ringkas*, EGC, Jakarta.
- Balarajan, Y, Ramakrishnan, U, Özaltın, E, Shankar, AH, Subramanian, SV 2011, 'Anaemia in low-income and middle-income countries', *The Lancet.*, Vol. 378, pp. 2123–2135. diakses 2 Februari 2019. [https://doi.org/10.1016/S0140-6736\(10\)62304-5](https://doi.org/10.1016/S0140-6736(10)62304-5)
- Besuni, A, Jafar, N, Indriasari, R 2013, 'Hubungan Zat Gizi Pembentuk Sel Darah Merah dengan Kadar Hemoglobin pada Ibu Hamil di Kabupaten Gowa', Skripsi, Fakultas Kesehatan Masyarakat, Universitas Hassanuddin Makassar,

diakses 4 Februari 2019. <https://core.ac.uk/download/pdf/25493317.pdf>

Brady, H, Lamb, MM, Sokol, RJ, Ross, CA, Seifert, JA, Rewers, MJ, Norris, JM 2007, 'Plasma micronutrients are associated with dietary intake and environmental tobacco smoke exposure in a paediatric population', Vol. 10 no. 7, pp. 712–718, diakses 20 April 2019. <http://dx.doi.org/10.1017/S1368980007662296>

Caballero, B 2003, *Encyclopedia of Food Science and Nutrition*. Academic Press. London, diakses 27 Februari 2019 <https://www.elsevier.com/books/encyclopedia-of-food-sciences-and-nutrition-ten-volume-set/caballero/978-0-12-227055-0>

Chowdhury, S, Rahman, M, Moniruddin, ABM 2014, 'Anemia in Pregnancy', *Medicine Today*, Vol. 26 no. 01, pp.49–52, diakses 2 Februari 2019. <https://www.banglajol.info/index.php/MEDTODAY/article/download/21314/14634>

Citrakesumasari 2012, *Anemia Gizi, Masalah dan Pencegahannya*, Kalika, Yogyakarta.

Combs, GF, McClung, JP 2017, *The Vitamins (Fifth Edition) Fundamental Aspect in Nutrition and Health*, Academic Press, London, diakses 5 Februari 2019. <https://www.sciencedirect.com/book/9780128029657/the-vitamins>

Desmarchelier, C, Borel, P, 2017, 'Overview of carotenoid bioavailability determinants: From dietary factors to host genetic variations', *Trends in Food Science and Technology*, Vol. 69, pp. 270–280, diakses 4 Mei 2019. <http://dx.doi.org/10.1016/j.tifs.2017.03.002>

Dror, DK, Allen, LH 2011, 'Vitamin e deficiency in developing countries', *Food and Nutrition Bulletin*, Vol. 32 no. 2, pp. 124–143, diakses 5 Februari 2019. <http://dx.doi.org/10.1177/156482651103200206>

- Hamdy, MM, Mosallam, DS, Jamal, AM, Rabie, WA 2014, 'Selenium and Vitamin E as antioxidants in chronic hemolytic anemia: Are they deficient? A case-control study in a group of Egyptian children', *Journal of Advanced Research*. Cairo University, Vol. 6 no. 6, pp. 1071–1077, diakses 5 Februari 2019. <http://dx.doi.org/10.1016/j.jare.2015.01.002>
- Hidayat, N, Sunarti, S 2015, 'Validitas Pemeriksaan Kadar Hemoglobin Menggunakan Metode Hb Meter Pada Remaja Putri Di Man Wonosari', *Jurnal Kesehatan Masyarakat (Journal of Public Health)*, Vol. 9 no. 1, pp. 11–18, diakses 5 Februari 2019. <https://media.neliti.com/media/publications/25016-ID-validitas-pemeriksaan-kadar-hemoglobin-menggunakan-metode-hb-meter-pada-remaja-p.pdf>
- Jilani, T, Iqbal, MP 2018, 'Vitamin E deficiency in south asian population and the therapeutic use of alpha-tocopherol (Vitamin E) for correction of anemia', *Pakistan Journal of Medical Sciences*, Vol. 34 no. 6, pp. 1571–1575, diakses 5 Februari 2019. <https://doi.org/10.12669/pjms.346.15880>
- Jilani, T, Azam, I, Moiz, B, Mehboobali, N, Iqbal, MP 2015, 'Positive Association of Vitamin E Supplementation with Hemoglobin Levels in Mildly Anemic Healthy Pakistani Adults', *International Journal for Vitamin and Nutrition Research*, vol. 85 no. 1-2, pp 39-49, diakses 15 Maret 2019. <https://doi.org/10.1024/0300-9831/a000222>
- Kaushansky, K, Lichtman, MA, Prchal, JT, Levi, MM, Press, OW, Burns, LJ, Caligiuri, MA 2015, *Williams Hematology 9th Edition*, McGraw-Hill, New York.
- Li, H, Lykotrafitis, G 2014, 'Erythrocyte Membrane Model with Explicit Description of the Lipid Bilayer and the Spectrin Network', *Biophysical Journal*, Vol. 107, pp. 642–653, diakses 20 Juni 2019. <https://doi.org/10.1016/j.bpj.2014.06.031>

