

DAFTAR PUSTAKA

- Abledu, J. K., Offei, E. B., & Abledu, G. K. (2014). Predictors of Work-Related Musculoskeletal Disorders among Commercial Minibus Drivers in Accra Metropolis, Ghana. *Advances in Epidemiology*, 2014(April), 1–5. <https://doi.org/10.1155/2014/384279>
- Batham C, Y. S. (2016). No Title. *A Risk Assessment Musculoskeletal, Study on Work-Related Disorders among Dentists in Bhopal, India*. <https://pubmed.ncbi.nlm.nih.gov/27411650/>
- Berlin, C. & Adams, C. (2017). *Berlin, C. & Adams, C. (2017). Production Ergonomics: Designing Work Systems to Support Optimal Human Performance. Pp. 49–64. London: Ubiquity Press. DOI: https://doi.org/10.5334/bbe.c. License: CC-BY 4.0.*
- BridgerRS. (2008). *Bridger RS. Intrduction to Ergonomics. Edisi 3. CRC Press. London; 2008.*
- Canadian Centre for Occupational Health and Safety (CCOHS). (2014). *Canadian Centre for Occupational Health and Safety (CCOHS). 2014. MSDs Occupational Risk Factor and Symptoms*. <https://www.cchos.ca/oshanswers/ergonomics/risk.html>
- CendrawasihAF. (2012). Cendrawasih AF. *Leher dan Kepala*. Skripsi. Yogyakarta: Universitas Gajah Mada. 2012. *Leher Dan Kepala*.
- Chao, M, et al. (2020). *Chao, M, et al, 2020, 'Psychological distress and state boredom during the COVID-19 outbreak in China: the role of meaning in life and media use', European Journal of Psychotraumatology, Taylor & Francis, Vol. 11, No. 1. 11.*
- Cho, K., Cho, H. Y., & Han, G. S. (2016). Risk factors associated with musculoskeletal symptoms in Korean dental practitioners. *Journal of Physical Therapy Science*, 28(1), 56–62. <https://doi.org/10.1589/jpts.28.56>
- ClarissaB, F. (2017). *Prevalensi Nyeri Leher Aksial Pada Mahasiswa Program Studi*

Profesi Dokter Gigi di RSGM FKG Usakti Fidela Clarissa 5. 5–28.

- de Carvalho MV, Soriano EP, de França Caldas A Jr, Campello RI, de Miranda HF, C. F. (2009). *de Carvalho MV, Soriano EP, de França Caldas A Jr, Campello RI, de Miranda HF, Cavalcanti FI. Work-related musculoskeletal disorders among Brazilian dental students. J Dent Educ. 2009 May;73(5):624-30. PMID: 19433537.*
- Dewi, N. F. (2020). Identifikasi Risiko Ergonomi dengan Metode Nordic Body Map Terhadap Perawat Poli RS X. *Jurnal Sosial Humaniora Terapan*, 2(2), 125–134. <https://doi.org/10.7454/jsht.v2i2.90>
- Dewi, S. Y., & Lestari, Y. M. (2020). Validity And Reliability Of Indonesian Social Media Disorder (SMD) Scale In Adolescent. *Jurnal Profesi Medika : Jurnal Kedokteran Dan Kesehatan*, 14(2), 137–142. <https://doi.org/10.33533/jpm.v14i2.2049>
- Dixon, A. D. (1993). Dixon AD. Anatomi untuk Kedokteran Gigi. Ed.5. Alih Bahasa: Lilian Yuwono. Jakarta: Penerbit Hipokrates. 1993. *Anatomi Untuk Kedokteran Gigi. Ed.5.*
- Evadariantio, N. (2017). Postur Kerja Dengan Keluhan Musculoskeletal Disorders Pada Pekerja Manual Handlingbagian Rolling Mill. *The Indonesian Journal of Occupational Safety and Health*, 6(1), 97. <https://doi.org/10.20473/ijosh.v6i1.2017.97-106>
- Gatchel RJ, Kishino ND, dan S. A. (2014). *Gatchel RJ, Kishino ND, dan Strizak AM. Occupational Musculoskeletal Pain and Disability Disorders. Dalam R. J. Gatchel dan I. Z. Schultz, eds. Handbook of Musculoskeletal Pain and Disability Disorders in the Workplace. London; 2014.*
- Gustafsson, E., Johnson, P.W., Lindegård, A., Hagberg, M. (2011). *Gustafsson, E., Johnson, P.W., Lindegård, A., Hagberg, M. (2011). Technique, muscle activity and kinematic differences in young adults texting on mobile phones, Ergonomics, 54:5, 477-487, DOI: 10.1080/00140139.2011.568634).*
- Hawi, N. S. and Samaha, M. (2017). *Hawi, N. S. and Samaha, M. (2017) 'The Relations*

