

DAFTAR PUSTAKA

- Anggraeni, D. A., et al., 2014, 'Proporsi tepung porang dan maizena terhadap karakteristik sosis ayam', *Jurnal Pangan dan Agroindustri*, 2(3), pp. 214-223.
- Anggraeni, F. D. *et al.*, 2015, 'Aktivitas antioksidan ekstrak berbagai hasil olah ubi jalar', *Jurnal REKAPANGAN*, 9(2).
- [AOAC] Association of Official Analytical Chemists, 2012, *Official Method of Analysis of Association of Official Analytical Chemist*. Association of Official Analytical Chemist Inc.
- [BPS] Badan Pusat Statistik Jakarta Pusat, 2019, *Jumlah Penduduk Provinsi DKI Jakarta, Badan Pusat Statistik*. Available at: <https://jakarta.bps.go.id/dynamic/table/2019/09/16/58/jumlah-penduduk-provinsi-dki-jakarta-menurut-kelompok-umur-dan-jenis-kelamin-2018-.html>.
- Behera, S. S. and Ray, R. C., 2016, 'Konjac glucomannan, a promising polysaccharide of *Amorphophallus konjac* K. Koch in health care', *International Journal of Biological Macromolecules*, 92, pp. 948-950. doi: [10.1016/j.ijbiomac.2016.07.098](https://doi.org/10.1016/j.ijbiomac.2016.07.098).
- [BPOM] Badan Pengawas Obat dan Makanan, 2016, 'Peraturan Kepala Badan Pengawas Obat Dan Makanan Republik Indonesia Nomor 13 Tahun 2016 Tentang Pengawasan Klaim Pada Label Dan Iklan Pangan Olahan', *Bpom*, pp. 1-16.
- Darmawan, M., R., 2014, 'Pengaruh penambahan karaginan untuk formulasi tepung puding instan', *JPB Perikanan*, 9(1), pp. 83-95.
- Darsana, P.W., Yusasrini, N. L. A., and Suter, I. K., 2019, 'Pengaruh konsentrasi konyaku terhadap sifat fisik, kimia dan sensori jelly drink air kelapa Muda', *Jurnal Ilmiah Teknologi Pertanian Agrotechno*, 4(1), pp. 9-13.
- [FOA] *Food and Agriculture Organization*, 2014, *FAO Statistics Data 2014*. Available at: www.fao.org/faostat/en/&data.
- Faridah, A., and Widjanarko, S. B., 2014, 'Penambahan tepung porang pada pembuatan mi dengan substitusi tepung mocaf (Modified Cassava Flour)', *Jurnal Teknologi Dan Industri Pangan*, 25(1), pp. 98, doi: [10.6066/jtip.2014.25.1.98](https://doi.org/10.6066/jtip.2014.25.1.98).

- Fatkurahman, R., W. Atmaka dan Basito, 012 'Karakteristik sensoris dan sifat fisikokimia cookies dengan substitusi bekatul beras hitam (*Oryza sativa L.*) dan tepung jagung (*Zea mays L.*)', *Jurnal Teknosains Pangan*, 1 (1), pp. 49-57.
- Hall, J. E, 2015, *Guyton and Hall Textbook of Medical Physiology*. London : Elsevier Health Sciences.
- Hanley, M. J., et al, 2010, 'Effect of obesity on the pharmacokinetics of drugs in humans', *Clinical Pharmacokinetics*, 49(2), pp. 71-87, doi: [10.2165/11318100-000000000-00000](https://doi.org/10.2165/11318100-000000000-00000).
- Haque, E. U. et al., 2015, 'Physicochemical and rheological study of orange pulp fortified cookies', *Physicochemical And Rheological Study of Orange Pulp Fortified Cookies*. 3(2). Pp. 64-67.
- Hruby, A. and Frank. B. Hu, 2015, 'The epidemiology of Obesity: A Big Picture', *PharmacoEconomics*, 33, pp. 673-689. doi: 10.1007/s40273-014-0243-x.
- [ITPC] *Indonesian Trade Promotion Center Osaka*, 2014, 'Market Brief: Konnyaku', Available at: <http://itpc.or.jp/wpcontent/uploads/2014/08/MB-Oktober-2014-Konnyaku.pdf>.
- Juanda, D. et al., 2015, 'Penetapan kadar total fenol dan aktivitas antioksidan dari jus buah lima spesies jeruk (*Citrus sp.*)', *Jurnal Farmasi Galenik*, 2(1), pp. 39-41.
- Junita, D. et al., 2017, 'Komponen gizi, aktivitas antioksidan, dan karakteristik sensori bubuk fungsional labu kuning (*Cucurbita moschata*) dan tempe', *Jurnal Gizi Pangan*, 12(2), pp. 109-116. doi : 10.25182/jgp.2017.12.2.109.116.
- Kaur L. et al., 2010, 'Development and evaluation of topical gel of minoxidil from different polymer bases in application of alopecia', *International Journal of Pharmaceutical Sciences*. pp. 43-47.
- Kemendes RI, 2019, *Angka Kecukupan Gizi yang Dianjurkan untuk Masyarakat 2019*. Jakarta: Direktorat Jenderal Kesehatan Masyarakat Kemendes RI.
- Kementerian Kesehatan RI Badan Penelitian dan Pengembangan, (2018)\, 'Hasil utama riset kesehatan dasar', *Kementerian Kesehatan Republik Indonesia*, pp. 1–100. doi: 1 Desember 2013.
- Khaksar, G., et al, 2019, 'Effect of cold-pressed and normal centrifugal juicing on quality attributes of fresh juices: do cold-pressed juices harbor a superior nutritional quality and antioxidant capacity?', *Elsevier*, 5(6), pp. 1-10. doi : 10.1016/j.heliyon.2019.e01917

