

## ABSTRAK

Irsyad Arrais Pradhana, Hubungan Pemberian ASI dan Susu Formula Dengan Kejadian Diare Pada Anak Usia 0-12 Bulan di Rumah Sakit Bhineka Bakti Husada Periode Februari-Mei 2014. Dibimbing oleh dr. Yurita Handoyo. MS, Sp.A dan Dra. Kristina Simanjuntak, M. Biomed.

Diare merupakan salah satu masalah kesehatan utama masyarakat Indonesia karena masih tingginya angka kesakitan dan menimbulkan banyak kematian pada anak terutama bayi dan balita. Menurut Rikesdas pada tahun 2007, diare merupakan penyebab kematian nomor empat (13,2%) pada semua umur dan nomor satu pada bayi post natal (31.4%) dan pada anak balita (25.2%) di Indonesia. Penelitian ini bertujuan untuk mengetahui hubungan pemberian ASI dan susu formula dengan kejadian diare pada anak usia 0-12 bulan di Rumah Sakit Bhineka Bakti Husada, Ciputat. Penelitian ini adalah *deskriptif analitik* dengan desain penelitian *Cross sectional*. Sampel anak usia 0-12 bulan di Rumah Sakit Bhineka Bakti Husada sebanyak 88 anak, diambil dengan cara *consecutive sampling*. Data diuji menggunakan Chi-square dengan hasil terdapat hubungan antara pemberian ASI serta pemberian susu formula dengan kejadian diare masing-masing nilai  $p=0.000$ . Anak yang diberikan susu formula lebih banyak yang mengalami diare dibandingkan dengan anak yang diberi ASI.

Kata kunci : ASI, susu formula, diare

Kepustakaan : 25 (1999-2013)

## **ABSTRACT**

Irsyad Arrais Pradhana, The Relationship Between Breastfeeding and Formula Feeding with the Incidence of Diarrhea in 0-12 Month Old Infants at Bhineka Bakti Husada Hospital in February-May 2014. Supervised by dr. Yurita Handoyo. MS, Sp.A and Dra. Kristina Simanjuntak, M. Biomed.

Diarrhea has become a leading health problem in Indonesia, due to its high infant morbidity and mortality rate. According to National Basic Health Study in 2007, diarrhea is the fourth leading cause of mortality for all age groups (13.2%) and, the leading cause in newborn infants (31.4%), and under 5 year olds (25.5%) in Indonesia. The aim of this study was to determine the relationship between breastfeeding and formula feeding with the incidence of diarrhea in 0-12 month old infants at Bhineka Bakti Husada Hospital in 2014. A cross sectional study with using consecutive sampling to 88 infant, 0-12 month old was conducted on. From the Chi-square test performed on the data showed that there was a significant relationship between breastfeeding and formula feeding with the incidence of diarrhea with a p-value of  $p=0.000$ . Infants who were used formula were more likely to get diarrhea than those who were breast fed.

Keywords : breastfeeding, formula feeding, diarrhea

References : 25 (1999-2013)