- Among Social Media Addiction, Self-Esteem, and Life Satisfaction in University Students', Social Science Computer Review, 35(5), pp. 576–586. doi: 10.1177/0894439316660340. 576–586.*
- Iqbal, Z.A., Alghadir, A. H. (2017). *Iqbal, Z.A., Alghadir, A.H. (2017). Cumulative trauma disorders: a review. J Back Musculoskelet Rehabil.*
- Kementerian Kesehatan Republik Indonesia. (2018). HASIL UTAMA RISKESDAS 2018 Kesehatan [Main Result of Basic Health Research]. *Riskesdas, 52.* http://www.depkes.go.id/resources/download/info-terkini/materi_rakorpop_2018/Hasil_Riskesdas_2018.pdf
- Kishner, S. (2015). *K, Stephen. Shoulder Joint Anatomy. 2015. http://emedicine.medscape.com/article/1899211-overview#showall.*
- Lazaro, R. (2005). Shoulder impingement syndromes: Implications on physical therapy examination and intervention. *Journal of the Japanese Physical Therapy Association, 8(1), 1–7.* <https://doi.org/10.1298/jjpta.8.1>
- Lippert, L. S. (2011). *S, Lynn. Clinical Kinesiology and Anatomy. Philadelphia : F.A Davis Company ; 2011.*
- Malvin. (2020). *Bab Ii Tinjauan Pustaka Aplikasi. 1, 1–476. http://repository.poltekkes-tjk.ac.id/758/5/BAB II.pdf*
- Mantiri, A., Kambey, G., Sekeon, S. A. S., Neurologi, B., Kedokteran, F., Sam, U., & Manado, R. (2018). *Rotator cuff syndrome. 1(3), 51–58. http://journalsinaps.com/index.php/sinaps/article/download/38/27/53*
- Mayasari, D., & Saftarina, F. (2016). Ergonomi Sebagai Upaya Pencegahan Musculoskeletal Disorders JK Unila | Volume 1 | Nomor 2| Oktober. *Jurnal Kedokteran Universitas Lampung, 1(2), 369–379.* <http://juke.kedokteran.unila.ac.id/index.php/JK/article/view/1643>
- McCauley-BusP. (2012). *McCauley-Bush P. Ergonomics: Foundational Principles, Applications, and Technologies. CRC Press. New York; 2012.*
- Moore K, Dalley AF, A. A. (2013). Moore K, Dalley AF, Agur AM. *Anatomi Berorientasi Klinis. Ed.5 Jilid 3. Alih Bahasa: Hartanto H. Jakarta: Penerbit*

- Erlangga; 2013. *Anatomi Berorientasi Klinis*.
- Morrison, D.S., B.S. Greenbaum, and A. E. (2000). *Morrison, D.S., B.S. Greenbaum, and A. Einhorn. (2000). "Shoulder Impingement. " Orthopedic Clinics of North America 31 2: 285-293. National Center For Biotechnology Information. National Library of Medicine.*
- Mustafaoglu, R., Yasaci, Z., Zirek, E., Griffiths, M. D., & Ozdincler, A. R. (2021). The relationship between smartphone addiction and musculoskeletal pain prevalence among young population: A cross-sectional study. *Korean Journal of Pain, 34*(1), 72–81. <https://doi.org/10.3344/KJP.2021.34.1.72>
- Notoatmodjo, S. (2010). Notoatmodjo, Soekidjo. 2010. *Metodologi Riset Kesehatan*. Jakarta: Rineka Cipta. *Metodologi Riset Kesehatan*.
- Nurhikmah. (2011). *Nurhikmah. Faktor-faktor yang Berhubungan dengan Musculoskeletal Disorders (MSDs) Pada Pekerja Furnitur di Kecamatan Benda Kota Tangerang Tahun 2011. Universitas Islam Negeri SYarif Hidayatullah. 2011.*
- O'Malley G. Musculoskeletal Disorders in Obesity. Dalam F. Wilson, J. Gormley, dan J. H. (2011). *O'Malley G. Musculoskeletal Disorders in Obesity. Dalam F. Wilson, J. Gormley, dan J. Hussey, eds. Excercise Therapy ini the Management of Musculoskeletal Disorders. Blackwell Publishing. UK; 2011. hal. 231– 240.*
- Park, J.-H., Kang, S.-Y. and Jeon, H.-S. (2013). *Park, J.-H., Kang, S.-Y. and Jeon, H.-S. (2013) "The Effect of Using Smart-Phones on Neck and Shoulder Muscle Activities and Fatigue," Physical Therapy Korea. Korean Research Society of Physical Therapy. doi: 10.12674/ptk.2013.20.3.019. 20*(3), 323–326.
- Pertiwi, R. F., & Roosmini, D. (2015). Risk analysis of vibration and posture to musculoskeletal discomforts of underground mine drilling workers case study: Pt. Karya Sakti Purnama. *The 5th Environmental Technology and Management Conference "Green Technology towards Sustainable Environment, November 23-24, 2015, Bandung, Indonesia, November.*
- Pratama, G. B., & Widyanti, A. (2019). Internet Addiction among Indonesia University