- Kuncari, E. S., et al., 2014, 'Evaluasi, uji stabilitas fisik, dan sineresis sediaan gel yang mengandung minoksidil, apigenin, dan perasan herba seledri', (Apium graveolens L.), *Bul. Penelit. Kesehat*, 42(4), pp. 213-222.
- Lee, Y.S., et al., 2013, 'Nobiletin improves obesity and insulin resistance in high-fat diet induced obese mice', *The Journal of Nutritional Biochemistry*, 24, pp. 156-162. doi: 10.1016/j.jnutbio.2012.03.014.
- Lockyer, S., Spiro, A., and Stanner, S, 2016, 'Dietary fibre—raising awareness', *British Nutrition Foundation*, pp. 215-219. doi: 10.1111/nbu.12212.
- Lopez, M. R. R. et al, 2011, 'Fiber concentrate from orange (*Citrus sinensis* L.) bagase: characterization and application as bakery product ingredient', *International Journal of Molecular Sciences*, pp. 2176-2177. doi : 10.3390/ijms12042174.
- Mahan, L.K. and Raymond, J.L, 2017, *Krause's food and the nutrition care process*. Missouri : Elsevier.
- Mahirdini, S and Afifah, D. N, 201, 'Pengaruh substitusi tepung terigu dengan tepung porang (*amorphophallus oncophyllus*) terhadap kadar protein, serat pangan, lemak, dan tingkat penerimaan biskuit', *Jurnal Gizi Indonesia*, 5(1), pp. 42-49.
- Nakajima, V. M., Macedo, G. A., and Macedo, J.A, 2014, 'Citrus bioactive phenolics: role in the obesity treatment', *Elsevier*, 59(2), pp. 1207-1210. doi: 10.1016/j.lwt.2014.02.060.
- Pooja, K. and Paul Virginia, 2019, 'Quality characteristics and antioxidant properties of *muffins* enriched with the multigrain flour and fruit juice /pulp', *Journal of Pharmacognosy and Phytochemistry*, 8(1), pp. 188-189.
- Rahmawati, I, 2018, 'Analisis kandungan zat gizi makro dan daya cerna pati snack bar tujogung (tepung ubi jalar oranye dan jagung) sebagai alternatif makanan selingan penderita diabetes tipe 2', *ARGIPA (Arsip Gizi dan Pangan)*, 3, p. 8. doi: 10.22236/argipa.v3i1.2445.
- Ritchie, Hannah, 2017, *Obesity, Our World in Data*. Available at: <https://ourworldindata.org/obesity>.
- Romieu, I. et al., 2017, 'Energy balance and obesity: what are the main drivers?', *Cancer Causes Control*, 28(3), pp. 247-258. doi: 10.1007/s10552-017-0869-z.
- Sagar, N. A. et al, 2018, 'Fruit and vegetable waste: bioactive compounds, their extraction, and possible utilization', *Comprehensive Reviews in Food Science and Food Safety*, 18, pp. 512-520. doi: 10.1111/1541-4337.12330.

- Saleh, N. *et al*, 2015, *Tanaman Porang Pengenalan, Budidaya, dan Pemanfaatannya*. Bogor: Pusat Penelitian dan Pengembangan Tanaman Pangan.
- Santoso, Agus, 2011, *Serat Pangan (Dietary Fiber) Dan Manfaatnya Bagi Kesehatan, Magistra*, pp. 35-40.
- Scholten, E. W. M. *et al*, 2014, 'Relationship between impulsivity, snack consumption and children's weight', *Plos Medicine*, 9(2), pp. 3-7. doi: 10.1371/journal.pone.0088851.
- Sofiana, A, 2012, 'Penambahan tepung protein kedelai sebagai pengikat pada sosis sapi', *Jurnal Ilmiah Ilmu-Ilmu Peternakan*, 15(1), pp. 1-7.
- Sudirman, S, 2011, *Aktivitas Antioksidan dan Komponen Bioaktif Kangkung Air (Ipomoea aquatic Forsk.)*, IPB, Bogor.
- Suyanto, Agus dan Isworo, J. T, 2015, *Evaluasi Sifat Fisik Dan Kimia Glukomanan Modifikasi Tepung Iles-Iles (Amorphophallus oncophillus)*, *ResearchGate*. Available at: <https://www.researchgate.net/publication/321706099>.
- Topal, F. *et al*, 2015, *Antioxidant Activity of Taxifolin : an activity-structure Relationship, J Enzyme Inhib Med Chem*, 31(4), pp. 674-683. doi : 10.3109/14756366.2015.1057723.
- Wen, X. *et al*, 2008, 'Preparation of konjac glucomannan hydrogels as DNA-controlled release matrik international', *International Journal Biology Macromolecule*, pp. 256-263. doi : 10.1016/j.ijbiomac.2007.11.006.
- [WHO] World Health Organization, 2020, *Obesity and Overweight, World Health Organization*. Available at: <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>.
- Yati, Supriati, 2016, 'Keanekaragaman iles - iles (amorphophallus Spp.) dan potensinya untuk industri pangan fungsional, kosmetik, dan bioetanol', *Jurnal Litbang Pertanian*, 35(2), pp. 73-74. doi: 10.21082/jp3.v35n2.2016.p69-80