

**HUBUNGAN KECANDUAN *SMARTPHONE* DENGAN  
KECENDERUNGAN PERILAKU *PHUBBING* PADA REMAJA DI SMAN  
34 JAKARTA SELATAN**

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**Abstrak**

*Smartphone* merupakan salah satu teknologi populer di Indonesia yang paling banyak digunakan untuk mengakses internet. Sekitar 70% pengguna internet terbanyak di Indonesia sebagian besar tercatat pada usia remaja yakni 13 – 18 tahun dari 70%. Usia remaja sangat rentan terpengaruh dampak buruk dari perkembangan teknologi *smartphone* seperti timbulnya kecanduan *smartphone* dan perilaku *phubbing*. Metode penelitian ini menggunakan desain penelitian *cross-sectional* yang bersifat analitik observasional. Subjek penelitian ini merupakan siswa SMAN 34 Jakarta Selatan yang terdiri dari 100 orang siswa. Hasil penelitian ini didapatkan bahwa nilai p-value < 0,005 dan nilai koefisien korelasi (c) = 0.569. Hal ini berarti terdapat hubungan yang bermakna antara kecanduan *smartphone* dengan perilaku *phubbing* pada remaja di SMAN 34 Jakarta Selatan. Penelitian ini juga menunjukkan bahwa sebagian besar remaja SMAN 34 Jakarta Selatan termasuk kategori kecanduan *smartphone* sedang dengan perilaku *phubbing* sedang.

**Kata Kunci :** Kecanduan *Smartphone*, *Phubbing*, Remaja

# **RELATIONSHIP BETWEEN SMARTPHONE ADDICTION AND THE TENDENCY OF PHUBBING BEHAVIOR AMONG ADOLESCENTS IN SMAN 34 JAKARTA SELATAN**

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## **Abstract**

Smartphone was one of the most popular technologies in Indonesia that was most widely used to access the internet. About 70% of the most internet users in Indonesia were mostly recorded as adolescents, 13-18 years out of 70%. Teenagers were very susceptible to the adverse effects of the development of smartphone technology such as the emergence of smartphone addiction and phubbing behavior. This research method uses a cross-sectional analytic observational research design. The subjects of this study were students of SMAN 34 South Jakarta consisting of 100 students. The results of this study found that the p-value  $<0.005$  and the correlation coefficient value  $(c) = 0.569$ . This means that there was a significant relationship between smartphone addiction and phubbing behavior in adolescents at SMAN 34 South Jakarta.. This research also shows that most of the teenagers of SMAN 34 South Jakarta were in the category of moderate smartphone addiction with moderate phubbing behavior.

**Keyword :** Smartphone Addiction, Phubbing, Adolescent