

## DAFTAR PUSTAKA

- Al-Hadidi, F., Bsisu, I., AlRyalat, S. A., Al-Zu’bi, B., Bsisu, R., Hamdan, M., Kanaan, T., Yasin, M., & Samarah, O. 2019. Association between mobile phone use and neck pain in university students: A cross-sectional study using numeric rating scale for evaluation of neck pain. *Plos One*, 14(5), e0217231. <https://doi.org/10.1371/journal.pone.0217231.t003>
- Alfaitouri, S., & Altaboli, A. 2019. The Effect of Posture and Duration of Smartphone Usage on Neck Flexion Angle. *Proceedings of the Human Factors and Ergonomics Society Annual Meeting*, 63(1), 962–966. <https://doi.org/10.1177/1071181319631137>
- Alzaid, A. N., Alshadoukhi, O., & Alnasian, A. 2018. The Prevalence of Neck Pain and the Relationship between Prolonged Use of Electronic Devices and Neck Pain in a Saudi Arabia : Cross - Sectional Study in Saudi Arabia. *The Egyptian Journal of Hospital Medicine*, 70(11), 1992–1999. <https://doi.org/10.12816/0044856>
- Bussières, A. E., Stewart, G., Al-Zoubi, F., Decina, P., Descarreaux, M., Hayden, J., Hendrickson, B., Hincapié, C., Pagé, I., Passmore, S., Srbely, J., Stupar, M., Weisberg, J., & Ornelas, J. 2016. The Treatment of Neck Pain–Associated Disorders and Whiplash-Associated Disorders: A Clinical Practice Guideline. *Journal of Manipulative and Physiological Therapeutics*, 39(8), 523-564.e27. <https://doi.org/10.1016/j.jmpt.2016.08.007>
- Chan, L. L. Y., Wong, A. Y. L., Wang, M. H., Cheung, K., & Samartzis, D. 2020. The prevalence of neck pain and associated risk factors among undergraduate students: A large-scale cross-sectional study. *International Journal of Industrial Ergonomics*, 76(September 2019), 102934. <https://doi.org/10.1016/j.ergon.2020.102934>
- Cohen, S. P., & Hooten, W. M. 2017. Advances in the diagnosis and management of neck pain. *BMJ (Online)*, 358, 1–19. <https://doi.org/10.1136/bmj.j3221>
- Côté, P., Wong, J. J., Sutton, D., Shearer, H. M., Mior, S., Randhawa, K., Ameis, A., Carroll, L. J., Nordin, M., Yu, H., Lindsay, G. M., Southerst, D., Varatharajan, S., Jacobs, C., Stupar, M., Taylor-Vaisey, A., van der Velde, G., Gross, D. P., Brison, R. J., ... Salhany, R. 2016. Management of neck pain and associated disorders: A clinical practice guideline from the Ontario Protocol for Traffic Injury Management (OPTIMa) Collaboration. *European Spine Journal*, 25(7), 2000–2022. <https://doi.org/10.1007/s00586-016-4467-7>
- Damgaard, P., Bartels, E. M., Ris, I., Christensen, R., & Juul-Kristensen, B. 2013. Evidence of Physiotherapy Interventions for Patients with Chronic Neck Pain: A Systematic Review of Randomised Controlled Trials. *ISRN Pain*,

2013, 1–23. <https://doi.org/10.1155/2013/567175>

Hurwitz, E. L., Randhawa, K., Yu, H., Côté, P., & Haldeman, S. 2018. The Global Spine Care Initiative: a summary of the global burden of low back and neck pain studies. *European Spine Journal*, 27(0123456789), 796–801. <https://doi.org/10.1007/s00586-017-5432-9>

Kalirathinam, D., Manoharlal, M. A., Mei, C., Ling, C. K., Sheng, T. W. Y., Jerome, A., & Mahadeva Rao, U. S. 2017. Association between the usage of smartphone as the risk factor for the prevalence of upper extremity and neck symptoms among university students: A cross-sectional survey based study. *Research Journal of Pharmacy and Technology*, 10(4), 1184–1190. <https://doi.org/10.5958/0974-360X.2017.00213.X>

Kim, S.-Y., & Koo, S.-J. 2016. Effect of duration of smartphone use on muscle fat. *The Journal of Physical Therapy Science*, 28, 1669–1672.

Mustafaoglu, R., Yasaci, Z., Zirek, E., Griffiths, M. D., & Ozdincler, A. R. 2021. The relationship between smartphone addiction and musculoskeletal pain prevalence among young population: a cross-sectional study. *The Korean Journal of Pain*, 34(1), 72–81. <https://doi.org/10.3344/kjp.2021.34.1.72>

Neck, C. (n.d.). *What is neck pain ?*

Rodríguez-Huguet, M., Rodríguez-Almagro, D., Rodríguez-Huguet, P., Martín-Valero, R., & Lomas-Vega, R. 2020. Treatment of Neck Pain With Myofascial Therapies: A Single Blind Randomized Controlled Trial. *Journal of Manipulative and Physiological Therapeutics*, 43(2), 160–170. <https://doi.org/10.1016/j.jmpt.2019.12.001>

Selvaganapathy, K., Rajappan, R., & Dee, T. H. 2017. the Effect of Smartphone Addiction on Craniovertebral Angle and Depression Status Among University Students. *International Journal of Integrative Medical Sciences*, 4(7), 537–542. <https://doi.org/10.16965/ijims.2017.118>

Then, Z., & Biakto, K. T. 2020. Pendekatan Diagnostik Nyeri Leher. *Cermin Dunia Kedokteran*, 47(9), 487–493.

Zirek, E., Mustafaoglu, R., Yasaci, Z., & Griffiths, M. D. 2020. A systematic review of musculoskeletal complaints, symptoms, and pathologies related to mobile phone usage. *Musculoskeletal Science and Practice*, 49(January), 102196. <https://doi.org/10.1016/j.msksp.2020.102196>