- Madhikarmi, NL, Murthy, KRS 2014, 'Antioxidant Enzymes and Oxidative Stress in the Erythrocytes of Iron Deficiency Anemic Patients Supplemented with Vitamins', *Iranian Biomedical Journal*, vol. 18 no. 2, pp 82-87, diakses 20 April 2019. <http://dx.doi.org/10.6091/ibj.1228.2013>
- Marks, DB, Marks, AB, Mith, CM 2000, *Biokimia Kedokteran Dasar, Sebuah Pendekatan Klinis*, EGC, Jakarta.
- McKenzie, SB 2014 *Clinical Laboratory Hematology Third Edition*, Pearson, New Jersey.
- Mohandas N, Gallagher PG 2008, 'Red cell membrane : past , present , and future, *Blood*, vol. 12 no. 10, diakses 8 Agustus 2019. <http://dx.doi.org/10.1182/blood-2008-07-161166>
- Morrissey, PA, Hill, TR 2009, 'Fat-Soluble Vitamins and Vitamin C in Milk and Milk Products', *Advanced Dairy Chemistry*, pp. 527–589, diakses 8 Maret 2019. http://dx.doi.org/10.1007/978-0-387-84865-5_12
- Pemerintah Indonesia. *Kementrian Kesehatan 2013, Riset Kesehatan Dasar 2013*, Kementerian Kesehatan RI, Jakarta, diakses 20 Februari 2019. <https://www.depkes.go.id/resources/download/general/Hasil%20Risesdas%202013.pdf>
- Pemerintah Indonesia. *Kementrian Kesehatan 2018, Riset Kesehatan Dasar 2018*, Kementerian Kesehatan RI, Jakarta, diakses 20 Februari 2019. <https://www.depkes.go.id/resources/download/info-terkini/hasil-risesdas-2018.pdf>
- Pemerintah Indonesia, Peraturan Menteri Kesehatan 2013, *Peraturan Menteri Kesehatan Republik Indonesia Nomor 75 Tahun 2013 Tentang Angka Kecukupan Gizi Yang Dianjurkan Bagi Bangsa Indonesia*, Jakarta, diakses 15 Maret 2019.

<https://peraturan.bkpm.go.id/jdih/userfiles/batang/PMK%20No.%2075%20ttg%20Angka%20Kecukupan%20Gizi%20Bangsa%20Indonesia.pdf>

Pomar, EG, Hatfield, E, Garlitz, K, Westgate, PM, Bada, HS 2017, 'Vitamin E in the Preterm Infant: A Forgotten Cause of Hemolytic Anemia', *American Journal of Perinatology*, Vol. 35 no. 3, pp. 305-310, diakses 10 Februari 2019. <https://dx.doi.org/10.1055/s-0037-1607283>

Rizki, MD 2017, 'Hubungan antara Asupan Zink dengan Anemia pada Remaja di Sukoharjo, Jawa Tengah', Skripsi, Fakultas Ilmu Kesehatan, Universitas Muhammadiyah Surakarta, diakses 4 Februari 2019. <http://eprints.ums.ac.id/50332/1/NASKAH%20PUBLIKASI.pdf>

Sahana, ON, Sumarmi, S 2015, 'Hubungan Asupan Mikronutrien Dengan Kadar Hemoglobin Pada Wanita Usia Subur (WUS)', *Media Gizi Indonesia*, Vol. 10 no. 2, pp. 184–191, diakses 5 Februari 2019. <https://e-journal.unair.ac.id/MGI/article/download/3380/2421>

Seshadri, S 2011, *Public Health Nutrition in Developing Countries Part 1*, Woodhead Publishing, India.

Shamim, AA, Kabir, A, Merrill, RD, Ali, H, Rashid, M, Schulze, K, Labrique, A, West, KPJ, Christian, P 2013, 'Plasma zinc, vitamin B12 and α -tocopherol are positively and plasma γ -tocopherol is negatively associated with Hb concentration in early pregnancy in north-west Bangladesh', *Public Health Nutrition*, Vol. 16 no 8, pp. 1354–1361, diakses 20 Februari 2019. <http://dx.doi.org/10.1017/S1368980013000475>

Sherwood, L 2014, *Fisiologi Manusia*, EGC, Jakarta.