- Students: Musculoskeletal Symptoms, Physical and Psychosocial Behavior Problems. *IOP Conference Series: Materials Science and Engineering*, 528(1), 0–8. <https://doi.org/10.1088/1757-899X/528/1/012015>
- Rahmawati, F. (2020). *Hubungan Durasi Dan Posisi Penggunaan Smartphone Dengan Nyeri Leher Pada Mahasiswa Fisioterapi Universitas Muhammadiyah Surakarta*. 1–8. <http://eprints.ums.ac.id/id/eprint/85374>
- Sidik Santoso, Refdilzon Yasra, A. P. (2014). Kerja, Santoso et al. 2014. Perancangan Metode Pada, untuk Mengurangi Kelelahan Kerja PT., Aktivitas Mesin Bor di Workshop Bubut Profesiensi, Cahaya Samudra Shipyard. Vol. 2, No. 2, halaman 155-164. *Perancangan Metode Kerja Untuk Mengurangi Kelelahan Kerja Pada Aktivitas Mesin Bor Di Workshop Bubut PT. Cahaya Samudra Shipyard. Profesiensi*, 2, 155–164.
- Soli NTambunan. (2011). Tambunan SN. Anatomi Kepala dan Leher. Medan: Universitas Sumatera Utara: 2011. *Anatomi Kepala Dan Leher*.
- Soliha, S. F. (2015). Tingkat Ketergantungan Pengguna Media Sosial Dan Kecemasan Sosial. *INTERAKSI: Jurnal Ilmu Komunikasi*, 4(1), 1–10. <https://doi.org/10.14710/interaksi.4.1.1-10>
- Stack T, Ostrom LT, W. C. (2016). *Stack T, Ostrom LT, Wilhelmsen CA. Occupational Ergonomics: A Practical Approach Edisi 1. John Wiley dan Sons. New Jersey; 2016*.
- Tawarka. (2010). *Tarwaka. Ergonomi Industri. Harapan Press. Surakarta; 2010*.
- Tawarka. (2013). Tarwaka., 2013, Ergonomi Industri : Dasar-Dasar Pengetahuan Ergonomi dan Aplikasi di Tempat Kerja, Surakarta. Harapan press. In *Harapan Press*.
- Travis M. Andrews. (2020). *Andrews, T, 2020, During quarantine, iPhone Screen Time reports are through the roof, and people are 'horrified' - The Washington Post, washingtonpost.com,.*
- Waldemar Karwowski, & Marras, W. S. (2006). *Corlett EN. The Occupational Ergonomics Handbook. Edisi 2. CRC Press. London; 2006*.

- Wiarso, G. (2017). *Wiarso, Giri. (2017). Nyeri Tulang dan Sendi (Cet. I). YOGYAKARTA: Gosityen Publishing.*
- Wijnhoven AH, Henrika CW, P. H. (2006). *Wijnhoven AH, Henrika CW, Picavet HS. Prevalence of Musculoskeletal Disorders is Systematically Higher in Women than in Men. Clinical Journal of Pain. 2006; 22(8): 717-24.*
- World Health Organisation (WHO). (2021). *musculoskeletal conditions*. 8 February 2021. <https://www.who.int/news-room/fact-sheets/detail/musculoskeletal-conditions>
- Yang, G., Cao, J., Li, Y., Cheng, P., Liu, B., Hao, Z., Yao, H., Shi, D., Peng, L., Guo, L., & Ren, Z. (2019). Association Between Internet Addiction and the Risk of Musculoskeletal Pain in Chinese College Freshmen – A Cross-Sectional Study. *Frontiers in Psychology, 10*(September), 1–7. <https://doi.org/10.3389/fpsyg.2019.01959>
- Yudiyanta, Khoirunnisa, N., Novitasari, R. W., Neurologi, D., Kedokteran, F., & Gadjah, U. (2015). *Assessment Nyeri. 42*(3), 214–234.
- Yunita Mansyah Lestari, Suzy Yusna Dewi, & Aulia Chairani. (2020). Hubungan Alexithymia dengan Kecanduan Media Sosial pada Remaja di Jakarta Selatan. *SCRIPTA SCORE Scientific Medical Journal, 1*(2), 9. <https://doi.org/10.32734/scripta.v1i2.1229>