

The Effect of Work Discipline, Work Stress, and Burnout During the Covid-19 Pandemic on Employee Performance at Badan Diklat

PKN BPK RI

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Abstract

This research is a quantitative research that aims to determine whether there is an effect of work discipline, work stress, and burnout during the covid-19 pandemic on the performance of the Badan Diklat PKN BPK RI. In this research, the sample used was 100 people, where data collection was done through Google Form. The data that has been collected is then tested to determine the effect of partial (t-test) and Simultaneous (f-test) using software SPSS Version 25 2020 with a significance level of 5%. The test results show that: (1) Work Discipline has a significant effect on employee performance, (2) Work stress has a significant effect on employee performance, (3) Burnout has a significant effect on employee performance, (4) Work discipline, Job Stress, Burnout affect the performance of employees of Badan Diklat PKN BPK RI.

Keywords : *Work Discipline, Work Stress, Burnout, Employee Performance*

**Pengaruh Disiplin Kerja, Stres Kerja, Dan *Burnout* Selama
Pandemi *Covid-19* Terhadap Kinerja Pegawai Badan Diklat PKN
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Abstrak

Penelitian ini merupakan penelitian kuantitatif yang bertujuan untuk mengetahui apakah terdapat pengaruh disiplin kerja, stress kerja, dan *burnout* selama pandemi *covid-19* terhadap kinerja pegawai Badan Diklat PKN BPK RI. Dalam penelitian ini sampel yang digunakan sebanyak 100 orang, dimana pengumpulan data dilakukan melalui *Google Form*. Data yang telah terkumpul kemudian diuji untuk mengetahui pengaruh secara parsial (Uji t) dan Simultan (Uji f) dengan menggunakan software SPSS Version. 25 2020 dengan tingkat signifikansi 5%. Hasil pengujian diperoleh bahwa: (1) Disiplin Kerja berpengaruh secara signifikan terhadap kinerja pegawai, (2) Stres kerja berpengaruh secara signifikan terhadap kinerja pegawai, (3) *Burnout* berpengaruh secara signifikan terhadap kinerja pegawai, (4) Disiplin kerja, Stres Kerja, *Burnout* berpengaruh terhadap kinerja pegawai Badan Diklat PKN BPK RI.

Kata Kunci : Disiplin Kerja, Stres Kerja, *Burnout*, Kinerja Pegawai