Siallagan, D, Swamilaksana, PD, Angkasa, D 2016, 'Pengaruh asupan Fe, vitamin A, vitamin B12, dan vitamin C terhadap kadar hemoglobin pada remaja vegan', *Jurnal Gizi Klinik Indonesia*, Vol. 13 no. 2, pp. 67, diakses 7 Februari 2019.

<https://doi.org/10.22146/ijcn.22921>

Stephen, G, Mgongo, M, Hashim, HT, Katanga, J, Pedersen, BS, Msuya, SE 2018, 'Anaemia in Pregnancy: Prevalence, Risk Factors, and Adverse Perinatal Outcomes in Northern Tanzania', *Anemia*, Vol. 2018, pp. 1-9, diakses 5 Februari 2019. <https://doi.org/10.1155/2018/1846280>

Sudikno & Sandiaja 2016, 'Prevalensi dan Faktor Risiko Anemia pada Wanita Subur di Rumah Tangga Miskin di Kabupaten Tasikmalaya dan Ciamis, Provinsi Jawa Barat', *Jurnal Kesehatan Reproduksi*, Vol. 7 no. 2, pp. 71-82, diakses 23 November 2019. <https://media.neliti.com/media/publications/107942-ID-prevalensi-dan-faktor-risiko-anemia-pada.pdf>

Sumbono, A 2016, *Biokimia Pangan Dasar*. Deepublish, Jakarta.

Sun, Y, Ma, A, Li, Y, Han, X, Wang, Q, Liang, H 2012, 'Vitamin E supplementation protects erythrocyte membranes from oxidative stress in healthy Chinese middle-aged and elderly people', *Nutrition Resesarch Res*, vol. 32 no.5, pp 328-334, diakses 1 April 2019. <http://dx.doi.org/10.1016/j.nutres.2012.03.012>

Tanziha, I, Damanik, MRM, Utama, LJ, Rosmiati, R 2016, 'Faktor Risiko Anemia Ibu Hamil di Indonesia', *Jurnal Gizi Pangan*, vol. 11 no.2, pp.143-152, diakses 26 Juli 2019. <http://journal.ipb.ac.id/index.php/jgizipangan/article/viewFile/14687/10862>

Tortora, G 2014, *Dasar Anatomi dan Fisiologi Volume 1 Edisi 13*. EGC, Jakarta.

Traber, MG 2014, 'Vitamin E Inadequacy in Humans', *Advances in Nutrition: An International Review Journal*, Vol. 5 no. 5, pp. 503–514, diakses 5 Mei 2019. <http://dx.doi.org/10.3945/an.114.006254>

Ugwa, EA 2015, 'Vitamins A and E deficiencies among pregnant women attending antenatal care at general Hospital Dawakin Kudu, North - West Nigeria',

International Journal of Preventive Medicine, Vol 6 no. 1, pp. 65, diakses 1 Agustus 2019. <https://dx.doi.org/10.4103/2008-7802.161078>

Ugwa, E, Gwarzo, M, Ashimi, A 2015, 'Oxidative stress and antioxidant status of pregnant rural women in north-west Nigeria: prospective cohort study', *Journal Matern Fetal Neonatal Med*, Vol. 5 no. 5, pp. 544–547, diakses 1 Agustus 2019. <https://doi.org/10.3109/14767058.2014.924102>

Wijayanti, N 2017, *Fisiologi Manusia dan Metabolisme Zat Gizi*. UB Press, Malang.

World Health Organization 2017, *Nutritional Anaemias: Tools for Effective Prevention*, World Health Organization, Geneva, diakses 20 Februari 2019. <https://apps.who.int/iris/bitstream/handle/10665/259425/9789241513067-eng.pdf;jsessionid=2B6D21504900BE9923514B8C7EEB3DD5?sequence=1>

Wulandary T, Gumilang L, Astuti S, Nirmalasari SA, Judistiani TD 2018, 'Survey of Vitamin A, B1, B2, B6 and E Intake Among Pregnant Women in Jawa Barat', *Advanced Science Letters*, Vol. 24 no. 8, pp 6242-6244, diakses 8 Juli 2019. <http://dx.doi.org/10.1166/asl.2018.12698>

Yuslianti, ER 2018, *Pengantar Radikal Bebas dan Antioksidan*, DeePublish, Yogyakarta.

Zwieten, VR., Verhoeven, AJ, Roos, D 2014, 'Inborn defects in the antioxidant systems of human red blood cells', *Free Radical Biology and Medicine*, Vol. 67, pp. 377–386, diakses 5 Maret 2019. <http://dx.doi.org/10.1016/j.freeradbiomed.2013.11.022>